



We all hold a piece to the puzzle
Friday 03 September 2010

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News From The Coalition, Inc.

“Communication – Cooperation – Collaboration”

Volume 5, Number 06

Greetings Coalition Family!

To laugh often and much; to win the respect of intelligent people and the affection of children; to earn the appreciation of honest critics and endure the betrayal of false friends; to appreciate beauty, to find the best in others; to leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; to know even one life has breathed easier because you have lived. That is to have succeeded...Ralph Waldo Emerson

A tip of the proverbial hat to all the unsung, unrecognized and often underappreciated volunteers who only want to make life better for themselves and others.

Help reduce organizational paranoia, share ideas and solutions, “Communicate... Cooperate... Collaborate” We each hold a piece to the puzzle.

FOR OUR CHILDREN

“It is easier to build children than it is to repair men.”...Frederick Douglass

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HOUSE OF UMOJA, INC. LEADS 2010 NATIONAL MILLION FATHER MARCH IN CITY OF PHILADELPHIA UNDER THEME “VIOLENCE FREE SCHOOLS”

On Tuesday, 7 September 2010 – the first day of the 2010-2011 academic year for the School District of Philadelphia -- Fathers throughout the City of Philadelphia will participate in the

2010 National Million Father March

by escorting their children to school. The House of Umoja, Inc. (www.houseofumoja.org) is organizing and leading the 2010 National Million Father March under the theme “Violence Free Schools” throughout the City of Philadelphia. The City of Philadelphia is one of approximately 600 American cities participating in the 2010 National Million Fathers March which is facilitated by Phillip Jackson, its creator, and the Founder and Executive Director of the Chicago, Illinois-based Black Star Project (www.blackstarproject.org).

“The theme for the 2010 National Million Fathers March in the City of Philadelphia is ‘Violence Free Schools’.

We are asking all Fathers in every neighborhood throughout the City of Philadelphia to escort their children to school on

Tuesday, 7 September 2010;

to pick up a copy of their child’s academic roster and the Academic Calendar of Events from their child’s school; and to encourage their child to commit to nonviolence by signing the Imani Pledge™. We would like Fathers to meet the principal and teachers of their child’s school. We are calling on Fatherhood Practitioners, social entrepreneurs, male parenting organizations, faith-based organizations, religious institutions, businesses, legislators, grassroots community organizations, health care professionals and providers, social services professionals and providers, and concerned citizens throughout the City of Philadelphia to encourage Fathers to participate in the 2010 National Million Father March; help to move our children to commit to nonviolence; and provide incentives for our children to excel academically. We all have a vested interest in making sure that our schools are free of violence and placing our children on a path that will help them become productive and successful adults,”

explained

Mr. David Fattah, the Coordinator for the 2010 National Million Father

*Knowledge is like a baobab tree; no one can encompass it with their hands.
Ghanaian Proverb*

*We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred seventy countries!
[Click here:](#)
[EightCitiesMAP](#)
Choose
"Philadelphia's Online Community
"Newsletter" from the menu.*

In an op-ed article entitled, Fathers 'March' To Bring Peace To Our Schools, published in the 10 August 2010 edition of The Philadelphia Tribune (page 10-A) and authored by Philip Jackson, the creator of the National Million Father March and Founder and Executive Director of the Black Star Project, points to the National Million Father March as the solution to youth violence in America.

“Instead of relying on police and further criminalizing our children, our solution to youth violence in America is the Million Father March, which means involving a multitude of fathers in the continuing educational and social development of their children. Our youth need male role models and fathers to provide guidance and supportive discipline, and our marching fathers can provide this and do what the police have not done and cannot do – bring peace to schools and communities across America. Last year, U.S. Secretary of Education Arne Duncan helped lead more than 625,000 fathers and other men in 500 cities in taking children back to school on the first day during our 2009 Million Father March. This year, more than 800,000 men in 600 cities will be taking their children to school on the first day for the 2010 Million Father March,” Mr. Jackson wrote.

In addition to organizing citywide participation in the 2010 National Million Fathers March on Tuesday, 7 September 2010, the House of Umoja, Inc. will conduct a march from its office at 5625 West Master Street to the Guion S. Bluford Elementary School located at 5801 Media Street.

Men are being asked to gather beginning at 7:00 A.M. at the House of Umoja, Inc. on Tuesday, 7 September 2010 for a light breakfast before marching to the Guion S. Bluford Elementary School in observance of the 2010 National Million Father March.

Individuals and organizations interested in supporting and participating in the 2010 National Million Father March in the City of Philadelphia should

*"Be like a postage stamp.
Stick to one thing until you
get there." - Josh Billings*

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com
We will credit you with the submission.

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contact Mr. David Fattah at (215) 473-5893 or send an e-mail to: falakafattah@aol.com and are cordially invited to attend Planning Meetings for the 2010 National Million Father March which will occur on Saturdays beginning at 3:00 P.M. at 5625 West Master Street, Philadelphia, Pennsylvania through Saturday, 4 September 2010.

For further information about the House of Umoja, Inc., visit the organization's website at www.houseofumoja.org or call the organization at (215) 473-5893.

For further information about the 2010 National Million Father March, visit the website of the Black Star Project at www.blackstarproject.org or send an e-mail to: blackstar1000@ameritech.net.

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Cap4Kids

Grieving is a natural human process that comes after a loss. When there is loss of a loved one for a child, grieving can disrupt their quality of life and cause problems in school, home and in their relationships.

On the www.cap4kids.org/philadelphia website, there are several resources for grieving children on the Mental Health Handout (http://www.cap4kids.org/philadelphia/parent_handouts/mental_health.html). Please become familiar with these valuable resources. Also, attached is information about a Fall Conference through the Center for Grieving Children, Teens and Families entitled "Helping Traumatically Bereaved Youth and the Practitioners who Assist Them"

~ ~ ~

Teen pregnancy is a major issue that many of our communities face.

Here are the facts:

The U.S. has the highest teen pregnancy rate in the industrialized world – twice as high as in England or Canada.

2006 saw the first rise in the U.S. teen pregnancy rate in 15 years.

An estimated 750,000 teens will become pregnant this year.

- About 1 in 3 women become pregnant at least once before they're 20.
- A sexually active teen girl who does not use contraceptives has a 90% chance of becoming pregnant within a year.
- It affects education - only a third of teen mothers earn their high

He who conquers others is strong; He who conquers himself is mighty. - Lao Tzu

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school diploma. And only 1.5% has a college degree by age 30.

- It also affects their kids - girls born to teen mothers are more likely to be teen mothers themselves. Boys born to teen moms are more likely to end up in prison.
- 75% of girls and over half of boys report that girls who have sex do so because their boyfriends want them to.
- 8 in 10 girls and 6 in 10 boys say they wish they had waited until they were older to have sex.

Most teens (6 in 10) and adults (3 in 4) believe that teen boys often receive the message that they are “expected to have sex.”

Diapers are expensive, but it's nothing compared to the \$9 billion that teen pregnancy costs the United States each year. This includes increased spending in child welfare costs and public sector health care.

To address these issues, on the www.cap4kids.org/philadelphia website, under Pregnancy and Infant Resources, there is a section on Teen Pregnancy resources including the ELECT Teen CPC centers with a newly posted referral sheet, fact sheet (see attached), and Middle Years and MARS programs.
http://www.cap4kids.org/philadelphia/parent_handouts/pregnancy_resources_and_infants.html

Please become familiar with these resources and refer families and teens in need.

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Help For Parents With School-Age Children

Are you a parent, relative, or health care professional with any of the following scenarios?

- * Not too sure how to register child for Kindergarten or Head Start.
- * Trying to decide on what type of school best fits a child's needs. Public or Charter or Magnet or Catholic?
- * Want to get a child motivate and focused on college.
- * Want to get child back in school after taking a leave, but don't know what options there are for out-of-school youth.
- * Child being bullied in school and don't know what to do.
- * Child not doing well in school and may have a learning difference.

On the www.cap4kids.org/philadelphia website, under the Education parent handout

http://www.cap4kids.org/philadelphia/parent_handouts/education.html
and the Resource tab

<http://www.cap4kids.org/philadelphia/resources.html> there are resources

"You don't have to be a 'person of influence' to be influential. In fact, the most influential people in my life are probably not even aware of the things they've taught me." ...Scott Adams

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in the community to help advocates for children find help for their child's educational needs. Please become familiar with the listed resources and continue to bridge the gap between families in need and the agencies and resources that serve them.

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Black College Tours 2010 (40+)

<http://blackexcel.org/black-college-tours-2010.html>

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PhillyGoes2College

With a little over 50% of our kids graduating high school on time and only 18% graduating college, we MUST all work on this issue together for the future of our city.

The Mayor's office recently created an office called "PhillyGoes2College" that will start working to improve these statistics

(http://www.philly.com/inquirer/home_top_stories/20100104_Nutter_to_focus_on_increasing_college_admissions.html), and on the

www.cap4kids.org/philadelphia website, under the Education Handout, you will find multiple sources for children, families and child advocates to help, from an early age, on the road to educational success

(http://www.cap4kids.org/philadelphia/parent_handouts/education.html).

Here you will find listings for various school choices, timelines, and resources for out-of-school youth, and college prep and college admission tools.

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Earn Free Trip to Egypt for Black Kids and Adults

The African Heritage Institute (also known as the D'zert Club) is sponsoring a 2-year African History Program that, once completed, the participants earn an all expense paid trip to Egypt. This program is for Black kids from ages 7-14 and adults over the age of 21.

See the success stories of students that completed the program and have gone to Egypt. They are amazing.

Students

grades went up in school, lateness and absences decreased and there was a remarkable increase in the students respect for their elders. One brother who attended was able to get a full 4-year scholarship to school as a result of being a part of the program.

Leaders instill in their people a hope for success and a belief in themselves. Positive leaders empower people to accomplish their goals.

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Get all of the details at

www.BlackBusinessNetwork.com/theone

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The Food stamp program under the new stimulus package is now called the SNAP (Supplemental Nutrition Assistance Program).

Did you know?

Eligibility for SNAP benefits changed so many more families in food insecure households are now eligible.

On the www.cap4kids.org/philadelphia website, under the Food and Nutrition parent handout, you will find several organizations who can help families find out if they are eligible. Also, on the COMPASS website they can apply for these benefits and many others.

For more info you can also go to

<http://www.dpw.state.pa.us/ServicesPrograms/FoodStamps/>

Please continue to link families in need with the appropriate social services agencies that serve them through Cap4Kids. Thanks.

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Online resources for parents: www.chestercountymoms.com, www.germantownavenueparents.com, www.norristownmom.com.

THIS WEEK

It's all about community!

The Logan Neighborhood Advisory Committee (NAC) is continuing the beautification of the vacant lots along Courtland Street (between 11th and 12th Streets) in Logan.

For the last couple of Saturdays, Logan NAC, as well as several volunteers and block captains, worked for hours removing 5 foot high weeds, trash and other debris from the lots.

And on Saturday, September 4th 2010 we are inviting volunteers to help us, once again, with the final beautification phase of this project, which will include mulching and planting of the shrubbery and the trees.

Through this project, we hope to promote pride and unity, ultimately empowering residents to take ownership of issues surrounding safety and beautification in their community.

Plan your progress carefully; hour-by-hour, day-by-day, month-by-month. Organized activity and maintained enthusiasm are the wellsprings of your power. - Paul J. Meyer

Again, the beautification take place on Saturday, September 4th from 10am to 2pm on Courtland Street (between 11th and 12th Streets) in Logan.

Logan CDC wants want to publicly thank its partners for generously donating materials to this effort:

The Pepsi Bottling Company for donating 15 cases of soda; Primex Garden Center for donating 5 burning bushes, 5 blueberry shrubs, a red bud tree, planting amendments, and fertilizer; The Fairmount Park Horticultural Center for donating mulch; and The City of Philadelphia's Community Partnership Program for donating rakes, shovels, and additional gardening equipment. Raymond Grant for generously donating power tools for the project.

And of course, none of this would be possible without support from The City of Philadelphia Office of Housing and Community Development (OHCD). Funding for the Logan NAC is provided by OHCD.

We are extremely grateful for your generous support!

For more information, please contact Charing Ball, Logan NAC Community Organizer, at 267-335-3626 or Charing@LoganCDC.org.

Logan CDC
5325 Old York Rd., Suite 217
Philadelphia 19141
215-457-3014

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Terry McMillan | Getting to Happy

Wednesday, September 8, 2010

7:30PM, FREE

Terry McMillan

[Information](#)

has garnered much critical and popular acclaim for her character-driven novels.

Her New York Times bestselling books Waiting to Exhale and How Stella Got Her Groove Back

have been made into major motion pictures.

With Getting to Happy, McMillan revisits the Waiting ladies 15 years later and reveals each of them

at her own midlife crossroads.

"I discovered I always have choices and sometimes it's only a choice of attitude." - Judith M. Knowlton

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General Information

Author Events are held in the Montgomery Auditorium at the Parkway Central Library
1901 Vine Street,
unless noted.

Events generally consist of a talk by the author and a Q & A period with the audience followed by a book signing. Books are sold on-site. Seating begins 45 minutes prior to event start times.

No tickets or reservations are required for Free Author Events.

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The Mill Creek Association
presents

Second Treasures flea Market

Every Saturday and Sunday
9am – 5:30pm

5200 Wyalusing Ave. (inside the tennis courts)

Vendor information: 267.278.1142

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EMPLOYMENT AND TRAINING OPPORTUNITIES

Employment Opportunity with railroad

Great jobs for young men who aren't in college, and strong young women also! This is Obama money for "infrastructure" the jobs are located all over, paid training in Atlanta.

Training: You will attend two or three weeks of training at the Railroad Education & Development Institute in Atlanta , GA. CSX will pay for travel, lodging and meals as required by collective bargaining agreement.

Track Worker-030702

Job Summary: Work as a member of a crew to install new railroad track, maintain existing track and right-of-way. Replace or repair track switches with specific components. Slide and align tie plates. Drill holes through rails for insertion of bolts and tighten or loosen bolts at joints that hold ends or rails together. Correct deviations in track surface, alignment and gauge Cut rails to specific lengths etc.

It seemed rather incongruous that in a society of supersophisticated communication, we often suffer from a shortage of listeners. - Erma Bombeck

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Pay Rate

Entry Rate \$19.36/hour

Full Rate \$21.52/hour

Promotional/ Advancement Opportunities: Under Maintenance of Way Collective Bargaining Agreement, Track Workers may be considered for advancement or promotion to other positions within the Engineering Department if qualified.

Machine Operator \$23.25 - \$24.81/hour

Welder Helper \$21.93/hour

Bridge Tender \$21.93/hour

Bridge Mechanic \$22.65/hour

Foreman \$22.71 - \$25.53/hour

Track Inspector \$23.98 - \$25.14/hour

Qualifications: High School diploma/GED; 18 years of age or older;
Valid Driver's License

At CSX, two of the company's core values are People Make The Difference and Safety Is A Way of Life. We are committed to offering our team members the most competitive compensation and benefits package available, unlimited opportunities for development and growth throughout an exciting and rewarding career, and the safest work environment possible. CSX is an Equal Opportunity / Affirmative Action Employer that supports diversity in the workplace.

Apply online to this and other positions:

<http://www.csx.com/?fuseaction=careers.main>

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HEALTH MATTERS

How Well Do You Know Your Body?

Wednesday September 8, 2010

1:00 pm - 3:00 pm

(This event repeats every week until Wednesday December 29, 2010.)

Pathwayspa

926 W. Allegheny Avenue

Philadelphia, PA 19133

"Unless it's your path, it's pointless to follow. But if it is your path, then, alas, it's pointless to follow any other." - Harvey Arden

Coalition members!
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on The Coalition,
Inc. web site

Notes:

This reproductive health workshop addresses myths and misconceptions about everything from pregnancy to STDs including HIV. Other topics that are discussed: Hormonal Birth Control, Bacterial Infections, Viruses, Men's Reproductive Health, Potential Complications, Serial Monogamy, and medical management of infections and diseases. It is facilitated by Jonathan Chriswell from QCHC Family Health Center and has received rave reviews.

This event is open to the public every Wednesday and begins at 1pm
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Too much fructose could raise your blood pressure

By Frederik Joelsing

(Reuters Health) - Do you need a reason to cut down on sweetened beverages? Their fructose content might increase your blood pressure, doctors said Thursday.

Although not all studies agree, the findings add to a growing body of evidence that too much of the ubiquitous sugar -- found in fruits as well as high-fructose corn syrup and table sugar -- can have important health consequences. (See Reuters Health story of May 24, 2010.)

High blood pressure, for example, increases the risk of strokes, heart disease and kidney failure.

Close to one in three Americans suffer from elevated blood pressure, a rate that has tripled in the past century, the researchers say in the Journal of the American Society of Nephrology. While the reasons aren't clear, diet and lifestyle changes are the main suspects.

To test the link between blood pressure and fructose, they used nationally representative survey data from more than 4,500 adults. The survey included questions about all sources of fructose, whereas most earlier studies had focused on soft drinks.

On average, they found, people said they consumed 74 grams of fructose per day -- roughly the amount in four soft drinks. Even though none of them had experienced blood pressure problems, about a third turned out to have borderline high blood pressure and eight percent had hypertension (readings of at least 140/90 mmHg, compared with normal values of

Inspired by Henry Louis Gates' genealogy investigations, Glen Beck asked family members to send him information on famous family members. Stella, his matriarchal auntie sent this information with a photo of a deceased man in a coffin:

"William Frederick Beck: Horse thief, sent to Montana Territorial Prison, 1895. Escaped 1897, robbed the Montana Flyer six times. Caught by Pinkerton detectives, convicted and hanged, 1899."

Not very inspiring, right? This is the spin Beck's PR people put on it.

"William Frederick Beck was a famous cowboy in the Montana Territory. His business empire grew to include acquisition of valuable equestrian assets and intimate dealings with the Montana railroad.

Beginning in 1895, he devoted several years of his life to service at a government facility, finally taking leave to resume his dealings with the railroad. In 1897, he was a key player in a vital investigation run by the renowned Pinkerton Detective Agency. In 1899, Beck passed away during an important civic function held in his honor when the platform upon which he was standing collapsed."

(thx. Al Robinson)

Submit your own humor, and let our readers know how funny you can be. We obviously need the help. ;) (Family appropriate)

The more fructose their diet included, the more likely they were to have high blood pressure. Of course, that could have been influenced by a variety of factors, such as obesity and disease, or getting too much of other sugars, salt or alcohol.

But even when adjusting for all these factors, the odds of having high blood pressure increased in those whose fructose intake was above average. For the most severe form -- stage 2 hypertension -- the odds were 7 percent higher.

Given the new findings, people might want to think twice about what they throw into their shopping carts, said Dr. Michel Chonchol of the University of Colorado Denver, who worked on the study.

"In the grocery store, you see food without high-fructose corn syrup," he said, adding that it would make sense to reduce fructose intake by choosing those products and avoiding the ones containing added sugars.

"There is no question that fructose itself appears to have effects that other sugars don't have," said Chonchol. The exact mechanisms are unclear, although several have been proposed, he added.

"What we need now are clinical trials, where you take people with hypertension and place them on a diet with low fructose and see if that lowers their blood pressure," said Rachel K. Johnson, a professor of nutrition at the University of Vermont in Burlington, who was not involved in the research.

Until then, she said the message is clear: "Sugar-sweetened beverages -- avoid, avoid, avoid! That's the major source of added sugars for Americans."

Getting fructose from eating fruits appears to be less of a problem, she said, perhaps because they also contain many healthful substances like antioxidants and fiber. Fruit has just 4 to 10 grams of fructose per serving, while a can of Coca-Cola has 39 grams of high-fructose corn syrup, about half of which is fructose (the rest is glucose).

Last year, Johnson helped prepare a statement about sugar and heart disease from the American Heart Association, which included dietary recommendations.

"For most American women," she advises, "no more than six teaspoons or

"The greatest pleasure in life is doing what people say you cannot do." - Walter Bagehot

100 calories a day of added sugars, and no more than nine teaspoons for men."

That is less than one can of Coca-Cola.

In a press release about the new study, the Corn Refiners Association, a U.S. trade group, said the researchers had muddled the differences between fructose and glucose, the other half of high-fructose corn syrup and table sugar.

"The rise in glucose consumption also mirrors the dramatic rise in hypertension," the release said.

SOURCE: jasn.asnjournals.org/

Journal of the American Society of Nephrology, online July 1, 2010.

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Viagra-popping seniors lead the pack for STDs

By Frederik Joelving

(Reuters Health) - Even if you're past your prime and have a hard time getting an erection, you might still need to worry about unprotected sex, according to U.S. doctors.

In fact, they report in the *Annals of Internal Medicine*, the rate of sexually transmitted diseases (STDs) in older men taking erectile dysfunction drugs like Viagra is twice as high as in their non-medicated peers.

In both groups, however, the numbers are swelling. According to the Centers for Disease Control and Prevention, there were more than six new cases of STDs per 10,000 men over 40 in 2008, up almost 50 percent since 1996.

"Younger adults have far more STDs than older adults, but the rates are growing at far higher rates in older adults," said

Dr. Anupam B. Jena of Massachusetts General Hospital in Boston, who led the study.

While the reasons for this development aren't well understood, he said more divorces and better health might have conspired to boost sexual prowess and activity among graying heads.

"What's another word for Thesaurus?"

--Steven Wright

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The problem, however, is that older adults appear to flout safe sex practices. For instance, the researchers note, 50-year-olds are six times less likely to use a condom than men in their 20s.

"We are typically unaccustomed to practice safe sex over the age of 50, because the risk of pregnancy is eliminated," Jena told Reuters Health.

To test whether the introduction of Viagra in 1998 might explain some of the STD surge, Jena and colleagues examined insurance records for more than 1.4 million U.S. men over 40. The average age in the study was about 60 years.

The most commonly found STD was HIV, followed by Chlamydia, syphilis and gonorrhea.

Among the few percent of men who had filled prescriptions for erectile dysfunction drugs, more than two in a thousand had been treated for an STD in the year before they got the drug.

A year later, the number dropped to half that, suggesting that Viagra and its chemical cousins didn't fuel STDs.

However, the risk of contracting an STD turned out to be more than twice as high in men taking erectile dysfunction drugs compared with those who didn't.

"These users have a different sexual risk profile than non-users," said Jena, adding that the data didn't reveal any good explanation.

In an editorial, Dr. Thomas Fekete, of Temple University School of Medicine in Philadelphia, noted that it would have been valuable to know more about the frequency of sexual encounters, sexual partners and orientation.

He added that prevention strategies should still be directed at younger age groups, whose STD risk is at least 10 times higher than in middle-aged and older adults.

Still, he said, the authors remind us "that men older than 40 years remain sexually active, even if they need chemical assistance to do so.

This study also serves as a reminder that sex after age 40 years is not necessarily safe."

Jena recommended that doctors take a few minutes to discuss safe sex

with older men when they prescribe Viagra.

His advice? "Look, just realize that you are at higher risk for STDs, and try to be careful like you used to be 30 years ago."

SOURCE: www.annals.org/

Annals of Internal Medicine, online July 5, 2010.

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After booking my 80-year-old mother on a flight from Florida to Nevada, I called the airline to go over her special needs. The representative listened patiently as I requested a wheelchair and an attendant for my mother because of her arthritis and impaired vision to the point of near blindness

My apprehension lightened a bit when the woman assured me that everything would be taken care of. I thanked her profusely.

"Oh, you're welcome," she replied. I was about to hang up when she cheerfully asked, ... "And will your mother need a rental car?"

(Thx. Carla Vincent)

Experts say 40 percent of cancers could be prevented

Kate Kelland

LONDON (Reuters) - Forty percent of the 12 million people diagnosed with cancer worldwide each year could avert the killer disease by protecting themselves against infections and changing their lifestyles, experts said...

Read the full story

<http://www.reuters.com/article/idUSTRE6113PX20100202?feedType=nl&feedName=ushealth600>

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Get Fresh!

Volunteer with Philabundance Fresh for All

You recycle out the wazoo and consider yourself consigliore of the enviro-sack mafia.

Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All programs.

And you can help by volunteering.

The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times.

With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls).

Looking for something physical?

Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need. And that's a green movement to be proud of.

To participate in Fresh for All, contact Tunisia Garnett (215-339-0900 ext. 238 or

tgarnett@philabundance.org).

For more information, go to www.philabundance.org

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*Nothing would be done at
all if we waited until we
could do it so well that no
one could find fault with it.
- John Henry*

Tips for making oatmeal appealing to kids

<http://advison.webevents.yahoo.com/mompowergroup/>

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GREEN PIECE

NATIONAL PREPAREDNESS MONTH COALITION

Seventh annual National Preparedness Month, in September, encourages Americans to take steps to prepare

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WASHINGTON - The Federal Emergency Management Agency (FEMA) today announced that to date more than 1,900 national, regional, tribal, state and local organizations and businesses have pledged their support and joined the 2010 National Preparedness Month (NPM) Coalition. This is approximately 200 more than last year at this time. The registration for the Coalition continues through September.

This September marks the seventh annual NPM. Led by FEMA's Ready Campaign in partnership with Citizen Corps and The Advertising Council, NPM is a nationwide effort encouraging individuals, families, businesses and communities to work together and take action to prepare for emergencies.

NPM Coalition members will sponsor events and activities throughout the month highlighting the steps that individuals, families and communities can take to prepare. Ready and The Advertising Council will also introduce new Spanish-language public service advertisements in conjunction with NPM activities. Additionally, the Ready Campaign released a new NPM Widget to help promote the month.

"National Preparedness Month is a great way to get Americans and our communities and businesses to come together in planning and preparing for a disaster," said FEMA Administrator Craig Fugate. "Disasters can hit any place, any time, so it's essential that we take concrete steps together, now, to ensure a better response later."

This year, NPM focuses on encouraging all Americans to take active steps toward getting involved and becoming prepared. Preparedness is everyone's responsibility. Americans have to work together as a team to

Hereeeeeeeeeeeeeees...
Kathy's Korner!

Coming home from his Little League game, Billy swung open the front door very excited. Unable to attend the game, his father immediately wanted to know what happened. "So, how did you do, son?" he asked. "You'll never believe it!" Billy said. "I was responsible for the winning run!" "Really? How'd you do that?" "I dropped the ball."

(Kathy Parsons is a regular contributor.)

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

Send your information to: [News From The Coalition, Inc.](#)

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ensure that individuals, families and communities are ready. Individuals are encouraged to: make a family emergency plan; put together an emergency supply kit; be prepared to help your neighbor; and work as a team to keep everyone safe.

National Preparedness Month Coalition membership is open to all public and private sector organizations. [Click here](#) <http://www.ready.gov/america/npm10/index.html> to register for membership.

Follow FEMA online at www.twitter.com/fema, www.facebook.com/fema, and www.youtube.com/fema. Also, follow Administrator Craig Fugate's activities at www.twitter.com/craigatfema. The social media links provided are for reference only. FEMA does not endorse any non-government websites, companies or applications.

FEMA's mission is to support our citizens and first responders to ensure that as a nation we work together to build, sustain, and improve our capability to prepare for, protect against, respond to, recover from, and mitigate all hazards.

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Don't throw your old TVs away!

All electronics can be dropped off for recycling at either
Domino Lane & Umbria St.

or

State Rd. & Ashburner St. in Philadelphia
at the

Streets Department Sanitation Convenience Centers,
Monday through Saturday
8:00 am to 6:00 pm.

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Weavers Way #5 plastics recycling resumes

Fellow Recyclers, Weavers Way collection of #5 plastics, which are not included in the City's recycling program, will be on the 3rd Saturday of each month: The collections take place at the co-op's garage, at 542 Carpenter Lane, which is across the street and a bit further down the block from the Big Blue Marble bookstore.

Please note that we need volunteers to keep this project going. (Weavers

Way members can get work credit for helping us; work shifts are available on co-op's the online calendar.)

Battle of the sexes:

Married men should forget their mistakes. There is no need for two people to focus on the same thing. (Joel Clark said it)

The #5 category includes yogurt cups, sour cream containers, hummus tubs, some medicine bottles, and more. Your recyclables must be clean and dry to be accepted. Check to make sure there are no other materials (paper, screws, other number plastics) on the items you bring in. Impurities of any kind compromise the recycling process and usually lead to the discarding of an entire batch. Exclude any lids unless they are clearly marked #5. (Most lids from #5 containers are #4 plastic, but this is not always the case.)

We ask recyclers for a small donation to cover postage costs of mailing the recyclables to the Gimme 5 processing facility in New York.

Before bringing your #5s to the collection, be sure that they meet the requirements for Gimme 5:

All items must be CLEAN and DRY. If they contained food or any oily or dirty product, make sure they have been washed, not just rinsed. Items stacked when wet tend to stay wet, so allow washed items to dry fully before stacking or packing.

The #5 stamp needs to be visible on each item. Lids are separate items.

Don't assume lids are the same number plastic as the container; sometimes they are but usually they are not. Check to make sure there are no other materials (labels, paper, and other number plastics, metal) on the items you bring in.

Brita filters are also welcome! Let them air dry for several days to make sure they are completely dry.

We'll see you soon!

Carolyn, Helen, Priscilla and Stevik
of the Weavers Way Environment Committee

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Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>

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For sustainable enterprise go to Green Jobs Philly

<http://www.greenjobsphilly.org/news>

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[40 Ways to Save on Almost Anything](#)

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Being Safe and Cautious When Travelling

Traveling, as anything in life, can have some risks involved. We always question ourselves, What if “blank” happens? Well, there’s always a “what if…” on our mind but if we are cautious we can prevent those “what ifs” from happening and have an amazing trip!

It doesn’t matter if you’re traveling alone, with friends, or with fellow travelers you met on your way; there are basic precautions and approaches you should try to keep your trip as safe as possible while still having a good time. Our friend Norbert Figueroa from Globotreks shares his tips.

First and foremost, be cautious.

We all want to explore everything, but use your common sense. If you see a desolate area that doesn’t seem too safe, stay away from it. Or at least don’t go by yourself. If you have a local host at your destination, have them go with you; they might know how safe or not the area is. Also, try not walking by yourself on dangerous-looking alleys or late at night.

Be as friendly as you can, but don’t be a simple open book.

If hanging with fellow travelers you met on the way, no matter how friendly they are, keep in mind that they are virtually strangers. So, be careful what you share with them and how you share it.

You should be alert and pay attention to your surroundings.

That includes people too. Always keep an eye on your stuff so you don’t become an easy target to pickpockets and thieves.

When in Rome, do as the Romans do...

I know you’ve heard that one before. Right? Well, the phrase says it all. This helps from attracting the wrong attention or from unknowingly insulting a different culture.

Try being inconspicuous.

Of course that big backpack on your back doesn’t help achieve this,

*"I find the harder I work,
the more luck I seem to
have." - Thomas Jefferson*

*If you would like to
report on a recent
community event, feel
free to send us a brief
account of what
happened in document
format, and we will
share it with our
readers.
Send your information
to: [News From The
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right? But, when not carrying your backpack try looking as less touristy as you can. It's kind of cliché to have that tourist look by wearing the "I love NY" (or whatever destination) t-shirt and by wearing that big flag patch from your country on your bag. You know... dress as you would dress normally back at home and dress appropriately for the place (i.e. sacred places, museums, etc.).

There's nothing better than being confident while traveling.

This is key to any traveler. Be confident or at least fake it. Act like you know where you are even if you don't. Even though there's nothing wrong with this, but flapping your map in the middle of a crowded street will definitely attract some attention, specially the scammers' attention. Doing that just made you an easy target. So, if you need some direction, ask someone (still with confidence) or go inside a store or café and peek your map.

Always be polite.

Not only it's a good manner but also a way to have a good standing among other people. Don't offend the locals with rude and crass behavior. You don't have to be goody two-shoes but at least have a common sense of behavior.

So, these are just some "safety and approach" tips that will help you have a fun and amazing trip while being safe and cautious. After all, you are traveling to have fun, right? Thought so... Being cautious is not about restricting yourself, it is about having common sense. Exercise it!

Source:

<http://journals.worldnomads.com/safetyhub/story/59196/Worldwide/Being-Safe-and-Cautious-When-Travelling>

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For a more aggressive role in your protection:

www.selfdefensewithanattitude.com

GRANTS, SCHOLARSHIPS & INSTRUCTION

Philadelphia Development Partnership's
Business Skills Course
The Bourse Building.
111 S. Independence Mall East, Suite 810

*The real secret of patience
is to find something to do in
the meantime. - Unknown*

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Philadelphia Development Partnership's Business Skills Course is a multi-part course that is designed to teach the fundamentals of running a small business.

- Obtain financing
- Learn from experts in your industry
- Network with fellow entrepreneurs
- Work with business consultants FREE!

The multi-part class begins on
September, 21st 2010

Orientation - September 14th

Cost: \$95.00

Contact: Theo Thompson
(215) 545-3100 ext 222

or TThompson@pdp-inc.org

Philadelphia Development Partnership's

Business Skills Course

The Bourse Building.

111 S. Independence Mall East, Suite 810

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USDA offers Hunger-Free Communities grants

The US Department of Agriculture is offering Hunger-Free Communities grants to help cities and towns across the country fight hunger and food insecurity and promote healthy eating.

The grants will help fund research, planning and hunger relief activities such as food distribution, community outreach, development of new resources, and strategies to reduce or prevent hunger and food insecurity.

Two models of grants are available: planning and assessment grants or implementation grants.

For more information, [go here](#).

<http://www.fns.usda.gov/fns/outreach/grants/hfc_grants.htm>

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Foundation offers Banned Books Week grants

The American Library Association's Freedom to Read Foundation will provide two grants — one for \$2,500 and one for \$1,000 — to two organizations to support "Read-Outs" celebrating Banned Books Week 2010, from

September 25th to October 2nd.

A Banned Books Week Read-Out is an event during which people celebrate the freedom to read by gathering to read from books that have

What if you have failed in the past? So, at one time did every man we recognize as a towering success. They called it "temporary defeat." - Napoleon Hill

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

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been banned or challenged over the years.

To apply for a grant, organizations are required to submit an event description, timeline, and budget with their application, as well as agree to provide a written report and video to FTRF following Banned Books Week.

For more information, go [here](#).

< <http://ala.org/ala/newspresscenter/news/pr.cfm?id=4570>>

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[Aspen Institute](#) offers scholarships to students of color. The Aspen Institute Program on Philanthropy and Social Innovation in Washington is offering scholarships to introduce a diverse group of students to issues and challenges affecting philanthropy, social enterprise, nonprofit organizations, and other actors in the social sector. The \$2,000 fellowship, which is based on academic excellence and need, is open to both undergraduate and graduate students of color. Fellows undertake research, writing, logistical, and administrative support for PSI's leadership initiatives, public programs, and convenings.

Application guidelines are available [here](#).

200 Free Scholarships For Minorities (NEW UPDATED 2010 LISTINGS)

<http://www.blackexcel.org/200-Scholarships.html>

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HIV/AIDS Prevention Workshop

Workshop Summary

Culturally-Relevant Communication about HIV/AIDS is an interactive and user-friendly workshop. Ivan J. Juzang, MEE President and Founder will examine the environmental influences, attitudes and behaviors and unique communication style of urban, ethnic and other hard-to-reach audiences; review theories and techniques for developing cost-effective and culturally-relevant communication strategies; and then show session attendees how to apply these learnings to their own HIV/AIDS testing programs, prevention services and outreach efforts.

Learning Objectives

*"When I grip the wheel too tight, I find I lose control."
- Steve Rapson*

After attending the session, attendees will have the background necessary to more effectively communicate with their target audiences about sex, sexuality and HIV/AIDS. They will also have a clearer understanding of media consumption patterns and other social factors that impact sexual decision-making; and the attitudes, motivations and perceptions of minorities on healthy sexuality and HIV/AIDS prevention, testing and treatment. Such information will help interventionists, community-based organizations and service providers develop innovative and effective messages and services targeted to minority audiences.

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Workshop Description:

Topics explored during the session include:

The environmental context, peer group dynamics and social interactions that influence sexual behaviors;
How service providers can be more culturally aware, and increase the effectiveness of their outreach, media and materials; and
Strategies for attracting the hardest-to-reach audiences to HIV-prevention, testing and treatment programs.

For more information on other workshops and schedules visit their [website](#)

To inquire about a MEE Workshop at Your Organization call 215.829.4920 or Email [here](#)

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At- Risk Youth

Annie E. Casey Foundation

<http://www.aecf.org>

A private charitable organization dedicated to helping build better futures for disadvantaged children in the United States. The foundation offers community-focused grants. The site also has several publications.

Provides funding to both 501(c)(3) and local/state government.

Organizations wishing to send a proposal to the Foundation should submit a letter of no more than three pages explaining the organization and its project and how the money will be used. Send the letters to: The AEC Foundation; Attn: Office of the President; 701 Saint Paul St.; Baltimore, MD 21202.

Phone: 410-547-6600

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In order to be happy, human beings must feel they are continuing to grow. Clearly, we must adopt the concept of continuous improvement as a daily principle. - Tony Robbins

AOL Time Warner Foundation

<http://aoltimewarnerfoundation.org>

The AOL Time Warner Foundation is dedicated to using the power of media, communications and information technology to serve the public interest and strengthen society. However, rather than simply providing grant monies or funding unsolicited requests, the foundation prefers to enter into sustainable strategic partnerships with organizations that have a demonstrated commitment to pioneering innovative ways of meeting four priorities: Equipping kids for the 21st century; Extending Internet benefits to all; Engaging communities in the arts; and Empowering citizens and civic participation.

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AT&T Foundation

<http://www.att.com/foundation>

The AT&T Foundation seeks to educate, enrich, engage, and empower the communities served by AT&T. The Foundation's funding areas are education, civic and community service, and arts and culture.

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Beaumont Foundation

<http://www.bmtfoundation.com/grants/>

The Beaumont Foundation of America (BFA), a non-profit philanthropic organization, is dedicated to the enriching the lives of individuals by providing technology to historically underserved schools and communities. The foundation believes technologies are essential tools for progress in the 21st century, and that given access to digital information, people will have an equal opportunity to advance socially, economically and intellectually.

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The Student Achievement Grants program provides grants of \$5,000 each to improve the academic achievement of students by engaging in critical thinking and problem solving that deepen knowledge of standards-based subject matter. The work should also improve students' habits of inquiry, self-directed learning, and critical reflection. Proposals for work resulting in low-income and minority student success with honors, advanced placement, and other challenging curricula are particularly encouraged. Grant funds may be used for resource materials, supplies, equipment, transportation, software, and scholars-in-residence. Applicants must be practicing U.S. public school teachers in grades K-12, public school education support professionals, or faculty and staff at public higher education institutions.

*Through perseverance
many people win success
out of what seemed destined
to be certain failure. -
Benjamin Disraeli*

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Visit the NEA Foundation Web site for complete grant program information.

RFP Link: <http://fconline.foundationcenter.org/pnd/15016125/neafdn>

For additional RFPs in Education, visit:

http://foundationcenter.org/pnd/rfp/cat_education.jhtml

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NIH Summer Institute on Community-Based Participatory Research

The National Institutes of Health has announced the 2nd summer institute. We are thrilled to see that the organizers have responded to Community-Campus Partnerships for Health's (CCPH) comments on last year's summer institute.

When the 1st NIH institute on CBPR was announced, CCPH expressed concern about its exclusive focus on academic researchers.

In CBPR, the community is involved at the very start of the research, so it was incongruent that the institute did not include the community partners or acknowledge the possibility of a community partner as a principal investigator or co-PI.

This summer's institute has been designed for community-academic partner teams (see below for details).

CCPH has successfully implemented community-academic partner team-based model of CBPR training: [CBPRInstitute](#) and [SummerInstituteAgenda.pdf](#)

The training curriculum, "Developing and Sustaining CBPR Partnerships" is available online at www.cbprcurriculum.info.

If you're interested in bringing a CBPR training workshop or institute to your location, contact CCPH senior consultant Rachel Vaughn at sliccph@mcw.edu for more information.

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Banta Company Foundation

The Banta Company Foundation provides funding for at-risk youth and delinquency prevention initiatives. The funds can be used for equipment, general/operating expenses, seed money, program development, as well as other areas. For more information please contact:

Banta Company Foundation

225 Main Street

PO Box 8003

Menasha, WI 54952-8003.

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Q. Where do you find a no legged dog?

A. Right where you left him.

(Ethan Pollard age 9)

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Best Buy Children's Foundation

<http://communications.bestbuy.com/communityrelations/>

The mission of the Best Buy Children's Foundation is to improve the lives of youth aged 5 - 18 in communities where Best Buy maintains a business presence. The Foundation awards grants to nonprofit organizations with innovative approaches to developing life skills in young people through education, mentoring, and leadership development. Funds can be used for: program development; direct project support; specific curriculum development; and scholarship aid for participants in life skills or mentoring programs. The Foundation typically awards grants ranging from \$2000 - \$10,000 to nonprofits.

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Healthy Community Outreach Program

will be granted to nonprofit organizations to support grassroots efforts which increase awareness on critical health initiatives through health walks, health fairs and health education outreach.

Grants up to \$25,000 will be considered.

Please provide all levels of event sponsorships on your application.

Nonprofit organizations with evidence of IRS 501(c)(3) designation or de facto tax-exempt status may apply for a grant, with the following exceptions: advertising; capital campaigns; grants or scholarships to individuals; multiyear requests; political causes and events; or religious organizations in support of their sacramental or theological functions.

http://www.aetna.com/foundation/grants_reg/guidelines.html>Awards

Ongoing Deadline

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Ben and Jerry's Foundation

Ben and Jerry's Foundation has no specific program areas. The Foundation seeks projects that lead to societal change or address the root causes of problems. The Foundation awards grants ranging in amount from \$1,000 to \$15,000. Applicants must submit a letter of interest at any time during the year.

<http://www.benjerry.com/foundation/index.html>

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AFRICAN AMERICAN STUDENTS ARE NOT APPLYING FOR SCHOLARSHIPS

Even if you do not have a college-aged child at home, please share this with someone who does, pass this scholarship information on to anyone and everyone that comes to mind. Though there are a number of companies and organizations that have donated moneys for scholarship

A grandfather and granddaughter were sitting and talking when the young girl asked, "Did God make you, Grandpa?"

"Yes, God made me," the grandfather answered.

A few minutes later, the little girl asked him, "Did God make me too?"

"Yes, He did," the older man answered.

For a few minutes, the little girl seemed to be studying her grandpa, as well as her own reflection in the mirror, while her grandfather wondered what was running through her mind. At last she spoke up.

"You know, Grandpa," she said, "God's doing a lot better job lately."

(Thx Cyn McGregor)

use to African Americans, a great deal of the money is being returned because of a lack of interest.

No one is going to knock on our doors and ask if we can use a scholarship.

Take the initiative to get your children involved. There is no need for money to be returned to donating companies because we fail to apply for it.

Please pass this information on to family members, nieces, nephews, and friends with children etc. We must get the word out that money is available. If you are a college student or getting ready to become one, you probably already know how useful additional money can be. Our youth really could use these scholarships. Thanks!!

For a list of scholarships please visit our group 'The Coalition, Inc.'

<http://groups.google.com/group/coalition-the>

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SpotLight On Our Efforts

Dear Friends:

We are reaching out to you today with exciting news. **Moms Against Guns** is officially joining forces with **CeaseFirePA**.

This union represents more voices, more power and more resources to fight one Pennsylvania's most contentious issues: illegal guns. While we have loosely partnered with CeaseFirePA in the past and stand at their side as they advocate for better gun laws, there has never been a formal partnership. Tomorrow, that will change.

And we wanted to make sure that you're the first to know before this news goes public. You've been a staunch supporter of Moms Against Guns - many since we began this fight together at a public rally in Philadelphia's Love Park in 2007.

Since then - we've made great strides.

But the economic and political climate is now different than it was in 2007. Since our economy took such a dramatic turn two years ago,

Benvenuto a Miami

Hurricane season runs from June through November. Anyone visiting Florida during these months can expect to turn on their TV and see warning news reports showing a white radar blip hundreds of miles away. Here are some instructions you may hear.

Evacuation Routes

If you live in a low lying area, you'll want to have an evacuation route planned out. Evacuation Routes are the parking lots created on the local roads designed by the city council to be used by most of the people in a community while they use the back roads to get out of the city to higher ground.

How Do You Know If You're In a Low Lying Area?

Look carefully at your postal address. If it's in the state of Florida, you are in a low lying area.

nonprofit groups like CeaseFirePA and other advocacy and service organizations have been trying to do more with less.

In a rocky political and economic environment, it's increasingly difficult to get an issue - like limiting illegal guns and the violence they create in our state - in front of the most influential decision makers in Harrisburg. Without a unified voice on this issue, we are all at risk of appearing less organized and powerful when we stand against the gun lobby.

We feel proud and privileged to serve among Ceasefire's constituencies and we know this affiliation offers new strength and opportunity. We have the utmost respect, confidence and admiration for the leadership of Phil Goldsmith, its board president, and Joe Grace, its executive director.

It is our hope that our participation on the board and the force of our combined voices will increase the overall capacity and power to fight in a more organized way for better, safer gun laws.

Today we have garnered close to 7,000 signatures on our petition - thanks to your efforts. But we're far from our goal. We set an ambitious goal of 50,000 signatures, but that goal was not arbitrary. We were told by political advisors that 10,000 signatures would get some policymakers' attention; and 25,000 would show we were serious. But 50,000 could turn a vote - that's why we set this bold goal.

Our joining with CeaseFirePA offers us the opportunity to reach more people (voters) so we can reach our 50,000 signature goal. In turn, we offer CeaseFirePA new constituents, new ideas, and more leverage.

We will continue to personally answer your emails and we'd like to hear from you. After our websites have been integrated, which should happen by mid- summer, you will have the full capacity of CeaseFire's advocacy, strategic advice and direction, as well as the opportunity to volunteer, donate if you wish, or help secure more petition signatures.

As founder of Moms Against Guns, I have been invited to be a new vice president of the CeaseFirePA board, and one of Philadelphia's most influential social activists - Project H.O.M.E. president and co-founder, Sister Mary Scullion - has also agreed to join the CeaseFirePA board with me.

We hope you will continue to partner with the new and improved "us" -- CeaseFire and Moms Against Guns. Your voices and vision have never been more needed.

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Thank you with all of our hearts for all you have done so far. If we work
together - we can and will prevail.

Sincerely,

Lynne Honickman

Founder

Moms Against Guns

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Partners sought for youth action teams

Since 1997, Motivational Educational Entertainment, Inc has
implemented a unique youth employment model in which it hires and
trains local youth to conduct peer-to-peer outreach to deliver health
promotion messages to their community.

Most recently, MEE implemented Community Action Teams as part of its
Blueprint for a Safer Philadelphia campaign, through which it provided
employment, life skills and self efficacy and leadership training for
100 young people.

MEE is seeking strategic partners to pursue or use available grant money
for summer employment programs in other locations, and is reaching out
to organizations that have access to
youth and workforce development funds.

CAT participants can help in developing leadership skills and a positive
self-image, receive training in important life, academic and
communications skills, gain exposure to new experiences, people and
places, earn money and incentives as compensation for their participation,
build their resumes with outreach and communications experience, and
earn community service credits for high school.

For more information, call William Juzang at 215-829-4920 or [email](#)

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Website Offers Revolutionary Green Alternatives for Communities/Nations

Greetings. I hope that you and your business/ organizations are all
doing well. As we enter into a new year, I expect that many of us
have already envisioned what we would like to accomplish in this
new year. As long as we have positive intentions for not just ourselves
but also our fellow inhabitants on this planet
as well as the mother Earth herself, may the Creator of the Universe
bless our visions and goals to become a material manifestation.

I would like to invite everyone to visit
<http://africanindependence.org/Projects.aspx>

*Artificial intelligence seems
to be no match for natural
stupidity.*

JOIN THE COALITION, INC!

To join The Coalition
go to:

TheCoalitionInc.net
and download a copy
of the Pledge of
Commitment and
return it to us
the.pa.coalition@gmail.com

I am one of the co-founders of this organization. While the initiative of this organization focuses on improving the lives of the African Diaspora and building up eco-friendly, peaceful, self sustaining and prosperous communities in their ancestral lands, we extend a welcome hand for all to check a part of our vision out by visiting our site. Our site was put in video format for simplicity and visuals to keep the interests of our visitors. When you first click on the provided website address, you will notice that we begin with our goals on dealing with electricity. There are actually two clips explaining the same technology, we recommend the second clip for a more detailed explanation on how this technology works. The following two clips deals with how we plan on providing clean water to the citizens and then water recycling.

The fifth video demonstrates how sewer systems are unnecessary. There are many issues that we tackle on our site. We are currently in talks with university and reverse engineers to have these technologies made at a lower cost and with high quality specifications.

Any feedback or suggestions is welcome and any donations would be highly appreciated.

There is a lot of useful information and we encourage all to take advantage of it and to view it for themselves, we're confident that you will be excited as we are once you see the potential in such technology.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

ARTS FOR AWARENESS

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

Ursula Rucker comes to Scribe Video

Thursday evenings
to teach Poetry for Stage and Camera.
Register today at 215-222-4201.

Scribe Video Center
4212 Chestnut Street
Philadelphia PA 19104
inquiry@scribe.org

*Opportunity may knock
once, but temptation bangs
on your door for years. --
Unknown*

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return it to us
the.pa.coalition@gmail.com

Hours of Operation:
Monday through Friday, 11:00 am to 7:00 pm
(or 9:00 pm on workshop nights).
----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Jus' Words at Dowlings Place

1310 No. Broad St. Phila
Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

COMING UP

Save The Date

Thursday, September 16, 2010

5:30 p.m. - 8:00 p.m.

The Philadelphia Commission on Human Relations

Annual Awards Reception

in the beautiful

Curtis Center Atrium

601 Walnut Street

Philadelphia, PA 19106

Honoring

The Hon. C. Darnell Jones II and Hon. Annette M. Rizzo

Founders of the Philadelphia Residential Mortgage Foreclosure Diversion
Program

Also honoring those leaders in Human Relations

Arts & Culture

Denise M. Brown, Executive Director, The Leeway Foundation

He that would make his own liberty secure, must guard even his enemy from opposition; for if he violates this duty he establishes a precedent that will reach himself. - Thomas Paine

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Gayle Isla, Executive Director, Asian Arts Initiative

Erica Marie Mendez, Vocal Artist and Student Organizer

Community Service

Gary R. Adams, President, The Coalition, Inc.

Ronald Blount, President, United Taxi Workers Alliance of PA

Calvin T. and Malik Raheem Johnson, Organizers, "Weekend Of Peace"

Mary Kachline, Organizer, Autism Awareness Month

Chad Dion Lassiter, Scholar, Activist and Professor of Race Relations

Wahdeedah Shabazz-El, Community Organizer & Trainer, CHAMP

Pecki Sherman Witnosky, Community Organizer and Author

Corporate Responsibility

PECO Energy

Law Enforcement

Natosha R. Warner, Community Outreach Specialist, FBI

Nonprofit Organization

Heeding God's Call

New Sanctuary Movement of Philadelphia

Pegasus Riding Academy

Special Tribute

The late Severino Verna, Former Commissioner

Fair Housing Commission

Admission: \$50. To RSVP, call 215-686-4675

Make your [reservations](#) today.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Urban Sustainability Forum:

"Digging in to Home Energy Savings"

Thursday, September 16, 2010

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

Send your information to: [News From The Coalition, Inc.](#)

All entries for submission should be received by noon, the Monday prior to publish date and in [Press Release](#) form.

6:00 p.m. - Reception - featuring light refreshments and informational tables

6:30 p.m. - Program

Academy of Natural Sciences - 19th St and the Benjamin Franklin Parkway

Digging in to Home Energy Savings:
How to Take Advantage of New Incentives

Start the fall by Saving Energy! The first Urban Sustainability Program of the fall will help home and business owners understand all the new tax credits, rebates, loan programs, and other incentives available to help them save energy-and money-in homes and commercial buildings, while lowering their carbon footprints.

Speakers:

- * Liz Robinson, Executive Director of the Energy Coordinating Agency - How to Maximize Energy Savings in Buildings
- * Andy Rachlin, Deputy Chief of Staff for Economic Development, City of Philadelphia- The new regional EnergyWorks program is designed to significantly reduce energy consumption for residential and commercial buildings in Philadelphia and surrounding counties
- * Frank Jiruska, Director of Energy and Marketing Services, PECO - "Smart Ideas" program has rebates, incentives and support for all PECO customers
- * Steve Hershey, Vice President, PGW - PGW is rolling out new initiatives and programs to help customers save

Additional Panel Members:

- * Roger Clark, Manager for Technology and Policy, The Reinvestment Fund
- * Peter Krasja, President, First Financial , Keystone HELP Loan

Register today to reserve your seat:

<http://energysavingsprograms.eventbrite.com/>

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Experience A Night-Time Outside Rodeo
with the Creative Kids Club
Friday, September 17, 2010
From 6 to 10 p.m.

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return it to us
the.pa.coalition@gmail.com

Our Bus will leave from:
Ogontz and Cheltenham Avenue
at 6:00 p.m.

One Cost-\$10.00 per person

Call Today- 215-485-0284

Competitors from the national level as well as our local First Frontier circuit will compete for thousands of dollars in prize money on the stock of a national finals rodeo stock contractor, Three Hills Rodeo Company of Bernard, Iowa. They are a family owned and operated professional rodeo company providing outstanding family entertainment.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

*If you would like to
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community event, feel
free to send us a brief
account of what
happened in document
format, and we will
share it with our
readers.*

*Send your information
to: [News From The
Coalition, Inc.](#)*

*All entries for
submission should be
received by noon, the
Monday prior to
publish date and in
[Press Release form.](#)*

**The Business Center For Entrepreneurship
&
Social Enterprise Business Plan Classes**

7500 Germantown Avenue,
Elders Hall, Suite 113.

12 Week Classes: Thurs, Sept 16 - Dec 16 @ 6:30PM - 8:30PM

8 Week Classes: Saturdays, Sept 25 - Nov 20 @ 9AM - 12PM

Cost: \$350 after August 6th

Contact: 215-247-2473

www.thebizcenter.com

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

The Ladies of Black Women's Educational Alliance-Philadelphia Chapter
invites you to attend our

Annual Rededication Ceremony

Saturday, September 18, 2010

Thurgood Marshall Elementary School

*Some of the world's
greatest feats were
accomplished by people not
smart enough to know they
were impossible. - Doug
Larson*

6th and Duncannon Street
Philadelphia, PA 19120
8:30 a.m. -12:00 p.m.

Keynote Speaker: Dr. Janet Samuels,
Superintendent of the Norristown Area School District

8:30 a.m. -12:00 p.m.: Vendors' Station Opens
9:00 a.m. -10:00 a.m. : Complimentary Gourmet Breakfast
10:00 a.m. -12:00p.m.: Rededication Ceremony

RSVP to kcakal1@aol.com by 9/7/10

* * * Outside PA * * *

COMPUTERS AND TECHNOLOGY

Group offers low-cost web access to nonprofits

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

For more information, email [Free Trial](#).

A HAND UP!

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

*The Bible, Through the
Eyes of a Child*

*Here's our version of the
stories of the Bible if they
were to be told by a child.*

*Next were Abraham, his
son Isaac and his grandson
Jacob. Esau was Jacob's
brother, but Jacob was
more famous because Esau
sold him his birthmark for
some pot roast. Jacob had a
son, Joseph. Joseph wore a
really loud sports coat.*

I am the founder of the
C.N.A.s (Christians "N" Action)

which is a ministry that has a heart for people and their needs. We feed our community on a weekly basis and provide clothing to them but, lately we haven't been able to because we have been out of funds. I have tried to solicit funds for some time now. No one seems to be able to help. While prayers are fine people still need food. The provisions have come out-of-pocket (mine) up until this time, but I have run dry. I believe that people want to make a change in their lives if some of us are willing to lend a hand.

"CHRISTINA SHERMAN" passionatepromos@yahoo.com
(864) 207-0488

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Skip A Meal For Haiti

Most Americans eat at least three meals a day. Some eat more often. Millions of people in Haiti have not had a meal in one week and a good meal in recent memory. Will you skip a meal for the people of Haiti and send the money to a relief agency?

Will you not eat one meal, on one day so that they can eat for a week?

The cost of lunch at almost any affordable restaurant in America is between \$5.00 and \$14.00. Some restaurants have menus that serve four and five course dinners that can cost as much as \$100.00 per person, not including beverages. For as little as two dollars a day, you can help provide food, drinking water and some sanitation supplies for a Haitian child or adult. A \$14.00 contribution can help feed and hydrate a Haitian child for a week. We can all afford to make a difference!

The Black Star Project is asking you to miss at least one meal this week for the people of Haiti and to send the money that you would have spent on your breakfast, lunch or dinner to a relief fund that is on the ground working in Haiti.

Many people say they want to go to Haiti to help those affected by the earthquake. The cost of a round trip flight from New York City to Port-au-Prince, Haiti is more than \$2,000.00. Decent hotel lodging, which is virtually impossible to find in Haiti, might cost another \$2,000.00 for one week. And your mouth would become another mouth to feed of more

than 2 million people who need food and water day.

Instead of going to Haiti, will you miss a lunch for Haiti and send the money you would have spent on that lunch to one of the on-the-ground relief agencies listed below:

All entries for submission should be received by noon, the Monday prior to publish date and in [Press Release form](#).

The Black Star Project (773.285.9600) recommends that you send your contributions to:

Yele Haiti (Wyclef Jean's Relief Effort) at www.yele.org or text YELE to 501501 to donate \$5.00 on your phone bill

UNICEF at www.unicefusa.org or call 800.367.5437

Doctors Without Borders at www.doctorswithoutborders.org or call 888.392.0392

American Red Cross at www.redcross.org or call 800.REDCROSS (800.733.2767) or 800.257.7575 (Español)

Partners in Health at www.pih.org or call 617.432.5256

Charity water at <http://www.charitywater.org>

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at:

<http://nofullprices.net>

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons?

A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid

for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

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----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Ladies and Gentlemen:

I know of an excellent Charter School, you may have heard of it,
"Knowledge Is Power Program"
(KIPP).

It has 80% of its students continue on to college and it only goes up to the
8th grade. It's fairly new with such a high success rate already. You may
have heard of it.

Now they are expanding to 9th grade and possibly beyond, but they are in
need of a building. I was hoping if anyone could help find a location or
know of somewhere. It would be greatly appreciated by our future
professionals, CEO's and potential politicians of America and me :)

Please contact me, my information is below, or
Mr. Aaron Bass, Principal 267-249-6089.

Thank you for your consideration in this matter. Have a Great Day.

Virginia D. Smith, Asst - MDT
Department of Human Services
Special Family Focus Services
215-300-2949 - Cell
215-683-6381 - Office
215-683-6408 - Fax

virginia.d.smith@phila.gov

May God Bless You Always in All Ways

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Volunteer In Africa

Explore a Continent of Contrasts while Volunteering in Africa

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to TheCoalitionNews@gmail.com with "subscribe" in the subject.

For over a decade, Cross-Cultural Solutions has supported thousands of volunteers in Africa on programs in Ghana, Morocco, South Africa and Tanzania.

CCS volunteers work side-by-side with local people in community organizations focused on supporting social services, education, and health initiatives.

Discover one of the world's most diverse continents and see firsthand the challenges it faces and how you can make a positive impact with CCS.

Go to: www.cross-cultural-solutions.org

IT'S HERE!!

Our group A HAND UP! Is now open, please go to:

[A HAND UP!](#)

In response to the needs of many grassroots organizations for the basic tools to implement and sustain their ideas and projects, The Coalition, Inc. members have come together to establish a network to facilitate the distribution/re-distribution of unwanted, unneeded, surplus and even repairable items for recycling.

To join: [A Hand Up!](#)

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

WORD-OF-THE-WEEK

aegis \EE-jis\
Protection; support;
Sponsorship;
patronage;
Guidance, direction,
or control.

Remember to support The Coalition, Inc.'s on-air personalities...

Sister Phile Chionesu, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation**" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: www.blogtalkradio.com/empresschi Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to mwmsistahood@aol.com to chat on line.

