



We all hold a piece to the puzzle
Friday 23 July 2010

The Coalition, Inc.
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(Treasurer),

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News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 5, Number 01

Greetings Coalition Family!

We are entering our fifth year of cooperation! That means we have completed four years of doing what some folks promised us we could not do. Thanks to all who believed and supported the concept, we truly appreciate it. Please continue to communicate with and support one another... it works!

Hope alone is like having hot, freshly brewed coffee without a cup from which to drink it. Tenacity is hope's cup and dogged determination the spoon with which to stir it. Keep hope hot and fresh by refusing to accept the present and deciding to create the future. – John Elliott Churchville Ph., D

Help reduce organizational paranoia, share ideas and solutions, "Communicate... Cooperate... Collaborate" We each hold a piece to the puzzle.

FOR OUR CHILDREN

"It is easier to build children than it is to repair men."...Frederick Douglass

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to TheCoalitionNews@gmail.com with "subscribe" in the subject.

If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: [News From The Coalition, Inc.](#)

All entries for submission should be received by noon, the Monday prior to publish date and in Press Release form.

West Philly Y holds weekly fathers groups

The West Philadelphia Y, in partnership with Daddy UniverseCity, has started a summer series of workshops and seminars every Thursday from 6-8pm through August 12th. Led by DU president Joel Austin, the series is aimed at fathers, their families and their friends to help them learn how to raise the next generation.

The sessions will be held at the West Phila Branch Y, 52nd and Chestnut Streets.

For more details, email [Joel Austin](mailto:Joel.Austin) or call 215-476-2700 x 2012.

---- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site ----

Breakfast & Summer Tours

Breakfast Reception

There is still time to reserve a place at our upcoming breakfast event at Messiah College on Thursday July 28 at 8:30 am in the private dining room in Eisenhower Hall. You will hear from Dr. Melvin Allen, Founder and Danielle Brown, alumna and Chief Academic Office about the new initiatives to further improve curriculum rigor and outcomes for PFL students. Please contact Chavar Hollinger 215-568-2344 x107 or chollinger@projectforwardleap.org.

You can also register online. Click on the appropriate link below.

Messiah College
Wednesday July 28
8:00 - 10:00 am
Eisenhower Campus Center
RSVP

Summer Residential Institute Tours

A tour of the summer program is one of the best ways to see why Project Forward Leap makes such a difference in the educational outcomes for the children enrolled in the program. To see the teachers in action, to meet the residential staff and to engage with the extraordinary young people learning in our classrooms is an experience not to be missed. Tours can be

*Let not what you cannot do
tear you from what you can
do.*

Ghanaian Proverb

*We are proud to
announce that News
From The Coalition,
Inc. is featured on the
internationally
acclaimed site Eight
Cities Map which is
read in more than One
hundred seventy
countries!*

Click here:

EightCitiesMAP

Choose

*“Philadelphia’s Online
Community*

*“Newsletter” from the
menu.*

arranged to suit your schedule, but hurry! The institutes close at
Bryn Mawr College on July 30 and at Millersville University and at
Messiah College on August 5.

To book a tour contact Chavar Hollinger 215-568-2344 or
chollinger@projectforwardleap.org.

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Cheyney University Center City
is offering a pre-college program,
STARS,

for high school students entering grades 9-12. Students will learn how to
enhance their study skills, handle stress, resolve conflicts peacefully, and
increase their ability to be successful. More information can be obtained

by calling (215) 560-3891 or
emailing cucontinuinged@cheyney.edu .

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Paul “Earthquake” Moore
Presents
Community Boot Camp
Through SEPTEMBER 2010

All young people are invited to experience a weekend of fun, discipline,
and leadership activities.

It is the first of seven individual weekend sessions for youth scheduled to
be held from April through September 2010

Hosted by Paul “Earthquake” Moore, Community Boot Camp is an
exciting and positive weekend for youth in the
Philadelphia and Delaware County areas.

For two days and one night, children ages 8-15
will have the opportunity to spend time with positive role models from
various industries including city officials, TV and radio personalities, and
sports figures. The aim is to show young people a better way of life
through positive activities and role models and make them believe they
can have an impact on their surrounding communities and future careers.

Young people will spend the night in the field, sleeping in tents, during
which time they will be mentored by the men and women of the
U.S. Army Reserve.

Activities to take place will include:

Whatever you vividly imagine, ardently desire, sincerely believe, and enthusiastically act upon... must inevitably come to pass! - Paul J. Meyer

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com
We will credit you with the submission.

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To join The Coalition go to: TheCoalitionInc.net and download a copy of the Pledge of Commitment and return it to us the.pa.coalition@gmail.com

- ~ Community Clean up
- ~ Salute Report
- ~ Military Alphabet Code
- ~ Military Time
- ~ Violence, Drug and Alcohol Prevention
- ~ Community Basketball
- ~ Drilling Ceremony

Community Boot Camp is being sponsored in part by PAUL "EARTHQUAKE" MOORE, from PHILADELPHIA, a community activist, Moore has had the privilege of developing programs and activities that support positive teen development. Holds basketball tournaments, skating parties, Black History Month activities, and neighborhood clean-ups.

In addition, the organization has supported youth in developing relationships with the church.

Don't miss the opportunity to register your child for Community Boot Camp. Parents can register by calling 215-385-2696 or

Camps run through to
September 2010

Donations are needed to buy daily meals, sleeping bags, and equipment for the youth who attend. Those who wish to donate to the Community Boot Camp should call 215-385-2696, or email Paul "Earthquake" Moore

at earth_quake1@hotmail.com

All checks should be and sent to

P.O. Box 5323

Philadelphia, PA 19142. Video

http://www.youtube.com/watch?v=SrV_WEqETN4

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Hunger Coalition publishes summer meals directory
The Greater Philadelphia Coalition Against Hunger
has published a directory of programs offering free meals for children in Philadelphia over the summer.

Tens of thousands of Philadelphia children who rely on school breakfasts and lunches can go without during summer vacation. This year, free breakfasts, lunches or snacks will be available to low-income children at more than a thousand recreation centers, churches, schools, parks and community centers throughout the city.

[Go here](#) for more information or to download the directory.

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ASAP seeks info for annual after school directory

ASAP/After School Activities Partnerships is updating its annual directory of after school programs to be published in September in the Philadelphia Daily News.

The directory is also available on the web as a service to parents, caregivers and youth workers.

To be listed, after school sites or programs can go [here](#) or call 215-545-2727 ext. 12.

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Partners sought for youth action teams

Since 1997, Motivational Educational Entertainment, Inc has implemented a unique youth employment model in which it hires and trains local youth to conduct peer-to-peer outreach to deliver health promotion messages to their community.

Most recently, MEE implemented Community Action Teams as part of its Blueprint for a Safer Philadelphia campaign, through which it provided employment, life skills and self efficacy and leadership training for 100 young people.

MEE is seeking strategic partners to pursue or use available grant money for summer employment programs in other locations, and is reaching out to organizations that have access to youth and workforce development funds.

CAT participants can help in developing leadership skills and a positive self-image, receive training in important life, academic and communications skills, gain exposure to new experiences, people and places, earn money and incentives as compensation for their participation, build their resumes with outreach and communications experience, and earn community service credits for high school.

For more information, call William Juzang at 215-829-4920 or [email](#)

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Cap4Kids

The more we learn about early brain development, the more we realize how incredibly important prenatal and infant care is. On the

www.cap4kids.org/philadelphia website, under the Pregnancy and Infant handout (http://www.cap4kids.org/philadelphia/parent_handouts/pregnancy_resources_and_infants.html) you will find several home visitation and infant

There are no secrets to success. It is the result of preparation, hard work, learning from failure. - Colin Powell

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resources to help team up with families to get the support they need

~ ~ ~

Teen pregnancy is a major issue that many of our communities face.

Here are the facts:

The U.S. has the highest teen pregnancy rate in the industrialized world – twice as high as in England or Canada.

2006 saw the first rise in the U.S. teen pregnancy rate in 15 years.

An estimated 750,000 teens will become pregnant this year.

- About 1 in 3 women become pregnant at least once before they're 20.
- A sexually active teen girl who does not use contraceptives has a 90% chance of becoming pregnant within a year.
- It affects education - only a third of teen mothers earn their high school diploma. And only 1.5% has a college degree by age 30.
- It also affects their kids - girls born to teen mothers are more likely to be teen mothers themselves. Boys born to teen moms are more likely to end up in prison.
- 75% of girls and over half of boys report that girls who have sex do so because their boyfriends want them to.
- 8 in 10 girls and 6 in 10 boys say they wish they had waited until they were older to have sex.

Most teens (6 in 10) and adults (3 in 4) believe that teen boys often receive the message that they are “expected to have sex.”

Diapers are expensive, but it's nothing compared to the \$9 billion that teen pregnancy costs the United States each year. This includes increased spending in child welfare costs and public sector health care.

To address these issues, on the www.cap4kids.org/philadelphia website, under Pregnancy and Infant Resources, there is a section on Teen Pregnancy resources including the ELECT Teen CPC centers with a newly posted referral sheet, fact sheet (see attached), and Middle Years and MARS programs. http://www.cap4kids.org/philadelphia/parent_handouts/pregnancy_resources_and_infants.html

Please become familiar with these resources and refer families and teens in need.

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Black College Tours 2010 (40+)

<http://blackexcel.org/black-college-tours-2010.html>

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*The quieter you become the
more you can hear. –
Unknown*

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PhillyGoes2College

With a little over 50% of our kids graduating high school on time and only 18% graduating college, we MUST all work on this issue together for the future of our city.

The Mayor's office recently created an office called "PhillyGoes2College" that will start working to improve these statistics

([http://www.philly.com/inquirer/home_top_stories/20100104_Nutter_to_f](http://www.philly.com/inquirer/home_top_stories/20100104_Nutter_to_focus_on_increasing_college_admissions.html)

[ocus_on_increasing_college_admissions.html](http://www.philly.com/inquirer/home_top_stories/20100104_Nutter_to_focus_on_increasing_college_admissions.html)), and on the www.cap4kids.org/philadelphia website, under the Education Handout, you will find multiple sources for children, families and child advocates

to help, from an early age, on the road to educational success

(http://www.cap4kids.org/philadelphia/parent_handouts/education.html).

Here you will find listings for various school choices, timelines, resources for out-of-school youth, and college prep and college admission tools.

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Earn Free Trip to Egypt for Black Kids and Adults

The African Heritage Institute (also known as the D'zert Club) is sponsoring a 2-year African History Program that, once completed, the participants earn an all expense paid trip to Egypt. This program is for Black kids from ages 7-14 and adults over the age of 21.

See the success stories of students that completed the program and have gone to Egypt. They are amazing.

Students

grades went up in school, lateness and absences decreased and there was a remarkable increase in the students respect for their elders. One brother who attended was able to get a full 4-year scholarship to school as a result of being a part of the program.

Get all of the details at

www.BlackBusinessNetwork.com/theone

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Help For Parents With School-Age Children

Are you a parent, relative, or health care professional with any of the following scenarios?

* Not too sure how to register child for Kindergarten or Head Start.

*Freedom from desire leads
to inner peace. - Lao Tse*

- * Trying to decide on what type of school best fits a child's needs. Public or Charter or Magnet or Catholic?
- * Want to get a child motivate and focused on college.
- * Want to get child back in school after taking a leave, but don't know what options there are for out-of-school youth.
- * Child being bullied in school and don't know what to do.
- * Child not doing well in school and may have a learning difference.

On the www.cap4kids.org/philadelphia website, under the Education parent handout

http://www.cap4kids.org/philadelphia/parent_handouts/education.html and the Resource tab

<http://www.cap4kids.org/philadelphia/resources.html> there are resources in the community to help advocates for children find help for their child's educational needs. Please become familiar with the listed resources and continue to bridge the gap between families in need and the agencies and resources that serve them.

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The Food stamp program under the new stimulus package is now called the SNAP (Supplemental Nutrition Assistance Program).

Did you know?

Eligibility for SNAP benefits changed so many more families in food insecure households are now eligible.

On the www.cap4kids.org/philadelphia website, under the Food and Nutrition parent handout, you will find several organizations who can help families find out if they are eligible. Also, on the COMPASS website they can apply for these benefits and many others.

For more info you can also go to

<http://www.dpw.state.pa.us/ServicesPrograms/FoodStamps/>

Please continue to link families in need with the appropriate social services agencies that serve them through Cap4Kids. Thanks.

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Online resources for parents: www.chestercountymoms.com,
www.germantownavenueparents.com, www.norristownmom.com.

THIS WEEK

Georgie Woods Scholarship Foundation

presents

Philadelphia R&B Quarter

Blue Magic

*All entries for
submission should
be received by
noon, the Monday
prior to publish
date and in Press
Release form.*

In the last five or six thousand years, empires one after another have arisen, waxed powerful by wars of conquest, and fallen by internal revolution or attack from without. - John Boyd Orr

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

Send your information to: [News From The Coalition, Inc.](#)

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July 24th

8pm

Clef Club

736 So. Broad St

Tickets: \$35 - \$40

215.893.9912

www.clefclub.org

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PECO Green Roof Tour

July 24th

PECO Bldg.

2301 Market St.

Cost: \$5 - \$10

215.988.8869

www.pennsylvaniahorticulturalsociety.org

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"Gospel Music Presents: Great Performances" 2q10

WPVI-TV ABC

Philadelphia

7/25/2010

2:00pm

Set Your VCR, DVR to record or TIVO "Gospel Music Presents".

Watch Us Again or Watch US Later!!!!

Email us by clicking [Contact Us](#) so we can read your comments and notify you when we are next on.

GoodThoughts,

Frank Badami

"Gospel Music Presents Great Performances"

Badami Productions presents a tribute to Tyscot Records, the oldest African American owned Gospel Music label thru Gospel Music performances of the label's many stars.

This show stars classic performances by: Fred Hammond, The Anointed Pace Sisters, Deitrick Haddon, Damita Haddon, John P. Kee, Albertina Walker, Rance Allen Group, Bishop Leonard Scott, Lucinda Moore, Kirk Franklin, DeAndre Patterson, Nikki Ross and many great Choirs.

Please tell your friends and family to watch the airing of this show.

And If they email us gospelmusic@badamitv.com

we will notify them when we are next on.

GoodThoughts,

Frank Badami

*When what you are doing isn't working, you tend to do more of the same and with greater intensity.
- Dr. Bill Maynard & Tom Champoux Heart, Soul and Spirit*

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and download a copy of the Pledge of Commitment and return it to us
the.pa.coalition@gmail.com

Visit us at <http://www.badamity.com>

Viewing and Recording this show supports Gospel Music which is the foundation of all contemporary music.

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The Chester Environmental Partnership (CEP) is hosting
"Environmental Justice in Chester: Solutions for Change."

This conference will be held at

Widener University in

Chester, PA on

July 27-28, 2010.

Registration: 8-8:30am

The primary goal of this event is to educate participants from all sectors about the concept and strategies of environmental justice (EJ), as well as challenge the conference participants to think about ways that Chester can develop a model that incorporates ideas that seem most viable for change in Chester.

CASE STUDY OF A SPECIFIC COMMUNITY

The conference will focus on Chester's Booth Street rehabilitation/relocation issue as a case study. Booth Street is an area in close proximity to many waste processing facilities whose residents experience numerous health and safety issues. Challenges include rehabilitation of the site for residential living, and/or areas for relocation and how to fund the rehabilitation/relocation. We will discuss the best methods to solve these issues and how to apply them. These solutions will be a model for handling similar issues in other environmental justice (EJ) communities.

General Conference Goals

Creating pro-active solutions to common environmental justice (EJ) issues such as waste, proximity to industries, & pollution
Working with industry & government break down barriers to environmental justice

Looking at the past & present of Chester to create a vision for the future
Develop new paradigms to resolve health disparities and environmental injustice in Chester and other EJ Communities

About Chester, PA

Chester, PA has a prominent place in the history of the environmental

Don't be afraid to take a big step when one is indicated. You can't cross a chasm in two small steps.
- David Loyd George

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justice movement. Located 15 miles south of Philadelphia along the Delaware River, Chester has no supermarket, a high concentration of industrial facilities, a number of waste-processing plants, and substantial truck traffic. In the early 1990s Reverend Horace Strand of the Faith Temple Holy Church founded Chester Residents Concerned for Quality Living (CRCQL). This organization became a major figure in the suit CRCQL v. Seif that went to the US Supreme Court in 1995. In 2005 Rev. Strand formed the Chester Environmental Partnership, and its work has been key to many recent environmental health improvements in Chester.

KEYNOTE SPEAKERS

John Hanger - Secretary of the Pennsylvania Department of Environmental Protection

Jerome Balter - Former Attorney for the Public Interest Law Center of Philadelphia

Arthur J. Frank, MD, PhD - Professor, Drexel University, Chair for the PA Department of Environmental Protection

Barry Seymour - Executive director of the Delaware Valley Regional Planning Commission (DVRPC)

OTHER SPEAKERS & PRESENTERS

Dr. Horace W. Strand, Sr. - Chairman of the Chester Environmental Partnership (CEP) and former Chairman of Chester Residents Concerned for Quality Living (CRCQL)

Adam Cutler - Director, Public Health and Environmental Justice Law Clinic at the Public Interest Law Center of Philadelphia

Carole Burnett and Desire Grover - Delco Alliance for Environmental Justice

Dr. Kathleen Hornberger - Professor at Widener University and conference chairperson

Traci Confer and Amy Wilson - Energy Justice Network

Edward A. Emmett – Professor and Director of the Community Outreach and Education Core (COEC), Center of Excellence in Environmental Toxicology (CEET) at the University of Pennsylvania School of Medicine

Dr. Phil Lewis - Former trustee of Widener University

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Summer Grand Slam and BBQ

Our Summer Grand Slam is Saturday, July 24th at 8pm with a pre-Slam BBQ, all at the [Painted Bride Art Center](#). Our pre-Slam party kicks off the night with Sweet Lucy's BBQ, so grab some napkins because you'll need 'em! While you rinse down your pulled pork sandwich with lager from

Why did the chicken cross the road?

*Buddha:
Asking this question denies your own chicken nature.*

*Colonel Sanders:
Damn, I missed one!*

*Anderson Consulting:
Deregulation of the chicken's side of the road was threatening its dominant market position. The chicken was faced with significant challenges to create and develop the competencies required for the newly competitive market. Andersen Consulting, in a partnering relationship with the client, helped the chicken by rethinking its physical distribution strategy and implementation processes. Using the Poultry Integration Model (PIM), Andersen helped the chicken use its skills, methodologies, knowledge, capital and experiences to align the chicken's people, processes and technology in support of its overall strategy within a Program Management framework. Andersen Consulting convened a diverse cross-spectrum of road analysts and best chickens along with Anderson consultants with deep skills in the transportation industry to engage in a two-day itinerary of meetings in order to leverage their personal knowledge capital, (cont.)*

Narragansett Brewery, enjoy retro-rock tunes from Brooklyn indie band [Peculiar Gentlemen](#). This hot band will set the stage for our grand finale, featuring Philly's finest storytellers. The Grand Slam will determine once and for all who is the Greatest Storyteller in Philadelphia! (At least until our Fall Grand Slam!) The theme is Show and Tell. [Buy your tickets here](#).

The deets! Saturday, July 24, 8pm with a BBQ featuring Peculiar Gentlemen at 5pm. \$30 for BBQ and Grand Slam (\$24 for members)/ \$15 for just the Grand Slam (\$12 for members).

Painted Bride Art Center

A230 Vine Street
Philadelphia, PA 19106
215.925.9914

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Peace Vigil

Wednesday July 28, 2010

7:00 pm - 8:00 pm

(This event repeats every week.)

Location: Outside Border's Bookstore

Street: Germantown Avenue and Bethlehem Pike in Chestnut Hill

City State Zip: Philadelphia, PA 19118

Phone: 215-843-4256

Notes:

1,033,000 civilians dead during the U.S. occupation of Iraq! More than 5,735 U.S. soldiers dead in Iraq and Afghanistan, 825 of them under Obama's command. If you object, please join our peace vigil.

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<http://www.yahoo.com>

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ASAP sets 2010 Youth Chess Challenge

The Philadelphia Youth Chess Challenge brings together students to checkmate violence in the summer in the atrium at the Shops at Liberty Place,

both tacit and explicit, and to enable them to synergize with each other in order to achieve the implicit goals of delivering and successfully architecting and implementing an enterprise-wide value framework across the continuum of poultry cross-median processes. The meeting was held in a park-like setting, enabling and creating an impactful environment which was strategically based, industry-focused, and built upon a consistent, clear, and unified market message and aligned with the chicken's mission, vision, and core values. This was conducive towards the creation of a total business integration solution. Andersen Consulting helped the chicken change to become more successful. (thx. Lorraine Marshall) Submit your own humor, and let our readers know how funny you can be. We obviously need the help. ;) (Family appropriate) (thx. Kaylee Park)

1625 Chestnut Street,
in the atrium on

Thursday, July 29th from noon to 2pm.

Chess Challenge students will play informal games with the public,
sponsored by ASAP/After School Activities Partnerships.

ASAP is a friend of The Coalition, Inc.

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SPace Muzik & B.L.A.C. ECONOMY
Presents:

**The
First Annual Youth Summer Showcase.**

Calling all Mc's, Poets, spoken word Artists, singers, drill teams, and
Community Leaders.

This is a must attend event. It's time to
TAKE OUR CITY BACK.....

Come join us

Sat, July 31st

12pm-8pm

Jefferson Square Park

3rd St. & Washington Ave.

This is a multi-cultural event...

Contacts. Marc Purvis, Founder and CEO:

SPace Muzik LLC.

251-779-5430

Hanif Khalil Ali, CEO:

B.L.A.C. ECONOMY

267-401-7933

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Lest We Forget Traveling Slavery Museum

will be on exhibit at the upcoming:

Senator Hardy Williams Day observance of

The Weekend Of Peace

Saturday July 31st

Eastwick Recreation Center

80th & Mars Place

11 am - 5:00PM

7/5th of all people do not understand fractions.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

Send your information to: [News From The Coalition, Inc.](http://www.rawfamily.com/)

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**The Raw Family
Newsletter**

<http://www.rawfamily.com/>

FREE & OPEN TO THE PUBLIC

Come see our amazing collection of Slavery Artifacts, Documents & Jim Crow Items. These objects reveal the true story of how different coming to America was for enslaved Africans. In addition, we will be hosting FREE film screenings of our Award Winning documentaries throughout the day. "Lest We Forget" & "My Slave Sister Myself"

To view our movie trailers go to:

www.lestweforgetmuseumofslavery.com

"Everyone should have a copy of these remarkable documentaries in their video library to share with family & friends".

We will also have our ever popular Lest We Forget Little Known Black History Facts Booklet (BRAND NEW DOCUMENTS!) as well as other LWF products available for sale. We hope to see you at Global Fusion.

Plan a visit to Lest We Forget Black Holocaust Slavery Museum
3650 Richmond St.

Phila. PA 19134 (Near I-95 & Allegheny Ave.

Just minutes from Center City)

APPOINTMENTS REQUIRED!

Call (888) 886-LEST(5378)

Hours: Wed - Sun 10 am - 6 pm

Admission: \$10 Per Person

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EMPLOYMENT AND TRAINING OPPORTUNITIES

WURD-AM sponsors Radio Idol contest

WURD 900 AM is looking for people who want to be a talk show host.

The contest runs through Labor Day. A Radio Idol winner will be selected at the end of August 2010 with the prize of hosting their own show in the fall.

Demo tapes for the contest can be emailed via mp3 files to

1341 N. Delaware Avenue,

Suite 300;

Philadelphia, PA 19125.

Audio Cassette, CD or 5-minute DVD videotapes can also be sent.

Call 215-425-7875 for more information.

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Temporary Summer Jobs for Oil Spill Clean-up

Please note the following announcement from Shamrock Environmental

Corporation. Read carefully and respond as instructed.

Dr. Jones goes to the retirement home for his monthly rounds. He sees Joe and asks him, "Joe, how much is three times three?" Joe responds "59."

He goes over to Tom and asks, "Tom, how much is three times three?" Tom responds, "Wednesday."

He finally goes over to John and asks, "John, how much is three times three?"

"NINE" replies John.

"That's right ...now how did you come to that answer?"

"It was easy...I just subtracted 59 from Wednesday!"

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TEMPORARY WORKERS FOR GULF COAST OIL SPILL NEEDED IMMEDIATELY

Shamrock Environmental Corporation has been contracted to provide support personnel to assist with the oil spill clean-up throughout the Gulf Coast.

Areas where work may be performed are Louisiana, Mississippi, Alabama and Florida.

All workers will require OSHA 40-hour Hazardous Waste Operator Training (WE WILL PROVIDE). Successful completion of a physical and drug screen are also required. Each applicant must be 18 years of age or older. The hours will vary but expect LOTS of overtime.

RATE OF PAY: \$13.00/hr. straight time

\$19.50/hr. overtime (after 40 hours/week)

PER DIEM: \$26.00/day for meals

LODGING: Provided

Work may include, but is not limited to manual labor associated with removing crude oil from impacted beaches, rocks, boom, or any other items that have come in contact with the oil. Technicians may be required to operate pressure washers, mops, rakes, shovels or a variety of other hand tools or small pieces of equipment while wearing proper protective gear. Work environment may include working on or near water, in marshland, beach and estuary locations in hot and humid conditions day or night.

Work is available IMMEDIATELY for safety conscious workers. Transportation to the Gulf Coast will be provided. The HR Group has been contracted to conduct this recruitment.

*Applications MUST be completed at:

<http://www.shamrockenviro.com/docs/ShamrockEmpApp.pdf>

Send resume to:

recruiter@shamrockenviro.com

<http://us.mc353.mail.yahoo.com/mc/compose?to=recruiter@shamrockenviro.com>

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HEALTH MATTERS

Anger will never disappear so long as thoughts of resentment are cherished in the mind. Anger will disappear just as soon as thoughts of resentment are forgotten. -- Buddha.

AFRICOM PARTNERS WITH THE CITY OF PHILADELPHIA TO HOST ITS 9TH ANNUAL COMMUNITY HEALTH FAIR

AFRICOM, the Coalition of African Communities – Philadelphia, is collaborating with the Mayor’s Commission on African & Caribbean Immigrant Affairs and the City of Philadelphia Department of Public Health along with other community organizations to organize a community health fair on Sunday, August 8, 2010.

Several officials from the city government are expected to attend the event, which will be held at Kingsessing Recreation Center, 4901 Kingsessing Ave., Philadelphia, PA 19143 12 noon to 8 PM.

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Health professionals and other service providers will provide general information about health services that are available at no cost to Philadelphia residents. Community members will be able to discuss their concerns with staff and volunteers in English, French and Creole. Trained health workers and volunteers will offer blood pressure screenings, diabetes evaluations, HIV/AIDS and provide information on prenatal care, oral health, nutrition, sexually transmitted diseases, Sickle Cell disease and cancer. There will also be information on vector control and lead toxicity. In addition to health services, the fair will include a soccer tournament, children’s activities and African and Caribbean music.

The Greater Philadelphia area is home to approximately 100,000 residents from Africa and the Caribbean. Many of these diverse communities have established non-profit organizations to maintain social and cultural ties and to assist newcomers. In May 2001, fifteen organizations founded the Coalition of African Organizations – Philadelphia, with a mission to empower the African and Caribbean refugee and immigrant communities by:

- (1) Facilitating family access to health and social services with special focus on women, children and youth,
- (2) Promoting economic development,
- (3) Facilitating resolutions of inter-and intra-group conflicts,
- (4) Advocating on issues of concern to African communities, and
- (5) Educating the media and broader public on African cultures and experiences. The coalition proactively seeks and develops partnerships with non-profit, private, educational and

Hereeeeeeeeeeeeeees...
Kathy's Korner!

Did you hear about the lawyer on vacation whose sailboat capsized in dangerous, shark-infested waters? He surprised his traveling companions by volunteering to swim to the far-off shore for help. As he swam, his companions were startled by the appearance of two dorsal fins -- great white sharks, heading straight toward the lawyer. To their surprise, the sharks allowed the lawyer to take hold of their fins, and escorted him safely to shore. When the lawyer returned with help, his companions asked him how he had managed such an incredible feat. The lawyer answered, "Professional courtesy."

(Kathy Parsons is a regular contributor.)

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African American institutions in the Greater Philadelphia area to achieve its mission.

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Too much fructose could raise your blood pressure

By Frederik Joelving

(Reuters Health) - Do you need a reason to cut down on sweetened beverages? Their fructose content might increase your blood pressure, doctors said Thursday.

Although not all studies agree, the findings add to a growing body of evidence that too much of the ubiquitous sugar -- found in fruits as well as high-fructose corn syrup and table sugar -- can have important health consequences. (See Reuters Health story of May 24, 2010.)

High blood pressure, for example, increases the risk of strokes, heart disease and kidney failure.

Close to one in three Americans suffer from elevated blood pressure, a rate that has tripled in the past century, the researchers say in the Journal of the American Society of Nephrology. While the reasons aren't clear, diet and lifestyle changes are the main suspects.

To test the link between blood pressure and fructose, they used nationally representative survey data from more than 4,500 adults. The survey included questions about all sources of fructose, whereas most earlier studies had focused on soft drinks.

On average, they found, people said they consumed 74 grams of fructose per day -- roughly the amount in four soft drinks. Even though none of them had experienced blood pressure problems, about a third turned out to have borderline high blood pressure and eight percent had hypertension (readings of at least 140/90 mmHg, compared with normal values of 120/80 or less).

The more fructose their diet included, the more likely they were to have high blood pressure. Of course, that could have been influenced by a variety of factors, such as obesity and disease, or getting too much of other sugars, salt or alcohol.

But even when adjusting for all these factors, the odds of having high blood pressure increased in those whose fructose intake was above

Battle of the sexes: (This is a new feature, please send in your observations...fight nice.)

Mid-life is when the growth of hair on our legs slows down. This gives us plenty of time to care for our newly acquired mustache. In mid-life women no longer have upper arms, we have wingspans. We are no longer women in sleeveless shirts, we are flying squirrels in drag. Mid-life is when you can stand naked in front of a mirror and you can see your rear without turning around. Mid-life is when you go for a mammogram and you realize that this is the only time someone will ask you to appear topless. Mid-life is when you want to grab every firm young lovely in a tube top and scream, "Listen honey, even the Roman empire fell and those will too." Mid-life brings wisdom to know that life throws us curves and we're sitting on our biggest ones. Mid-life is when you look at your-know-it-all, beeper-wearing teenager and think: "For this I have stretch marks?" In mid-life your memory starts to go. In fact the only thing we can retain is water. Mid-life means that your Body By Jake now includes Legs By Rand McNally -- more red and blue lines than an accurately scaled map of Wisconsin. Mid-life means that you become more reflective... You start pondering the "big" questions. (cont.)

average. For the most severe form -- stage 2 hypertension -- the odds were 77 percent higher.

Given the new findings, people might want to think twice about what they throw into their shopping carts, said Dr. Michel Chonchol of the University of Colorado Denver, who worked on the study.

"In the grocery store, you see food without high-fructose corn syrup," he said, adding that it would make sense to reduce fructose intake by choosing those products and avoiding the ones containing added sugars.

"There is no question that fructose itself appears to have effects that other sugars don't have," said Chonchol. The exact mechanisms are unclear, although several have been proposed, he added.

"What we need now are clinical trials, where you take people with hypertension and place them on a diet with low fructose and see if that lowers their blood pressure," said Rachel K. Johnson, a professor of nutrition at the University of Vermont in Burlington, who was not involved in the research.

Until then, she said the message is clear: "Sugar-sweetened beverages -- avoid, avoid, avoid! That's the major source of added sugars for Americans."

Getting fructose from eating fruits appears to be less of a problem, she said, perhaps because they also contain many healthful substances like antioxidants and fiber. Fruit has just 4 to 10 grams of fructose per serving, while a can of Coca-Cola has 39 grams of high-fructose corn syrup, about half of which is fructose (the rest is glucose).

Last year, Johnson helped prepare a statement about sugar and heart disease from the American Heart Association, which included dietary recommendations.

"For most American women," she advises, "no more than six teaspoons or 100 calories a day of added sugars, and no more than nine teaspoons for men."

That is less than one can of Coca-Cola.

In a press release about the new study, the Corn Refiners Association, a U.S. trade group, said the researchers had muddled the differences between fructose and glucose, the other half of high-fructose corn syrup

What is life? Why am I here? How much Healthy Choice ice cream can I eat before it's no longer a healthy choice? But mid-life also brings with it an appreciation for what is important. We realize that breasts sag, hips expand and chins double, but our loved ones make the journey worthwhile. Would any of you trade the knowledge that you have now for the body you had way back when? Maybe our bodies simply have to expand to hold all the wisdom and love we've acquired. That's my philosophy and I'm sticking to it!

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and table sugar.

"The rise in glucose consumption also mirrors the dramatic rise in hypertension," the release said.

SOURCE: jasn.asnjournals.org/

Journal of the American Society of Nephrology, online July 1, 2010.

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Viagra-popping seniors lead the pack for STDs

By Frederik Joelving

(Reuters Health) - Even if you're past your prime and have a hard time getting an erection, you might still need to worry about unprotected sex, according to U.S. doctors.

In fact, they report in the *Annals of Internal Medicine*, the rate of sexually transmitted diseases (STDs) in older men taking erectile dysfunction drugs like Viagra is twice as high as in their non-medicated peers.

In both groups, however, the numbers are swelling. According to the Centers for Disease Control and Prevention, there were more than six new cases of STDs per 10,000 men over 40 in 2008, up almost 50 percent since 1996.

"Younger adults have far more STDs than older adults, but the rates are growing at far higher rates in older adults," said

Dr. Anupam B. Jena of Massachusetts General Hospital in Boston, who led the study.

While the reasons for this development aren't well understood, he said more divorces and better health might have conspired to boost sexual prowess and activity among graying heads.

The problem, however, is that older adults appear to flout safe sex practices. For instance, the researchers note, 50-year-olds are six times less likely to use a condom than men in their 20s.

"We are typically unaccustomed to practice safe sex over the age of 50, because the risk of pregnancy is eliminated," Jena told Reuters Health.

To test whether the introduction of Viagra in 1998 might explain some of

It is time to effect a revolution in female manners - time to restore to them their lost dignity. It is time to separate unchangeable morals from local manners. - Mary Wollstonecraft

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the STD surge, Jena and colleagues examined insurance records for more than 1.4 million U.S. men over 40. The average age in the study was about 60 years.

The most commonly found STD was HIV, followed by chlamydia, syphilis and gonorrhea.

Among the few percent of men who had filled prescriptions for erectile dysfunction drugs, more than two in a thousand had been treated for an STD in the year before they got the drug.

A year later, the number dropped to half that, suggesting that Viagra and its chemical cousins didn't fuel STDs.

However, the risk of contracting an STD turned out to be more than twice as high in men taking erectile dysfunction drugs compared with those who didn't.

"These users have a different sexual risk profile than non-users," said Jena, adding that the data didn't reveal any good explanation.

In an editorial, Dr. Thomas Fekete, of Temple University School of Medicine in Philadelphia, noted that it would have been valuable to know more about the frequency of sexual encounters, sexual partners and orientation.

He added that prevention strategies should still be directed at younger age groups, whose STD risk is at least 10 times higher than in middle-aged and older adults.

Still, he said, the authors remind us "that men older than 40 years remain sexually active, even if they need chemical assistance to do so. This study also serves as a reminder that sex after age 40 years is not necessarily safe."

Jena recommended that doctors take a few minutes to discuss safe sex with older men when they prescribe Viagra.

His advice? "Look, just realize that you are at higher risk for STDs, and try to be careful like you used to be 30 years ago."

SOURCE: www.annals.org/

Annals of Internal Medicine, online July 5, 2010.

*He who begins by loving
Christianity better than
Truth will proceed by
loving his own sect or
church better than
Christianity, and end by
loving himself better than
all. - -- Samuel Taylor
Coleridge*

Experts say 40 percent of cancers could be prevented

Kate Kelland

LONDON (Reuters) - Forty percent of the 12 million people diagnosed with cancer worldwide each year could avert the killer disease by protecting themselves against infections and changing their lifestyles, experts said...

Read the full story

<http://www.reuters.com/article/idUSTRE6113PX20100202?feedType=nl&feedName=ushealth600>

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Get Fresh!

Volunteer with Philabundance Fresh for All

You recycle out the wazoo and consider yourself consigliere of the enviro-sack mafia.

Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All program.

And you can help by volunteering.

The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times.

With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls).

Looking for something physical?

Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need.

And that's a green movement to be proud of.

To participate in Fresh for All, contact
Tunisia Garnett (215-339-0900 ext. 238 or
tgarnett@philabundance.org).

For more information, go to www.philabundance.org

Tips for making oatmeal appealing to kids

<http://advison.webevents.yahoo.com/mompowergroup/>

Government employees (Bureaucrats) like to solve problems. If there are no problems handily available, they will create their own problems. -- George Van Valkenburg.

Philadelphia is a huge underutilized asset.

From Dust to Dollars: Creating Value from Underutilized Assets

<http://www.bloomberg.com/apps/harvardbusiness?sid=H6f94aa705ec4920897666766dea63ef6>

By Rosabeth Moss Kanter

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The green movement focuses attention on numerous resources going to waste that could be turned into cost savings, revenue streams, and profitable businesses while saving the earth — wind power, solar energy, fuels from burning biomass. That sensibility signals an important new value proposition: From dust to dollars! Build innovation around existing but underutilized assets.

Waste was an industrial age motif. To have more of something than one could possibly use signified affluence and high status. That was the point of the impractical extra space at Donald Trump's palace, Mar a Lago, or the hundreds of pairs of shoes owned by former Philippines First Lady Imelda Marcos. In that context, growth came from selling bigger portions, larger cars, and more of everything, guaranteeing waste. Of course, one person's waste was another person's waste management company; I know many immigrants who attained the American dream through scrap metal.

In today's less-forgiving times, it's not enough to hide conspicuous consumption behind gated communities, cloth coats, or vans instead of limousines, and to give up corporate jets and lavish parties. It is imperative (and good business) to better use underutilized assets, not simply to reduce waste.

Munch on some food examples. In Boston, order Peking duck, and get the skin and some meat. In Hong Kong, Peking duck includes the skin, meat, and broth in separate courses. In Beijing, Peking duck uses all of the above plus adds the bones — no waste. A Taiwanese executive friend who summers on Cape Cod visits the docks most mornings to ask fishing crews for the fish heads they discard. Creative cooks invent wonderful dishes out of leftovers, tossing the rest in the compost pile to enrich the soil.

Don't take me literally. The idea is unlock the hidden value of something

We really don't have enemies. It's just that some of our best friends are trying to kill us.
-- Unknown

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that would otherwise be wasted. Used tires — a major pollution problem — are being used by Cemex in road beds in Mexico and by Brazilian artists in Sao Paulo to create attractive, comfortable furniture.

Companies recycle cans and bottles but rarely create innovations out of them. An entrepreneur friend made watch faces out of discarded soda bottle caps, selling them as fashion watches (at high margins considering the zero cost of the bottle caps). Students in a high school chemistry class in New Hampshire collected used cooking oil from local restaurants to convert into fuel that they hoped would run school buses, while extracting the glycerin to make soap that they sold to fund their experiment.

Talk about synergies.

What byproducts have hidden value? Companies are experimenting with carbon capture that can reduce carbon footprints while being used for carbonated beverages. Zoos have been particularly creative with the kind of waste-we-don't-talk-about-in-polite-company (and I don't mean composting toilets, although that might be a good idea too). Toronto and Singapore zoos took the lead in creating a profitable line of fertilizers for home gardens by processing and packaging animal waste under the brand name "Zoo Doo."

Space often goes to waste. Companies can turn unused conference rooms into training centers for other organizations. Airports recognize that the areas between gates are retail sales opportunities; the Pittsburgh airport was among the first to be a destination shopping mall, not just a transportation platform. WPP grew to a global advertising giant from a company making wire shopping carts when managers realized the carts could hold advertising placards. Minute Clinics in CVS pharmacies offer routine health services in underutilized areas near aspirins and greeting cards. I've urged branch banks to give floor space to neighborhood merchants for displays and demonstration, building community value and bringing traffic to the branch.

Human energy can also be put to better use. Years ago I joked that communities could generate electricity by from runners on a giant treadmill. Then I discovered that this idea is the basis of actual experiments.

Bicycles power computers for children in remote villages that lack electricity.

So why not go further? What if every office had a health center connected to a generator? Employees could get exercise while displays show them how much power they are producing.

Get fit and keep the lights on at the same time.

Joe has been seeing a psychoanalyst for four years for treatment of the fear that he had monsters under his bed. It had been years since he had gotten a good night's sleep. Furthermore, his progress was very poor, and he knew it. So, one day he stops seeing the psychoanalyst and decides to try something different. A few weeks later, Joe's former psychoanalyst meets his old client in the supermarket, and is surprised to find him looking well-rested, energetic, and cheerful. "Doc!" Joe says, "It's amazing! I'm cured!" "That's great news!" the psychoanalyst says. "you seem to be doing much better. How?" "I went to see another doctor," Joe says enthusiastically, "and he cured me in just ONE session!" "One?!" the psychoanalyst asks incredulously. "Yeah," continues Joe, "my new doctor is a behaviorist." "A behaviorist?" the psychoanalyst asks. "How did he cure you in one session?" "Oh, easy," says Joe. "He told me to cut the legs off of my bed."

Of course, it's also essential to better utilize the most underutilized asset of all in many companies: brainpower. Employee imagination could be used to search for trash, literal or figurative, with innovation value.

Mount a campaign for the best ideas about using underutilized or discarded assets. There's nothing to lose — it's wasted anyway — and a great deal to gain. Besides, chairs made out of used tires are great for the beach, and compost plus Zoo Doo grow wonderful gardens.

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Don't throw your old TVs away!

All electronics can be dropped off for recycling at either
Domino Lane & Umbria St.

or

State Rd. & Ashburner St. in Philadelphia
at the

Streets Department Sanitation Convenience Centers,

Monday through Saturday

8:00 am to 6:00 pm.

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Weavers Way #5 plastics recycling resumes

Fellow Recyclers,

Weavers Way collection of #5 plastics, which are not included in the City's recycling program, will be on the 3rd Saturday of each month:

June 19th.

The collections take place at the co-op's garage,
at 542 Carpenter Lane,

which is across the street and a bit further down the block from the Big Blue Marble bookstore.

Please note that we need volunteers to keep this project going. (Weavers Way members can get work credit for helping us; work shifts are available on co-op's the online calendar.)

The #5 category includes yogurt cups, sour cream containers, hummus tubs, some medicine bottles, and more. Your recyclables must be clean and dry to be accepted. Check to make sure there are no other materials (paper, screws, other number plastics) on the items you bring in.

I start with the premise that the function of leadership is to produce more leaders, not more followers
- Ralph Nader

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Impurities of any kind compromise the recycling process and usually lead to the discarding of an entire batch. Exclude any lids unless they are clearly marked #5. (Most lids from #5 containers are #4 plastic, but this is not always the case.)

We ask recyclers for a small donation to cover postage costs of mailing the recyclables to the Gimme 5 processing facility in New York.

Before bringing your #5s to the collection, be sure that they meet the requirements for Gimme 5:

All items must be CLEAN and DRY. If they contained food or any oily or dirty product, make sure they have been washed, not just rinsed. Items stacked when wet tend to stay wet, so allow washed items to dry fully before stacking or packing.

The #5 stamp needs to be visible on each item. Lids are separate items.

Don't assume lids are the same number plastic as the container; sometimes they are but usually they are not. Check to make sure there are no other materials (labels, paper, other number plastics, metal) on the items you bring in.

Brita filters are also welcome! Let them air dry for several days to make sure they are completely dry.

We'll see you soon!

Carolyn, Helen, Priscilla and Stevik
of the Weavers Way Environment Committee

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Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>

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For sustainable enterprise go to Green Jobs Philly
<http://www.greenjobsphilly.org/news>

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[40 Ways to Save on Almost Anything](#)

PERSONAL AND HOME SECURITY

Staying Safe on the Mean Streets of Life

Others won't always rush to your aid if you are under attack - learn why and what you can do to make others help.

*"Doctor, doctor, I've lost
my memory."
"When did this happen?"
"When did what happen?"*

(Ethan Pollard age 9)

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There are very few things as hard to understand as the senseless murder of a young person. Murder is never easy to come to terms with but when it is the murder of somebody young, somebody who is just starting to live, it is even harder. In my community we are struggling with such an event. On December 7, 2002 a 19-year-old girl named Breann Voth was murdered while walking to work. Her body was found a few hours later on the side of a river. She was face down and nude - she had been assaulted and murdered. As the story started to unfold it came out that several people had heard her cries for help but had done nothing; they had not even called 911. Her cries were said to have lasted over 10 minutes and still, nobody so much as called the police. Why?

The answer is a well-documented psychological phenomenon known as the Diffusion of Responsibility. Diffusion of Responsibility is a part of a bigger phenomenon known as Bystander Apathy. Bystander Apathy and the Diffusion of Responsibility happen when witnesses to a crime believe that they do not need to act to help because there are so many others around that somebody else will come to the rescue. It does not mean that these people are heartless and uncaring, it does not mean that they do not want to help, it just means that they think somebody else will do it so they do not feel as strong an urge to rise to the occasion. This phenomenon was first studied in 1964 when New York was shocked by the brutal murder of Kitty Genovese in plain sight of her neighbors.

In the Genovese case the bystanders not only heard the crime as it happened, 38 of them watched as she was assaulted and beaten to death. The assault lasted half an hour, plenty of time to either intervene or alert the police, and yet at least 38 of Kitty's neighbors did nothing but watch. In answer to this unsettling situation psychologists coined a new theory called Bystander Apathy. According to the theory Bystander Apathy only occurs in groups and the larger the group the greater the apathy. The mechanism that fuels the apathy is the Diffusion of Responsibility. It is a phenomenon that people only feel when they are in a group or when there appears to be somebody of authority (like a police officer, doctor, nurse, firefighter...) on the scene. They convince themselves that somebody else, somebody more qualified or who has a better understanding of the situation, will help so they do not have to. It is a very common reaction to an uncommon situation and it has nothing to do with how good people are, how much empathy they feel or how capable they are of helping.

Source: <http://walking.about.com/cs/med/a/strangerdanger.htm>

A college physics professor was explaining a particularly complicated concept to his class when a pre-med student interrupted him.

"Why do we have to learn this stuff?" one young man blurted out.

"To save lives," the professor responded before continuing the lecture.

A few minutes later the student spoke up again. "So how does physics save lives?"

The professor stared at the student for a long time without saying a word. Finally the professor continued. "Physics saves lives," he said, "because it keeps the idiots out of medical school."

For a more aggressive role in your protection:

www.selfdefensewithanattitude.com

GRANTS, SCHOLARSHIPS & INSTRUCTION

[Aspen Institute](#) offers scholarships to students of color. The Aspen Institute Program on Philanthropy and Social Innovation in Washington is offering scholarships to introduce a diverse group of students to issues and challenges affecting philanthropy, social enterprise, nonprofit organizations, and other actors in the social sector. The \$2,000 fellowship, which is based on academic excellence and need, is open to both undergraduate and graduate students of color. Fellows undertake research, writing, logistical, and administrative support for PSI's leadership initiatives, public programs, and convenings. Application guidelines are available [here](#).

200 Free Scholarships For Minorities (NEW UPDATED 2010 LISTINGS)

<http://www.blackexcel.org/200-Scholarships.html>

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HIV/AIDS Prevention Workshop

Workshop Summary

Culturally-Relevant Communication about HIV/AIDS is an interactive and user-friendly workshop. Ivan J. Juzang, MEE President and Founder will examine the environmental influences, attitudes and behaviors and unique communication style of urban, ethnic and other hard-to-reach audiences; review theories and techniques for developing cost-effective and culturally-relevant communication strategies; and then show session attendees how to apply these learnings to their own HIV/AIDS testing programs, prevention services and outreach efforts.

Learning Objectives

After attending the session, attendees will have the background necessary to more effectively communicate with their target audiences about sex, sexuality and HIV/AIDS. They will also have a clearer understanding of media consumption patterns and other social factors that impact sexual

Frank always looked on the bright side. He would constantly irritate his friends with his eternal optimism. No matter how horrible the circumstance, he would always reply, "It could have been worse." To cure him of his annoying habit, his friends decided to invent a situation so completely bad, so terrible, that even Frank could find no hope in it.

On the golf course one day, one of them said, "Frank, did you hear about Tom? He came home last night, found his wife in bed with another man, shot them both and then turned the gun on himself!"

"That's awful," said Frank, "But it could have been worse."

"How in the hell," asked his bewildered friend, "Could it have been worse?"

"Well," replied Frank, "If it happened the night before, I'd be dead now!"

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decision-making; and the attitudes, motivations and perceptions of minorities on healthy sexuality and HIV/AIDS prevention, testing and treatment. Such information will help interventionists, community-based organizations and service providers develop innovative and effective messages and services targeted to minority audiences.

Workshop Description:

Topics explored during the session include:

The environmental context, peer group dynamics and social interactions that influence sexual behaviors;
How service providers can be more culturally aware, and increase the effectiveness of their outreach, media and materials; and
Strategies for attracting the hardest-to-reach audiences to HIV-prevention, testing and treatment programs.

For more information on other workshops and schedules visit their [website](#)

To inquire about a MEE Workshop at Your Organization call 215.829.4920 or Email [here](#)

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

At- Risk Youth

Annie E. Casey Foundation

<http://www.aecf.org>

A private charitable organization dedicated to helping build better futures for disadvantaged children in the United States. The foundation offers community-focused grants. The site also has several publications.

Provides funding to both 501(c)(3) and local/state government.

Organizations wishing to send a proposal to the Foundation should submit a letter of no more than three pages explaining the organization and its project and how the money will be used. Send the letters to: The AEC Foundation; Attn: Office of the President; 701 Saint Paul St.; Baltimore, MD 21202.

Phone: 410-547-6600

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AOL Time Warner Foundation

<http://aoltimewarnerfoundation.org>

The AOL Time Warner Foundation is dedicated to using the power of media, communications and information technology to serve the public interest and strengthen society. However, rather than simply providing

There is no failure except in no longer trying. There is no defeat except from within, no insurmountable barrier except our own inherent weakness of purpose. - Elbert Hubbard

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

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grant monies or funding unsolicited requests, the foundation prefers to enter into sustainable strategic partnerships with organizations that have a demonstrated commitment to pioneering innovative ways of meeting four priorities: Equipping kids for the 21st century; Extending Internet benefits to all; Engaging communities in the arts; and Empowering citizens and civic participation.

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AT&T Foundation

<http://www.att.com/foundation>

The AT&T Foundation seeks to educate, enrich, engage, and empower the communities served by AT&T. The Foundation's funding areas are education, civic and community service, and arts and culture.

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Beaumont Foundation

<http://www.bmtfoundation.com/grants/>

The Beaumont Foundation of America (BFA), a non-profit philanthropic organization, is dedicated to the enriching the lives of individuals by providing technology to historically underserved schools and communities. The foundation believes technologies are essential tools for progress in the 21st century, and that given access to digital information, people will have an equal opportunity to advance socially, economically and intellectually.

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The Student Achievement Grants program provides grants of \$5,000 each to improve the academic achievement of students by engaging in critical thinking and problem solving that deepen knowledge of standards-based subject matter. The work should also improve students' habits of inquiry, self-directed learning, and critical reflection. Proposals for work resulting in low-income and minority student success with honors, advanced placement, and other challenging curricula are particularly encouraged. Grant funds may be used for resource materials, supplies, equipment, transportation, software, and scholars-in-residence. Applicants must be practicing U.S. public school teachers in grades K-12, public school education support professionals, or faculty and staff at public higher education institutions.

Visit the NEA Foundation Web site for complete grant program information.

RFP Link: <http://fconline.foundationcenter.org/pnd/15016125/neafdn>

For additional RFPs in Education, visit:

http://foundationcenter.org/pnd/rfp/cat_education.jhtml

A man who does not know how to be angry, does not know how to be good. Now and then a man should be shaken to the core with indignation over things evil. -- Henry Ward Beecher.

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and download a copy of the Pledge of Commitment and return it to us
the.pa.coalition@gmail.com

NIH Summer Institute on Community-Based Participatory Research

The National Institutes of Health has announced the 2nd summer institute. We are thrilled to see that the organizers have responded to Community-Campus Partnerships for Health's (CCPH) comments on last year's summer institute.

When the 1st NIH institute on CBPR was announced, CCPH expressed concern about its exclusive focus on academic researchers.

In CBPR, the community is involved at the very start of the research, so it was incongruent that the institute did not include the community partners or acknowledge the possibility of a community partner as a principal investigator or co-PI.

This summer's institute has been designed for community-academic partner teams (see below for details).

CCPH has successfully implemented community-academic partner team-based model of CBPR training:

http://depts.washington.edu/ccph/pdf_files/2005CBPRInstituteApp3-25.pdf

and

http://depts.washington.edu/ccph/pdf_files/2005%20Summer%20Institute%20Agenda.pdf

The training curriculum, "Developing and Sustaining CBPR Partnerships" is available online at www.cbprcurriculum.info.

If you're interested in bringing a CBPR training workshop or institute to your location, contact CCPH senior consultant Rachel Vaughn at sliccph@mcw.edu for more information.

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Banta Company Foundation

The Banta Company Foundation provides funding for at-risk youth and delinquency prevention initiatives. The funds can be used for equipment, general/operating expenses, seed money, program development, as well as other areas. For more information please contact:

Banta Company Foundation

225 Main Street

PO Box 8003

Menasha, WI 54952-8003.

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*Never wrestle with a pig.
You both get all dirty,
and the pig likes it.
-- Unknown*

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Best Buy Children's Foundation

<http://communications.bestbuy.com/communityrelations/>

The mission of the Best Buy Children's Foundation is to improve the lives of youth aged 5 - 18 in communities where Best Buy maintains a business presence. The Foundation awards grants to nonprofit organizations with innovative approaches to developing life skills in young people through education, mentoring, and leadership development. Funds can be used for: program development; direct project support; specific curriculum development; and scholarship aid for participants in life skills or mentoring programs. The Foundation typically awards grants ranging from \$2000 - \$10,000 to nonprofits.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Healthy Community Outreach Program

will be granted to nonprofit organizations to support grassroots efforts which increase awareness on critical health initiatives through health walks, health fairs and health education outreach.

Grants up to \$25,000 will be considered.

Please provide all levels of event sponsorships on your application. Nonprofit organizations with evidence of IRS 501(c)(3) designation or de facto tax-exempt status may apply for a grant, with the following exceptions: advertising; capital campaigns; grants or scholarships to individuals; multiyear requests; political causes and events; or religious organizations in support of their sacramental or theological functions.

http://www.aetna.com/foundation/grants_reg/guidelines.html>Awards

Ongoing Deadline

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Ben and Jerry's Foundation

Ben and Jerry's Foundation has no specific program areas. The Foundation seeks projects that lead to societal change or address the root causes of problems. The Foundation awards grants ranging in amount from \$1,000 to \$15,000. Applicants must submit a letter of interest at any time during the year.

<http://www.benjerry.com/foundation/index.html>

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AFRICAN AMERICAN STUDENTS ARE NOT APPLYING FOR SCHOLARSHIPS

Even if you do not have a college-aged child at home, please share this with someone who does, pass this scholarship information on to anyone and everyone that comes to mind. Though there are a number of

companies and organizations that have donated moneys for scholarship use to African Americans, a great deal of the money is being returned because of a lack of interest.

*It is easier to prevent bad habits than to break them.
Benjamin Franklin*

No one is going to knock on our doors and ask if we can use a scholarship.

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the.pa.coalition@gmail.com

Take the initiative to get your children involved. There is no need for money to be returned to donating companies because we fail to apply for it.

Please pass this information on to family members, nieces, nephews, and friends with children etc. We must get the word out that money is available. If you are a college student or getting ready to become one, you probably already know how useful additional money can be. Our youth really could use these scholarships. Thanks!!

For a list of scholarships please visit our group 'The Coalition, Inc.'

<http://groups.google.com/group/coalition-the>

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SpotLight On Our Efforts

Dear Friends:

We are reaching out to you today with exciting news. **Moms Against Guns** is officially joining forces with **CeaseFirePA**.

This union represents more voices, more power and more resources to fight one Pennsylvania's most contentious issues: illegal guns. While we have loosely partnered with CeaseFirePA in the past and stand at their side as they advocate for better gun laws, there has never been a formal partnership. Tomorrow, that will change.

And we wanted to make sure that you're the first to know before this news goes public. You've been a staunch supporter of Moms Against Guns - many since we began this fight together at a public rally in Philadelphia's Love Park in 2007.

Since then - we've made great strides.

But the economic and political climate is now different than it was in

2007. Since our economy took such a dramatic turn two years ago, nonprofit groups like CeaseFirePA and other advocacy and service organizations have been trying to do more with less.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

Send your information to: [News From The Coalition, Inc.](#)

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In a rocky political and economic environment, it's increasingly difficult to get an issue - like limiting illegal guns and the violence they create in our state - in front of the most influential decision makers in Harrisburg. Without a unified voice on this issue, we are all at risk of appearing less organized and powerful when we stand against the gun lobby.

We feel proud and privileged to serve among Ceasefire's constituencies and we know this affiliation offers new strength and opportunity. We have the utmost respect, confidence and admiration for the leadership of Phil Goldsmith, its board president, and Joe Grace, its executive director.

It is our hope that our participation on the board and the force of our combined voices will increase the overall capacity and power to fight in a more organized way for better, safer gun laws.

Today we have garnered close to 7,000 signatures on our petition - thanks to your efforts. But we're far from our goal. We set an ambitious goal of 50,000 signatures, but that goal was not arbitrary. We were told by political advisors that 10,000 signatures would get some policymakers' attention; and 25,000 would show we were serious. But 50,000 could turn a vote - that's why we set this bold goal.

Our joining with CeaseFirePA offers us the opportunity to reach more people (voters) so we can reach our 50,000 signature goal. In turn, we offer CeaseFirePA new constituents, new ideas, and more leverage.

We will continue to personally answer your emails and we'd like to hear from you. After our websites have been integrated, which should happen by mid- summer, you will have the full capacity of CeaseFire's advocacy, strategic advice and direction, as well as the opportunity to volunteer, donate if you wish, or help secure more petition signatures.

As founder of Moms Against Guns, I have been invited to be a new vice president of the CeaseFirePA board, and one of Philadelphia's most influential social activists - Project H.O.M.E. president and co-founder, Sister Mary Scullion - has also agreed to join the CeaseFirePA board with me.

We hope you will continue to partner with the new and improved "us" -- CeaseFire and Moms Against Guns. Your voices and vision have never

been more needed.

Thank you with all of our hearts for all you have done so far. If we work together - we can and will prevail.

Sincerely,

Lynne Honickman

Founder

Moms Against Guns

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Website Offers Revolutionary Green Alternatives for Communities/Nations

Greetings. I hope that you and your business/ organizations are all doing well. As we enter into a new year, I expect that many of us have already envisioned what we would like to accomplish in this new year. As long as we have positive intentions for not just ourselves but also our fellow inhabitants on this planet as well as the mother Earth herself, may the Creator of the Universe bless our visions and goals to become a material manifestation.

I would like to invite everyone to visit

<http://africanindependence.org/Projects.aspx>

I am one of the co-founders of this organization. While the initiative of this organization focuses on improving the lives of the African Diaspora and building up eco-friendly, peaceful, self sustaining and prosperous communities in their ancestral lands, we extend a welcome hand for all to check a part of our vision out by visiting our site. Our site was put in video format for simplicity and visuals to keep the interests of our visitors. When you first click on the provided website address, you will notice that we begin with our goals on dealing with electricity. There are actually two clips explaining the same technology, we recommend the second clip for a more detailed explanation on how this technology works. The following two clips deals with how we plan on providing clean water to the citizens and then water recycling.

The fifth video demonstrates how sewer systems are unnecessary. There are many issues that we tackle on our site. We are currently in talks with university and reverse engineers to have these technologies made at a lower cost and with high quality specifications. Any feedback or suggestions is welcome and any donations would be

highly appreciated.

There is a lot of useful information and we encourage all to take advantage of it and to view it for themselves, we're confident that you will be excited as we are once you see the potential in such technology.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

ARTS FOR AWARENESS

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

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Beginning July 29
homegrown poet and recording artist
Ursula Rucker comes to
Scribe Video
Thursday evenings
to teach Poetry for Stage and Camera.
Register today at 215-222-4201.

Scribe Video Center
4212 Chesnut Street
Philadelphia PA 19104
inquiry@scribe.org

Hours of Operation:
Monday through Friday, 11:00 am to 7:00 pm
(or 9:00 pm on workshop nights).

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Jus' Words at Dowlings Place

1310 No. Broad St. Phila
Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

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Scribe Video Center Youth Workshop

Stay fresh and on the cutting edge. Register today for Scribe's two youth

*A friend of mine once sent
me a post card with a
picture of the entire planet
Earth taken from space. On
the back it said, 'Wish you
were here.'*

--Steven Wright

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return it to us
the.pa.coalition@gmail.com

workshops Introduction to Animation starting Tuesday August 3 and Flip
Out! - Video Journalism Workshop for Teens beginning on August 2.
Scholarships are available.

Register today by calling 215-222-4201 or visit www.scribe.org for more
information.

Monica Peters
Program Coordinator
Scribe Video Center
4212 Chestnut Street, 3rd Floor
Philadelphia, PA 19104
p. 215-222-4201
f. 215-222-4205
www.scribe.org

COMING UP

BICYCLE CAMP FOR INDIVIDUALS WITH DISABILITIES IN PHILADELPHIA

is taking applications for participants and volunteers.

Lose the Training Wheels™, a program that teaches individuals with
disabilities to independently ride a conventional two wheel bicycle, is
now taking applications. Five-day camp sessions will take place

August 9-13, 2010 at

Saint Joseph's University.

Lose the Training Wheels, Inc. is a national organization that works with
local organizations to host camps in their communities. Lose the Training
Wheels™ uses adapted equipment, trained professionals and volunteers.

With 75 minutes of daily instruction over five days, approximately 85
percent of campers learn to ride a conventional bicycle independently. To
be eligible to enroll, participants must be at least eight years old. They
must have a disability but be able to walk without an assistive device such
as a walker or cane. They must be able to side-step quickly to both
sides. Participants must have a minimum inseam measurement of 20
inches and weigh no more than 250 pounds. All participants must wear a
properly-fitted bike helmet at all times when on the bicycles. Participants
will be most successful if willing to follow instructions and have a desire
to ride a bicycle. This is a wonderful and rewarding volunteer opportunity
for anyone interested in dedicating 75 minutes each day over the 5 days of
camp teaching a disabled person to ride a bike...And you will get
exercise from walking/jogging alongside your assigned participant!
Cost of the camp is \$175. Applications for participants and payment

must be received by July 24, 2010. Applications for participants and volunteers can be downloaded at www.buckscountyped.com/forms.htm
OR e-mail Lose the Training Wheels with any questions about participating or volunteering at lttwphilly@yahoo.com

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

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**SWAC
Southwest Action Coalition
The Southwest Philadelphia**

One of the first steps to creating peace is finding a way to initiate peace in our own community. When this happens you can begin to feel your viewpoint change from "peace is impossible" to "peace is possible" and finally to "peace is inevitable".

We would like to take this opportunity to ask for your organization participation in our Southwest Philadelphia ***Weekend of Peace Family Day Festival march on Saturday, July 31, 2010.*** The march will begin at 11:00am at Myers Recreation Center located at 58th & Kingsessing Avenue and ending at the Kingsessing Recreation Center located at 50th & Kingsessing Avenue. This will be a great opportunity to showcase your agencies service and to demonstrate unity in the Southwest Philadelphia community

Also, your agency can host an information table, providing the community with information about your organization. We strongly encourage pamphlets, brochures, and giveaways. This is a great opportunity to increase the health and safety awareness to the Southwest Philadelphia community. If you are willing to participate, please fill out the enclosed confirmation form. Please indicate the topic addressed at your table and return to:

Lorraine Thomas or Sharon McCollum

Phone: 215-727-4721 ext.5141 or 5179

Fax: 267-350-5931

Email: lorrainet@rhd.org or sharonm@rhd.org

We would also be very happy to display any promotional items that you wish to present. This event will be advertised in both newspapers and radio, and the name of your agency will be mentioned as a participant in the event through media venues.

If you have any question, feel free to call Lorraine Thomas or Sharon McCollum. We hope you will help us make the Southwest Philadelphia

Weekend of Peace Family Day Festival march fun and educational for all.

Leadership is understanding people and involving them to help you do a job. That takes all of the good characteristics, like integrity, dedication of purpose, selflessness, knowledge, skill, implacability, as well as determination not to accept failure. - Admiral Arleigh A. Burke

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Sincerely,
Lorraine Thomas
Director of Outreach

S.W.A.C. is a founding member of The Coalition, Inc.
----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

The AAFRL Welcomes
Professor Daud Malik Watts
Of

Temple University's Department of African American Studies
Professor Watts' topic will be
Rethinking African History in Early America

Our guest this month, has traveled and lived in several countries in West Africa and is able to relate his experiences and his knowledge of history in a distinct and clear manner.

You've heard Professor Watts on his several appearances on "People Never Give Up" and you've seen his other presentations on Africa and African American History at League meetings. To increase your knowledge of self, please come out to hear his latest treatise on our culture and heritage in early America.

Date: Saturday, July 31, 2010
Time: 1:00 PM to 4:00 PM
Location: Joseph Coleman Library
68 West Cheltenham Ave
Between Germantown Ave & Greene St
Philadelphia, PA 19144

Admission is free to the public

For more information, call: 215-474-3577c
The African American Freedom & Reconstruction League
----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

FunTimes Magazine

Welcome to our special edition recognizing women in the media.
They wield a lot of influence, serve as inspiration to

countless people in our community especially our youth and ultimately are the voice to the voiceless.

Currently the magazine is available in Brown's Family Shoprite's, local store and at our local West Philadelphia office.

An empowered organization is one in which individuals have the knowledge, skill, desire, and opportunity to personally succeed in a way that leads to collective organizational success. - Stephen R. Covey, Principle-centered Leadership

Inside this issue we featured Philly's "Women On Air." They made their careers raising the awareness of the public and connecting people to the services and opportunities that could benefit them, not to mention the fact, they provide us the music of our lives.

Our Women on Air are Thera Martin Connelly-WURD, Hip Hop Pioneer Lady B-107.9FM WRNB, Loraine Ballard Morrill-Clear Channel, Radio personality Tiffany Bacon ñ 107.9FM WRNB, Lori Wilson -NBC10 The 10! Show, radio personality Golden Girl -Power 99FM, Lehronda Upshur formerly of Power 99FM,

Also gracing our cover is Nigerian's own Gina Yashere, HBO Def Jam Comedienne and Nollywood actress Benita Nzeribe, keeping us updated on the world of entertain both in the U.S. and overseas. Because of articles like these, we can assure our readers a solid and well rounded publication. Let us tell you why you should read FunTimes Magazine. It is a high quality magazine, unique and dedicated to Africa and the Diaspora audience, has multiple media outlet, great content, and fast growing readership, cost effective and has a huge impact on what matter most.

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to TheCoalitionNews@gmail.com with "subscribe" in the subject.

Everyone will naturally love this issue for its wit, humor, honesty, and real life stories. Make sure you don't miss out, dive into the latest in culture, health, relationships and the community information -- check us out at www.funtimesmagazine.us

If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.

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ACANA 3rd Annual African Festival

August 7, 2010

2:00PM -8:00PM

Great Plaza @ PENN LANDING

Philadelphia, PA

Contact Information:

ACANA

5530 Chester Ave

Philadelphia, PA 19143

Voffeejabateh@acanaus.org

awalker@acanaus.org

215-729-8225

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Competition seeks innovative civic engagement projects
**Through the Strong Communities: Engaging Citizens, Strengthening
Place, Inspiring Change competition,**

Ashoka's Changemakers and CommunityMatters are inviting individuals and organizations to submit innovative projects and ideas to engage citizens in building strong communities.

The competition is open to all types of individuals and organizations, including charitable and nonprofit organizations, private companies, and public entities.

The competition will consider all entries that reflect the theme of the challenge. To be considered for an award, entries must indicate growth beyond the conceptual stage and have demonstrated social impact and sustainability. While the program supports new ideas at every stage and encourages their entry, the judges are better able to evaluate projects that are beyond the conceptual stage and have demonstrated proof of impact.

CommunityMatters has a special interest in receiving submissions from young people.

Online competition submissions will be accepted until August 11th, 2010

The top three finalists will win \$5,000 each.

Visit [here](#) for guidelines.

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Harvest Time Christian Fellowship Church is hosting their
**"Annual International Women United For His Glory Women's
Conference"**

August 26th - 28th, 2010
The Sheraton Suites Hotel,
4101 Island Avenue,
Philadelphia, PA 19153.

Vendors will be available with incredible merchandise for purchase and SPA Services are available at an additional cost.

For more information, please contact Ms. Renee Merritt at: (215) 225-HTCF or ReneeMerritt@htcfchurch.org.

Make your reservations today.

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and download a copy of the Pledge of Commitment and return it to us
the.pa.coalition@gmail.com

**The Business Center For Entrepreneurship
&
Social Enterprise Business Plan Classes**

7500 Germantown Avenue,
Elders Hall, Suite 113.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

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12 Week Classes: Thurs, Sept 16 - Dec 16 @ 6:30PM - 8:30PM

8 Week Classes: Saturdays, Sept 25 - Nov 20 @ 9AM - 12PM

Cost: \$300 before August 6th
\$350 after August 6th

Contact: 215-247-2473
www.thebizcenter.com

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* * * Outside PA * * *

United National Peace Conference

July 23 - 25, 2010, Albany, NY

Casting aside any intention that Washington plans to end its occupation and war against Afghanistan in 2011 or anytime in the foreseeable future, Gen. David Petraeus declared "We are in this to win. That is our clear objective."

Commenting on the General's statement, New York Times reporter Dexter Filkins wrote, "Almost every phase of the war [in Afghanistan] is going badly. In June, 102 American and NATO troops lost their lives, more than in any month since the war began. The major offensive in Kandahar, the most important city in the Taliban heartland, has been slowed because of worries over the lack of local support. The Afghan government and army show few signs of being able, or even willing, to take over.. In the United states, public opinion polls show that a majority of Americans have turned against the war." (7/5/10)

The most important question facing the antiwar and social justice movements is: What do we do now?

If ever there was a time for these movements to join together to plan united protest actions, this is it. Hundreds of movement activists have

already registered for the National Conference to Bring the Troops Home Now to be held in Albany, New York on July 23-25. and many more have expressed plans to attend. PLEASE JOIN US!

Register online at www.nationalpeaceconference.org or use the attachment.

In peace and unity,

Jerry Gordon

Secretary, National Peace Conference

Unac2010@aol.com or UNAC at P.O. Box 21675, Cleveland, OH 44121

518-227-6947 www.nationalpeaceconference.org

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**VOICES OF INDIGENOUS PEOPLES POW WOW 2010
PREPARE FOR WINTER**

AMERICAN COLORED BLACK PEOPLES MUSEUM
ALTERNATIVE AND TRADITIONAL SHELTERS
HUMAN RIGHTS AND THE RIGHT TO WATER
SURVIVING Y2K AND BEYOND THE COURT ENSLAVEMENT
EDIBLE AND MEDICINAL PLANTS
LIVING OFF THE LAND
SELF HEALING CONCEPTS
PRODUCTS AND SERVICES

JOIN THE VOICES OF INDIGENOUS PEOPLES
AUGUST 13TH, 14TH, AND 15TH 2010
4085 SOUTH BROWNING BRIDGE ROAD
LULA, GEORGIA 30554
770-869-9019

FOR INFO OR REGISTRATION freedomnowseminars@gmail.com

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WOMEN OF COLOR EXPO!

A Celebration of Black Women! An empowering, motivational, and entertaining forum that targets the specific needs and interests of Black

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If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.

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Women! General sessions and seminars addressing critical issues facing Black Women from a pool of critically acclaimed presenters! Live Entertainment from some of today's hottest new talent.

The Women of Color Expo 2010 offers your company the opportunity to participate in an integrated consumer-marketing platform geared to drive awareness and promote the trial of your products. Key areas of the expo include beauty treatments, hair demonstrations, educational seminars and live entertainment featuring some of today's hottest talent.

JOIN THE COALITION, INC!

To join The Coalition go to:

TheCoalitionInc.net
and download a copy of the Pledge of Commitment and return it to us
the.pa.coalition@gmail.com

The purpose of the "Women of Color Expo" is to reach out to aspiring and achieving women in the community from entry level to professionals. The expo will serve as a nucleus of support to identify and address the critical needs of women of color in the workforce as it relates to their career mobility and personal achievements.

The Chris Kerry group would be honored to have you attend the
"Women of Color Expo"
held at the

GlenPointe Marriott
Teaneck, New Jersey
August 14th 2010.

Dates for Baltimore and Detroit coming soon.

For questions about: sponsorship, vending and general inquiries please contact Kym at Raveena Media Group for more information.

Ph: 267-386-8204 ext. 2 or raveenamediagroup@gmail.com.
Subj:"Women of Color"

COMPUTERS AND TECHNOLOGY

Group offers low-cost web access to nonprofits

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile

Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

For more information, email [Kecia Carroll](mailto:Kecia.Carroll).

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A HAND UP!

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

I am the founder of the
C.N.A.s (Christians "N" Action)

which is a ministry that has a heart for people and their needs. We feed our community on a weekly basis and provide clothing to them but, lately we haven't been able to because we have been out of funds. I have tried to solicit funds for some time now. No one seems to be able to help. While prayers are fine people still need food. The provisions have come out-of-pocket (mine) up until this time, but I have run dry. I believe that people want to make a change in their lives if some of us are willing to lend a hand.

"CHRISTINA SHERMAN" passionatepromos@yahoo.com
(864) 207-0488

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

SPECIAL NOTICE!

Skip A Meal For Haiti

Most Americans eat at least three meals a day. Some eat more often. Millions of people in Haiti have not had a meal in one week and a good meal in recent memory. Will you skip a meal for the people of Haiti and send the money to a relief agency?

Will you not eat one meal, on one day so that they can eat for a week?

The cost of lunch at almost any affordable restaurant in America is between \$5.00 and \$14.00. Some restaurants have menus that serve four and five course dinners that can cost as much as \$100.00 per person, not including beverages. For as little as two dollars a day, you can help provide food, drinking water and some sanitation supplies for a Haitian child or adult. A \$14.00 contribution can help feed and hydrate a Haitian child for a week. We can all afford to make a difference!

The Black Star Project is asking you to miss at least one meal this week for the people of Haiti and to send the money that you would have spent on your breakfast, lunch or dinner to a relief fund that is on the ground working in Haiti.

Many people say they want to go to Haiti to help those affected by the earthquake. The cost of a round trip flight from New York City to Port-au-Prince, Haiti is more than \$2,000.00. Decent hotel lodging, which is virtually impossible to find in Haiti, might cost another \$2,000.00 for one week. And your mouth would become another mouth to feed of more than 2 million people who need food and water day.

Instead of going to Haiti, will you miss a lunch for Haiti and send the money you would have spent on that lunch to one of the on-the-ground relief agencies listed below:

The Black Star Project (773.285.9600) recommends that you send your contributions to:

Yele Haiti (Wyclef Jean's Relief Effort) at www.yele.org or text YELE to 501501 to donate \$5.00 on your phone bill

UNICEF at www.unicefusa.org or call 800.367.5437

Doctors Without Borders at www.doctorswithoutborders.org or call 888.392.0392

American Red Cross at www.redcross.org or call 800.REDCROSS (800.733.2767) or 800.257.7575 (Español)

Partners in Health at www.pih.org or call 617.432.5256

Charity water at <http://www.charitywater.org>

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America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at:

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons?

A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Ladies and Gentlemen:

I know of an excellent Charter School, you may have heard of it,
“Knowledge Is Power Program”
(KIPP).

It has 80% of its students continue on to college and it only goes up to the 8th grade. It’s fairly new with such a high success rate already. You may have heard of it.

Now they are expanding to 9th grade and possibly beyond, but they are in need of a building. I was hoping if anyone could help find a location or know of somewhere. It would be greatly appreciated by our future

professionals, CEO's and potential politicians of America and me :)

Please contact me, my information is below, or Mr. Aaron Bass, Principal
267-249-6089.

Thank you for your consideration in this matter. Have a Great Day.

Virginia D. Smith, Asst - MDT
Department of Human Services
Special Family Focus Services
215-300-2949 - Cell
215-683-6381 - Office
215-683-6408 - Fax

virginia.d.smith@phila.gov

May God Bless You Always in All Ways

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Volunteer In Africa

Explore a Continent of Contrasts while Volunteering in Africa

For over a decade, Cross-Cultural Solutions has supported thousands of volunteers in Africa on programs in Ghana, Morocco, South Africa and Tanzania.

CCS volunteers work side-by-side with local people in community organizations focused on supporting social services, education, and health initiatives.

Discover one of the world's most diverse continents and see firsthand the challenges it faces and how you can make a positive impact with CCS.

Go to: www.cross-cultural-solutions.org

IT'S HERE!!

Our group A HAND UP! Is now open, please go to:

[A HAND UP!](#)

In response to the needs of many grassroots organizations for the basic tools to implement and sustain their ideas and projects, The Coalition, Inc. members have come together to establish a network to facilitate the distribution/re-distribution of unwanted, unneeded, surplus and even repairable items for recycling.

To join: [A Hand Up!](#)

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

WORD-OF- THE-WEEK

sotto voce \SAH-toh-VOH-chee\
Spoken low or in an undertone, as not to be overheard.

Remember to support The Coalition, Inc.'s on-air personalities...

Sister Phile Chionesu, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation**" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: www.blogtalkradio.com/empresschi Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to mwmsistahood@aol.com to chat on line.

