



We all hold a piece to the puzzle
Friday 19 February 2010

The Coalition, Inc.
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News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 4, Number 25

Greetings Coalition Family!

It looks like the Northeast is going to get a weather break. The worst may be over, but we still need to be courteous to each other. Narrowed streets minimized parking spaces and shortened tempers create conditions more hazardous than the weather. Patience is the key to avoiding volatile situations, use it freely. Take time to enjoy some wintertime fun with the family.

This month we celebrate the life of one of the most famous black persons in the 19th century, Frederick Douglass. [Read more here](#)

Unfortunately the tone of the times has so drastically changed that we must take extra precaution to ensure the safety of our families and homes. To this end, we are now featuring information on how to best secure your person and home. See the new feature PERSONAL AND HOME SECURITY.

We are looking forward to meeting with more of you this year, please email ThePaCoalition@gmail.com or call to have a member of The Coalition, Inc. at your next meeting or event.

"Freedom is not something that one people can bestow on another as a gift. They claim it as their own and none can keep it from them".

Kwame Nkrumah

FOR OUR CHILDREN

"It is easier to build children than it is to repair men." ...Frederick Douglass

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to TheCoalitionNews@gmail.com with "subscribe" in the subject.

If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: [News From The Coalition, Inc.](#)

All entries for submission should be received by noon, the Monday prior to publish date and in Press Release form.

Dear Family and Friends

We are excited to announce the 5th Annual Philadelphia Fatherhood Festival. The event will be held on Saturday, June 12, 2010 at the Pennsylvania Convention Center. The Fatherhood Festival addresses the issues that plague our families and communities. The event is a FREE, full day conference consisting of discussion groups, notable guest speakers, and educational roundtables for all fathers and father-figures. Our goal is to change the lives of men, thereby changing the lives of children and families forever. We are asking for your help.

Sincerely,

Fatherhood Festival Planning Committee

Festival Planning Meeting
Strategic Planning

Please join Us at our Festival planning meeting. We need your thoughts, ideas, and suggestions. Each day most of us are involved in meetings and sessions that have minimal impact to our community. The Father Festival will provide you with the opportunity to give back and help strengthen our children and our families. We need you, your experience, and your vision to make the festival a success. Please come out and help us make a difference.

Our kickoff meeting will be held on
Monday, February 22, 2010

at the
School District of Philadelphia Main Building,
Parent Resource Center,
440 N. Broad Street (Broad & Spring Garden).

Please mark your calendars. The subsequent meetings will be held at the same location on the following dates:

- February 22
- March 8
- March 22
- April 5
- April 19

We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred fifty-five countries!

*Click here:
EightCitiesMAP*

*Choose
"Philadelphia's Online Community
"Newsletter" from the menu.*

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and download a copy of the Pledge of Commitment and return it to us
the.pa.coalition@gmail.com

- May 3
- May 17
- May 31
- June 7

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The Conflict Hotline

A TV Show on Conflict Resolution and NVC The Conflict Hotline! is a live conflict-resolution TV show facilitated by certified CNVC (Center for Nonviolent Communication) trainer Dr. Miki Kashtan. Each month, Miki and the Conflict Hotline! Cast demonstrates how to use Nonviolent Communication to transform situations and create solutions that work for all.

Check out past shows at www.youtube.com/user/baynvc.

The next Conflict Hotline show will stream live at betv.org at 7:30p.m. on

Thursday, February 11.

Send your conflict situation or hard-to-hear one-liner message to conflicthotline@baynvc.org, or call in live during the first 45 minutes of the show at (510) 433-0700.

Read More: [The Conflict Hotline!](#)

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CAP4Kids Hint of the week

There are many reasons that our city's children drop out of high school, but for each non-graduate, it is OUR collective failure, our broken promise, and we ALL must pay the price in lost wages, increased violence, and dashed hopes and dreams.

A recent report from the Alliance for Excellent Education demonstrates the cost to our city of having 16,400 student drop out in 2008.

From an early age we must all help children maximize their education potential from quality early education, to early intervention, to Head Start programs, literacy for both children and their parents, educational resources, scholarship programs, and if a child does "drop out", programs for Out-of-School youth that will reengage him/her to get their diploma.

On the www.cap4kids.org/philadelphia website, there are listings for all these issues. On the Education parent handout, many of the community educational organizations can be found. PLEASE become familiar with all of these great resources and help bridge the gap between families and children in need and the social service agencies that serve them by using

*America is false to the past,
false to the present, and
solemnly binds herself to be
false to the future.
Frederick Douglass*

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com
We will credit you with the submission.

Cap4Kids.

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PhillyGoes2College

With a little over 50% of our kids graduating high school on time and only 18% graduating college, we MUST all work on this issue together for the future of our city.

The Mayor's office recently created an office called "PhillyGoes2College" that will start working to improve these statistics (http://www.philly.com/inquirer/home_top_stories/20100104_Nutter_to_focus_on_increasing_college_admissions.html), and on the www.cap4kids.org/philadelphia website, under the Education Handout, you will find multiple sources for children, families and child advocates to help, from an early age, on the road to educational success (http://www.cap4kids.org/philadelphia/parent_handouts/education.html).

Here you will find listings for various school choices, timelines, resources for out-of-school youth, and college prep and college admission tools.

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Earn Free Trip to Egypt for Black Kids and Adults

The African Heritage Institute (also known as the D'zert Club) is sponsoring a 2-year African History Program that, once completed, the participants earn an all expense paid trip to Egypt. This program is for Black kids from ages 7-14 and adults over the age of 21.

See the success stories of students that completed the program and have gone to Egypt. They are amazing.
Students

grades went up in school, lateness and absences decreased and there was a remarkable increase in the students respect for their elders. One brother who attended was able to get a full 4-year scholarship to school as a result of being a part of the program.

Get all of the details at

www.BlackBusinessNetwork.com/theone

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Help For Parents With School-Age Children

From an actual newspaper contest where entrants age 4 to 15 were asked to imitate "Deep Thoughts by Jack Handey."...

*This feature will resume
Fri 05 March*

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Are you a parent, relative, or health care professional with any of the following scenarios?

- * Not too sure how to register child for Kindergarten or Head Start.
- * Trying to decide on what type of school best fits a child's needs. Public or Charter or Magnet or Catholic?
- * Want to get a child motivate and focused on college.
- * Want to get child back in school after taking a leave, but don't know what options there are for out-of-school youth.
- * Child being bullied in school and don't know what to do.
- * Child not doing well in school and may have a learning difference.

On the www.cap4kids.org/philadelphia website, under the Education parent handout

http://www.cap4kids.org/philadelphia/parent_handouts/education.html
and the Resource tab

<http://www.cap4kids.org/philadelphia/resources.html> there are resources in the community to help advocates for children find help for their child's educational needs. Please become familiar with the listed resources and continue to bridge the gap between families in need and the agencies and resources that serve them.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

The Food stamp program under the new stimulus package is now called the SNAP (Supplemental Nutrition Assistance Program).

Did you know?

Eligibility for SNAP benefits changed so many more families in food insecure households are now eligible.

On the www.cap4kids.org/philadelphia website, under the Food and Nutrition parent handout, you will find several organizations who can help families find out if they are eligible. Also, on the COMPASS website they can apply for these benefits and many others.

For more info you can also go to

<http://www.dpw.state.pa.us/ServicesPrograms/FoodStamps/>

Please continue to link families in need with the appropriate social services agencies that serve them through Cap4Kids. Thanks.

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Online resources for parents: www.chestercountymoms.com,
www.germantownavenueparents.com, www.norristownmom.com.

THIS WEEK

Hi WPEBers

Many a revolution started with the actions of a few. Only 56 men signed the Declaration of Independence. A few hanging together can lead a nation to change. - Wynton Marsalis

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Hope everyone is surviving through the weather. Just a reminder that the Studio cleaning and improvement day will take place Saturday, February 13th, from 10am - 2pm.

If you're interested in volunteering for any amount of time, feel free to email facilities@wpeb881fm.org or just show up at
541 B South 52nd Street
Philadelphia, PA 19143

We're also in need of volunteers who have home improvement and building experience. Although we won't be pulling out the tools this weekend, we will be discussing needed improvements and finalizing a plan to get them done.

All the best,

Facilities Committee

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RADIOTHON BRINGS WEST PHILADELPHIA TOGETHER

Philadelphia's only 100% community operated radio station, WPEB 88.1 FM, launches its first annual radio-thon with determination to solidify their position on the dial.

At a time when major radio franchises are filing for bankruptcy and losing listeners to podcasts, HD, and satellite - WPEB 88.1 FM is moving against the odds to keep community radio alive. After a major overhaul, this 100% volunteer run radio station will kick off its first annual radio-thon with goals to raise over \$25,000.

Sunday February 14th

to

Sunday February 21st 2010

Experts say that both private and public broadcasters have had to do less community-oriented programming because of budget cutting. In terms of public radio there is more and more radio being done with less people, and less - if any - focus on the residents Philadelphia. "WPEB is a community effort from programming to sweeping, it doesn't get done unless someone volunteers to do it, but we still have expenses and more that we want to bring to our listeners", says Onisha Williams, a fundraising volunteer. All week long listeners, volunteers, and friends from all over Philadelphia will come together over the airwaves and at the station to show their support through donations of time and dollars. Being stewarded by Scribe Video Center, WPEB provides a host of progressive talk and radio programs that speak to the ears of West

To what does it speak of a society that places value in shiny stones (gold, silver, diamonds, pearls etc.)...Ga'Kufu Ngozi Madu

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Philadelphians. It is also an educational resource in the community for youth and residents that are interested in broadcasting. The donations raised will help with technology, equipment, classes, and community outreach.

Cell Phone: 267.303.0264

Email: naeplace@aol.com

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Art Sanctuary Book Fair @ Barnes & Noble

Saturday, February 20, 2010, 12-6pm

Barnes & Noble - Rittenhouse Square
1805 Walnut Str.
Philadelphia, PA

Join Art Sanctuary at the Barnes & Noble Bookstore in Rittenhouse Square for a day filled with writing workshops for teens and adults, book signings and spoken word performances. Featured guests include: Mahogany Browne, Muriel Feelings, Solomon Jones, Lori L. Tharps and special performances by "In the Company of Poets."

Attendees are encouraged to use the promotional code 10115566 to purchase any books at the store and a percentage of the proceeds will be donated to Art Sanctuary.

Share the promotional code with family and friends!

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EMPLOYMENT AND TRAINING OPPORTUNITIES

Position Opportunity Announcement

Position Title:

Economic Development Specialist

Summary of Qualifications:

Under general supervision, assists the Chief of Staff in the development of programs and means to increase the Office of the Chairman's income base by encouraging new economic projects to be created and developed.

*Freedom is never
voluntarily given by the
oppressor; it must be
demanded by the oppressed.
Martin Luther King, Jr.*

Provides economic development specifically; plans, organizes, and implements programs necessary to solicit, consolidate, and induce resource acquisition and development for and within the Chairman's office.

Works with all applicable departments to provide the expertise in economic development and redevelopment; attends conferences, and other trainings to enhance growth and to stay abreast of what's occurring in the field of economic development.

The candidate considered for this position must have the ability to network and raise the awareness of the Office of Chairman Omali Yeshitela. Also must be able to build relationships and develop and explore new and imaginative ways to bring economic development into this office.

The candidate does not have to live in the city where the position is located, but must participate in meetings via internet and phone conferences on a bi-weekly basis and reports directly to the Chief of Staff.

Issued: February 10, 2010

This will be a commission-based position

To Apply:

If you would like work in an office where innovation is encouraged, please contact Ona Zene' Yeshitela at chiefstaff@apspuhuru.org or call 727-821-6621 to be considered for this position.

Please submit a resume.

HEALTH MATTERS

Experts say 40 percent of cancers could be prevented

Kate Kelland

LONDON (Reuters) - Forty percent of the 12 million people diagnosed with cancer worldwide each year could avert the killer disease by protecting themselves against infections and changing their lifestyles, experts said...

Read the full story

<http://www.reuters.com/article/idUSTRE6113PX20100202?feedType=n>

For the Lexophiliacs

*This feature will resume
Fri. 05 March*

*(We are ignoring the many
requests that this feature be
discontinued. Please stop
writing in.)*

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report on a recent
community event, feel
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Get Fresh!

Volunteer with Philabundance Fresh for All

You recycle out the wazoo and consider yourself consigliere of the enviro-sack mafia.

Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All program.

And you can help by volunteering.

The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times.

With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls).

Looking for something physical?

Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need.

And that's a green movement to be proud of.

To participate in Fresh for All, contact Tunisia Garnett (215-339-0900 ext. 238 or tgarnett@philabundance.org).

For more information, go to www.philabundance.org

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Tips for making oatmeal appealing to kids

<http://advison.webevents.yahoo.com/mompowergroup/>

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

GREEN PIECE

Montco Greens meeting Monday Night

Our next Montco Greens meeting will be

Monday Night

February 15th

7:00 pm

at the

FIG CAFE

437 Old York Rd.

Jenkintown Pa 19046

Do you remember this
guy?

*This feature will return Fri.
05 March - Emo Philips*

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Link - The Fig Café MAP

The owner has graciously set aside room for us from 7 to 9 pm.

Topics - Candidates, Issues, More...

Come and meet Hugh Giordano
Green Candidate for the 194th Legislative District

Hope to see you there. All are welcome.

For more information

Ed Bonsell 267 825-4654 ebonsell@earthlink.net

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Don't throw your old TVs away!

All electronics can be dropped off for recycling at either
Domino Lane & Umbria St.

or

State Rd. & Ashburner St. in Philadelphia
at the

Streets Department Sanitation Convenience Centers,

Monday through Saturday

8:00 am to 6:00 pm.

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Weavers Way #5 plastics recycling resumes

Fellow Recyclers,

Weavers Way collection of #5 plastics, which are not included in the
City's recycling program, will be on the 3rd Saturday of each month:
February 20.

The collections take place at the co-op's garage,
at 542 Carpenter Lane,
which is across the street and a bit further down the block from the Big
Blue Marble bookstore.

Please note that we need volunteers to keep this project going. (Weavers

*My motto was always to keep swinging. Whether I was in a slump or feeling badly or having trouble off the field, the only thing to do was keep swinging.
Hank Aaron*

Coalition members!
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on The Coalition,
Inc. web site

Way members can get work credit for helping us; work shifts are available on co-op's the online calendar.)

The #5 category includes yogurt cups, sour cream containers, hummus tubs, some medicine bottles, and more. Your recyclables must be clean and dry to be accepted. Check to make sure there are no other materials (paper, screws, other number plastics) on the items you bring in.

Impurities of any kind compromise the recycling process and usually lead to the discarding of an entire batch. Exclude any lids unless they are clearly marked #5. (Most lids from #5 containers are #4 plastic, but this is not always the case.)

We ask recyclers for a small donation to cover postage costs of mailing the recyclables to the Gimme 5 processing facility in New York.

Before bringing your #5s to the collection, be sure that they meet the requirements for Gimme 5:

All items must be CLEAN and DRY. If they contained food or any oily or dirty product, make sure they have been washed, not just rinsed. Items stacked when wet tend to stay wet, so allow washed items to dry fully before stacking or packing.

The #5 stamp needs to be visible on each item. Lids are separate items.

Don't assume lids are the same number plastic as the container; sometimes they are but usually they are not. Check to make sure there are no other materials (labels, paper, other number plastics, metal) on the items you bring in.

Brita filters are also welcome! Let them air dry for several days to make sure they are completely dry.

We'll see you soon!

Carolyn, Helen, Priscilla and Stevik
of the Weavers Way Environment Committee

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Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>

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For sustainable enterprise go to Green Jobs Philly
<http://www.greenjobshilly.org/news>

PERSONAL AND HOME SECURITY

*Almost always, the creative
dedicated minority has
made the world better.
Martin Luther King, Jr.*

The Raw Family Newsletter

<http://www.rawfamily.com/>

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WARNING: 2010 Census Cautions from the Better Business Bureau Urging that You Be Cautious About Giving Info to Census Workers

With the U.S. Census process beginning, the Better Business Bureau (BBB) advises people to be cooperative, but cautious, so as not to become a victim of fraud or identity theft.

The first phase of the 2010 U.S. Census is under way, as workers have begun verifying the addresses of households across the country.

Eventually, more than 140,000 U.S. Census workers will count every person in the United States and will gather information about every person living at each address including name, age, gender, race, and other relevant data.

The big question is - how do you tell the difference between a U.S. Census worker and a con artist?

BBB offers the following advice:

** If a U.S. Census worker knocks on your door, they will have a badge, a handheld device, a Census Bureau canvas bag, and a confidentiality notice. Ask to see their identification and their badge before answering their questions. However, you should never invite anyone you don't know into your home.

** Census workers are currently only knocking on doors to verify address information.

Do not give your Social Security number, credit card or banking information to anyone, even if they claim they need it for the U.S. Census.

**REMEMBER, NO MATTER WHAT THEY ASK, YOU REALLY ONLY
NEED TO TELL THEM
HOW MANY PEOPLE LIVE AT YOUR ADDRESS.**

While the Census Bureau might ask for basic financial information, such as a salary range, **YOU DON'T HAVE TO ANSWER ANYTHING AT ALL ABOUT YOUR FINANCES!**

GRANTS, SCHOLARSHIPS & INSTRUCTION

*If you have no confidence
in self, you are twice
defeated in the race of life.
Marcus Garvey*

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report on a recent
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HIV/AIDS Prevention Workshop

Workshop Summary

Culturally-Relevant Communication about HIV/AIDS is an interactive and user-friendly workshop. Ivan J. Juzang, MEE President and Founder will examine the environmental influences, attitudes and behaviors and unique communication style of urban, ethnic and other hard-to-reach audiences; review theories and techniques for developing cost-effective and culturally-relevant communication strategies; and then show session attendees how to apply these learnings to their own HIV/AIDS testing programs, prevention services and outreach efforts.

Learning Objectives

After attending the session, attendees will have the background necessary to more effectively communicate with their target audiences about sex, sexuality and HIV/AIDS. They will also have a clearer understanding of media consumption patterns and other social factors that impact sexual decision-making; and the attitudes, motivations and perceptions of minorities on healthy sexuality and HIV/AIDS prevention, testing and treatment. Such information will help interventionists, community-based organizations and service providers develop innovative and effective messages and services targeted to minority audiences.

Workshop Description:

Topics explored during the session include:
The environmental context, peer group dynamics and social interactions that influence sexual behaviors;
How service providers can be more culturally aware, and increase the effectiveness of their outreach, media and materials; and
Strategies for attracting the hardest-to-reach audiences to HIV-prevention, testing and treatment programs.

For more information on other workshops and schedules visit their [website](#)

To inquire about a MEE Workshop at Your Organization call 215.829.4920 or Email [here](#)

*It isn't the mountains
ahead to climb that wear
you out; it's the pebble in
your shoe.
Muhammad Ali*

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At- Risk Youth

Annie E. Casey Foundation

<http://www.aecf.org>

A private charitable organization dedicated to helping build better futures for disadvantaged children in the United States. The foundation offers community-focused grants. The site also has several publications.

Provides funding to both 501(c)(3) and local/state government.

Organizations wishing to send a proposal to the Foundation should submit a letter of no more than three pages explaining the organization and its project and how the money will be used. Send the letters to: The AEC Foundation; Attn: Office of the President; 701 Saint Paul St.; Baltimore, MD 21202.

Phone: 410-547-6600

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AOL Time Warner Foundation

<http://aoltimewarnerfoundation.org>

The AOL Time Warner Foundation is dedicated to using the power of media, communications and information technology to serve the public interest and strengthen society. However, rather than simply providing grant monies or funding unsolicited requests, the foundation prefers to enter into sustainable strategic partnerships with organizations that have a demonstrated commitment to pioneering innovative ways of meeting four priorities: Equipping kids for the 21st century; Extending Internet benefits to all; Engaging communities in the arts; and Empowering citizens and civic participation.

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AT&T Foundation

<http://www.att.com/foundation>

The AT&T Foundation seeks to educate, enrich, engage, and empower the communities served by AT&T. The Foundation's funding areas are education, civic and community service, and arts and culture.

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Beaumont Foundation

<http://www.bmtfoundation.com/grants/>

The Beaumont Foundation of America (BFA), a non-profit philanthropic organization, is dedicated to the enriching the lives of individuals by providing technology to historically underserved schools and communities. The foundation believes technologies are essential tools

"We are confronted primarily with a moral issue... whether all Americans are to be afforded equal rights and equal opportunities, whether we are going to treat our fellow Americans as we want to be treated." Referring to race riots in Alabama in a radio broadcast 11th June 1963. J.F.K.

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for progress in the 21st century, and that given access to digital information, people will have an equal opportunity to advance socially, economically and intellectually.

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The Student Achievement Grants program provides grants of \$5,000 each to improve the academic achievement of students by engaging in critical thinking and problem solving that deepen knowledge of standards-based subject matter. The work should also improve students' habits of inquiry, self-directed learning, and critical reflection. Proposals for work resulting in low-income and minority student success with honors, advanced placement, and other challenging curricula are particularly encouraged. Grant funds may be used for resource materials, supplies, equipment, transportation, software, and scholars-in-residence. Applicants must be practicing U.S. public school teachers in grades K-12, public school education support professionals, or faculty and staff at public higher education institutions.

Visit the NEA Foundation Web site for complete grant program information.

RFP Link: <http://fconline.foundationcenter.org/pnd/15016125/neafdn>

For additional RFPs in Education, visit:

http://foundationcenter.org/pnd/rfp/cat_education.jhtml

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NIH Summer Institute on Community-Based Participatory Research

The National Institutes of Health has announced the 2nd summer institute. We are thrilled to see that the organizers have responded to Community-Campus Partnerships for Health's (CCPH) comments on last year's summer institute.

When the 1st NIH institute on CBPR was announced, CCPH expressed concern about its exclusive focus on academic researchers.

In CBPR, the community is involved at the very start of the research, so it was incongruent that the institute did not include the community partners or acknowledge the possibility of a community partner as a principal investigator or co-PI.

This summer's institute has been designed for community-academic partner teams (see below for details).

CCPH has successfully implemented community-academic partner team-based model of CBPR training:

http://depts.washington.edu/ccph/pdf_files/2005CBPRInstituteApp3-

*"We have one life; it soon will be past; what we do for God is all that will last."
Muhammad Ali*

Submit your own humor, and let our readers know how funny you can be. We obviously need the help. ;) (Family appropriate)

[25.pdf](#)

and

http://depts.washington.edu/ccph/pdf_files/2005%20Summer%20Institute%20Agenda.pdf

The training curriculum, "Developing and Sustaining CBPR Partnerships" is available online at www.cbprcurriculum.info.

If you're interested in bringing a CBPR training workshop or institute to your location, contact CCPH senior consultant Rachel Vaughn at sliccph@mcw.edu for more information.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Banta Company Foundation

The Banta Company Foundation provides funding for at-risk youth and delinquency prevention initiatives. The funds can be used for equipment, general/operating expenses, seed money, program development, as well as other areas. For more information please contact: Banta Company Foundation; 225 Main Street; PO Box 8003; Menasha, WI 54952-8003.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Best Buy Children's Foundation

<http://communications.bestbuy.com/communityrelations/>

The mission of the Best Buy Children's Foundation is to improve the lives of youth aged 5 - 18 in communities where Best Buy maintains a business presence. The Foundation awards grants to nonprofit organizations with innovative approaches to developing life skills in young people through education, mentoring, and leadership development. Funds can be used for: program development; direct project support; specific curriculum development; and scholarship aid for participants in life skills or mentoring programs. The Foundation typically awards grants ranging from \$2000 - \$10,000 to nonprofits.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Healthy Community Outreach Program

will be granted to nonprofit organizations to support grassroots efforts which increase awareness on critical health initiatives through health walks, health fairs and health education outreach.

Grants up to \$25,000 will be considered.

Please provide all levels of event sponsorships on your application. Nonprofit organizations with evidence of IRS 501(c)(3) designation or de facto tax-exempt status may apply for a grant, with the following exceptions: advertising; capital campaigns; grants or scholarships to individuals; multiyear requests; political causes and events; or religious organizations in support of their sacramental or theological functions.

Hereeeeeeeeeeeeeees...
Kathy's Korner!

*This feature will resume
Fri. 05 March*

(Kathy Parsons is a
regular contributor.)

http://www.aetna.com/foundation/grants_reg/guidelines.html>Awards

Ongoing Deadline

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Ben and Jerry's Foundation

Ben and Jerry's Foundation has no specific program areas. The Foundation seeks projects that lead to societal change or address the root causes of problems. The Foundation awards grants ranging in amount from \$1,000 to \$15,000. Applicants must submit a letter of interest at any time during the year.

<http://www.benjerry.com/foundation/index.html>

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

AFRICAN AMERICAN STUDENTS ARE NOT APPLYING FOR SCHOLARSHIPS

Even if you do not have a college-aged child at home, please share this with someone who does, pass this scholarship information on to anyone and everyone that comes to mind. Though there are a number of companies and organizations that have donated moneys for scholarship use to African Americans, a great deal of the money is being returned because of a lack of interest.

No one is going to knock on our doors and ask if we can use a scholarship.

Take the initiative to get your children involved. There is no need for money to be returned to donating companies because we fail to apply for it.

Please pass this information on to family members, nieces, nephews, and friends with children etc. We must get the word out that money is available. If you are a college student or getting ready to become one, you probably already know how useful additional money can be. Our youth really could use these scholarships. Thanks!!

For a list of scholarships please visit our group 'The Coalition, Inc.'

<http://groups.google.com/group/coalition-the>

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

SpotLight On Our Efforts

Children's Scholarship Fund of Philadelphia

"In today's context, revolution occurs when people stop believing one thing, and start believing something else; when people discard their old ways of living, and begin to live in new ways. When enough people lose faith in an institution and begin to act as if it did not exist, that institution disappears."
Unknown

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

Send your information to: [News From The Coalition, Inc.](#)

All entries for submission should be received by noon, the Monday prior to publish date and in Press Release form.

With a simple mission of providing four-year, K-8th grade scholarships to low-income families in Philadelphia and a small but passionate staff, CSFP currently serves 3,000 children enrolled at approximately 200 private, and parochial schools. The demand for access to safe, high quality primary schools is tremendous. Each year CSFP must turn away more than 7,000 children desperate for better educational opportunities.

Through other scholarship programs exist, CSFP uniquely focuses on K-8th grade, where the foundation of a child's educational success is set. These four year scholarships are awarded by random lottery and are available for up to three children in a family. CSFP families have become active partners in the educational process contributing a minimum of \$500 per family towards tuition. CSFP students' average attendance rate is more than 96%. And thanks to the vested interest of parents and the commitment of the CSFP support system, CSFP alumni are graduating high school on time, at rates of 95% compared to Philadelphia's public school rate of 49%.

<http://www.csfphiladelphia.org/>

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Indiana Becomes the 34th State to Recognize Juneteenth as a State Holiday Observance

Rep. William Crawford Champions Indiana Juneteenth Legislation

(Indianapolis, IN) - Indiana has become the 34th state to recognize Juneteenth as a state holiday or state holiday observance thanks to legislation introduced by State Representative William Crawford and passed by the Indiana legislature.

"Indiana joins Texas, Florida, Oklahoma, Delaware, Alaska, Idaho, Iowa, California, Wyoming, Illinois, Missouri, Connecticut, Louisiana, New Jersey, New York, Colorado, Arkansas, Oregon, Kentucky, Michigan, New Mexico, Virginia, Washington State, Tennessee, Massachusetts, North Carolina, West Virginia, South Carolina, Vermont, Nebraska, Kansas, Wisconsin, Minnesota and the District of Columbia in recognizing the end of enslavement in America," states Rev. Ronald V. Myers, Sr., M.D., Founder & Chairman of the National Juneteenth Holiday Campaign and the National Juneteenth Observance Foundation (NJOF).

The revolution has always been in the hands of the young. The young always inherit the revolution. - Huey Newton

Juneteenth commemorates the day when slaves in the last geographic area in America where slavery existed learned of their freedom. This took place on June 19, 1865, in Galveston, Texas, when Union General Gordon Granger read General Order #3, announcing that "all slaves are free" by Proclamation of President Abraham Lincoln. The Emancipation Proclamation was signed by President Abraham Lincoln on September 22, 1862, and issued on January 1, 1863. It took over two and a half years for the news to travel to southwest Texas.

"We especially appreciate the efforts of State Representative William Crawford for sponsoring legislation that has made all of this possible," states Elder Raymond Christian, Director of the Indiana Juneteenth Holiday Campaign for the National Juneteenth Observance Foundation (NJO). "Now that Juneteenth is a state holiday observance in Indiana, I and other Juneteenth supporters in the state will request that Sen. Richard Lugar (R-IN) and Sen. Evan Byah (D-IN) co-sponsor legislation in the U.S. Senate to make Juneteenth a National Day of Observance, that will be introduced by lead sponsor Sen. Roland Burris (D-IL)."

Indianapolis native, Dr. Larry Ridley, master jazz bassist and Executive Director of the African American Jazz Caucus (AAJC), will be honored for his support for Juneteenth legislation at the annual Indianapolis Juneteenth Jazz & Heritage Festival on June 24th, at the Madame C.J. Walker Theatre Center. The festival is part of "June Is Black Music Month!" - CELEBRATE JUNETEENTH JAZZ - "Preserving Our African American Jazz Legacy!" and is in partnership with the National Association of Juneteenth Jazz Presenters (NAJJP).

"As more states like Indiana pass Juneteenth legislation, we hope that President Barack Obama will finally establish Juneteenth as a National Holiday Observance by issuing a Presidential Proclamation, "This is another significant development in our campaign to establish Juneteenth a National Day of Observance in America," states Rev. Ronald V. Myers, Sr., M.D."

Thousands of petitions have been forwarded to the White House urging President Obama to make Juneteenth a National Day of Observance and to establish a Presidential National Juneteenth Commission.

"The official recognition of Juneteenth Independence Day and the end of enslavement by state governments and congress are very significant steps in bringing healing to America from the legacy of enslavement,"

*A leader or a man of action
in a crisis almost always
acts subconsciously and
then thinks of the reasons
for his action...Jawaharlal
Nehru*

states Rev., Dr. Myers, also Chairman of the National Juneteenth Christian Leadership Council (NJCLC) and the Founder and Director of the National Day of Reconciliation & Healing From the Legacy of Enslavement during the annual WASHINGTON JUNETEENTH National Holiday Observance.

For information on the National Juneteenth Holiday Campaign, the National Day of Reconciliation & Healing From the Legacy of Enslavement, National Association of Juneteenth Jazz Presenters (NAJJP) or the WASHINGTON JUNETEENTH National Holiday Observance, contact Rev. Ronald V. Myers, Sr., M.D. at 662-247-3364 or e-mail: JuneteenthDOC@yahoo.com or web sites: www.NationalJuneteenth.com, www.Juneteenth.us, www.19thofJune.com and www.njclc.com.

For information on the African American Jazz Caucus (AAJC) contact Dr. Larry Ridley at 212-979-0304, e-mail LHRidley1937@gmail.com, web site: www.aajc.us.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

The mission of

The Children's Advocacy Project (CAP)

is to help bridge the gap between the many quality social service agencies in the Philadelphia area and the families that need their help the most. To bridge this gap, we aim to empower and to inform those that care for the children of Philadelphia through this web site. The CAP will assist families, health care professionals, and social service providers by furnishing the tools necessary to connect families in need to the appropriate social service agencies that serve them.

To continue our series of Cap4Kids Hints of the Week and the root causes of violence in our city, let's consider Lead Poisoning.

Lead poisoning directly affects our children's developing brain and several studies (see attached PDF from Minneapolis Dept. of Health) show a direct correlation between Lead exposure, anti-social behavior and violence.

On the www.cap4kids.org/philadelphia website, under the Safety Handout

(http://www.cap4kids.org/philadelphia/parent_handouts/safety.html),

there are links to the Childhood Lead Prevention Program of Philadelphia, as well as Free Home Safety inspections to pick up lead in the environment BEFORE the toxic effects affects our children.

“A leader is not an administrator who loves to run others, but someone who carries water for his people so that they can get on with their jobs” – Robert Townsend

Daniel R. Taylor, D.O., FAAP

<http://www.cap4kids.org/philadelphia/>

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Website Offers Revolutionary Green Alternatives for Communities/Nations

Greetings. I hope that you and your business/ organizations are all doing well. As we enter into a new year, I expect that many of us have already envisioned what we would like to accomplish in this new year. As long as we have positive intentions for not just ourselves but also our fellow inhabitants on this planet as well as the mother Earth herself, may the Creator of the Universe bless our visions and goals to become a material manifestation.

I would like to invite everyone to visit

<http://africanindependence.org/Projects.aspx>

I am one of the co-founders of this organization. While the initiative of this organization focuses on improving the lives of the African Diaspora and building up eco-friendly, peaceful, self sustaining and prosper communities in their ancestral lands, we extend a welcome hand for all to check a part of our vision out by visiting our site.

Our site was put in video format for simplicity and visuals to keep the interests of our visitors. When you first click on the provided website address, you will notice that we begin with our goals on dealing with electricity. There are actually two clips explaining the same technology,

we recommend the second clip for a more detailed explanation on how this technology works. The following two clips deals with how we plan on providing clean water to the citizens and then water recycling.

The fifth video demonstrates how sewer systems are unnecessary. There are many issues that we tackle on our site. We are currently in talks with university and reverse engineers to have these technologies made at a lower cost and with high quality specifications.

Any feedback or suggestions is welcome and any donations would be highly appreciated.

There is a lot of useful information and we encourage all to take advantage of of it and to view it for themselves, we're confident that

Rarely do we find men who willingly engage in hard, solid thinking. There is an almost universal quest for easy answers and half-baked solutions. Nothing pains some people more than having to think.
Martin Luther King, Jr.

you will be excited as we are once you see the potential in such technology.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

From The Ramparts
Junious Ricardo Stanton
Why History Is Important

... We have to look at our situation politically and socially. So when his projected as irrelevant, as unprofitable, as a system of dates and events, as of rarified causes and effects, it is projected that way, I think because it maintain the political and social status quo and because it serves a politico function. People who are historical who have little knowledge of history and who are more gullible, more easily manipulated and people who can be more adapted to the capitalist machine than people who are historically knowledgeable. History can become a basis for self-criticism, a basis for self-understanding and importantly the basis for understanding the motives and the psychology of people. Amos N. Wilson The Falsification of the Afrikan Consciousness Eurocentric Psychiatry and the Politics of White Supremacy page 18

Here it is another February and African people, the people with the long and greatest legacy of accomplishment and success on the planet once again find ourselves scrambling to cram a smidgen of our history and achievements into the shortest month in the calendar year. Has it ever dawned on us to incorporate our history into our lives on a daily basis? To make matters worse, too many of us are disinterested in history altogether; even more tragic; too many of our people do not desire to learn about African genius and greatness. Too many are too comfortable perceiving themselves as coons, jiggaboos, niggas, thugs and hoochie men. In the West, history like most things European is taught as something remote and far past detached from present reality or worse it has been reduced to a collection of fabrications, myths, disinformation and outright lies. We have been conditioned by our society to denigrate the study of the past and eschew discerning how it explains and relates to the present and sets the tone for the future.

Malcolm X a.k.a El Hj Malik El Shabazz a.a.k.a. Omawali said, History is not just a memory, and without a memory, man is demoted to the lower animals. In the reckoning Africans in America have lost our minds, literally and figuratively and are in bad shape. We are worse off than animals because we have lost our minds. When one loses one's memory he or she has in fact lost much of their mind and psychological orientation, their sense of self and who they are. This is the situation most Africans find ourselves in today early in 2010. We suffer from amnesia. When one has amnesia he or she has lost their past, their sense of self, they don't know who they are but also they don't know who the people around them are. This is why it is so easy for so many of us to call each other outside our names to degrade and disrespect one another. Amnesia not only causes us not to know

*Find out just what any
people will quietly submit to
and you have the exact
measure of the injustice
and wrong which will be
imposed on them.
Frederick Douglass*

we are now, it destroys our link to the past,

to our relatives, experiences and accomplishments.

The Dictionary of Psychology defines amnesia as: loss of memory, either total due to any reason, the inability to recall, functional amnesia because of conflicts of psychological trauma, the individual seeks escape through forgetting. (Emphasis mine.) The latter definition when you stop to reflect on the traumas we have experienced during our sojourn under Arab and European attacks, violence, subjugation, is one way we attempt to minimize the pain, suffering and shock by trying to forget what has been done to us. In case studies of abused children and spouses, often the victims attempt to block out memories of their abuse from their conscious minds. When they go into therapy they are encouraged by their therapists under controlled circumstances to recall the events of their past, to process them through them with an eye towards healing their pain.

People talk about Post Traumatic Slavery Disorder as if the trauma of oppression ended following the US Civil War (an oxymoron if ever there was one, what you know that were fought civilly?). Our high illness rates, our addiction to drugs, poverty (just like the poverty of our Haitian brethren) and much of our social pathology are the direct and indirect results of ongoing, deliberate and systematic policies and practices. One clear example of this is the recent steering of the qualified Blacks into Sub-prime mortgage loans when they had the credit (there's that word history again) the income and collateral to qualify for prime loans! Imagine the distress and angst these people are experiencing now as their homes and their lives are turned upside down. Another example is the disparity between the per capital spending for white and black public schools.

These are real and they are happening today.

When you visit a physician he, she or his or her nurse takes a family, clinical and disease history. They ask you about your parents, their illnesses, your medical history and the type of medications if any you are on. They need you to share your history (history) so they can assist in your healing. Knowing our history as a people can assist us in healing the psychological ravages of Eurocentric global white supremacy.

Knowing our people created great civilizations, great cultures and legacies of accomplishment thousands of years before Europeans produced anything of significance is important. It means we too can do great things. This is not designed to get into a tit for tat, one-upmanship contest with Europeans. For what, most of the history they teach in school is a lie anyway. Our quest for the truth is designed to educate ourselves to the fact we are capable and creative, that we come from the stock. The fact of the matter is, most of the accomplishments Europeans take pride in like the Nile Valley Civilizations, Sumer (Chaldea Babylon), early China and India were actually created by black people thousands of years before the Europeans appeared on the world stage.

Unfortunately many of the great civilizations created by Africans lie buried under the sands of time or suppressed in history books awaiting their discovery. I still see some of it in Kemet (Egypt). I encourage you to visit Africa at least once in your lifetime.

“When old people speak it is not because of the sweetness of words in our mouths; it is because we see something which you do not see”... Chinua Achebe

during your life time. But healing ourselves is our responsibility. It would be for us to think our adversary really wants us healed, self-actualized and empowered. They already view us as a major threat to their global hegemony and our survival; in our current benighted state. If we were to become truly enlightened and empowered they would have major conniptions. But this is not about our and their mental state. This is about us! By seeking and embracing our humanity we discover ourselves and facilitate our own healing.

ARTS FOR AWARENESS

Jus’ Words at Dowlings Place

1310 No. Broad St. Phila
Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

COMING UP

The Ladies of the Black Women's Educational Alliance
(Philadelphia Chapter)

Presents:

An Evening of Elegance: Celebrating the First Ladies of Philadelphia

on

Friday, March 19, 2010

at the

Embassy Suites Hotel

9000 Bartram Ave.

Philadelphia, PA 19153

6:00 p.m. -10:00 p.m.

Speaker: Ms. Autumn Adkins, President of the Historical Girard College

First Ladies of Philadelphia Honorees:

Dr. Arlene Ackerman- Education Award

Bishop Audrey Bronson - Religious Commitment Award

Ms. Dee Phillips (PFT/CASA) - Service to the School District of

"We declare our right on this earth to be a human being, to be respected as a human being, to be given the rights of a human being in this society, on this earth, in this day, which we intend to bring into existence by any means necessary"... El Hajj Malik El Shabazz

Philadelphia Award

Ticket Price: \$60.00 Attire:
Elegant Dress

For Ticket Information Contact:
Kim Collins, B.W.E.A. Membership Chairperson at
kcakal1@aol.com
or
215-520-0676

(Tickets are moving fast, so call or e-mail me to reserve your tickets)

****Proceeds will Benefit Our Black History Essay Contest Participants
and
other B.W.E.A. Educational Initiatives**

*** * * Outside PA * * ***

You are cordially invited to a major event taking place in New York City on February 17, 2010.

Anyone Can Whistle:

The Essential Role of the Whistleblower in American Society

Presented by GAP, Participant Media, and The Paley Center for Media

February 17, 2010, 7 p.m. EST

25 West 52nd St., New York, NY

This entertaining evening will feature elected officials, civic leaders, and legendary whistleblowers whose heroism has put criminals behind bars and saved countless lives. It will provide an uplifting message of what is needed for whistleblowers to continue safeguarding the public, and what actions you can take to support pending corporate whistleblower legislation.

This event also serves to kick off GAP's national campaign to obtain protections for all corporate whistleblowers in the country, and is slated to be available on satellite to over 100 colleges across the country, and online -- live streamed and available to all.

Do not mistake quantity for quality. Quality of life is not measured in goods, but rather in the good of your spirit... Ga'Kufu Ngozi Madu

Noted guests for the event include:

Daniel Ellsberg -- The patriarch of modern whistleblowing, his disclosures (the Pentagon Papers) as a Rand Corporation/DOD analyst exposed the deceit and concealment endemic to the government's initiation and prosecution of the Vietnam War.

Kit Foshee -- Meat safety whistleblower who exposed serious problems with ammoniated beef product from a major supplier involving 70 percent of all hamburgers consumed in America.

Mike German -- Former undercover FBI agent who infiltrated terrorist groups before blowing the whistle on his field office's illegal wiretaps on suspects.

Cathy Harris -- U.S. Customs official who blew the whistle on African-Americans being abusively and unfairly targeted as potential drug smugglers.

Dr. David Kessler -- Former FDA Commissioner who worked with "The Insider" Dr. Jeff Wigand to challenge tobacco companies and revolutionize the regulatory relationship between Big Tobacco and American society.

Babak Pasdar -- Computer security expert who exposed that a major telecommunication company provided the federal government illegal, unfettered access to its customers' private information, during the George W. Bush administration.

Colleen Rowley -- FBI whistleblower on intelligence breakdowns in relation to the 9/11 attacks, and Time Magazine's "Person of the Year" in 2002.

Frank Serpico -- NYPD whistleblower whose story is memorialized by the film Serpico, and whose legendary impact set the standard for law enforcement nationwide.

Juan Williams -- Analyst/Journalist for NPR and FOX News.

Government Accountability Project is co-producing this event in conjunction with Participant Media -- producer of such popular films as Charlie Wilson's War, An Inconvenient Truth, Syriana, and Good Night

*It is not light that we need,
but fire; it is not the gentle
shower, but thunder. We
need the storm, the
whirlwind, and the
earthquake. Frederick
Douglass*

and Good Luck -- and the magnificent Paley Center for the Media in Manhattan, where the event will take place.

Reserve Your Spot Now! If you are interested in attending and would like to reserve your spot, please email David Rosen at davidr@whistleblower.org today! We'll release more information about watching the event online next week.

Sponsored by Government Accountability Project , National Office |
1612 K Street, NW Suite #1100 | Washington, D.C. 20006 |
202.408.0034

For all your black news www.nationalblackagendaonline.com
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SPECIAL NOTICE!

Skip A Meal For Haiti

Most Americans eat at least three meals a day. Some eat more often. Millions of people in Haiti have not had a meal in one week and a good meal in recent memory. Will you skip a meal for the people of Haiti and send the money to a relief agency?

Will you not eat one meal, on one day so that they can eat for a week?

The cost of lunch at almost any affordable restaurant in America is between \$5.00 and \$14.00. Some restaurants have menus that serve four and five course dinners that can cost as much as \$100.00 per person, not including beverages. For as little as two dollars a day, you can help provide food, drinking water and some sanitation supplies for a Haitian child or adult. A \$14.00 contribution can help feed and hydrate a Haitian child for a week. We can all afford to make a difference!

The Black Star Project is asking you to miss at least one meal this week for the people of Haiti and to send the money that you would have spent on your breakfast, lunch or dinner to a relief fund that is on the ground working in Haiti.

Many people say they want to go to Haiti to help those affected by the earthquake. The cost of a round trip flight from New York City to Port-au-Prince, Haiti is more than \$2,000.00. Decent hotel lodging, which is

I have no desire to take all black people back to Africa; there are blacks who are no good here and will likewise be no good there. Marcus Garvey

virtually impossible to find in Haiti, might cost another \$2,000.00 for one week. And your mouth would become another mouth to feed of more than 2 million people who need food and water day.

Instead of going to Haiti, will you miss a lunch for Haiti and send the money you would have spent on that lunch to one of the on-the-ground relief agencies listed below:

The Black Star Project (773.285.9600) recommends that you send your contributions to:

Yele Haiti (Wyclef Jean's Relief Effort) at www.yele.org or text YELE to 501501 to donate \$5.00 on your phone bill

UNICEF at www.unicefusa.org or call 800.367.5437

Doctors Without Borders at www.doctorswithoutborders.org or call 888.392.0392

American Red Cross at www.redcross.org or call 800.REDCROSS (800.733.2767) or 800.257.7575 (Espanol)

Partners in Health at www.pih.org or call 617.432.5256

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As Salaamu Alaikum,

Remember Surah Al Maun 107. Providing the daily necessities. We know that unemployment is high, people are losing their homes, health insurance (if they had it to begin with) and put on top of that marital problems, etc. We need your help today! We are getting more phone calls from people in need.

We have women who are being abandoned by husbands who have children. Older women who for various reasons are alone (children grown) no husband. We need your help. We are asking for your help to raise \$1,650 by Sunday to help keep some people off the streets. Our deadline is Monday 5 pm to pay for their shelter, insh'Allah.

Send your donations by Paypal to haleem1@aol.com

or mail to:

Baitul Salaam Network, Inc.

PO Box 115470,

Atlanta, GA 30310.

Send this note to all you know.

ma salaam

Hadayai Majeed

*"I wish people would love everybody else the way they love me. It would be a better world."
Muhammad Ali*

Peace Women Across the Globe
Baitul Salaam Network, Inc.
Entrepreneur/Community Organizer

www.blogtalkradio.com

www.baitulsalaam.net

www.1000peacewomen.org

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African Holistic Health Chapter of NY Newsletter

January & February Upcoming Event

Greetings Holistic Health Community,

Below is the balance of Holistic Health Events for January & February. We are planning an upcoming class with Brother Hank Rising Sun on assisting healers in protecting themselves when doing healing work on others. Your healing work/gift should not tax you or leave you left depleted. There are tools you need as a practitioner where you are left energized at the end of a consultation, massage, reflexology, public speaking, writing or whatever you healing system---Keep you posted when all is confirmed.

For all those who have joined the African Holistic Health Chapter, your membership cards will be in the mail this week and I hope you enjoy the materials you will receive. For those who have not joined, click link below:

<http://africanholistic.weebly.com/join-the-chapter.html>

In addition to Life Spring Rejuvenation Center Open House 10/23rd (below), Brother Heru Unikh & Sistah Shakti are having an Open House of their new holistic center this Sunday, Oct 24th 2p to 6pm. The Open will take place at: WholeSoul Community Center @ 248 Tompkins Street, Brooklyn, NY (Bushwick) The name of their new center is "Living Lotus Wellness Center." Heru Unikh is a recent graduate of Dr. Llaila Afrika Holistic Health Certification Training. These practitioners need support of both events (both are free but donations are welcomed). They are all well trained and ready to offering their services to the community.

“Those who profess to favor freedom, and yet depreciate agitation, are men who want crops without plowing up the ground”. Frederick Douglass

~~~~~  
Dr. Akua Gray will be teaching Reiki I to Reiki III Certification at Life Spring Rejuvenation Center in the Bronx. For further details, remittance of payment and downloadable flyer, click link below. There will be a 1 hour lunch break. We may order out or your may bring your own lunch.

<http://africanholistic.weebly.com/reiki-certifications.html>

Yirser Ra Hotep will be teaching a 2-Day Breath & Meditation Workshop on 2/13 and 2/14/10 at 10a to 3p at Life Spring Rejuvenation Center \$400. There will be a one hour lunch break. This is the pre-requisite course to the 3-Month Khamitik Yoga Teacher Training. Click link below for further details, payment remittance and downloadable flyer:

<http://africanholistic.weebly.com/breath--meditation-workshop.html>

For information on the 3-Month Khamitik Yoga Teacher Training, click link below:

<http://africanholistic.weebly.com/khamitik-yoga-certification.html>

Brother Ra-Min Heru (Gregory Felix) will be teaching Introduction of Iridology on 2/20/10 at 12p-4p \$100 at Life Spring Rejuvenation Center.

This is an introductory course for those contemplating taking the Iridology Certification with Dr. Paul Goss in September. There will be a 1/2 hour lunch break or you may bring your own food. Click link below for further details, payment remittance and downloadable flyer:

<http://africanholistic.weebly.com/introduction-to-iridology.html>

We encourage your to bring at least 2 to 5 friend to all these events. The sooner we take our health into our own hands, the better!

Much Love & Respect,

Sista Shai (Shy-ee)

Contact Information

Sista Shai (Shy-ee)

African Holistic Health Chapter of NY

347-427-8668

[www.africanholistic.weebly.com](http://www.africanholistic.weebly.com)

*“Where justice is denied,  
where poverty is enforced,  
where ignorance prevails,  
and where any one class is  
made to feel that society is  
an organized conspiracy to  
oppress, rob and degrade  
them, neither persons nor  
property will be safe.”  
Frederick Douglass*

You may rsvp at

<http://www.facebook.com/#/event.php?eid=175672597978&ref=ts>

Email Marketing by

African Holistic Health Chapter of NY | 132-20 116th Avenue | South  
Ozone Park | NY | 11420

----- Coalition members! Activate ‘Your’ [web link](#) on The Coalition, Inc. web site -----

## **COMPUTERS AND TECHNOLOGY**

### **Group offers low-cost web access to nonprofits**

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen’s wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

For more information, email [Kecia Carroll](#).

## **A HAND UP!**

LIHEAP Extension

1. The LIHEAP program (Cash and Crisis) end date has been

*“Property is intended to serve life, and no matter how much we surround it with rights and respect, it has no personal being. It is part of the earth man walks on. It is not man.” Martin Luther King, Jr.*

extended from March 15 to April 2, 2010.

2. A \$100 supplemental LIHEAP Cash payment will be made to all LIHEAP households who are eligible for a cash grant.

Households that were already approved for LIHEAP cash will automatically receive another \$100 (most payments will go directly to utility/vendor).

An additional \$100 supplemental LIHEAP Cash payment will be made to LIHEAP households with a “vulnerable household member”. Vulnerable is defined as 60 or over, 5 or younger, or with a disability. This supplemental payment will be in addition to the \$100 Cash grant supplement which will be provided to all LIHEAP households eligible for a cash grant (discussed in #2).

4. As of February 8, 2010, DPW will accept all regulated utility termination notices, dated February 1 or later for the purpose of providing Crisis grants. In Philadelphia, shut-off notices from PGW and PECO dated February 1 or later will be accepted as proof of a Crisis.

Until now, only applicants without heat were eligible for Crisis.

5. As of February 8, 2010, individual households will be able to apply for a second Crisis grant up to the maximum total amount of \$400. The “one and done” rule has been waived.

A second Crisis grant may be issued to households who have previously received one of less than \$400. Both grants cannot total more than \$400.

The second grant must be accepted by the fuel vendor or utility company as sufficient to resolve the crisis. The utility must agree to accept the Crisis amount as sufficient to Avert termination until May 1, as per the LIHEAP State Plan.

Download LIHEAP Applications in English and Spanish at:  
<http://www.dpw.state.pa.us/ServicesPrograms/LIHEAP/>

To apply for LIHEAP Cash and/or Crisis, mail or take the application to:

LIHEAP District County Assistance Office (formerly Tioga)

1348 W. Sedgley Avenue



*“That old law about ‘an eye for an eye’ leaves everybody blind. The time is always right to do the right thing...” Martin Luther King, Jr.*

Philadelphia, PA 19132

Monday – Friday

8 a.m. – 4 p.m.

you can also apply for LIHEAP Crisis by going to:

Elmwood  
District Boulevard District

5740 Market Street, 1st Floor 4109 Frankford Avenue

Philadelphia, PA  
19139 Philadelphia, PA 19124

THURSDAYS ONLY TUESDAYS ONLY

8 a.m. – 4 p.m. 8 a.m. – 4 p.m.

DO NOT MAIL APPLICATIONS TO THESE OFFICES!  
WALK-IN APPLICATIONS ONLY!

Questions? Contact Thu Tran,  
[ttran@clsphila.org](mailto:ttran@clsphila.org), or

Maripat Pileggi, [mpileggi@clsphila.org](mailto:mpileggi@clsphila.org).

----- Coalition members! Activate ‘Your’ [web link](#) on The Coalition, Inc. web site -----

### **Volunteer In Africa**

#### **Explore a Continent of Contrasts while Volunteering in Africa**

For over a decade, Cross-Cultural Solutions has supported thousands of volunteers in Africa on programs in Ghana, Morocco, South Africa and Tanzania.

CCS volunteers work side-by-side with local people in community organizations focused on supporting social services, education, and health initiatives.

Discover one of the world’s most diverse continents and see firsthand the challenges it faces and how you can make a positive impact with CCS.

Go to: [www.cross-cultural-solutions.org](http://www.cross-cultural-solutions.org)

*"People might not get all they work for in this world, but they must certainly work for all they get."  
Frederick Douglass*

## WORD-OF- THE-WEEK

**indomitable** \in-DOM-ih-tuh-buhl\  
Incapable of being subdued or overcome;  
unconquerable.

**IT'S HERE!!**

**Our group A HAND UP! Is now open, please go to:**

**[A HAND UP!](#)**

In response to the needs of many grassroots organizations for the basic tools to implement and sustain their ideas and projects, The Coalition, Inc. members have come together to establish a network to facilitate the distribution/re-distribution of unwanted, unneeded, surplus and even repairable items for recycling.

To join: [A Hand Up!](#)

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

**Remember to support The Coalition, Inc.'s on-air personalities...**

**Straight Up WORD** with Dr. John Elliott Churchville, Senior Pastor of The Liberation Fellowship Church of Jesus. Future verse by verse exploration of Holy Scriptures "...for liberation of the oppressed and social justice for the poor." will be available on their new website <http://lfcjnow.com/>

**Civil Alert World** with Brother Sabir Bey Saturdays 5:30pm to 6:30pm on WNJC 1360 AM. Also listen in on WKDU 91.7 AM Friday, 12am to 3am

**Sister Phile Chionesu**, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation**" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: [www.blogtalkradio.com/empresschi](http://www.blogtalkradio.com/empresschi) Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232 or send an instant message to [mwmsistahood@aol.com](mailto:mwmsistahood@aol.com) to chat on line.

