



We all hold a piece to the puzzle  
Friday 20 August 2010

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# News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 5, Number 04

## Greetings Coalition Family!

*If the world hates you, know that it hated me before it hated you. If you were of the world, the world would love its own: but because you are not of the world, but I have chosen you out of the world, therefore the world hates you. -- John, 15:18-15:19.*

Make waves, resist the status quo!

Help reduce organizational paranoia, share ideas and solutions, "Communicate... Cooperate... Collaborate" We each hold a piece to the puzzle.

## **FOR OUR CHILDREN**

*"It is easier to build children than it is to repair men."...Frederick Douglass*

*If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to [TheCoalitionNews@gmail.com](mailto:TheCoalitionNews@gmail.com) with "subscribe" in the subject.*

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*All entries for submission should be received by noon, the Monday prior to publish date and in [Press Release form](#).*

Hunger Coalition publishes summer meals directory  
**The Greater Philadelphia Coalition Against Hunger**  
has published a directory of programs offering free meals for children in Philadelphia over the summer.

Tens of thousands of Philadelphia children who rely on school breakfasts and lunches can go without during summer vacation. This year, free breakfasts, lunches or snacks will be available to low-income children at more than a thousand recreation centers, churches, schools, parks and community centers throughout the city.

[Go here](#) for more information or to download the directory.

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### **Cap4Kids**

A recent article in Time Magazine discussed the hotly debated issue of summer vacation and the "Summer Learning Lag" that unfairly affects children from low income communities

<http://www.time.com/time/nation/article/0,8599,2005654,00.html?iid=sphere-inline-sidebar>

To help combat this phenomenon, on the Cap4Kids website, there are resources to keep our children's minds and bodies active. On the Education handout there is free tutoring for certain students from low performing schools (SES Program)

[http://www.capkids.org/philadelphia/parent\\_handouts/education.html](http://www.capkids.org/philadelphia/parent_handouts/education.html) . On the After School and Camp handout there are various programs to keep kids safe and active

[http://www.cap4kids.org/philadelphia/parent\\_handouts/after\\_school\\_programs\\_camps.html](http://www.cap4kids.org/philadelphia/parent_handouts/after_school_programs_camps.html) . Also, just ended is the Summer Learning and More (SLAM Program) (available next year) through the Philadelphia School District.

Please, become aware of the "Summer Learning Lag" and help families prevent their kids from lagging behind.

~ ~ ~

**Teen pregnancy is a major issue that many of our communities face.**

Here are the facts:

The U.S. has the highest teen pregnancy rate in the industrialized world – twice as high as in England or Canada.

2006 saw the first rise in the U.S. teen pregnancy rate in 15 years.

An estimated 750,000 teens will become pregnant this year.

*Do not follow the path. Go where there is no path to begin a trail.  
Ghanaian Proverb*

*We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred seventy countries!*

*Click here:  
EightCitiesMAP  
Choose  
"Philadelphia's Online Community  
"Newsletter" from the menu.*

- About 1 in 3 women become pregnant at least once before they're 20.
- A sexually active teen girl who does not use contraceptives has a 90% chance of becoming pregnant within a year.
- It affects education - only a third of teen mothers earn their high school diploma. And only 1.5% has a college degree by age 30.
- It also affects their kids - girls born to teen mothers are more likely to be teen mothers themselves. Boys born to teen moms are more likely to end up in prison.
- 75% of girls and over half of boys report that girls who have sex do so because their boyfriends want them to.
- 8 in 10 girls and 6 in 10 boys say they wish they had waited until they were older to have sex.

Most teens (6 in 10) and adults (3 in 4) believe that teen boys often receive the message that they are "expected to have sex."

Diapers are expensive, but it's nothing compared to the \$9 billion that teen pregnancy costs the United States each year. This includes increased spending in child welfare costs and public sector health care.

To address these issues, on the [www.cap4kids.org/philadelphia](http://www.cap4kids.org/philadelphia) website, under Pregnancy and Infant Resources, there is a section on Teen Pregnancy resources including the ELECT Teen CPC centers with a newly posted referral sheet, fact sheet (see attached), and Middle Years and MARS programs. [http://www.cap4kids.org/philadelphia/parent\\_handouts/pregnancy\\_resources\\_and\\_infants.html](http://www.cap4kids.org/philadelphia/parent_handouts/pregnancy_resources_and_infants.html)

Please become familiar with these resources and refer families and teens in need.

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### **Help For Parents With School-Age Children**

Are you a parent, relative, or health care professional with any of the following scenarios?

- \* Not too sure how to register child for Kindergarten or Head Start.
- \* Trying to decide on what type of school best fits a child's needs. Public or Charter or Magnet or Catholic?
- \* Want to get a child motivated and focused on college.
- \* Want to get child back in school after taking a leave, but don't know what options there are for out-of-school youth.
- \* Child being bullied in school and don't know what to do.

*"Happiness comes when your work and words are of benefit to yourself and others." - Buddha*

If you have a favorite relevant quote, why not share it with our readers. send to [TheCoalitionNews@gmail.com](mailto:TheCoalitionNews@gmail.com)  
We will credit you with the submission.

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\* Child not doing well in school and may have a learning difference.

On the [www.cap4kids.org/philadelphia](http://www.cap4kids.org/philadelphia) website, under the Education parent handout

[http://www.cap4kids.org/philadelphia/parent\\_handouts/education.html](http://www.cap4kids.org/philadelphia/parent_handouts/education.html)

and the Resource tab

<http://www.cap4kids.org/philadelphia/resources.html> there are resources in the community to help advocates for children find help for their child's educational needs. Please become familiar with the listed resources and continue to bridge the gap between families in need and the agencies and resources that serve them.

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### **Black College Tours 2010 (40+)**

<http://blackexcel.org/black-college-tours-2010.html>

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### **PhillyGoes2College**

With a little over 50% of our kids graduating high school on time and only 18% graduating college, we MUST all work on this issue together for the future of our city.

The Mayor's office recently created an office called "PhillyGoes2College" that will start working to improve these statistics

([http://www.philly.com/inquirer/home\\_top\\_stories/20100104\\_Nutter\\_to\\_focus\\_on\\_increasing\\_college\\_admissions.html](http://www.philly.com/inquirer/home_top_stories/20100104_Nutter_to_focus_on_increasing_college_admissions.html)), and on the

[www.cap4kids.org/philadelphia](http://www.cap4kids.org/philadelphia) website, under the Education Handout, you will find multiple sources for children, families and child advocates

to help, from an early age, on the road to educational success

([http://www.cap4kids.org/philadelphia/parent\\_handouts/education.html](http://www.cap4kids.org/philadelphia/parent_handouts/education.html)).

Here you will find listings for various school choices, timelines, resources for out-of-school youth, and college prep and college admission tools.

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### **Earn Free Trip to Egypt for Black Kids and Adults**

The African Heritage Institute (also known as the D'zert Club) is sponsoring a 2-year African History Program that, once completed, the participants earn an all expense paid trip to Egypt. This program is for Black kids from ages 7-14 and adults over the age of 21.

See the success stories of students that completed the program and have gone to Egypt. They are amazing.

Students

grades went up in school, lateness and absences decreased and there was a remarkable increase in the students respect for their elders. One brother who attended was able to get a full 4-year scholarship to school as a result of being a part of the program.

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Get all of the details at

[www.BlackBusinessNetwork.com/theone](http://www.BlackBusinessNetwork.com/theone)

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**The Food stamp program under the new stimulus package is now called the SNAP (Supplemental Nutrition Assistance Program).**

Did you know?

Eligibility for SNAP benefits changed so many more families in food insecure households are now eligible.

On the [www.cap4kids.org/philadelphia](http://www.cap4kids.org/philadelphia) website, under the Food and Nutrition parent handout, you will find several organizations who can help families find out if they are eligible. Also, on the COMPASS website they can apply for these benefits and many others.

For more info you can also go to

<http://www.dpw.state.pa.us/ServicesPrograms/FoodStamps/>

Please continue to link families in need with the appropriate social services agencies that serve them through Cap4Kids. Thanks.

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**Online resources for parents:** [www.chestercountymoms.com](http://www.chestercountymoms.com), [www.germantownavenueparents.com](http://www.germantownavenueparents.com), [www.norristownmom.com](http://www.norristownmom.com).

**THIS WEEK**

Please join the Black Farmers Agricultural Association and African American United Fund for a ...

**Produce Sale**

Date: Saturday, August 21

Time: 9:00 am to 2:00 PM

Site: African American United Fund Urban Garden Initiative  
2229 and 2231 N. Broad Street

Fruits and Vegetables direct from North Carolina

*Move. Go forward or backward, whatever it takes. Just move! - Unknown*

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Sweet Potatoes  
Watermelons  
Cantaloupe  
Tomatoes  
Cabbage  
Peas  
Bell Peppers, Squash, Zucchini  
And More...

Contact Reggie 215-370-3038, Elliot 267-205-1570 or Aissia 215-454-2583  
for info

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### **Harvest Time Christian Fellowship Church is hosting their "Annual International Women United For His Glory Women's Conference"**

August 26th - 28th, 2010  
The Sheraton Suites Hotel,  
4101 Island Avenue,  
Philadelphia, PA 19153.

Vendors will be available with incredible merchandise for purchase and  
SPA Services are available at an additional cost.

For more information, please contact Ms. Renee Merritt at: (215) 225-  
HTCF or [ReneeMerritt@htcfchurch.org](mailto:ReneeMerritt@htcfchurch.org).

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### **The Mill Creek Association presents Second Treasures flea Market**

Every Saturday and Sunday  
9am – 5:30pm

5200 Wyalusing Ave. (inside the tennis courts)

Vendor information: 267.278.1142

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## **EMPLOYMENT AND TRAINING OPPORTUNITIES**

*Celebrate the success of others. Bring people up - not down! - Unknown*

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### Employment Opp with railroad

Great jobs for young men who aren't in college, and strong young women also! This is Obama money for "infrastructure" the jobs are located all over, paid training in Atlanta .

Training: You will attend two or three weeks of training at the Railroad Education & Development Institute in Atlanta , GA. CSX will pay for travel, lodging and meals as required by collective bargaining agreement.

### Track Worker-030702

Job Summary: Work as a member of a crew to install new railroad track, maintain existing track and right-of-way. Replace or repair track switches with specific components. Slide and align tie plates. Drill holes through rails for insertion of bolts and tighten or loosen bolts at joints that hold ends or rails together. Correct deviations in track surface, alignment and gauge Cut rails to specific lengths etc.

### Pay Rate

Entry Rate \$19.36/hour

Full Rate \$21.52/hour

Promotional/ Advancement Opportunities: Under Maintenance of Way Collective Bargaining Agreement, Track Workers may be considered for advancement or promotion to other positions within the Engineering Department if qualified..

Machine Operator \$23.25 - \$24.81/hour

Welder Helper \$21.93/hour

Bridge Tender \$21.93/hour

Bridge Mechanic \$22.65/hour

Foreman \$22.71 - \$25.53/hour

Track Inspector \$23.98 - \$25.14/hour

Qualifications: High School diploma/GED; 18 years of age or older; Valid Driver's License

*Govern a great nation as  
you would cook a small  
fish. Do not overdo it.  
Lao Tzu*

At CSX, two of the company's core values are People Make The Difference and Safety Is A Way of Life. We are committed to offering our team members the most competitive compensation and benefits package available, unlimited opportunities for development and growth throughout an exciting and rewarding career, and the safest work environment possible. CSX is an Equal Opportunity / Affirmative Action Employer that supports diversity in the workplace.

Apply online to this and other positions:

<http://www.csx.com/?fuseaction=careers.main>

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### **WURD-AM sponsors Radio Idol contest**

WURD 900 AM is looking for people who want to be a talk show host. The contest runs through Labor Day. A Radio Idol winner will be selected at the end of August 2010 with the prize of hosting their own show in the fall.

Demo tapes for the contest can be emailed via mp3 files to  
1341 N. Delaware Avenue,  
Suite 300;  
Philadelphia, PA 19125.

Audio Cassette, CD or 5-minute DVD videotapes can also be sent.  
Call 215-425-7875 for more information.

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Release form](#).*

### **Temporary Summer Jobs for Oil Spill Clean-up**

Please note the following announcement from Shamrock Environmental Corporation. Read carefully and respond as instructed.

### **TEMPORARY WORKERS FOR GULF COAST OIL SPILL NEEDED IMMEDIATELY**

Shamrock Environmental Corporation has been contracted to provide support personnel to assist with the oil spill clean-up throughout the Gulf Coast.

Areas where work may be performed are Louisiana, Mississippi, Alabama and Florida.

All workers will require OSHA 40-hour Hazardous Waste Operator Training (WE WILL PROVIDE). Successful completion of a physical and drug screen are also required. Each applicant must be 18 years of age or older. The hours will vary but expect LOTS of overtime.



*The guy who takes a chance . . . who walks the line between the known and unknown . . . who is unafraid of failure, will succeed. - Gordon Parks*

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RATE OF PAY: \$13.00/hr. straight time

\$19.50/hr. overtime (after 40 hours/week)

PER DIEM: \$26.00/day for meals

LODGING: Provided

Work may include, but is not limited to manual labor associated with removing crude oil from impacted beaches, rocks, boom, or any other items that have come in contact with the oil. Technicians may be required to operate pressure washers, mops, rakes, shovels or a variety of other hand tools or small pieces of equipment while wearing proper protective gear. Work environment may include working on or near water, in marshland, beach and estuary locations in hot and humid conditions day or night.

Work is available IMMEDIATELY for safety conscious workers. Transportation to the Gulf Coast will be provided. The HR Group has been contracted to conduct this recruitment.

\*Applications MUST be completed at:

<http://www.shamrockenviro.com/docs/ShamrockEmpApp.pdf>

Send resume to:

[recruiter@shamrockenviro.com](mailto:recruiter@shamrockenviro.com)

<http://us.mc353.mail.yahoo.com/mc/compose?to=recruiter@shamrockenviro.com>

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## **HEALTH MATTERS**

### **Too much fructose could raise your blood pressure**

By Frederik Joelsing

(Reuters Health) - Do you need a reason to cut down on sweetened beverages? Their fructose content might increase your blood pressure, doctors said Thursday.

Although not all studies agree, the findings add to a growing body of evidence that too much of the ubiquitous sugar -- found in fruits as well as high-fructose corn syrup and table sugar -- can have important health

*It is a mistake to regard age as a downhill grade toward dissolution. The reverse is true. As one grows older one climbs with surprising strides. - George Sand*

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consequences. (See Reuters Health story of May 24, 2010.)

High blood pressure, for example, increases the risk of strokes, heart disease and kidney failure.

Close to one in three Americans suffer from elevated blood pressure, a rate that has tripled in the past century, the researchers say in the Journal of the American Society of Nephrology. While the reasons aren't clear, diet and lifestyle changes are the main suspects.

To test the link between blood pressure and fructose, they used nationally representative survey data from more than 4,500 adults. The survey included questions about all sources of fructose, whereas most earlier studies had focused on soft drinks.

On average, they found, people said they consumed 74 grams of fructose per day -- roughly the amount in four soft drinks. Even though none of them had experienced blood pressure problems, about a third turned out to have borderline high blood pressure and eight percent had hypertension (readings of at least 140/90 mmHg, compared with normal values of 120/80 or less).

The more fructose their diet included, the more likely they were to have high blood pressure. Of course, that could have been influenced by a variety of factors, such as obesity and disease, or getting too much of other sugars, salt or alcohol.

But even when adjusting for all these factors, the odds of having high blood pressure increased in those whose fructose intake was above average. For the most severe form -- stage 2 hypertension -- the odds were 7 percent higher.

Given the new findings, people might want to think twice about what they throw into their shopping carts, said Dr. Michel Chonchol of the University of Colorado Denver, who worked on the study.

"In the grocery store, you see food without high-fructose corn syrup," he said, adding that it would make sense to reduce fructose intake by choosing those products and avoiding the ones containing added sugars.

"There is no question that fructose itself appears to have effects that other sugars don't have," said Chonchol. The exact mechanisms are unclear, although several have been proposed, he added.

"What we need now are clinical trials, where you take people with

*"We must get good at one of two things: planting in the spring or begging in the fall." - Jim Rohn*

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Inc. web site

hypertension and place them on a diet with low fructose and see if that lowers their blood pressure," said Rachel K. Johnson, a professor of nutrition at the University of Vermont in Burlington, who was not involved in the research.

Until then, she said the message is clear: "Sugar-sweetened beverages -- avoid, avoid, avoid! That's the major source of added sugars for Americans."

Getting fructose from eating fruits appears to be less of a problem, she said, perhaps because they also contain many healthful substances like antioxidants and fiber. Fruit has just 4 to 10 grams of fructose per serving, while a can of Coca-Cola has 39 grams of high-fructose corn syrup, about half of which is fructose (the rest is glucose).

Last year, Johnson helped prepare a statement about sugar and heart disease from the American Heart Association, which included dietary recommendations.

"For most American women," she advises, "no more than six teaspoons or 100 calories a day of added sugars, and no more than nine teaspoons for men."

That is less than one can of Coca-Cola.

In a press release about the new study, the Corn Refiners Association, a U.S. trade group, said the researchers had muddled the differences between fructose and glucose, the other half of high-fructose corn syrup and table sugar.

"The rise in glucose consumption also mirrors the dramatic rise in hypertension," the release said.

SOURCE: [jasn.asnjournals.org/](http://jasn.asnjournals.org/)

Journal of the American Society of Nephrology, online July 1, 2010.

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## **Viagra-popping seniors lead the pack for STDs**

By Frederik Joelving

(Reuters Health) - Even if you're past your prime and have a hard time getting an erection, you might still need to worry about unprotected sex,

*American Automakers are rushing to be the first to produce the newest alternative fuel vehicles for 2011. The new vehicles are to be designed to run on electricity, solar power and Gulf shrimp. The prototypes have all been plagued by inadequate dispersant filters. - Ed.*

*Submit your own humor, and let our readers know how funny you can be. We obviously need the help. ;) (Family appropriate)*

according to U.S. doctors.

In fact, they report in the *Annals of Internal Medicine*, the rate of sexually transmitted diseases (STDs) in older men taking erectile dysfunction drugs like Viagra is twice as high as in their non-medicated peers.

In both groups, however, the numbers are swelling. According to the Centers for Disease Control and Prevention, there were more than six new cases of STDs per 10,000 men over 40 in 2008, up almost 50 percent since 1996.

"Younger adults have far more STDs than older adults, but the rates are growing at far higher rates in older adults," said

Dr. Anupam B. Jena of Massachusetts General Hospital in Boston, who led the study.

While the reasons for this development aren't well understood, he said more divorces and better health might have conspired to boost sexual prowess and activity among graying heads.

The problem, however, is that older adults appear to flout safe sex practices. For instance, the researchers note, 50-year-olds are six times less likely to use a condom than men in their 20s.

"We are typically unaccustomed to practice safe sex over the age of 50, because the risk of pregnancy is eliminated," Jena told Reuters Health.

To test whether the introduction of Viagra in 1998 might explain some of the STD surge, Jena and colleagues examined insurance records for more than 1.4 million U.S. men over 40. The average age in the study was about 60 years.

The most commonly found STD was HIV, followed by chlamydia, syphilis and gonorrhea.

Among the few percent of men who had filled prescriptions for erectile dysfunction drugs, more than two in a thousand had been treated for an STD in the year before they got the drug.

A year later, the number dropped to half that, suggesting that Viagra and its chemical cousins didn't fuel STDs.

However, the risk of contracting an STD turned out to be more than twice as high in men taking erectile dysfunction drugs compared with those who

didn't.

*"Most of today's worries  
are like puddles: tomorrow  
they will have evaporated."  
- Author Unknown*

"These users have a different sexual risk profile than non-users," said Jena, adding that the data didn't reveal any good explanation.

In an editorial, Dr. Thomas Fekete, of Temple University School of Medicine in Philadelphia, noted that it would have been valuable to know more about the frequency of sexual encounters, sexual partners and orientation.

He added that prevention strategies should still be directed at younger age groups, whose STD risk is at least 10 times higher than in middle-aged and older adults.

Still, he said, the authors remind us "that men older than 40 years remain sexually active, even if they need chemical assistance to do so. This study also serves as a reminder that sex after age 40 years is not necessarily safe."

Jena recommended that doctors take a few minutes to discuss safe sex with older men when they prescribe Viagra.

His advice? "Look, just realize that you are at higher risk for STDs, and try to be careful like you used to be 30 years ago."

SOURCE: [www.annals.org/](http://www.annals.org/)

Annals of Internal Medicine, online July 5, 2010.

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### **Experts say 40 percent of cancers could be prevented**

Kate Kelland

LONDON (Reuters) - Forty percent of the 12 million people diagnosed with cancer worldwide each year could avert the killer disease by protecting themselves against infections and changing their lifestyles, experts said...

Read the full story

<http://www.reuters.com/article/idUSTRE6113PX20100202?feedType=nl&feedName=ushealth600>

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*The other night I came home late, and tried to unlock my house with my car keys. I started the house up. So, I drove it around for a while. I was speeding, and a cop pulled me over. He asked where I lived. I said, "right here, officer". Later, I parked it on the freeway, got out, and yelled at all the cars, "Get out of my driveway!"— Steven Wright*

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**The Raw Family Newsletter**

<http://www.rawfamily.com/>

## Get Fresh!

Volunteer with Philabundance Fresh for All

You recycle out the wazoo and consider yourself consigliere of the enviro-sack mafia.

Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All program.

And you can help by volunteering.

The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times.

With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls).

Looking for something physical?

Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need. And that's a green movement to be proud of.

To participate in Fresh for All, contact Tunisia Garnett (215-339-0900 ext. 238 or [tgarnett@philabundance.org](mailto:tgarnett@philabundance.org)).

For more information, go to [www.philabundance.org](http://www.philabundance.org)

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Tips for making oatmeal appealing to kids

<http://advison.webevents.yahoo.com/mompowergroup/>

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## GREEN PIECE

### FEMA'S READY CAMPAIGN AND CITIZEN CORPS ENCOURAGE PARTICIPATION IN THE NATIONAL PREPAREDNESS MONTH COALITION

Seventh annual National Preparedness Month, in September, encourages Americans to take steps to prepare

WASHINGTON - The Federal Emergency Management Agency (FEMA) today announced that to date more than 1,900 national, regional, tribal, state and local organizations and businesses have pledged their support and joined the 2010 National Preparedness Month (NPM) Coalition. This is approximately 200 more than last year at this time. The registration for the Coalition continues through September.

This September marks the seventh annual NPM. Led by FEMA's Ready



*At the end of the age when all the believers were standing in line waiting to get into heaven, God appeared and said, "I want all the men to form two lines. One line will be for the men who were the true heads of their households. The other will be for the men who were dominated by their wives."*

*God continued, "I want all the women to report to St. Peter."*

*The women left and the men formed two lines. The line of men who were dominated by their wives was seemingly unending. The line of men who were the true head of their household had one man in it.*

*God said to the first line, "You men ought to be ashamed of yourselves. I appointed you to be the heads of your households and you were disobedient and have not fulfilled your purpose. Of all of you, there is only one man who obeyed me. Learn from him."*

*Then God turned to the lone man and asked, "How did you come to be in this line?"*

*The man replied, "My wife told me to stand here."*

*(Thx. Joseph Ashe)*

Campaign in partnership with Citizen Corps and The Advertising Council, NPM is a nationwide effort encouraging individuals, families, businesses and communities to work together and take action to prepare for emergencies.

NPM Coalition members will sponsor events and activities throughout the month highlighting the steps that individuals, families and communities can take to prepare. Ready and The Advertising Council will also introduce new Spanish-language public service advertisements in conjunction with NPM activities. Additionally, the Ready Campaign released a new NPM Widget to help promote the month.

"National Preparedness Month is a great way to get Americans and our communities and businesses to come together in planning and preparing for a disaster," said FEMA Administrator Craig Fugate. "Disasters can hit any place, any time, so it's essential that we take concrete steps together, now, to ensure a better response later."

This year, NPM focuses on encouraging all Americans to take active steps toward getting involved and becoming prepared. Preparedness is everyone's responsibility. Americans have to work together as a team to ensure that individuals, families and communities are ready. Individuals are encouraged to: make a family emergency plan; put together an emergency supply kit; be prepared to help your neighbor; and work as a team to keep everyone safe.

National Preparedness Month Coalition membership is open to all public and private sector organizations. [Click here](#) <<http://www.ready.gov/america/npm10/index.html>> to register for membership.

Follow FEMA online at [www.twitter.com/fema](http://www.twitter.com/fema), [www.facebook.com/fema](http://www.facebook.com/fema), and [www.youtube.com/fema](http://www.youtube.com/fema). Also, follow Administrator Craig Fugate's activities at [www.twitter.com/craigatfema](http://www.twitter.com/craigatfema). The social media links provided are for reference only. FEMA does not endorse any non-government websites, companies or applications.

FEMA's mission is to support our citizens and first responders to ensure that as a nation we work together to build, sustain, and improve our capability to prepare for, protect against, respond to, recover from, and mitigate all hazards.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

**Don't throw your old TVs away!**

All electronics can be dropped off for recycling at either  
Domino Lane & Umbria St.

or

State Rd. & Ashburner St. in Philadelphia  
at the

Streets Department Sanitation Convenience Centers,

Monday through Saturday

8:00 am to 6:00 pm.

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*"Today I will do what  
others won't, so tomorrow I  
can accomplish what others  
can't." - Jerry Rice*

## Weavers Way #5 plastics recycling resumes

Fellow Recyclers,

Weavers Way collection of #5 plastics, which are not included in the  
City's recycling program, will be on the 3rd Saturday of each month:

June 19th.

The collections take place at the co-op's garage,

at 542 Carpenter Lane,

which is across the street and a bit further down the block from the Big  
Blue Marble bookstore.

Please note that we need volunteers to keep this project going. (Weavers  
Way members can get work credit for helping us; work shifts are  
available on co-op's the online calendar.)

The #5 category includes yogurt cups, sour cream containers, hummus  
tubs, some medicine bottles, and more. Your recyclables must be clean  
and dry to be accepted. Check to make sure there are no other materials  
(paper, screws, other number plastics) on the items you bring in.  
Impurities of any kind compromise the recycling process and usually lead  
to the discarding of an entire batch. Exclude any lids unless they are  
clearly marked #5. (Most lids from #5 containers are #4 plastic, but this is  
not always the case.)

We ask recyclers for a small donation to cover postage costs of mailing  
the recyclables to the Gimme 5 processing facility in New York.

Before bringing your #5s to the collection, be sure that they meet the  
requirements for Gimme 5:

All items must be CLEAN and DRY. If they contained food or any oily or  
dirty product, make sure they have been washed, not just rinsed. Items  
stacked when wet tend to stay wet, so allow washed items to dry fully  
before stacking or packing.

The #5 stamp needs to be visible on each item. Lids are separate items.

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and download a copy  
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Commitment and  
return it to us  
[the.pa.coalition@gmail.com](mailto:the.pa.coalition@gmail.com)

Hereeeeeeeeeeeeeees...  
Kathy's Korner!

*The Forest Service has issued a BEAR WARNING in the national forests for this summer. They're urging everyone to protect themselves by wearing bells and carrying pepper spray. Campers should be alert for signs of fresh bear activity, and they should be able to tell the difference between Black Bear dung and Grizzly Bear dung. Black Bear dung is rather small and round. Sometimes you can see fruit seeds and/or squirrel fur in it. Grizzly Bear dung has bells in it, and smells like pepper spray!*

(Kathy Parsons is a regular contributor.)

*If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.*

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Don't assume lids are the same number plastic as the container; sometimes they are but usually they are not. Check to make sure there are no other materials (labels, paper, other number plastics, metal) on the items you bring in.

Brita filters are also welcome! Let them air dry for several days to make sure they are completely dry.

We'll see you soon!

Carolyn, Helen, Priscilla and Stevik  
of the Weavers Way Environment Committee

----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>

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**For sustainable enterprise go to Green Jobs Philly**

<http://www.greenjobsphilly.org/news>

----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

[40 Ways to Save on Almost Anything](#)

## **PERSONAL AND HOME SECURITY**

### **Being Safe and Cautious When Travelling**

Traveling, as anything in life, can have some risks involved. We always question ourselves, What if "blank" happens? Well, there's always a "what if..." on our mind but if we are cautious we can prevent those "what if's" from happening and have an amazing trip!

It doesn't matter if you're traveling alone, with friends, or with fellow travelers you met on your way; there are basic precautions and approaches you should try to keep your trip as safe as possible while still having a good time. Our friend Norbert Figueroa from Globotreks shares his tips.

### **First and foremost, be cautious.**

We all want to explore everything, but use your common sense. If you see a desolate area that doesn't seem too safe, stay away from it. Or at least don't go by yourself. If you have a local host at your destination, have them go with you; they might know how safe or not the area is. Also, try not walking

by yourself on dangerous-looking alleys or late at night.

**Be as friendly as you can, but don't be a simple open book.**

*Battle of the sexes:*

*A woman marries a man expecting he will change, but he doesn't.*

*A man marries a woman expecting that she won't change, and she does.*

If hanging with fellow travelers you met on the way, no matter how friendly they are, keep in mind that they are virtually strangers. So, be careful what you share with them and how you share it.

**You should be alert and pay attention to your surroundings.**

That includes people too. Always keep an eye on your stuff so you don't become an easy target to pickpocketers and thieves.

**When in Rome, do as the Romans do...**

I know you've heard that one before. Right? Well, the phrase says it all. This helps from attracting the wrong attention or from unknowingly insulting a different culture.

**Try being inconspicuous.**

Of course that big backpack on your back doesn't help achieve this, right? But, when not carrying your backpack try looking as less touristy as you can. It's kind of cliché to have that tourist look by wearing the "I love NY" (or whatever destination) t-shirt and by wearing that big flag patch from your country on your bag. You know... dress as you would dress normally back at home and dress appropriately for the place (i.e. sacred places, museums, etc.).

**There's nothing better than being confident while traveling.**

This is key to any traveler. Be confident or at least fake it. Act like you know where you are even if you don't. Even though there's nothing wrong with this, but flapping your map in the middle of a crowded street will definitely attract some attention, specially the scammers' attention. Doing that just made you an easy target. So, if you need some direction, ask someone (still with confidence) or go inside a store or café and peek your map.

**Always be polite.**

Not only it's a good manner but also a way to have a good standing among other people. Don't offend the locals with rude and crass behavior. You

don't have to be goody two-shoes but at least have a common sense of behavior.

So, these are just some "safety and approach" tips that will help you have a fun and amazing trip while being safe and cautious. After all, you are traveling to have fun, right? Thought so... Being cautious is not about restricting yourself, it is about having common sense. Exercise it!

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Source:

<http://journals.worldnomads.com/safetyhub/story/59196/Worldwide/Being-Safe-and-Cautious-When-Travelling>

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For a more aggressive role in your protection:

[www.selfdefensewithanattitude.com](http://www.selfdefensewithanattitude.com)

## **GRANTS, SCHOLARSHIPS & INSTRUCTION**

Philadelphia Development Partnership's

**Business Skills Course**

The Bourse Building.

111 S. Independence Mall East, Suite 810

Philadelphia Development Partnership's Business Skills Course is a multi-part course that is designed to teach the fundamentals of running a small business.

- Obtain financing
- Learn from experts in your industry
- Network with fellow entrepreneurs
- Work with business consultants FREE!

The multi-part class begins on

September, 21st 2010

Orientation - September 14th

Cost: \$95.00

Contact: Theo Thompson

(215) 545-3100 ext 222

or [TThompson@pdp-inc.org](mailto:TThompson@pdp-inc.org)

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*The difference between the impossible and possible lies in a person's determination.*  
- Unknown

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### **USDA offers Hunger-Free Communities grants**

The US Department of Agriculture is offering Hunger-Free Communities grants to help cities and towns across the country fight hunger and food insecurity and promote healthy eating. The grants will help fund research, planning and hunger relief activities such as food distribution, community outreach, development of new resources, and strategies to reduce or prevent hunger and food insecurity.

Two models of grants are available: planning and assessment grants or implementation grants.

For more information, [go here](#).

<[http://www.fns.usda.gov/fns/outreach/grants/hfc\\_grants.htm](http://www.fns.usda.gov/fns/outreach/grants/hfc_grants.htm)>

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### **Foundation offers Banned Books Week grants**

The American Library Association's Freedom to Read Foundation will provide two grants — one for \$2,500 and one for \$1,000 — to two organizations to support "Read-Outs" celebrating Banned Books Week 2010 from

September 25th to October 2nd.

A Banned Books Week Read-Out is an event during which people celebrate the freedom to read by gathering to read from books that have been banned or challenged over the years.

To apply for a grant, organizations are required to submit an event description, timeline, and budget with their application, as well as agree to



*And when we think we lead,  
we are most led. - Lord  
Byron*

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provide a written report and video to FTRF following Banned Books Week.

For more information, go [here](#).

< <http://ala.org/ala/newspresscenter/news/pr.cfm?id=4570>>

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[Aspen Institute](#) offers scholarships to students of color  
The Aspen Institute Program on Philanthropy and Social Innovation in  
Washington is offering scholarships to introduce a diverse group of  
students to issues and challenges affecting philanthropy, social  
enterprise, nonprofit organizations, and other actors in the social sector.  
The \$2,000 fellowship, which is based on academic excellence and need,  
is open to both undergraduate and graduate students of color. Fellows  
undertake research, writing, logistical, and administrative support for  
PSI's leadership initiatives, public programs, and convenings.  
Application guidelines are available [here](#).

\*\*\*

## **200 Free Scholarships For Minorities (NEW UPDATED 2010 LISTINGS)**

<http://www.blackexcel.org/200-Scholarships.html>

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## **HIV/AIDS Prevention Workshop**

### Workshop Summary

Culturally-Relevant Communication about HIV/AIDS is an interactive and user-friendly workshop. Ivan J. Juzang, MEE President and Founder will examine the environmental influences, attitudes and behaviors and unique communication style of urban, ethnic and other hard-to-reach audiences; review theories and techniques for developing cost-effective and culturally-relevant communication strategies; and then show session attendees how to apply these learnings to their own HIV/AIDS testing programs, prevention services and outreach efforts.

### Learning Objectives

After attending the session, attendees will have the background necessary to more effectively communicate with their target audiences about sex, sexuality and HIV/AIDS. They will also have a clearer understanding of media consumption patterns and other social factors that impact sexual decision-making; and the attitudes, motivations and perceptions of

*You must understand the whole of life, not just one little part of it. That is why you must read, that is why you must look at the skies that is why you must sing and dance, and write poems, and suffer, and understand, for all that is life. - J. Krishnamurti*

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minorities on healthy sexuality and HIV/AIDS prevention, testing and treatment. Such information will help interventionists, community-based organizations and service providers develop innovative and effective messages and services targeted to minority audiences.

### Workshop Description:

Topics explored during the session include:  
The environmental context, peer group dynamics and social interactions that influence sexual behaviors;  
How service providers can be more culturally aware, and increase the effectiveness of their outreach, media and materials; and  
Strategies for attracting the hardest-to-reach audiences to HIV-prevention, testing and treatment programs.

For more information on other workshops and schedules visit their [website](#)

To inquire about a MEE Workshop at Your Organization call 215.829.4920 or Email [here](#)

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### **At- Risk Youth**

Annie E. Casey Foundation

<http://www.aecf.org>

A private charitable organization dedicated to helping build better futures for disadvantaged children in the United States. The foundation offers community-focused grants. The site also has several publications.

Provides funding to both 501(c)(3) and local/state government. Organizations wishing to send a proposal to the Foundation should submit a letter of no more than three pages explaining the organization and its project and how the money will be used. Send the letters to: The AEC Foundation; Attn: Office of the President; 701 Saint Paul St.; Baltimore, MD 21202.

Phone: 410-547-6600

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### **AOL Time Warner Foundation**

<http://aoltimewarnerfoundation.org>

The AOL Time Warner Foundation is dedicated to using the power of media, communications and information technology to serve the public interest and strengthen society. However, rather than simply providing

*The difficulty lies not so much in developing new ideas as in escaping from the old ones. - John Maynard Keynes*

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grant monies or funding unsolicited requests, the foundation prefers to enter into sustainable strategic partnerships with organizations that have a demonstrated commitment to pioneering innovative ways of meeting four priorities: Equipping kids for the 21st century; Extending Internet benefits to all; Engaging communities in the arts; and Empowering citizens and civic participation.

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### AT&T Foundation

<http://www.att.com/foundation>

The AT&T Foundation seeks to educate, enrich, engage, and empower the communities served by AT&T. The Foundation's funding areas are education, civic and community service, and arts and culture.

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### Beaumont Foundation

<http://www.bmtfoundation.com/grants/>

The Beaumont Foundation of America (BFA), a non-profit philanthropic organization, is dedicated to the enriching the lives of individuals by providing technology to historically underserved schools and communities. The foundation believes technologies are essential tools for progress in the 21st century, and that given access to digital information, people will have an equal opportunity to advance socially, economically and intellectually.

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**The Student Achievement Grants program** provides grants of \$5,000 each to improve the academic achievement of students by engaging in critical thinking and problem solving that deepen knowledge of standards-based subject matter. The work should also improve students' habits of inquiry, self-directed learning, and critical reflection. Proposals for work resulting in low-income and minority student success with honors, advanced placement, and other challenging curricula are particularly encouraged. Grant funds may be used for resource materials, supplies, equipment, transportation, software, and scholars-in-residence. Applicants must be practicing U.S. public school teachers in grades K-12, public school education support professionals, or faculty and staff at public higher education institutions.

Visit the NEA Foundation Web site for complete grant program information.

RFP Link: <http://fconline.foundationcenter.org/pnd/15016125/neafdn>

For additional RFPs in Education, visit:

[http://foundationcenter.org/pnd/rfp/cat\\_education.jhtml](http://foundationcenter.org/pnd/rfp/cat_education.jhtml)

*Leaders are not born. They are made. They are made just like anything else. . . through hard work. That's the price we have to pay to achieve that goal or any goal. - Vince Lombardi*

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## **NIH Summer Institute on Community-Based Participatory Research**

The National Institutes of Health has announced the 2nd summer institute. We are thrilled to see that the organizers have responded to Community-Campus Partnerships for Health's (CCPH) comments on last year's summer institute.

When the 1st NIH institute on CBPR was announced, CCPH expressed concern about its exclusive focus on academic researchers.

In CBPR, the community is involved at the very start of the research, so it was incongruent that the institute did not include the community partners or acknowledge the possibility of a community partner as a principal investigator or co-PI.

This summer's institute has been designed for community-academic partner teams (see below for details).

CCPH has successfully implemented community-academic partner team-based model of CBPR training:

[http://depts.washington.edu/ccph/pdf\\_files/2005CBPRInstituteApp3-25.pdf](http://depts.washington.edu/ccph/pdf_files/2005CBPRInstituteApp3-25.pdf)

and

[http://depts.washington.edu/ccph/pdf\\_files/2005%20Summer%20Institute%20Agenda.pdf](http://depts.washington.edu/ccph/pdf_files/2005%20Summer%20Institute%20Agenda.pdf)

The training curriculum, "Developing and Sustaining CBPR Partnerships" is available online at [www.cbprcurriculum.info](http://www.cbprcurriculum.info).

If you're interested in bringing a CBPR training workshop or institute to your location, contact CCPH senior consultant Rachel Vaughn at [sliccph@mcw.edu](mailto:sliccph@mcw.edu) for more information.

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### **Banta Company Foundation**

The Banta Company Foundation provides funding for at-risk youth and delinquency prevention initiatives. The funds can be used for equipment, general/operating expenses, seed money, program development, as well as other areas. For more information please contact:

Banta Company Foundation

225 Main Street

PO Box 8003

Menasha, WI 54952-8003.

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*People who let events and circumstances dictate their lives are living reactively. That means that they don't act on life, they only react to it. - Stedman Graham*

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## **Best Buy Children's Foundation**

<http://communications.bestbuy.com/communityrelations/>

The mission of the Best Buy Children's Foundation is to improve the lives of youth aged 5 - 18 in communities where Best Buy maintains a business presence. The Foundation awards grants to nonprofit organizations with innovative approaches to developing life skills in young people through education, mentoring, and leadership development. Funds can be used for: program development; direct project support; specific curriculum development; and scholarship aid for participants in life skills or mentoring programs. The Foundation typically awards grants ranging from \$2000 - \$10,000 to nonprofits.

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### **Healthy Community Outreach Program**

will be granted to nonprofit organizations to support grassroots efforts which increase awareness on critical health initiatives through health walks, health fairs and health education outreach.

Grants up to \$25,000 will be considered.

Please provide all levels of event sponsorships on your application. Nonprofit organizations with evidence of IRS 501(c)(3) designation or de facto tax-exempt status may apply for a grant, with the following exceptions: advertising; capital campaigns; grants or scholarships to individuals; multiyear requests; political causes and events; or religious organizations in support of their sacramental or theological functions.

[http://www.aetna.com/foundation/grants\\_reg/guidelines.html](http://www.aetna.com/foundation/grants_reg/guidelines.html)>Awards

Ongoing Deadline

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### **Ben and Jerry's Foundation**

Ben and Jerry's Foundation has no specific program areas. The Foundation seeks projects that lead to societal change or address the root causes of problems. The Foundation awards grants ranging in amount from \$1,000 to \$15,000. Applicants must submit a letter of interest at any time during the year.

<http://www.benjerry.com/foundation/index.html>

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## **AFRICAN AMERICAN STUDENTS ARE NOT APPLYING FOR SCHOLARSHIPS**

Even if you do not have a college-aged child at home, please share this with someone who does, pass this scholarship information on to anyone and everyone that comes to mind. Though there are a number of companies and organizations that have donated moneys for scholarship



*"Doctor, doctor, I keep  
thinking I'm a dog."  
"Sit down and tell me all  
about it."  
"I can't, I'm not allowed on  
the furniture."*

*(Ethan Pollard age 9)*

use to African Americans, a great deal of the money is being returned because of a lack of interest.

No one is going to knock on our doors and ask if we can use a scholarship.

Take the initiative to get your children involved. There is no need for money to be returned to donating companies because we fail to apply for it.

Please pass this information on to family members, nieces, nephews, and friends with children etc. We must get the word out that money is available. If you are a college student or getting ready to become one, you probably already know how useful additional money can be. Our youth really could use these scholarships. Thanks!!

For a list of scholarships please visit our group 'The Coalition, Inc.'

<http://groups.google.com/group/coalition-the>

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## **SpotLight On Our Efforts**

Dear Friends:

We are reaching out to you today with exciting news. **Moms Against Guns** is officially joining forces with **CeaseFirePA**.

This union represents more voices, more power and more resources to fight one Pennsylvania's most contentious issues: illegal guns. While we have loosely partnered with CeaseFirePA in the past and stand at their side as they advocate for better gun laws, there has never been a formal partnership. Tomorrow, that will change.

And we wanted to make sure that you're the first to know before this news goes public. You've been a staunch supporter of Moms Against Guns - many since we began this fight together at a public rally in Philadelphia's Love Park in 2007.

Since then - we've made great strides.



*George Mathis started the day early having set his alarm clock (MADE IN JAPAN) for 6 a.m. While his coffee pot (MADE IN CHINA) was perking, he shaved with his electric razor (MADE IN HONG KONG). He put on a dress shirt (MADE IN SRI LANKA), designer jeans (MADE IN SINGAPORE) and tennis shoes (MADE IN KOREA).*

*After cooking his breakfast in his new electric skillet (MADE IN INDIA) he sat down with his calculator (MADE IN MEXICO) to see how much he could spend today. After setting his watch (MADE IN TAIWAN) to the radio (MADE IN INDIA) he got in his car (MADE IN GERMANY) and continued his search for a good paying AMERICAN JOB. At the end of yet another discouraging and fruitless day, George decided to relax for a while. He put on his sandals (MADE IN BRAZIL) poured himself a glass of wine (MADE IN FRANCE) and turned on his TV (MADE IN INDONESIA), and then wondered why he can't find a good paying job in.....AMERICA..... (Thx Melrose Webster)*

But the economic and political climate is now different than it was in 2007. Since our economy took such a dramatic turn two years ago, nonprofit groups like CeaseFirePA and other advocacy and service organizations have been trying to do more with less.

In a rocky political and economic environment, it's increasingly difficult to get an issue - like limiting illegal guns and the violence they create in our state - in front of the most influential decision makers in Harrisburg. Without a unified voice on this issue, we are all at risk of appearing less organized and powerful when we stand against the gun lobby.

We feel proud and privileged to serve among Ceasefire's constituencies and we know this affiliation offers new strength and opportunity. We have the utmost respect, confidence and admiration for the leadership of Phil Goldsmith, its board president, and Joe Grace, its executive director.

It is our hope that our participation on the board and the force of our combined voices will increase the overall capacity and power to fight in a more organized way for better, safer gun laws.

Today we have garnered close to 7,000 signatures on our petition - thanks to your efforts. But we're far from our goal. We set an ambitious goal of 50,000 signatures, but that goal was not arbitrary. We were told by political advisors that 10,000 signatures would get some policymakers' attention; and 25,000 would show we were serious. But 50,000 could turn a vote - that's why we set this bold goal.

Our joining with CeaseFirePA offers us the opportunity to reach more people (voters) so we can reach our 50,000 signature goal. In turn, we offer CeaseFirePA new constituents, new ideas, and more leverage.

We will continue to personally answer your emails and we'd like to hear from you. After our websites have been integrated, which should happen by mid- summer, you will have the full capacity of CeaseFire's advocacy, strategic advice and direction, as well as the opportunity to volunteer, donate if you wish, or help secure more petition signatures.

As founder of Moms Against Guns, I have been invited to be a new vice president of the CeaseFirePA board, and one of Philadelphia's most influential social activists - Project H.O.M.E. president and co-founder, Sister Mary Scullion - has also agreed to join the CeaseFirePA board with me.

We hope you will continue to partner with the new and improved "us" --

*Benvenuto a Miami*

*Hurricane season runs from June through November. Anyone visiting Florida during these months can expect to turn on their TV and see warning news reports showing a white radar blip hundreds of miles away.*

*Unfortunately, if your home is located in Florida, or any area along the coast that could be hit by a hurricane, your chances of getting affordable insurance is almost nil. After all, insurance companies are in business to get you to give them money, not to give you money in case your house happens to be damaged. If you do find insurance, the annual cost is likely to be roughly equal to the construction costs for a new home.*

*Protect all windows...*

*Shutters*

*In case those pesky news reporters do say the hurricane is going to give your town a quick whirlwind visit, you'll want to be prepared to cover your windows with shutters. Shutters come in several flavor's.*

*Home built:*

*These are the 4 by 8 sheets of plywood nailed to the house that you'll see flying around during the storm. You can pick them up really cheaply off your lawn and garden if you're willing to wait until just after the storm passes. (cont.)*

CeaseFire and Moms Against Guns. Your voices and vision have never been more needed.

Thank you with all of our hearts for all you have done so far. If we work together - we can and will prevail.

Sincerely,

Lynne Honickman

Founder

Moms Against Guns

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**Partners sought for youth action teams**

Since 1997, Motivational Educational Entertainment, Inc has implemented a unique youth employment model in which it hires and trains local youth to conduct peer-to-peer outreach to deliver health promotion messages to their community.

Most recently, MEE implemented Community Action Teams as part of its Blueprint for a Safer Philadelphia campaign, through which it provided employment, life skills and self efficacy and leadership training for 100 young people.

MEE is seeking strategic partners to pursue or use available grant money for summer employment programs in other locations, and is reaching out to organizations that have access to youth and workforce development funds.

CAT participants can help in developing leadership skills and a positive self-image, receive training in important life, academic and communications skills, gain exposure to new experiences, people and places, earn money and incentives as compensation for their participation, build their resumes with outreach and communications experience, and earn community service credits for high school.

For more information, call William Juzang at 215-829-4920 or [email](#)

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**Website Offers Revolutionary Green Alternatives  
for Communities/Nations**

Greetings. I hope that you and your business/ organizations are all doing well. As we enter into a new year, I expect that many of us have already envisioned what we would like to accomplish in this new year. As long as we have positive intentions for not just ourselves but also our fellow inhabitants on this planet

**Sheet-Metal Shutters:**

*These work well and make great sounds during the storm. It's especially fun to see people who've waited till the last minute to put these up because they get really wiggly.*

**Comerica Shutters:**

*If your house is paid for and you're willing to take out a second mortgage to buy them, these shutters can work quite well.*

**The New "Hurricane Proof" Windows**

*Along with also requiring a second mortgage, these new fangled windows are said to withstand hurricane force winds according to the salesman. Unfortunately, the salesman lives in West Virginia.*

**JOIN THE COALITION, INC!**

To join The Coalition go to:

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and download a copy of the Pledge of Commitment and return it to us  
[the.pa.coalition@gmail.com](mailto:the.pa.coalition@gmail.com)

as well as the mother Earth herself, may the Creator of the Universe bless our visions and goals to become a material manifestation.

I would like to invite everyone to visit  
<http://africanindependence.org/Projects.aspx>

I am one of the co-founders of this organization. While the initiative of this organization focuses on improving the lives of the African Diaspora and building up eco-friendly, peaceful, self sustaining and prosperous communities in their ancestral lands, we extend a welcome hand for all to check a part of our vision out by visiting our site. Our site was put in video format for simplicity and visuals to keep the interests of our visitors. When you first click on the provided website address, you will notice that we begin with our goals on dealing with electricity. There are actually two clips explaining the same technology, we recommend the second clip for a more detailed explanation on how this technology works. The following two clips deals with how we plan on providing clean water to the citizens and then water recycling.

The fifth video demonstrates how sewer systems are unnecessary. There are many issues that we tackle on our site. We are currently in talks with university and reverse engineers to have these technologies made at a lower cost and with high quality specifications. Any feedback or suggestions is welcome and any donations would be highly appreciated.

There is a lot of useful information and we encourage all to take advantage of of it and to view it for themselves, we're confident that you will be excited as we are once you see the potential in such technology.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

**ARTS FOR AWARENESS**

*I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael*

Beginning July 29  
homegrown poet and recording artist  
**Ursula Rucker comes to**  
**Scribe Video**  
Thursday evenings  
to teach Poetry for Stage and Camera.  
Register today at 215-222-4201.

*Many folks want to serve  
God, but only as advisers. --  
Unknown.*

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of the Pledge of  
Commitment and  
return it to us  
[the.pa.coalition@gmail.com](mailto:the.pa.coalition@gmail.com)

Scribe Video Center  
4212 Chesnut Street  
Philadelphia PA 19104  
[inquiry@scribe.org](mailto:inquiry@scribe.org)

Hours of Operation:

Monday through Friday, 11:00 am to 7:00 pm  
(or 9:00 pm on workshop nights).

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### **Jus' Words at Dowlings Place**

1310 No. Broad St. Phila  
Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

## **COMING UP**

The Divine Movement Dance Ministry  
presents its annual

### **Prophetic Arts Conference**

August 27 and 28, 2010

Mt. Pisgah AME Church

428 N. 41st St.

Phila, PA.

The theme is "FREE". Too many people are bound by chains. Chains of fear, depression, abuse, hurt, lack... to name just a few. Though trials will come, we don't have to bow to being bound. It's the Spirit that makes us FREE.

On Friday, August 27, 2010 at 7:00 PM, the City-Wide Dance Revival will feature praise dance ministries from across the region in an Illustrated Sermon presented in dance and the spoken word.

A freewill offering is appreciated.

On Saturday, August 28, 2010 from 7:30 AM until 4:30 PM, the Prophetic Arts Conference is designed to equip and build up teen and adult dance and

*The most certain sign of wisdom is continual cheerfulness; her state is like the things above the moon, always clear and serene. - Michael de Montaigne*

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mime ministries. Workshop sessions will be facilitated by Prophet L. Donnell Goss Sr., Senior Pastor, and First Lady JeNise Goss, Pastors of Greater Deep Tabernacle of Faith in Apex, NC. Prophetess Ruth D. Pressley, Founder of Shabach Ministry, Philadelphia, PA will facilitate the workshops for teens.

### CONFERENCE SCHEDULE

7:30am – 8:30am - Continental Breakfast and Registration  
8:30am – 12:00pm - Workshop Sessions I  
12:00pm – Lunch  
1:00pm – 4:30pm – Workshop Sessions II

WORKSHOP THEMES: Principles of Prophetic Dance; The Ground on Which You Stand; Leap From Bended Knees; Movement in the Fragile Places; Choreography: Receive, Apply, Deliver, Believe.

### SPECIAL LUNCHTIME SESSION

Leading with Excellence (For Leaders only)

For registration information, please contact Ingrid Broadnax at [divinemovement@mtpisgahamec.org](mailto:divinemovement@mtpisgahamec.org) or (215)386-6181.

Blessings,  
Ingrid Broadnax  
Director

Divine Movement Dance Ministry

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### **South West Philly Appreciation Day**

We would appreciate your attendance of our South West Philly Appreciation Day at Johnson Playground on 48th and Woodland Ave on Saturday, August 28th from Noon to 6pm.

This event is a family day and a meet and greet for the community.

We have invited local business owners, community leaders and local elected officials.

We will be hosting a softball game featuring the 12th and 18th Police district and members of the sheriffs department, a school supply and book bag give-a-way and more.

We will also be hosting a voter registration table to register and educate ex-felons about their voter rights.



*Young people tell you what they are doing, old people what they have done and fools what they wish to do. - French Proverb*

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For more information please contact Rasheen Crews 215-807-9255 or [foundationforabettorsociety@gmail.com](mailto:foundationforabettorsociety@gmail.com)

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Make your reservations today.

### **The Business Center For Entrepreneurship & Social Enterprise Business Plan Classes**

7500 Germantown Avenue,  
Elders Hall, Suite 113.

12 Week Classes: Thurs, Sept 16 - Dec 16 @ 6:30PM - 8:30PM

8 Week Classes: Saturdays, Sept 25 - Nov 20 @ 9AM - 12PM

Cost: \$350 after August 6th

Contact: 215-247-2473

[www.thebizcenter.com](http://www.thebizcenter.com)

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\* \* \* Outside PA \* \* \*

### **KIDflix FILM FESTIVAL**

Fridays - August 13, 20, 27 – 7:30 pm

[www.africanfilmny.org](http://www.africanfilmny.org)

for schedule information, synopses and more details on what's to come!

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

### **VOICES OF INDIGENOUS PEOPLES POW WOW 2010 PREPARE FOR WINTER**

AMERICAN COLORED BLACK PEOPLES MUSEUM  
ALTERNATIVE AND TRADITIONAL SHELTERS  
HUMAN RIGHTS AND THE RIGHT TO WATER  
SURVIVING Y2K AND BEYOND THE COURT ENSLAVEMENT  
EDIBLE AND MEDICINAL PLANTS  
LIVING OFF THE LAND  
SELF HEALING CONCEPTS  
PRODUCTS AND SERVICES



JOIN THE VOICES OF INDIGENOUS PEOPLES  
AUGUST 13TH, 14TH, AND 15TH 2010  
4085 SOUTH BROWNING BRIDGE ROAD  
LULA, GEORGIA 30554  
770-869-9019

*If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.*

*Send your information to: [News From The Coalition, Inc.](#)*

*All entries for submission should be received by noon, the Monday prior to publish date and in [Press Release form.](#)*

FOR INFO OR REGISTRATION [freedomnowseminars@gmail.com](mailto:freedomnowseminars@gmail.com)  
---- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site ----

## **COMPUTERS AND TECHNOLOGY**

### **Group offers low-cost web access to nonprofits**

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

For more information, email [Free Trial](#).

### **A HAND UP!**

*"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall*

I am the founder of the  
**C.N.A.s (Christians "N" Action)**  
which is a ministry that has a heart for people and their needs.

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*If you would like to  
report on a recent  
community event, feel  
free to send us a brief  
account of what  
happened in document  
format, and we will  
share it with our  
readers.*

*Send your information  
to: [News From The  
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We feed our community on a weekly basis and provide clothing to them but, lately we haven't been able to because we have been out of funds. I have tried to solicit funds for some time now. No one seems to be able to help. While prayers are fine people still need food. The provisions have come out-of-pocket (mine) up until this time, but I have run dry. I believe that people want to make a change in their lives if some of us are willing to lend a hand.

"CHRISTINA SHERMAN" [passionatepromos@yahoo.com](mailto:passionatepromos@yahoo.com)  
(864) 207-0488

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

### **SPECIAL NOTICE!**

#### **Skip A Meal For Haiti**

Most Americans eat at least three meals a day. Some eat more often. Millions of people in Haiti have not had a meal in one week and a good meal in recent memory. Will you skip a meal for the people of Haiti and send the money to a relief agency?

#### **Will you not eat one meal, on one day so that they can eat for a week?**

The cost of lunch at almost any affordable restaurant in America is between \$5.00 and \$14.00. Some restaurants have menus that serve four and five course dinners that can cost as much as \$100.00 per person, not including beverages. For as little as two dollars a day, you can help provide food, drinking water and some sanitation supplies for a Haitian child or adult. A \$14.00 contribution can help feed and hydrate a Haitian child for a week. We can all afford to make a difference!

The Black Star Project is asking you to miss at least one meal this week for the people of Haiti and to send the money that you would have spent on your breakfast, lunch or dinner to a relief fund that is on the ground working in Haiti.

Many people say they want to go to Haiti to help those affected by the earthquake. The cost of a round trip flight from New York City to Port-au-Prince, Haiti is more than \$2,000.00. Decent hotel lodging, which is virtually impossible to find in Haiti, might cost another \$2,000.00 for one week. And your mouth would become another mouth to feed of more than 2 million people who need food and water day.

*The crises of our time, it becomes increasingly clear, are the necessary impetus for the revolution now under way. And once we understand nature's transformative powers, we see that it is our powerful ally, not a force to feared our subdued. - Thomas Kuhn*

Instead of going to Haiti, will you miss a lunch for Haiti and send the money you would have spent on that lunch to one of the on-the-ground relief agencies listed below:

The Black Star Project (773.285.9600) recommends that you send your contributions to:

Yele Haiti (Wyclef Jean's Relief Effort) at [www.yele.org](http://www.yele.org) or text YELE to 501501 to donate \$5.00 on your phone bill

UNICEF at [www.unicefusa.org](http://www.unicefusa.org) or call 800.367.5437

Doctors Without Borders at [www.doctorswithoutborders.org](http://www.doctorswithoutborders.org) or call 888.392.0392

American Red Cross at [www.redcross.org](http://www.redcross.org) or call 800.REDCROSS (800.733.2767) or 800.257.7575 (Espanol)

Partners in Health at [www.pih.org](http://www.pih.org) or call 617.432.5256

Charity water at <http://www.charitywater.org>

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

### **America's Original Savings Network**

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at: <http://nofullprices.net>

### FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons?

A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid

*The Bible, Through the  
Eyes of a Child*

*Here's our version of the  
stories of the Bible if they  
were to be told by a child.*

*Creation*

*In the beginning, which  
was close to the start, there  
wasn't anything except  
God, darkness and some  
gas. The Bible says, "The  
Lord, thy God, is one," but  
I think He has to be much  
older than that.*

*Anyway, God made the  
world and then He said,  
"Give me some light," and  
somebody gave it to Him.  
He split an atom and made  
Eve. Adam and Eve didn't  
wear any clothes, but they  
weren't embarrassed  
because God hadn't  
invented mirrors, yet.*

*Adam and Eve sinned by  
eating one bad apple and  
they were driven out of the  
Garden of Eden. I'm not  
sure what God drove them  
in because He hadn't  
invented cars, either.*

*Adam and Eve's son, Cain,  
hated his brother as long as  
he was Abel. After a while,  
all of the first people died,  
except Methuselah, who  
lived to be, like, a million  
years old.*

for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Ladies and Gentlemen:

I know of an excellent Charter School, you may have heard of it,  
**"Knowledge Is Power Program"**  
(KIPP).

It has 80% of its students continue on to college and it only goes up to the 8th grade. It's fairly new with such a high success rate already. You may have heard of it.

Now they are expanding to 9th grade and possibly beyond, but they are in need of a building. I was hoping if anyone could help find a location or know of somewhere. It would be greatly appreciated by our future professionals, CEO's and potential politicians of America and me :)

Please contact me, my information is below, or Mr. Aaron Bass, Principal  
267-249-6089.

Thank you for your consideration in this matter. Have a Great Day.

Virginia D. Smith, Asst - MDT  
Department of Human Services  
Special Family Focus Services  
215-300-2949 - Cell  
215-683-6381 - Office  
215-683-6408 - Fax

[virginia.d.smith@phila.gov](mailto:virginia.d.smith@phila.gov)

May God Bless You Always in All Ways

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

**Volunteer In Africa**

**Explore a Continent of Contrasts while Volunteering in Africa**

For over a decade, Cross-Cultural Solutions has supported thousands of volunteers in Africa on programs in Ghana, Morocco, South Africa and

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## **WORD-OF-THE-WEEK**

**coruscate** \KOR-uh-skayt\, To give off or reflect bright beams or flashes of light; to sparkle.

Tanzania.

CCS volunteers work side-by-side with local people in community organizations focused on supporting social services, education, and health initiatives.

Discover one of the world's most diverse continents and see firsthand the challenges it faces and how you can make a positive impact with CCS.

Go to: [www.cross-cultural-solutions.org](http://www.cross-cultural-solutions.org)

**IT'S HERE!!**

**Our group A HAND UP! Is now open, please go to:**

**[A HAND UP!](#)**

In response to the needs of many grassroots organizations for the basic tools to implement and sustain their ideas and projects, The Coalition, Inc. members have come together to establish a network to facilitate the distribution/re-distribution of unwanted, unneeded, surplus and even repairable items for recycling.

To join: [A Hand Up!](#)

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

**Remember to support The Coalition, Inc.'s on-air personalities...**

**Sister Phile Chionesu**, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation**" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: [www.blogtalkradio.com/empresschi](http://www.blogtalkradio.com/empresschi) Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to [mwmsistahood@aol.com](mailto:mwmsistahood@aol.com) to chat on line.

