



We all hold a piece to the puzzle
Friday 27 August 2010

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News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 5, Number 05

Greetings Coalition Family!

There is no such thing as public opinion. There is only published opinion. - Winston Churchill

If you've been paying any attention at all, you should realize by now that public opinion is shaped primarily by information pre-colored by the news media. Two weeks ago we were informed of the unfortunate deaths of foreign medical missionaries. We received this shocking news on the day of occurrence. This week we were made aware of the brutal gang rapes of thousands of women in Africa. This news was three weeks delayed. The point... Someone made the decision that one story was more immediate than the other! We are all aware of the controversy surrounding the proposed Muslim center two blocks from 'Ground Zero' in NYC. The media has locked on this topic with the tenacity of a rabid pit bull, helping to whip weak-minded, bigoted or emotionally vulnerable targets into a frenzy of opposition and now violent hate crime. Some of the analogies being cited by those in opposition are wildly inappropriate, insane, and genuinely idiotic. Islam is no more responsible for the destruction of the towers, than Christianity is responsible for the bombing of Hiroshima and Nagasaki. For their own reasons, the Jewish community has come out in support of the Islamic project, demonstrating an act of brotherhood that should shame citizens of a country founded on the principles of freedom of religion and the equality of mankind. This controversy can be impacted positively by the media if they would set aside projected profits and acknowledge their responsibility for fairness and integrity.
Editor

Help reduce organizational paranoia, share ideas and solutions, "Communicate... Cooperate... Collaborate" We each hold a piece to the puzzle.

FOR OUR CHILDREN

"It is easier to build children than it is to repair men."...Frederick Douglass

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to TheCoalitionNews@gmail.com with "subscribe" in the subject.

If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: [News From The Coalition, Inc.](#)

All entries for submission should be received by noon, the Monday prior to publish date and in [Press Release form](#).

Hunger Coalition publishes summer meals directory
The Greater Philadelphia Coalition Against Hunger
has published a directory of programs offering free meals for children in Philadelphia over the summer.

Tens of thousands of Philadelphia children who rely on school breakfasts and lunches can go without during summer vacation. This year, free breakfasts, lunches or snacks will be available to low-income children at more than a thousand recreation centers, churches, schools, parks and community centers throughout the city.

[Go here](#) for more information or to download the directory.

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Cap4Kids

A recent article in Time Magazine discussed the hotly debated issue of summer vacation and the "Summer Learning Lag" that unfairly affects children from low income communities

<http://www.time.com/time/nation/article/0,8599,2005654,00.html?iid=sphere-inline-sidebar>

To help combat this phenomenon, on the Cap4Kids website, there are resources to keep our children's minds and bodies active. On the Education handout there is free tutoring for certain students from low performing schools (SES Program)

http://www.capkids.org/philadelphia/parent_handouts/education.html . On the After School and Camp handout there are various programs to keep kids safe and active

http://www.cap4kids.org/philadelphia/parent_handouts/after_school_programs_camps.html . Also, just ended is the Summer Learning and More (SLAM Program) (available next year) through the Philadelphia School District.

Please, become aware of the "Summer Learning Lag" and help families prevent their kids from lagging behind.

~ ~ ~

Teen pregnancy is a major issue that many of our communities face.

Here are the facts:

The U.S. has the highest teen pregnancy rate in the industrialized world – twice as high as in England or Canada.

2006 saw the first rise in the U.S. teen pregnancy rate in 15 years.

An estimated 750,000 teens will become pregnant this year.

*You must act as if it is impossible to fail.
Ghanaian Proverb*

*We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred seventy countries!
Click here:
EightCitiesMAP
Choose "Philadelphia's Online Community Newsletter" from the menu.*

- About 1 in 3 women become pregnant at least once before they're 20.
- A sexually active teen girl who does not use contraceptives has a 90% chance of becoming pregnant within a year.
- It affects education - only a third of teen mothers earn their high school diploma. And only 1.5% has a college degree by age 30.
- It also affects their kids - girls born to teen mothers are more likely to be teen mothers themselves. Boys born to teen moms are more likely to end up in prison.
- 75% of girls and over half of boys report that girls who have sex do so because their boyfriends want them to.
- 8 in 10 girls and 6 in 10 boys say they wish they had waited until they were older to have sex.

Most teens (6 in 10) and adults (3 in 4) believe that teen boys often receive the message that they are "expected to have sex."

Diapers are expensive, but it's nothing compared to the \$9 billion that teen pregnancy costs the United States each year. This includes increased spending in child welfare costs and public sector health care.

To address these issues, on the www.cap4kids.org/philadelphia website, under Pregnancy and Infant Resources, there is a section on Teen Pregnancy resources including the ELECT Teen CPC centers with a newly posted referral sheet, fact sheet (see attached), and Middle Years and MARS programs. http://www.cap4kids.org/philadelphia/parent_handouts/pregnancy_resources_and_infants.html

Please become familiar with these resources and refer families and teens in need.

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Help For Parents With School-Age Children

Are you a parent, relative, or health care professional with any of the following scenarios?

- * Not too sure how to register child for Kindergarten or Head Start.
- * Trying to decide on what type of school best fits a child's needs. Public or Charter or Magnet or Catholic?
- * Want to get a child motivated and focused on college.
- * Want to get child back in school after taking a leave, but don't know what options there are for out-of-school youth.
- * Child being bullied in school and don't know what to do.

The world is round and the place which may seem like the end may also be only the beginning. - Ivy Baker

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com
We will credit you with the submission.

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* Child not doing well in school and may have a learning difference.

On the www.cap4kids.org/philadelphia website, under the Education parent handout

http://www.cap4kids.org/philadelphia/parent_handouts/education.html and the Resource tab

<http://www.cap4kids.org/philadelphia/resources.html> there are resources in the community to help advocates for children find help for their child's educational needs. Please become familiar with the listed resources and continue to bridge the gap between families in need and the agencies and resources that serve them.

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Black College Tours 2010 (40+)

<http://blackexcel.org/black-college-tours-2010.html>

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PhillyGoes2College

With a little over 50% of our kids graduating high school on time and only 18% graduating college, we MUST all work on this issue together for the future of our city.

The Mayor's office recently created an office called "PhillyGoes2College" that will start working to improve these statistics

(http://www.philly.com/inquirer/home_top_stories/20100104_Nutter_to_focus_on_increasing_college_admissions.html), and on the

www.cap4kids.org/philadelphia website, under the Education Handout, you will find multiple sources for children, families and child advocates to help, from an early age, on the road to educational success (http://www.cap4kids.org/philadelphia/parent_handouts/education.html).

Here you will find listings for various school choices, timelines, and resources for out-of-school youth, and college prep and college admission tools.

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Earn Free Trip to Egypt for Black Kids and Adults

The African Heritage Institute (also known as the D'zert Club) is sponsoring a 2-year African History Program that, once completed, the participants earn an all expense paid trip to Egypt. This program is for Black kids from ages 7-14 and adults over the age of 21.

See the success stories of students that

completed the program and have gone to Egypt. They are amazing.

Students

grades went up in school, lateness and absences decreased and there was a remarkable increase in the students respect for their elders. One brother who attended was able to get a full 4-year scholarship to school as a result of being a part of the program.

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Get all of the details at

www.BlackBusinessNetwork.com/theone

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The Food stamp program under the new stimulus package is now called the SNAP (Supplemental Nutrition Assistance Program).

Did you know?

Eligibility for SNAP benefits changed so many more families in food insecure households are now eligible.

On the www.cap4kids.org/philadelphia website, under the Food and Nutrition parent handout, you will find several organizations who can help families find out if they are eligible. Also, on the COMPASS website they can apply for these benefits and many others.

For more info you can also go to

<http://www.dpw.state.pa.us/ServicesPrograms/FoodStamps/>

Please continue to link families in need with the appropriate social services agencies that serve them through Cap4Kids. Thanks.

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Online resources for parents: www.chestercountymoms.com,
www.germantownavenueparents.com, www.norristownmom.com.

THIS WEEK

The Divine Movement Dance Ministry
presents its annual

Prophetic Arts Conference

August 27 and 28, 2010

Mt. Pisgah AME Church

428 N. 41st St.

Phila, PA.

The theme is "FREE". Too many people are bound by chains. Chains of fear, depression, abuse, hurt, lack... to name just a few. Though trials will

"Go confidently in the direction of your dreams. Live the life you have imagined." ~ Henry David Thoreau

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come, we don't have to bow to being bound. It's the Spirit that makes us FREE.

On Friday, August 27, 2010 at 7:00 PM, the City-Wide Dance Revival will feature praise dance ministries from across the region in an Illustrated Sermon presented in dance and the spoken word. A freewill offering is appreciated.

On Saturday, August 28, 2010 from 7:30 AM until 4:30 PM, the Prophetic Arts Conference is designed to equip and build up teen and adult dance and mime ministries. Workshop sessions will be facilitated by Prophet L. Donnell Goss Sr., Senior Pastor, and First Lady JeNise Goss, Pastors of Greater Deep Tabernacle of Faith in Apex, NC. Prophetess Ruth D. Pressley, Founder of Shabach Ministry, Philadelphia, PA will facilitate the workshops for teens.

CONFERENCE SCHEDULE

7:30am – 8:30am - Continental Breakfast and Registration
8:30am – 12:00pm - Workshop Sessions I
12:00pm – Lunch
1:00pm – 4:30pm – Workshop Sessions II

WORKSHOP THEMES: Principles of Prophetic Dance; The Ground on Which You Stand; Leap From Bended Knees; Movement in the Fragile Places; Choreography: Receive, Apply, Deliver, Believe.

SPECIAL LUNCHTIME SESSION

Leading with Excellence (For Leaders only)

For registration information, please contact Ingrid Broadnax at divinemovement@mtpisgahamec.org or (215)386-6181.

Blessings,
Ingrid Broadnax
Director

Divine Movement Dance Ministry

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South West Philly Appreciation Day

We would appreciate your attendance of our South West Philly Appreciation Day at Johnson Playground on 48th and Woodland Ave on

Leadership is the ability to get extraordinary achievement from ordinary people. - Brian Tracy

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Saturday, August 28th

from Noon to 6pm.

This event is a family day and a meet and greet for the community.

We have invited local business owners,

community leaders and local elected officials.

We will be hosting a softball game featuring the

12th and 18th Police district and members of the sheriffs department,

a school supply and book bag give-a-way and more.

We will also be hosting a voter registration table to register and educate

ex-felons about their voter rights.

For more information please contact Rasheen Crews 215-807-9255 or
foundationforabettersociety@gmail.com

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The Universal Family of Schools Community Day

"Education is A Family Affair"

Food, fun and entertainment for the Entire Family!

Join us!

10am – 4pm

Saturday, August 28, 2010

Universal Daroff Campus

5630 Vine Street

Philadelphia, PA 19139

Universal Institute Charter (UICS), Universal Daroff Charter (UDCS) and Universal Bluford Charter (UBCS) celebrate a new beginning in education for the Daroff and Bluford communities and the families we serve.

Universal Companies

800 South 15th Street

Philadelphia, PA 19146

215.732.6518

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The Mill Creek Association

presents

Second Treasures flea Market

Every Saturday and Sunday

9am – 5:30pm

5200 Wyalusing Ave. (inside the tennis courts)

Vendor information: 267.278.1142

EMPLOYMENT AND TRAINING OPPORTUNITIES

He who knows that enough is enough will always have enough. - Lao Tzu

Employment Opportunity with railroad

Great jobs for young men who aren't in college, and strong young women also! This is Obama money for "infrastructure" the jobs are located all over, paid training in Atlanta.

Training: You will attend two or three weeks of training at the Railroad Education & Development Institute in Atlanta , GA. CSX will pay for travel, lodging and meals as required by collective bargaining agreement.

Track Worker-030702

Job Summary: Work as a member of a crew to install new railroad track, maintain existing track and right-of-way. Replace or repair track switches with specific components. Slide and align tie plates. Drill holes through rails for insertion of bolts and tighten or loosen bolts at joints that hold ends or rails together. Correct deviations in track surface, alignment and gauge Cut rails to specific lengths etc.

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Pay Rate

Entry Rate \$19.36/hour

Full Rate \$21.52/hour

Promotional/ Advancement Opportunities: Under Maintenance of Way Collective Bargaining Agreement, Track Workers may be considered for advancement or promotion to other positions within the Engineering Department if qualified.

Machine Operator \$23.25 - \$24.81/hour

Welder Helper \$21.93/hour

Bridge Tender \$21.93/hour

Bridge Mechanic \$22.65/hour

Foreman \$22.71 - \$25.53/hour

Track Inspector \$23.98 - \$25.14/hour

Qualifications: High School diploma/GED; 18 years of age or older;

People of mediocre ability sometimes achieve outstanding success because they don't know when to quit. Most men succeed because they were determined to. - George Allen

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Valid
Driver's License

At CSX, two of the company's core values are People Make The Difference and Safety Is A Way of Life. We are committed to offering our team members the most competitive compensation and benefits package available, unlimited opportunities for development and growth throughout an exciting and rewarding career, and the safest work environment possible. CSX is an Equal Opportunity / Affirmative Action Employer that supports diversity in the workplace.

Apply online to this and other positions:

<http://www.csx.com/?fuseaction=careers.main>

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WURD-AM sponsors Radio Idol contest

WURD 900 AM is looking for people who want to be a talk show host. The contest runs through Labor Day. A Radio Idol winner will be selected at the end of August 2010 with the prize of hosting their own show in the fall.

Demo tapes for the contest can be emailed via mp3 files to
1341 N. Delaware Avenue,
Suite 300;
Philadelphia, PA 19125.

Audio Cassette, CD or 5-minute DVD videotapes can also be sent.
Call 215-425-7875 for more information.

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Temporary Summer Jobs for Oil Spill Clean-up

Please note the following announcement from Shamrock Environmental Corporation. Read carefully and respond as instructed.

**TEMPORARY WORKERS FOR GULF COAST OIL SPILL
NEEDED IMMEDIATELY**

Shamrock Environmental Corporation has been contracted to provide support personnel to assist with the oil spill clean-up throughout the Gulf Coast.

Areas where work may be performed are Louisiana, Mississippi, Alabama and Florida.

Our prime purpose in this life is to help others. And if you can't help them, at least don't hurt them. - The Dalai Lama

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All workers will require OSHA 40-hour Hazardous Waste Operator Training (WE WILL PROVIDE). Successful completion of a physical and drug screen are also required. Each applicant must be 18 years of age or older. The hours will vary but expect LOTS of overtime.

RATE OF PAY: \$13.00/hr. straight time

\$19.50/hr. overtime (after 40 hours/week)

PER DIEM: \$26.00/day for meals

LODGING: Provided

Work may include, but is not limited to manual labor associated with removing crude oil from impacted beaches, rocks, boom, or any other items that have come in contact with the oil. Technicians may be required to operate pressure washers, mops, rakes, shovels or a variety of other hand tools or small pieces of equipment while wearing proper protective gear. Work environment may include working on or near water, in marshland, beach and estuary locations in hot and humid conditions day or night.

Work is available IMMEDIATELY for safety conscious workers. Transportation to the Gulf Coast will be provided. The HR Group has been contracted to conduct this recruitment.

*Applications MUST be completed at:

<http://www.shamrockenviro.com/docs/ShamrockEmpApp.pdf>

Send resume to:

recruiter@shamrockenviro.com

<http://us.mc353.mail.yahoo.com/mc/compose?to=recruiter@shamrockenviro.com>

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HEALTH MATTERS

Too much fructose could raise your blood pressure

By Frederik Joelving

(Reuters Health) - Do you need a reason to cut down on sweetened beverages? Their fructose content might increase your blood pressure,

doctors said Thursday.

Creative ideas reside in people's minds but are trapped by fear or rejection. Create a judgment-free environment and you'll unleash a torrent of creativity. - Alex Osborn

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Although not all studies agree, the findings add to a growing body of evidence that too much of the ubiquitous sugar -- found in fruits as well as high-fructose corn syrup and table sugar -- can have important health consequences. (See Reuters Health story of May 24, 2010.)

High blood pressure, for example, increases the risk of strokes, heart disease and kidney failure.

Close to one in three Americans suffer from elevated blood pressure, a rate that has tripled in the past century, the researchers say in the Journal of the American Society of Nephrology. While the reasons aren't clear, diet and lifestyle changes are the main suspects.

To test the link between blood pressure and fructose, they used nationally representative survey data from more than 4,500 adults. The survey included questions about all sources of fructose, whereas most earlier studies had focused on soft drinks.

On average, they found, people said they consumed 74 grams of fructose per day -- roughly the amount in four soft drinks. Even though none of them had experienced blood pressure problems, about a third turned out to have borderline high blood pressure and eight percent had hypertension (readings of at least 140/90 mmHg, compared with normal values of 120/80 or less).

The more fructose their diet included, the more likely they were to have high blood pressure. Of course, that could have been influenced by a variety of factors, such as obesity and disease, or getting too much of other sugars, salt or alcohol.

But even when adjusting for all these factors, the odds of having high blood pressure increased in those whose fructose intake was above average. For the most severe form -- stage 2 hypertension -- the odds were 7 percent higher.

Given the new findings, people might want to think twice about what they throw into their shopping carts, said Dr. Michel Chonchol of the University of Colorado Denver, who worked on the study.

"In the grocery store, you see food without high-fructose corn syrup," he said, adding that it would make sense to reduce fructose intake by choosing those products and avoiding the ones containing added sugars.

After suffering a heart attack and having quadruple bypass surgery, a man woke up to find himself in a Catholic hospital with nuns taking care of him. As they nursed him back to health, one of the nuns asked him if he had health insurance.

"No," he replied, "No health insurance."

"Do you have any money in the bank?" asked the nun.

"No. No money in the bank."

The nun asked, "Do you have any relatives you could ask for help?"

The man replied, "I only have a spinster sister, who is a nun."

At this the nun became irritated. "Nuns are not spinsters. Nuns are married to God!"

"OK, then," said the man. "Send the bill to my brother-in-law." (Thx. Enrico)

Submit your own humor, and let our readers know how funny you can be. We obviously need the help. ;) (Family appropriate)

"There is no question that fructose itself appears to have effects that other sugars don't have," said Chonchol. The exact mechanisms are unclear, although several have been proposed, he added.

"What we need now are clinical trials, where you take people with hypertension and place them on a diet with low fructose and see if that lowers their blood pressure," said Rachel K. Johnson, a professor of nutrition at the University of Vermont in Burlington, who was not involved in the research.

Until then, she said the message is clear: "Sugar-sweetened beverages -- avoid, avoid, avoid! That's the major source of added sugars for Americans."

Getting fructose from eating fruits appears to be less of a problem, she said, perhaps because they also contain many healthful substances like antioxidants and fiber. Fruit has just 4 to 10 grams of fructose per serving, while a can of Coca-Cola has 39 grams of high-fructose corn syrup, about half of which is fructose (the rest is glucose).

Last year, Johnson helped prepare a statement about sugar and heart disease from the American Heart Association, which included dietary recommendations.

"For most American women," she advises, "no more than six teaspoons or 100 calories a day of added sugars, and no more than nine teaspoons for men."

That is less than one can of Coca-Cola.

In a press release about the new study, the Corn Refiners Association, a U.S. trade group, said the researchers had muddled the differences between fructose and glucose, the other half of high-fructose corn syrup and table sugar.

"The rise in glucose consumption also mirrors the dramatic rise in hypertension," the release said.

SOURCE: jasn.asnjournals.org/

Journal of the American Society of Nephrology, online July 1, 2010.

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*"Real integrity is doing the right thing, knowing that nobody's going to know whether you did it or not."
Oprah Winfrey*

Viagra-popping seniors lead the pack for STDs

By Frederik Joelving

(Reuters Health) - Even if you're past your prime and have a hard time getting an erection, you might still need to worry about unprotected sex, according to U.S. doctors.

In fact, they report in the *Annals of Internal Medicine*, the rate of sexually transmitted diseases (STDs) in older men taking erectile dysfunction drugs like Viagra is twice as high as in their non-medicated peers.

In both groups, however, the numbers are swelling. According to the Centers for Disease Control and Prevention, there were more than six new cases of STDs per 10,000 men over 40 in 2008, up almost 50 percent since 1996.

"Younger adults have far more STDs than older adults, but the rates are growing at far higher rates in older adults," said

Dr. Anupam B. Jena of Massachusetts General Hospital in Boston, who led the study.

While the reasons for this development aren't well understood, he said more divorces and better health might have conspired to boost sexual prowess and activity among graying heads.

The problem, however, is that older adults appear to flout safe sex practices. For instance, the researchers note, 50-year-olds are six times less likely to use a condom than men in their 20s.

"We are typically unaccustomed to practice safe sex over the age of 50, because the risk of pregnancy is eliminated," Jena told Reuters Health.

To test whether the introduction of Viagra in 1998 might explain some of the STD surge, Jena and colleagues examined insurance records for more than 1.4 million U.S. men over 40. The average age in the study was about 60 years.

The most commonly found STD was HIV, followed by Chlamydia, syphilis and gonorrhea.

Among the few percent of men who had filled prescriptions for erectile dysfunction drugs, more than two in a thousand had been treated for an

STD in the year before they got the drug.

Winnie and I lived in a house that ran on static electricity... If you wanted to run the blender, you had to rub balloons on your head. If you wanted to cook, you had to pull off a sweater real quick. - Steven Wright

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The Raw Family Newsletter
<http://www.rawfamily.com/>

A year later, the number dropped to half that, suggesting that Viagra and its chemical cousins didn't fuel STDs.

However, the risk of contracting an STD turned out to be more than twice as high in men taking erectile dysfunction drugs compared with those who didn't.

"These users have a different sexual risk profile than non-users," said Jena, adding that the data didn't reveal any good explanation.

In an editorial, Dr. Thomas Fekete, of Temple University School of Medicine in Philadelphia, noted that it would have been valuable to know more about the frequency of sexual encounters, sexual partners and orientation.

He added that prevention strategies should still be directed at younger age groups, whose STD risk is at least 10 times higher than in middle-aged and older adults.

Still, he said, the authors remind us "that men older than 40 years remain sexually active, even if they need chemical assistance to do so. This study also serves as a reminder that sex after age 40 years is not necessarily safe."

Jena recommended that doctors take a few minutes to discuss safe sex with older men when they prescribe Viagra.

His advice? "Look, just realize that you are at higher risk for STDs, and try to be careful like you used to be 30 years ago."

SOURCE: www.annals.org/

Annals of Internal Medicine, online July 5, 2010.

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Experts say 40 percent of cancers could be prevented Kate Kelland

LONDON (Reuters) - Forty percent of the 12 million people diagnosed with cancer worldwide each year could avert the killer disease by protecting themselves against infections and changing their lifestyles,

Read the full story

<http://www.reuters.com/article/idUSTRE6113PX20100202?feedType=nl&feedName=ushealth600>

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One day, a teacher was talking to her first grade class about whales when a little girl had a question.

Little Girl: "Do whales swallow people?"

Teacher: "No, even though they are much bigger than a person, they have throat pleats that filter their food of krill and plankton.

Little Girl: "But Mrs. Thurston says Jonah was swallowed by a whale."

Teacher getting angry: "Blue whales cannot swallow people."

Little Girl: "Well, when I get to heaven I'll just ask Jonah if he was really swallowed by a whale."

Teacher, still red with anger: "What if Jonah went to hell?"

Girl: "Well, then you can ask him."

(Thx. Joseph Ashe)

Get Fresh!

Volunteer with Philabundance Fresh for All

You recycle out the wazoo and consider yourself consigliore of the enviro-sack mafia.

Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All programs.

And you can help by volunteering.

The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times.

With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls).

Looking for something physical?

Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need. And that's a green movement to be proud of.

To participate in Fresh for All, contact Tunisia Garnett (215-339-0900 ext. 238 or tgarnett@philabundance.org).

For more information, go to www.philabundance.org

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Tips for making oatmeal appealing to kids

<http://advison.webevents.yahoo.com/mompowergroup/>

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GREEN PIECE

FEMA'S READY CAMPAIGN AND CITIZEN CORPS ENCOURAGE PARTICIPATION IN THE NATIONAL PREPAREDNESS MONTH COALITION

Seventh annual National Preparedness Month, in September, encourages Americans to take steps to prepare

WASHINGTON - The Federal Emergency Management Agency (FEMA)

Don't let anything stop you. There will be times when you'll be disappointed, but you can't stop. Make yourself the very best that you can make of what you are. The very best. - Sadie T. Alexander

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today announced that to date more than 1,900 national, regional, tribal, state and local organizations and businesses have pledged their support and joined the 2010 National Preparedness Month (NPM) Coalition. This is approximately 200 more than last year at this time. The registration for the Coalition continues through September.

This September marks the seventh annual NPM. Led by FEMA's Ready Campaign in partnership with Citizen Corps and The Advertising Council, NPM is a nationwide effort encouraging individuals, families, businesses and communities to work together and take action to prepare for emergencies.

NPM Coalition members will sponsor events and activities throughout the month highlighting the steps that individuals, families and communities can take to prepare. Ready and The Advertising Council will also introduce new Spanish-language public service advertisements in conjunction with NPM activities. Additionally, the Ready Campaign released a new NPM Widget to help promote the month.

"National Preparedness Month is a great way to get Americans and our communities and businesses to come together in planning and preparing for a disaster," said FEMA Administrator Craig Fugate. "Disasters can hit any place, any time, so it's essential that we take concrete steps together, now, to ensure a better response later."

This year, NPM focuses on encouraging all Americans to take active steps toward getting involved and becoming prepared. Preparedness is everyone's responsibility. Americans have to work together as a team to ensure that individuals, families and communities are ready. Individuals are encouraged to: make a family emergency plan; put together an emergency supply kit; be prepared to help your neighbor; and work as a team to keep everyone safe.

National Preparedness Month Coalition membership is open to all public and private sector organizations. [Click here](#)

<<http://www.ready.gov/america/npm10/index.html>> to register for membership.

Follow FEMA online at www.twitter.com/fema, www.facebook.com/fema, and www.youtube.com/fema. Also, follow Administrator Craig Fugate's activities at www.twitter.com/craigatfema. The social media links provided are for reference only. FEMA does not endorse any non-government websites, companies or applications.

Hereeeeeeeeeeeeeees...
Kathy's Korner!

When the new patient was settled comfortably on the couch, the physiatrist began his therapy session, "I'm not aware of your problem," the doctor said. "So perhaps, you should start at the very beginning." "Of course." replied the patient. "In the beginning, I created the Heavens and the Earth..."

(Kathy Parsons is a regular contributor.)

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: [News From The Coalition, Inc.](#)

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FEMA's mission is to support our citizens and first responders to ensure that as a nation we work together to build, sustain, and improve our capability to prepare for, protect against, respond to, recover from, and mitigate all hazards.

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Don't throw your old TVs away!

All electronics can be dropped off for recycling at either
Domino Lane & Umbria St.

or

State Rd. & Ashburner St. in Philadelphia

at the

Streets Department Sanitation Convenience Centers,

Monday through Saturday

8:00 am to 6:00 pm.

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Weavers Way #5 plastics recycling resumes

Fellow Recyclers,

Weavers Way collection of #5 plastics, which are not included in the City's recycling program, will be on the 3rd Saturday of each month:
June 19th.

The collections take place at the co-op's garage,
at 542 Carpenter Lane,

which is across the street and a bit further down the block from the Big Blue Marble bookstore.

Please note that we need volunteers to keep this project going. (Weavers Way members can get work credit for helping us; work shifts are available on co-op's the online calendar.)

The #5 category includes yogurt cups, sour cream containers, hummus tubs, some medicine bottles, and more. Your recyclables must be clean and dry to be accepted. Check to make sure there are no other materials (paper, screws, other number plastics) on the items you bring in. Impurities of any kind compromise the recycling process and usually lead to the discarding of an entire batch. Exclude any lids unless they are clearly marked #5. (Most lids from #5 containers are #4 plastic, but this is not always the case.)

Battle of the sexes:

A woman knows all about her children. She knows about their best friends, romances, secret hopes and dreams, favorite foods, fears and dental appointments. A man is vaguely aware of some short people living in the house.

We ask recyclers for a small donation to cover postage costs of mailing the recyclables to the Gimme 5 processing facility in New York.

Before bringing your #5s to the collection, be sure that they meet the requirements for Gimme 5:

All items must be CLEAN and DRY. If they contained food or any oily or dirty product, make sure they have been washed, not just rinsed. Items stacked when wet tend to stay wet, so allow washed items to dry fully before stacking or packing.

The #5 stamp needs to be visible on each item. Lids are separate items.

Don't assume lids are the same number plastic as the container; sometimes they are but usually they are not. Check to make sure there are no other materials (labels, paper, and other number plastics, metal) on the items you bring in.

Brita filters are also welcome! Let them air dry for several days to make sure they are completely dry.

We'll see you soon!

Carolyn, Helen, Priscilla and Stevik
of the Weavers Way Environment Committee

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Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

For sustainable enterprise go to Green Jobs Philly
<http://www.greenjobsphilly.org/news>

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[40 Ways to Save on Almost Anything](#)

PERSONAL AND HOME SECURITY

Being Safe and Cautious When Travelling

Traveling, as anything in life, can have some risks involved. We always question ourselves, What if "blank" happens? Well, there's always a "what if..." on our mind but if we are cautious we can prevent those "what ifs" from happening and have an amazing trip!

It doesn't matter if you're traveling alone, with friends, or with fellow travelers you met on your way; there are basic precautions and approaches

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you should try to keep your trip as safe as possible while still having a good time. Our friend Norbert Figueroa from Globotreks shares his tips.

First and foremost, be cautious.

We all want to explore everything, but use your common sense. If you see a desolate area that doesn't seem too safe, stay away from it. Or at least don't go by yourself. If you have a local host at your destination, have them go with you; they might know how safe or not the area is. Also, try not walking by yourself on dangerous-looking alleys or late at night.

Be as friendly as you can, but don't be a simple open book.

If hanging with fellow travelers you met on the way, no matter how friendly they are, keep in mind that they are virtually strangers. So, be careful what you share with them and how you share it.

You should be alert and pay attention to your surroundings.

That includes people too. Always keep an eye on your stuff so you don't become an easy target to pickpockets and thieves.

When in Rome, do as the Romans do...

I know you've heard that one before. Right? Well, the phrase says it all. This helps from attracting the wrong attention or from unknowingly insulting a different culture.

Try being inconspicuous.

Of course that big backpack on your back doesn't help achieve this, right? But, when not carrying your backpack try looking as less touristy as you can. It's kind of cliché to have that tourist look by wearing the "I love NY" (or whatever destination) t-shirt and by wearing that big flag patch from your country on your bag. You know... dress as you would dress normally back at home and dress appropriately for the place (i.e. sacred places, museums, etc.).

There's nothing better than being confident while traveling.

This is key to any traveler. Be confident or at least fake it. Act like you know where you are even if you don't. Even though there's nothing

A positive attitude may not solve all your problems, but it will annoy enough people to make it worth the effort. - Herm Albright

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wrong with this, but flapping your map in the middle of a crowded street will definitely attract some attention, specially the scammers' attention. Doing that just made you an easy target. So, if you need some direction, ask someone (still with confidence) or go inside a store or café and peek your map.

Always be polite.

Not only it's a good manner but also a way to have a good standing among other people. Don't offend the locals with rude and crass behavior. You don't have to be goody two-shoes but at least have a common sense of behavior.

So, these are just some "safety and approach" tips that will help you have a fun and amazing trip while being safe and cautious. After all, you are traveling to have fun, right? Thought so... Being cautious is not about restricting yourself, it is about having common sense. Exercise it!

Source:

<http://journals.worldnomads.com/safetyhub/story/59196/Worldwide/Being-Safe-and-Cautious-When-Travelling>

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For a more aggressive role in your protection:

www.selfdefensewithanattitude.com

GRANTS, SCHOLARSHIPS & INSTRUCTION

Philadelphia Development Partnership's
Business Skills Course
The Bourse Building.
111 S. Independence Mall East, Suite 810

Philadelphia Development Partnership's Business Skills Course is a multi-part course that is designed to teach the fundamentals of running a small business.

- Obtain financing
- Learn from experts in your industry
- Network with fellow entrepreneurs
- Work with business consultants FREE!

The multi-part class begins on
September, 21st 2010

The goal of an effective leader is to recondition your team to be solution focused rather than problem focused. - Jim Rohn

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Orientation - September 14th

Cost: \$95.00

Contact: Theo Thompson

(215) 545-3100 ext 222

or TThompson@pdp-inc.org

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USDA offers Hunger-Free Communities grants

The US Department of Agriculture is offering Hunger-Free Communities grants to help cities and towns across the country fight hunger and food insecurity and promote healthy eating.

The grants will help fund research, planning and hunger relief activities such as food distribution, community outreach, development of new resources, and strategies to reduce or prevent hunger and food insecurity.

Two models of grants are available: planning and assessment grants or implementation grants.

For more information, [go here](#).

<http://www.fns.usda.gov/fns/outreach/grants/hfc_grants.htm>

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Foundation offers Banned Books Week grants

The American Library Association's Freedom to Read Foundation will

Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine as children do. It's not just in some of us; it is in everyone. And as we let our own lights shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others. - Nelson Mandela

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provide two grants — one for \$2,500 and one for \$1,000 — to two organizations to support "Read-Outs" celebrating Banned Books Week 2010, from

September 25th to October 2nd.

A Banned Books Week Read-Out is an event during which people celebrate the freedom to read by gathering to read from books that have been banned or challenged over the years.

To apply for a grant, organizations are required to submit an event description, timeline, and budget with their application, as well as agree to provide a written report and video to FTRF following Banned Books Week.

For more information, go [here](#).

< <http://ala.org/ala/newspresscenter/news/pr.cfm?id=4570>>

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[Aspen Institute](#) offers scholarships to students of color

The Aspen Institute Program on Philanthropy and Social Innovation in Washington is offering scholarships to introduce a diverse group of students to issues and challenges affecting philanthropy, social enterprise, nonprofit organizations, and other actors in the social sector. The \$2,000 fellowship, which is based on academic excellence and need, is open to both undergraduate and graduate students of color. Fellows undertake research, writing, logistical, and administrative support for PSI's leadership initiatives, public programs, and convenings.

Application guidelines are available [here](#).

200 Free Scholarships For Minorities (NEW UPDATED 2010 LISTINGS)

<http://www.blackexcel.org/200-Scholarships.html>

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HIV/AIDS Prevention Workshop

Workshop Summary

Culturally-Relevant Communication about HIV/AIDS is an interactive and user-friendly workshop. Ivan J. Juzang, MEE President and Founder will examine the environmental influences, attitudes and behaviors and unique communication style of urban, ethnic and other hard-to-reach audiences; review theories and techniques for developing cost-effective and culturally-relevant communication strategies; and then show session

We are told that talent creates its own opportunities. But it sometimes seems that intense desire creates not only its own opportunities, but its own talents. - Eric Hoffer

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attendees how to apply these learnings to their own HIV/AIDS testing programs, prevention services and outreach efforts.

Learning Objectives

After attending the session, attendees will have the background necessary to more effectively communicate with their target audiences about sex, sexuality and HIV/AIDS. They will also have a clearer understanding of media consumption patterns and other social factors that impact sexual decision-making; and the attitudes, motivations and perceptions of minorities on healthy sexuality and HIV/AIDS prevention, testing and treatment. Such information will help interventionists, community-based organizations and service providers develop innovative and effective messages and services targeted to minority audiences.

Workshop Description:

Topics explored during the session include:

The environmental context, peer group dynamics and social interactions that influence sexual behaviors;
How service providers can be more culturally aware, and increase the effectiveness of their outreach, media and materials; and
Strategies for attracting the hardest-to-reach audiences to HIV-prevention, testing and treatment programs.

For more information on other workshops and schedules visit their [website](#)

To inquire about a MEE Workshop at Your Organization call 215.829.4920 or Email [here](#)

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At- Risk Youth

Annie E. Casey Foundation

<http://www.aecf.org>

A private charitable organization dedicated to helping build better futures for disadvantaged children in the United States. The foundation offers community-focused grants. The site also has several publications.

Provides funding to both 501(c)(3) and local/state government.

Organizations wishing to send a proposal to the Foundation should submit a letter of no more than three pages explaining the organization and its project and how the money will be used. Send the letters to: The AEC Foundation; Attn: Office of the President; 701 Saint Paul St.; Baltimore,

Success is to be measured not so much by the position that one has reached in life as by the obstacles which have been overcome while trying to succeed. - Booker T. Washington

MD 21202.

Phone: 410-547-6600

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AOL Time Warner Foundation

<http://aoltimewarnerfoundation.org>

The AOL Time Warner Foundation is dedicated to using the power of media, communications and information technology to serve the public interest and strengthen society. However, rather than simply providing grant monies or funding unsolicited requests, the foundation prefers to enter into sustainable strategic partnerships with organizations that have a demonstrated commitment to pioneering innovative ways of meeting four priorities: Equipping kids for the 21st century; Extending Internet benefits to all; Engaging communities in the arts; and Empowering citizens and civic participation.

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AT&T Foundation

<http://www.att.com/foundation>

The AT&T Foundation seeks to educate, enrich, engage, and empower the communities served by AT&T. The Foundation's funding areas are education, civic and community service, and arts and culture.

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Beaumont Foundation

<http://www.bmtfoundation.com/grants/>

The Beaumont Foundation of America (BFA), a non-profit philanthropic organization, is dedicated to the enriching the lives of individuals by providing technology to historically underserved schools and communities. The foundation believes technologies are essential tools for progress in the 21st century, and that given access to digital information, people will have an equal opportunity to advance socially, economically and intellectually.

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The Student Achievement Grants program provides grants of \$5,000 each to improve the academic achievement of students by engaging in critical thinking and problem solving that deepen knowledge of standards-based subject matter. The work should also improve students' habits of inquiry, self-directed learning, and critical reflection. Proposals for work resulting in low-income and minority student success with honors, advanced placement, and other challenging curricula are particularly encouraged. Grant funds may be used for resource materials, supplies,

Anger is the most impotent of passions. It affects nothing it touches and hurts the one who is possessed by it more than the one against whom it is directed. - Claredon

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equipment, transportation, software, and scholars-in-residence. Applicants must be practicing U.S. public school teachers in grades K-12, public school education support professionals, or faculty and staff at public higher education institutions.

Visit the NEA Foundation Web site for complete grant program information.

RFP Link: <http://fconline.foundationcenter.org/pnd/15016125/neaafd>

For additional RFPs in Education, visit:

http://foundationcenter.org/pnd/rfp/cat_education.jhtml

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NIH Summer Institute on Community-Based Participatory Research

The National Institutes of Health has announced the 2nd summer institute. We are thrilled to see that the organizers have responded to Community-Campus Partnerships for Health's (CCPH) comments on last year's summer institute.

When the 1st NIH institute on CBPR was announced, CCPH expressed concern about its exclusive focus on academic researchers.

In CBPR, the community is involved at the very start of the research, so it was incongruent that the institute did not include the community partners or acknowledge the possibility of a community partner as a principal investigator or co-PI.

This summer's institute has been designed for community-academic partner teams (see below for details).

CCPH has successfully implemented community-academic partner team-based model of CBPR training:

http://depts.washington.edu/ccph/pdf_files/2005CBPRInstituteApp3-25.pdf

and

http://depts.washington.edu/ccph/pdf_files/2005%20Summer%20Institute%20Agenda.pdf

The training curriculum, "Developing and Sustaining CBPR Partnerships" is available online at www.cbprcurriculum.info.

If you're interested in bringing a CBPR training workshop or institute to your location, contact CCPH senior consultant Rachel Vaughn at sliccph@mcw.edu for more information.

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Banta Company Foundation

The Banta Company Foundation provides funding for at-risk youth and delinquency prevention initiatives. The funds can be used for equipment,

Q. How many ears did Davy Crockett have?

A. Three - his left ear, his right ear, and his wild front ear.

(Ethan Pollard age 9)

general/operating expenses, seed money, program development, as well as other areas. For more information please contact:

Banta Company Foundation
225 Main Street
PO Box 8003
Menasha, WI 54952-8003.

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Best Buy Children's Foundation

<http://communications.bestbuy.com/communityrelations/>

The mission of the Best Buy Children's Foundation is to improve the lives of youth aged 5 - 18 in communities where Best Buy maintains a business presence. The Foundation awards grants to nonprofit organizations with innovative approaches to developing life skills in young people through education, mentoring, and leadership development. Funds can be used for: program development; direct project support; specific curriculum development; and scholarship aid for participants in life skills or mentoring programs. The Foundation typically awards grants ranging from \$2000 - \$10,000 to nonprofits.

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Healthy Community Outreach Program

will be granted to nonprofit organizations to support grassroots efforts which increase awareness on critical health initiatives through health walks, health fairs and health education outreach.

Grants up to \$25,000 will be considered.

Please provide all levels of event sponsorships on your application. Nonprofit organizations with evidence of IRS 501(c)(3) designation or de facto tax-exempt status may apply for a grant, with the following exceptions: advertising; capital campaigns; grants or scholarships to individuals; multiyear requests; political causes and events; or religious organizations in support of their sacramental or theological functions.

http://www.aetna.com/foundation/grants_reg/guidelines.html>Awards

Ongoing Deadline

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Ben and Jerry's Foundation

Ben and Jerry's Foundation has no specific program areas. The Foundation seeks projects that lead to societal change or address the root causes of problems. The Foundation awards grants ranging in amount from \$1,000 to \$15,000. Applicants must submit a letter of interest at any time during the year.

<http://www.benjerry.com/foundation/index.html>

A policeman was taking a vandalism report at an elementary school when he was interrupted by a six year old girl. She looked up and down at his uniform and asked, "Are you a policeman?"

"Yes, I am," he said.

"My mother told me that if I ever needed help I should ask a policeman. Is that right," the girl asked.

"Yes it is," said the policeman.

The girl extended her foot to the policeman and said, "OK, then, would you tie my shoe?"

(Thx Brittney, age 8)

AFRICAN AMERICAN STUDENTS ARE NOT APPLYING FOR SCHOLARSHIPS

Even if you do not have a college-aged child at home, please share this with someone who does, pass this scholarship information on to anyone and everyone that comes to mind. Though there are a number of companies and organizations that have donated moneys for scholarship use to African Americans, a great deal of the money is being returned because of a lack of interest.

No one is going to knock on our doors and ask if we can use a scholarship.

Take the initiative to get your children involved. There is no need for money to be returned to donating companies because we fail to apply for it.

Please pass this information on to family members, nieces, nephews, and friends with children etc. We must get the word out that money is available. If you are a college student or getting ready to become one, you probably already know how useful additional money can be. Our youth really could use these scholarships. Thanks!!

For a list of scholarships please visit our group 'The Coalition, Inc.'

<http://groups.google.com/group/coalition-the>

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SpotLight On Our Efforts

Dear Friends:

We are reaching out to you today with exciting news. **Moms Against Guns** is officially joining forces with **CeaseFirePA**.

This union represents more voices, more power and more resources to fight one Pennsylvania's most contentious issues: illegal guns. While we have loosely partnered with CeaseFirePA in the past and stand at their side as they advocate for better gun laws, there has never been a formal partnership. Tomorrow, that will change.

Benvenuto a Miami

Hurricane season runs from June through November. Anyone visiting Florida during these months can expect to turn on their TV and see warning news reports showing a white radar blip hundreds of miles away. The news reports will stress two points.

1. Don't Panic

2. This blob may be coming your way to kill you, or if you're lucky, just leave you homeless.

Preparing for a Hurricane

Don't Forget the Chickens

You'll want to be sure to get a few chickens. They come in handy, not for eating, but to feed the alligators that will appear after the storm.

And we wanted to make sure that you're the first to know before this news goes public. You've been a staunch supporter of Moms Against Guns - many since we began this fight together at a public rally in Philadelphia's Love Park in 2007.

Since then - we've made great strides.

But the economic and political climate is now different than it was in 2007. Since our economy took such a dramatic turn two years ago, nonprofit groups like CeaseFirePA and other advocacy and service organizations have been trying to do more with less.

In a rocky political and economic environment, it's increasingly difficult to get an issue - like limiting illegal guns and the violence they create in our state - in front of the most influential decision makers in Harrisburg. Without a unified voice on this issue, we are all at risk of appearing less organized and powerful when we stand against the gun lobby.

We feel proud and privileged to serve among Ceasefire's constituencies and we know this affiliation offers new strength and opportunity. We have the utmost respect, confidence and admiration for the leadership of Phil Goldsmith, its board president, and Joe Grace, its executive director.

It is our hope that our participation on the board and the force of our combined voices will increase the overall capacity and power to fight in a more organized way for better, safer gun laws.

Today we have garnered close to 7,000 signatures on our petition - thanks to your efforts. But we're far from our goal. We set an ambitious goal of 50,000 signatures, but that goal was not arbitrary. We were told by political advisors that 10,000 signatures would get some policymakers' attention; and 25,000 would show we were serious. But 50,000 could turn a vote - that's why we set this bold goal.

Our joining with CeaseFirePA offers us the opportunity to reach more people (voters) so we can reach our 50,000 signature goal. In turn, we offer CeaseFirePA new constituents, new ideas, and more leverage.

We will continue to personally answer your emails and we'd like to hear from you. After our websites have been integrated, which should happen by mid- summer, you will have the full capacity of CeaseFire's advocacy, strategic advice and direction, as well as the opportunity to volunteer, donate if you wish, or help secure more petition signatures.

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As founder of Moms Against Guns, I have been invited to be a new vice president of the CeaseFirePA board, and one of Philadelphia's most influential social activists - Project H.O.M.E. president and co-founder, Sister Mary Scullion - has also agreed to join the CeaseFirePA board with me.

We hope you will continue to partner with the new and improved "us" -- CeaseFire and Moms Against Guns. Your voices and vision have never been more needed.

Thank you with all of our hearts for all you have done so far. If we work together - we can and will prevail.

Sincerely,

Lynne Honickman

Founder

Moms Against Guns

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Partners sought for youth action teams

Since 1997, Motivational Educational Entertainment, Inc has implemented a unique youth employment model in which it hires and trains local youth to conduct peer-to-peer outreach to deliver health promotion messages to their community.

Most recently, MEE implemented Community Action Teams as part of its Blueprint for a Safer Philadelphia campaign, through which it provided employment, life skills and self efficacy and leadership training for 100 young people.

MEE is seeking strategic partners to pursue or use available grant money for summer employment programs in other locations, and is reaching out to organizations that have access to youth and workforce development funds.

CAT participants can help in developing leadership skills and a positive self-image, receive training in important life, academic and communications skills, gain exposure to new experiences, people and places, earn money and incentives as compensation for their participation, build their resumes with outreach and communications experience, and earn community service credits for high school.

For more information, call William Juzang at 215-829-4920 or [email](#)

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Laughing helps. It's like jogging on the inside.
-- Unknown.

JOIN THE COALITION, INC!

To join The Coalition go to:

TheCoalitionInc.net
and download a copy of the Pledge of Commitment and return it to us
the.pa.coalition@gmail.com

Website Offers Revolutionary Green Alternatives for Communities/Nations

Greetings. I hope that you and your business/ organizations are all doing well. As we enter into a new year, I expect that many of us have already envisioned what we would like to accomplish in this new year. As long as we have positive intentions for not just ourselves but also our fellow inhabitants on this planet as well as the mother Earth herself, may the Creator of the Universe bless our visions and goals to become a material manifestation.

I would like to invite everyone to visit
<http://africanindependence.org/Projects.aspx>

I am one of the co-founders of this organization. While the initiative of this organization focuses on improving the lives of the African Diaspora and building up eco-friendly, peaceful, self sustaining and prosperous communities in their ancestral lands, we extend a welcome hand for all to check a part of our vision out by visiting our site. Our site was put in video format for simplicity and visuals to keep the interests of our visitors. When you first click on the provided website address, you will notice that we begin with our goals on dealing with electricity. There are actually two clips explaining the same technology, we recommend the second clip for a more detailed explanation on how this technology works. The following two clips deals with how we plan on providing clean water to the citizens and then water recycling.

The fifth video demonstrates how sewer systems are unnecessary. There are many issues that we tackle on our site. We are currently in talks with university and reverse engineers to have these technologies made at a lower cost and with high quality specifications. Any feedback or suggestions is welcome and any donations would be highly appreciated.

There is a lot of useful information and we encourage all to take advantage of it and to view it for themselves, we're confident that you will be excited as we are once you see the potential in such technology.

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*If you keep on saying
things are going to be bad,
you have a good chance
of being a prophet. - Isaac
Bashevis Singer*

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ARTS FOR AWARENESS

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

Ursula Rucker comes to Scribe Video

Thursday evenings
to teach Poetry for Stage and Camera.
Register today at 215-222-4201.

Scribe Video Center
4212 Chestnut Street
Philadelphia PA 19104
inquiry@scribe.org

Hours of Operation:

Monday through Friday, 11:00 am to 7:00 pm
(or 9:00 pm on workshop nights).

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Jus' Words at Dowlings Place

1310 No. Broad St. Phila
Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

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COMING UP

Make your reservations today.

**The Business Center For Entrepreneurship
&
Social Enterprise Business Plan Classes**
7500 Germantown Avenue,

Elders Hall, Suite 113.

12 Week Classes: Thurs, Sept 16 - Dec 16 @ 6:30PM - 8:30PM

8 Week Classes: Saturdays, Sept 25 - Nov 20 @ 9AM - 12PM

Cost: \$350 after August 6th

Contact: 215-247-2473

www.thebizcenter.com

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* * * Outside PA * * *

KIDflix FILM FESTIVAL

Friday - August 27 – 7:30 pm

www.africanfilmny.org

for schedule information, synopses and more details on what's to come!

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COMPUTERS AND TECHNOLOGY

Group offers low-cost web access to nonprofits

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

Much unhappiness results from our inability to remember the nice things that happen to us. - W.N. Rieger

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If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

Send your information to: [News From The Coalition, Inc.](#)

All entries for submission should be received by noon, the Monday prior to publish date and in [Press Release form](#).

A HAND UP!

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

I am the founder of the **C.N.A.s (Christians "N" Action)**

which is a ministry that has a heart for people and their needs. We feed our community on a weekly basis and provide clothing to them but, lately we haven't been able to because we have been out of funds. I have tried to solicit funds for some time now. No one seems to be able to help. While prayers are fine people still need food. The provisions have come out-of-pocket (mine) up until this time, but I have run dry. I believe that people want to make a change in their lives if some of us are willing to lend a hand.

"CHRISTINA SHERMAN" passionatepromos@yahoo.com
(864) 207-0488

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Skip A Meal For Haiti

Most Americans eat at least three meals a day. Some eat more often. Millions of people in Haiti have not had a meal in one week and a good meal in recent memory. Will you skip a meal for the people of Haiti and send the money to a relief agency?

Will you not eat one meal, on one day so that they can eat for a week?

The cost of lunch at almost any affordable restaurant in America is between \$5.00 and \$14.00. Some restaurants have menus that serve four and five course dinners that can cost as much as \$100.00 per person, not including beverages. For as little as two dollars a day, you can help provide food, drinking water and some sanitation supplies for a Haitian child or adult. A \$14.00 contribution can help feed and hydrate a Haitian child for a week. We can all afford to make a difference!

The Black Star Project is asking you to miss at least one meal this week for the people of Haiti and to send the money that you would have spent on your breakfast, lunch or dinner to a relief fund that is on the ground working in Haiti.

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Many people say they want to go to Haiti to help those affected by the earthquake. The cost of a round trip flight from New York City to Port-au-Prince, Haiti is more than \$2,000.00. Decent hotel lodging, which is virtually impossible to find in Haiti, might cost another \$2,000.00 for one week. And your mouth would become another mouth to feed of more than 2 million people who need food and water day.

Instead of going to Haiti, will you miss a lunch for Haiti and send the money you would have spent on that lunch to one of the on-the-ground relief agencies listed below:

The Black Star Project (773.285.9600) recommends that you send your contributions to:

Yele Haiti (Wyclef Jean's Relief Effort) at www.yele.org or text YELE to 501501 to donate \$5.00 on your phone bill

UNICEF at www.unicefusa.org or call 800.367.5437

Doctors Without Borders at www.doctorswithoutborders.org or call 888.392.0392

American Red Cross at www.redcross.org or call 800.REDCROSS (800.733.2767) or 800.257.7575 (Español)

Partners in Health at www.pih.org or call 617.432.5256

Charity water at <http://www.charitywater.org>

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America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at:

<http://nofullprices.net>

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in

There are hundreds of tasks we feel we must accomplish in the day, but if we do not take them one at a time and let them pass through the day slowly and evenly, as do the grains of sand passing through the narrow neck of the hourglass, then we are bound to break our own physical and mental structure. - Ted Bergernine

any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons?

A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Ladies and Gentlemen:

I know of an excellent Charter School, you may have heard of it,
"Knowledge Is Power Program"
(KIPP).

It has 80% of its students continue on to college and it only goes up to the 8th grade. It's fairly new with such a high success rate already. You may have heard of it.

Now they are expanding to 9th grade and possibly beyond, but they are in need of a building. I was hoping if anyone could help find a location or know of somewhere. It would be greatly appreciated by our future professionals, CEO's and potential politicians of America and me :)

Please contact me, my information is below, or Mr. Aaron Bass, Principal
267-249-6089.

Thank you for your consideration in this matter. Have a Great Day.

Virginia D. Smith, Asst - MDT
Department of Human Services
Special Family Focus Services
215-300-2949 - Cell
215-683-6381 - Office
215-683-6408 - Fax

virginia.d.smith@phila.gov

May God Bless You Always in All Ways

*The Bible, Through the
Eyes of a Child*

*Here's our version of the
stories of the Bible if they
were to be told by a child.*

Noah

*The next important person
was Noah. He was a really
good guy, but one of his
kids was a Ham. Noah built
a big boat in his back yard
and put his family and a lot
of animals in it. He asked
his neighbors to join them,
but they said they would
have to take a rain check.*

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Volunteer In Africa **Explore a Continent of Contrasts while Volunteering in Africa**

For over a decade, Cross-Cultural Solutions has supported thousands of volunteers in Africa on programs in Ghana, Morocco, South Africa and Tanzania.

CCS volunteers work side-by-side with local people in community organizations focused on supporting social services, education, and health initiatives.

Discover one of the world's most diverse continents and see firsthand the challenges it faces and how you can make a positive impact with CCS.

Go to: www.cross-cultural-solutions.org

IT'S HERE!!

Our group A HAND UP! Is now open, please go to:

[A HAND UP!](#)

In response to the needs of many grassroots organizations for the basic tools to implement and sustain their ideas and projects, The Coalition, Inc. members have come together to establish a network to facilitate the distribution/re-distribution of unwanted, unneeded, surplus and even repairable items for recycling.

To join: [A Hand Up!](#)

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

WORD-OF- THE-WEEK

matutinal \muh-
TOOT-n-uhl\
Relating to or
occurring in the
morning; early.

Remember to support The Coalition, Inc.'s on-air personalities...

Sister Phile Chionesu, organizer of the Million Woman March,
"Nu Day Resurrection and Liberation" Show LIVE each Saturday
evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at:
www.blogtalkradio.com/empresschi Or you can tune in via podcast at

646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to mwmsistahood@aol.com to chat on line.