



We all hold a piece to the puzzle
Friday 09 December 2011

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News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 6, Number 17

Greetings Coalition Family!

The traditional holiday season is upon us. This is the time of year that many of us spend deeply into our projected income to elicit the ooohs and ahhs of our loved ones and peers. Merchants begin to prepare 12 months in advance for this buying season. Make a pledge this season to spend a minimum of 10% of your budget within in your own community, the results can be phenomenal.

"If everyone is moving forward together, then success takes care of itself." - Henry Ford

*"We each hold a piece to the puzzle." – Dr. John Elliott Churchville
"Communicate... Cooperate... Collaborate"*

FOR OUR CHILDREN

“It is easier to build children than it is to repair men.”...Frederick Douglass

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to TheCoalitionNews@gmail.com with “subscribe” in the subject.

If you are receiving this publication without consent, send an email with “unsubscribe” in the subject to be removed from our database.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: [News From The Coalition, Inc.](#)

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Cap4Kids Hint of the Week

Did you know that preventable injuries and Sudden Unexplained Infant Death are mostly preventable with certain precautions? Recently the American Academy of Pediatrics has come up with 2 new recommendations that will continue to protect children from harm. The first is that children should now be facing toward the back of a car in an appropriate car seat until 2 years old.

The next is that ALL newborns and infants should follow these recommendations to reduce SIDS:

Always place your baby on his or her back for every sleep time.

Always use a firm sleep surface. Car seats and other sitting devices are not recommended for routine sleep.

The baby should sleep in the same room as the parents, but not in the same bed (room-sharing without bed-sharing).

Keep soft objects or loose bedding out of the crib. This includes pillows, blankets, and bumper pads.

Wedges and positioners should not be used.

Pregnant woman should receive regular prenatal care.

Don't smoke during pregnancy or after birth.

Breastfeeding is recommended.

Offer a pacifier at nap time and bedtime.

Avoid covering the infant's head or overheating.

Do not use home monitors or commercial devices marketed to reduce the risk of SIDS.

Infants should receive all recommended vaccinations.

Supervised, awake tummy time is recommended daily to facilitate development and minimize the occurrence of positional plagiocephaly (flat heads).

On the www.cap4kids.org/philadelphia, there are 2 pages that help providers and families find information of childhood safety as well as resources in the community.

The Child Safety Tab

(http://www.cap4kids.org/philadelphia/childhood_safety.html) has info on childhood safety, and the Safety Resources handout has listings of

"To believe a thing impossible is to make it so." - French Proverb

*We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred eighty countries!
Click here:
EightCitiesMAP
Choose
"Philadelphia's Online Community
"Newsletter" from the menu.*

resources in the community to help families protect their loved ones from preventable injury and death
(http://www.cap4kids.org/philadelphia/parent_handouts/safety_resources.html).

Also, please remember to "like" Cap4Kids Philadelphia on Facebook to spread the word about caring for children and families in our great town.
<http://www.facebook.com/home.php#!/pages/Cap4Kids-Childrens-Advocacy-Project-of-Philadelphia/128539460582710>
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PARENTS MAYBE THIS CAN HELP YOU

School Discipline Advocacy Service (SDAS) The cross-campus collaboration of Temple University and University of Pennsylvania Law students. SDAS aims to provide assistance and possibly representation to public and charter school parents and students in school discipline hearings. The program includes a telephone messaging service (215-204-8812) and email address (sdas.phila@gmail.com) that parents and students can contact for resources and support.

THIS WEEK

The Black Male Development Symposium

will be having it's Kick-Off Reception on
Friday, December 9th from 6-9PM at
Arcadia University in the
Grey Towers Castle.

Please visit our web site www.blackmaledevelopment.com and RSVP via the Evite.

Take care

Dr. Doreen Loury

Executive Director, Black Male Development Symposium

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FREE Marriage Conference

This one of a kind FREE marriage conference scheduled this coming Saturday, we still have a few spaces available.

Come see what God has to say about marriage through some dedicated people who are skilled in marriage.

Recieve God's word & good fellowship with giveaways from Royal Caribbean, Sandals, CLC Book Store, The Eye institute, Kairi's Travel, Empowerment hour radio, Relish, Sol...e to Soul, Just to Serve you,

*One who is too insistent on his own views finds few to agree with him.
Lao Tzu*

**If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com
We will credit you with the submission.**

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Derek's, Philly Platinum Grill, Cold Stone Creamery, Applause Fashions, Blessings unlimited, Divacoutoure, Traci Lynn, Meridian Bank, Farmers Insurance, TC Unlimited, The Promise Land, Pleasure Principle, Pampered Chef and much more!

You don't want to miss this, come invest in your marriage for FREE!

Bodiee Fellowship Hall

7811 Ridge Avenue
Philadelphia, PA 19128

Saturday, December 10, 2011 from 9:00 AM to 4:00 PM (ET)

SOME VENDOR SPACE IS STILL AVAILABLE!!! Please contact Deidra @ [610-332-9594](tel:610-332-9594).

If you plan on attending the FREE marriage conference, please register TODAY as we only have few spaces left. You may register @ <http://togethermarriages.eventbrite.com>.

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EMPLOYMENT AND TRAINING OPPORUNITIES

FEMA positions up to six figures available in our online [Coalition Group](#) ongoing updates will be posted as they become available.

HEALTH MATTERS

Around 90 percent of Americans consume caffeine every single day in one form or another.

More than half of all American adults consume more than 300 milligrams (mg) of caffeine every day, making it America's most popular drug by far.

Caffeine is a natural component of chocolate, [coffee](#) and [tea](#), and is used as an added energy boost in most colas and [energy drinks](#). It's also found in diet pills and some over-the-counter pain relievers and medicines.

Caffeine is known medically as trimethylxanthine, and the chemical formula is C₈H₁₀N₄O₂. When isolated in pure form, caffeine is a white

*The years teach much
which the days never
knew. ~Ralph Waldo
Emerson*

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crystalline powder that tastes very bitter. The chief source of pure caffeine is the end result of the process of [decaffeinating coffee and tea](#). Medically, caffeine is useful as a cardiac stimulant and also as a mild [diuretic](#) - it increases urine production. Recreationally, it is used to provide a "boost of energy" or a feeling of heightened alertness. College students often use it to stay awake while cramming for finals and drivers use it to push through to their destination. Many people feel as though they "cannot function" in the morning without a cup of [coffee](#) to provide caffeine and the boost it gives them.

It's important to know that caffeine is an [addictive drug](#). Among its many actions, it operates using the same mechanisms that amphetamines, [cocaine](#), and heroin use to stimulate the [brain](#). Relatively speaking, caffeine's effects are milder than amphetamines, cocaine and heroin, but it is manipulating the same channels in the brain, and that is one of the things that gives caffeine its addictive qualities. If you feel like you cannot function without it and must consume it every day, then you may be addicted to caffeine.

Health Benefits of Caffeine

Caffeine has long been on the list of don'ts for people hoping to lead a healthy lifestyle. Doctors pointed to caffeine's negative effects on the nervous system and how it can increase [anxiety](#), [stress](#) and [food cravings](#), in addition to inhibiting sleep. Recent studies, however, have shown that coffee and caffeine may actually have some significant medical benefits. There have been more than 19,000 studies on caffeine and coffee in the past 30 years in an attempt to determine its exact effects on the human body. One of the most thorough and exhaustive studies was done by Harvard University, in which they examined 126,000 people over an 18-year period. The findings indicate that people who drink one to three cups of coffee a day are up to 9 percent less likely to contract [diabetes](#). What's interesting is what happened to those who drank six or more cups of coffee per day - men slashed their chances of contracting diabetes by 54 percent, and women by 30 percent [source: [Kirchheimer](#)].

Other studies have shown similar results in many facets of human health:

- Regular coffee drinkers are 80 percent less likely to develop [Parkinson's disease](#).
- Two cups a day gives you 20 percent less risk of colon [cancer](#).
- Two cups a day causes an 80 percent drop in cirrhosis.
- Two cups a day prevents gallstone development by 50 percent.
- It has also shown to be beneficial in asthma, stopping [headaches](#), boosting mood and even preventing cavities [source: [Kirchheimer](#)].

"Strong-minded, resolutely-willed, you can create out of nothing a great business, a huge empire, a New World! Others have - and they have no monopoly." - Charles Bristol

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Some of these findings may have something to do with other healthful properties of the coffee bean, but most can be directly linked to caffeine. Researchers are even developing drugs for Parkinson's disease containing caffeine derivatives.

Recent studies show caffeine can help fight disease.

Another interesting study by The Byrd Alzheimer's Institute in Tampa, Fla., showed that lab mice injected with caffeine were protected against developing [Alzheimer's disease](#). The injections even helped reduce symptoms in those that had the disease. The findings lead doctors to believe that up to five cups of coffee a day could have the same positive effect on humans [source: [Arendash](#)].

Rutgers University carried out a study in July 2007 that showed regular [exercise](#) combined with daily doses of caffeine can increase the destruction of pre-cancerous skin cells in mice. Once again, the findings have not yet been tested on humans, but the indication is that it will have similar effects [source: [Lu](#)].

One thing is clear -- despite the recent findings, most doctors still recommend moderation in regard to caffeine intake. While these recent studies give hope to those who are hooked on their morning cup of joe, there is still a long way to go to determine the long-term effects of caffeine use.

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GREEN PIECE

Banana Peels Can Purify Polluted Drinking Water, Scientists Say

by [Katie Robbins](#)

Did you hear the one about the chemist and the banana peel?

As much as it sounds like one, this isn't the set-up for a slapstick punch line. Scientists in Brazil have discovered that banana peels can be used to clean polluted drinking water, [NPR reports](#).

Gustavo Castro, an environmental chemist at Sao Paulo State University, suspected that we might be overlooking valuable properties in the peels.

"I have heard for a long time that we usually throw out the best part of the fruit and that most of the nutrients and proteins are in parts not used by us, such as the peels," he told the [American Chemical Society](#) in a podcast. "From there, I decided to make an initial experiment to determine the chemical composition of the peel."

"The trouble with quotes on the Internet is that it's difficult to determine whether or not they are genuine." - (Abraham Lincoln, 1809 – 1865)

If you have a favorite joke, why not share it with our readers. send to

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We will credit you with the submission.

Castro found that banana peels contain nitrogen, sulfur, and carboxylic acids, which, he noted, bind with positively-charged heavy metals often leached into water from mining or industrial runoff. Since many methods of removing metals from the water are expensive and toxic, Castro thought he might be on to a more natural method of cleaning drinking water.

He and his colleagues chopped and dried bits of banana peel and combined them with water from Brazil's polluted Paraná River.

The peels stood up to other types of commonly-used filtering products like silica and carbon, and scientists found that the peels could be used up to 11 times without losing their purifying powers.

And they were cheap.

"I was surprised to learn that something so simple could work so well," said Castro. "I believe banana peels can be of great importance in water purification."

But one important question remains: With banana skins going to a good cause, what will pranksters use for a good-old fashioned peel pratfall?

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The [Electronic Industries Alliance](#) provides a list of local electronic recycling facilities, including Philly's Northeast Drop-off Center at State Road & Ashburner Street and Northwest Drop-Off Center at Domino Lane & Umbria Street.

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Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>

For sustainable enterprise go to Green Jobs Philly
<http://www.greenjobsphilly.org/news>

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Get Fresh!

Volunteer with Philabundance Fresh for All
You recycle out the wazoo and consider yourself
consigliore of the enviro-sack mafia.

Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All programs.

And you can help by volunteering.

The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times.

With a minimum three-hour commitment, you'll keep busy. Help with

"One who never turned his back but marched breast forward, never doubted clouds would break, Never dreamed, though right were worsted, wrong would triumph," - Robert Browning

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admin, approve clients, or do community outreach (posting mailings, making phone calls).

Looking for something physical?

Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need.

And that's a green movement to be proud of.

To participate in Fresh for All, contact Tunisia Garnett (215-339-0900 ext. 238 or tgarnett@philabundance.org).

For more information, go to www.philabundance.org

GRANTS, SCHOLARSHIPS & INSTRUCTION

Open Society Foundations and Echoing Green Launch Black Male Achievement Fellowship

NEW YORK - The Open Society Foundations and Echoing Green announced today a new fellowship program for individuals dedicated to improving the life outcomes of black men and boys in the U.S. It is the first fellowship program of its kind that targets social entrepreneurs who are starting up new organizations in the field of black male achievement.

"We're proud to support innovators working to transform the lives of black men and boys and their communities," said Shawn Dove, Manager of the Open Society Foundations Campaign for Black Male Achievement. "Historically, black males have been prevented from fully engaging in American society due to a host of economic, civic, social, and political barriers. Now for the first time, there's a fellowship program dedicated to providing creative thinkers the space and support they need to tackle this complicated and entrenched problem."

The online application for the Open Society Black Male Achievement Fellowship will be available on December 5, 2011 and closed on January 9, 2012. It will be awarded to eight fellows who are generating new ideas and best practices in the areas of education, family, and work such as initiatives related to fatherhood, mentoring, college preparatory programs, community-building, and supportive wage work opportunities.

Fellowships will also be awarded for efforts in the areas of communications and philanthropic leadership.

"The pioneering efforts of social entrepreneurs have real and long-term systemic impacts on society," said Cheryl L. Dorsey, President of Echoing Green. "We're excited to be partners in this new Fellowship

Doctor! I have a serious problem, I can never remember what I just said.

When did you first notice this problem?

What problem?

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program focused on black male achievement. When all segments of our society succeed, we can be much more innovative and competitive as a country."

Echoing Green has run a social entrepreneur fellowship for the past 24 years. Eighty-five percent of their Fellows remain in the social sector in leadership positions after their fellowships have ended. Each BMA Fellow will receive a \$70,000 stipend in start-up capital as well as technical assistance over 18 months to help them launch and build their organizations; access to technical support and pro bono partnerships; community of like-minded social entrepreneurs and public service leaders; and other benefits.

For eligibility and application information, go to:

www.echoinggreen.org/bma-fellowship

About the Open Society Foundations

Active in more than 70 countries, the Open Society Foundations work to build vibrant and tolerant democracies whose governments are accountable to their citizens. Working with local communities, the Open Society Foundations support justice and human rights, freedom of expression, and access to public health and education.

About Echoing Green

Echoing Green unleashes next generation talent to solve the world's biggest problems. We are a nonprofit social venture fund that identifies, invests in, and supports some of the world's best emerging social entrepreneurs-society's change agents. Because we believe human capital is the most important asset class, and understand the difficulties faced by social innovators who challenge the status quo with bold ideas for a better world, Echoing Green invests deeply in these next generation change agents as well as works to create an ecosystem around them that supports and celebrates social innovation as a high-impact strategy for social change.

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Hereeeeeeeeeeeeeees...
Kathy's Korner!

*"No woman can keep a secret."
"I don't know about that. I've kept my age a secret since I was 21."
"You'll let it out some day."
"I hardly think so. When a woman has kept a secret for 27 years, she can keep it forever."*

Kathy's WORD OF THE WEEK DEFINITIONS BY GENDER

VULNERABLE (*vul-ne-rah-bel*) *adj.*
Female: Fully opening up one's self emotionally to another.
Male: Playing football without a cup.

(Kathy Parsons is a regular contributor.)

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Building Your Success Team

By Michael Rice

In America, the first recognized urban networkers were the founding fathers. They were a dedicated group of individuals from different walks of life who were united in purpose and direction. The members included such colorful individuals as John Adams, Thomas Jefferson and Ben Franklin (two of them later them president and one who was ambassador to France, the first postmaster and associated with the discovery of electricity. Together they formed a mastermind group aka success team that created the foundation for the most powerful country in the world.

As urban networkers they recognized the power of purpose and teamwork. Today urban networkers also establish success teams. These teams consist of people who share and support each other's goals and values. Urban networkers convene their teams on a regular basis. The meetings are formal or informal yet based in trust, honesty and harmony.

The goals of these meetings are to provide mutual support and encouragement. The membership represents different disciplines and even ways of life. While all the groups have their own unique identity, they share in their spiritual values. Everyone in the group believes in the other's talents and abilities. They agree that only way to truly enjoy success is to work together to achieve it.

"It takes teamwork to make a dream work"

Napoleon Hill, author of "Think and Grow Rich," describes a success team as something called the Master Mind. He describes it as the "coordination of knowledge and effort, in a spirit of harmony between two or more people for the attainment of a definite purpose. No two minds ever come together without thereby, creating a third invisible intangible force which may be likened to a third mind...."

Hill compared the human mind to an electric battery, ".a group of brains coordinated (or connected) in a spirit of harmony will provide more thought energy than a single brain, just as a group of batteries will provide more energy than a single battery."

Herbert Harris, in his book "The Twelve Universal Laws of Success" calls it the highest and most powerful form of relationship with other people. He describes the mastermind principle: "The Mastermind is the power source that creates directs and guides the universal creation. It is know by many names: God, First Cause, Supreme Being, Supreme Cause, Universal Force, etc. Each of us, every person on the planet, is an individualized expression of this Master Mind. We have the God given power to connect with, and tap into the wisdom,

"A timid person is frightened before a danger, a coward during the time, and a courageous person afterwards." - Jean Paul Richter

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creative genius and power of this Master Mind...The Mastermind principle embodies the ancient concept that combined energies , intelligence and power of two or more like minded people , is far greater than the sum total of their individual energy, intelligence and power” Both authors agree that the combined power of two or more individuals united together and focused on one purpose is an amazing and unstoppable force.

Want to learn more about how to establish your own success team and build better mutually beneficial relationships in your life? Join us at the monthly Community Improvement Workshops sponsored by the Coalition and Professional Networking Associates. Michael Rice, Lead Facilitator and CEO for Professional Networking Associates shares principles, strategies and tactics for the new "Urban Networking" in an ongoing workshop series. Call 215-387-2734 or 267-303-0653 for more information

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ARTS FOR AWARENESS

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

Poetic VibeZ: December 9, 2011 @ The October Gallery, located 6353 Greene Street. Start time is 8pm, also Free for confirmed Performing Poets, and \$10.00 for guests.

December 16, 2011 @ The October Gallery, located 6353 Greene Street. Start time is 8pm, also Free for confirmed Performing Poets, and \$10.00 for guests.

December 25, 2011 @ 7165 Lounge, located 7165 Germantown Ave., (the Old North By Northwest.) Start Time 3:30pm. Free for confirmed Performing Poets, and \$10.00 for guests, which includes all U can Eat Vegan Brunch.

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Jus' Words at Dowlings Place
1310 No. Broad St. Phila
Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers

- Spoken Word Artists
- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

"Discoveries are often made by not following instructions, by going off the main road, by trying the untried." - Frank Tyger

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COMING UP

With The Name Of Allah, The Beneficent, The Merciful
Moorish Unification Council of the World, Inc.

Presents its

Annual Unity Day Celebration

In Honor of Noble Drew Ali
(1886-1929)

Community Award Presentations
Speaker: Wesley Wilson-Bey

Sunday January 8, 2011
3:00 – 6:00 P.M.

Kingsessing Recreation Center
49th & Kingsessing Avenue
Philadelphia, PA

More information: Wesley Wilson-Bey/Chairman 215.476.0280

"What if you have failed in the past? So, at one time did every man we recognize as a towering success. They called it 'temporary defeat.'" - Napoleon Hill

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Root Cause and Open Society Foundations Campaign for Black Male Achievement to Launch a Leadership and Sustainability Institute

BOSTON -To bolster the efforts of advocates and organizations working to improve the life outcomes of black males in the U.S., Root Cause and the Open Society Foundations Campaign for Black Male Achievement are launching a Leadership and Sustainability Institute. The project is meant to strengthen the capacity of the campaign's grantees and other nonprofit organizations working within the field of black male achievement.

"It's going to take decades of effort to make real headway on the many difficult issues that black men and boys in this country face so we are acting with the fierce urgency of now," said Shawn Dove, the Campaign Director of the Campaign for Black Male Achievement.

"We're excited to partner with Root Cause on this important legacy: an institute that provides individuals and organizations working on black males achievement with the tools and support they need to ensure success."

Black men and boys face major racial disparities, unequal opportunities, and achievement gaps at nearly every stage in life including early childhood, primary and secondary school, college, and employment.

For example, by 2004, 50 percent of black men in their 20s who lacked a college education were jobless, as were 72 percent of high school dropouts; 42 percent of all black boys have failed an entire grade at least once and only 18 percent of black men ages 20-21 are enrolled in college; the Bureau of Justice Statistics projected that 28 percent of black males in America will serve some time in state or federal prison.

While over the years numerous leaders, advocates and organizations have made major strides in improving the life outcomes and achievements of black men and boys, sustaining a strong and consistent multi-decade focus on the issue has been a great struggle. An 1995 Urban Institute study found that of the 51 programs focused on black men and boys surveyed, after 10 years a quarter no longer existed and less than a quarter still maintained programming focusing on black males.

Organizations working in the black male achievement field have faced, and continue to face, more obstacles compared to the overall nonprofit sector including:

The black male achievement field has been plagued by inconsistent philanthropic support. Organizations often work in isolation from one

The beaver is very skilled at its craft. It knows exactly what to do to fix a dam. The last thing it needs is someone on the bank shouting out dam instructions. - Grant Bright (derived from Ken Blanchard's "Gung Ho!")

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another, may be working in segregated neighborhoods, and have lower access to networks and resources to help grow their impact. Efforts to coordinate the field are often short term, inconsistent, and unstructured.

Available growth and sustainability resources often lack sufficient cultural context or focus on organizations working in this field, and those few service providers that are dedicated to the field are often small, geographically scattered, have inconsistent cash flow, slow growth of impact, and challenges to sustainability.

About the Open Society Foundations Campaign for Black Male Achievement

The Campaign for Black Male Achievement is a multi-issue, cross-fund strategy to address black men and boys' exclusion from economic, social, educational, and political life in the United States. The campaign responds to a growing body of research that reveals the intensification of black males' negative life outcomes. It builds on U.S. Programs' mission to support individuals and organizations that nurture the development of a more democratic, just society, as well as the Open Society Foundations' expertise and past work to reduce incarceration, promote racial justice, and support youth engagement and leadership development.

About Root Cause

Founded in 2004, Root Cause began as a small nonprofit consulting practice for innovative nonprofits. Since then, Root Cause has grown to become a nationally recognized organization with 30 team members, an annual budget of \$3 million. Root Cause has developed growth and sustainability plans for more than 130 nonprofit organizations that have subsequently raised more than \$50 million.

Media Contact

Tania Green

[781.738.2715](tel:781.738.2715)

tgreen@rootcause.org

COMPUTERS AND TECHNOLOGY

*He dares to be a fool, and
that is the first step in the
direction of wisdom.
~James Gibbons Huneker*

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Comcast unveils new plan to combat digital divide

Comcast has announced that it will begin offering a new service, [Internet Essentials](#), in time for the 2011-12 school year.

This initiative will directly address the major barriers that many in our communities face for in-home broadband adoption: affordability and lack of digital literacy.

In today's world, it is important for everyone to be digitally literate. Broadband adoption is vital for our communities because it helps improve our children's education, our local economy, and the ability for members of our communities to find jobs and benefit from opportunities available online.

Comcast Internet Essentials will provide eligible families with:

- Affordable home Internet service (\$9.95 per month)
- A low-cost computer (\$149.99 plus taxes)
- Access to free internet training – online, in print and in classroom (at established community training sites)

Internet Essentials will be available everywhere that Comcast offers its high-speed Internet service. Students in more than 4,000 school districts in 39 states and the District of Columbia will be able to participate.

Comcast will accept new Internet Essentials participants for at least three years, through the end of the 2013-14 school year. Any household that qualifies during this three-year period will remain eligible for Internet Essentials, provided the household still qualifies for the program, until that child graduates from high school.

For more details, go [here](#).

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Free online journal focuses on technology for nonprofits

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

[NTEN:Change](#), a free online journal from the [Nonprofit Technology Network](#),

provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available [here](#).

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Group offers low-cost web access to nonprofits

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

Send your information to: [News From The Coalition, Inc.](#)

All entries for submission should be received by noon, the Monday prior to publish date and in [Press Release form.](#)

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

For more information, email [Free Trial](#).
www.mobilecitizen.org/grantphiladelphia

A HAND UP!

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at:

<http://nofullprices.net>

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a

Archived copies of past editions of News From The Coalition, Inc. can be found here.

Click here:

EightCitiesMAP

Choose

"Philadelphia's

Online Community

"Newsletter" from the menu.

huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons?

A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

---- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site ----

WORD-OF-THE-WEEK

nuptial \NUHP-shuhl; -chuhl\ : Of or pertaining to marriage; done or used at a wedding; as, "nuptial rites and ceremonies."; Of, pertaining to, or occurring in the mating season.

Remember to support The Coalition, Inc.'s on-air personalities...

Please listen to the "**Time For An Awakening**" Program with Bro. Elliott, this and every Sunday at 7 pm. Listen at www.900AMWURD.com Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

Sister Phile Chionesu, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation**" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: www.blogtalkradio.com/empresschi Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to mwmsistahood@aol.com to chat on line.

****This spot reserved for The Coalition friend and supporter Jeff Hart****

