



We all hold a piece to the puzzle
Friday 10 February 2012

The Coalition, Inc.
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News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 6, Number 24

Greetings Coalition Family!

Welcome to second installment acknowledging African Heritage Month 2012.

Over the entire period of our captivity there have been heroes and sheroes who have made significant contributions at great personal sacrifice to force change and elevate the quality of life for our people and this nation. This month we honor our own and illustrate many of those contributions. There have also been those who do not believe change is possible and sit silently while those who do, make the ultimate sacrifice on their behalf. How will history remember you? Ed.

The house-roof fights with the rain, but he who is sheltered ignores it.- Wolof saying

*"We each hold a piece to the puzzle." – Dr. John Elliott Churchville
"Communicate... Cooperate... Collaborate"*

FOR OUR CHILDREN

"It is easier to build children than it is to repair men."...Frederick Douglass

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to

TheCoalitionNews@gmail.com

with "subscribe" in the subject.

If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

Send your information to: [News From The Coalition, Inc.](#)

All entries for submission should be received by noon, the Monday prior to publish date and in [Press Release form.](#)

Cap4Kids Hint of the Week

Did you know that Cap4Kids at www.cap4kids.org/philadelphia was developed with mobile devices in mind? Need to find a local rec center?

Emergency food resources? College scholarship info? Save the Cap4Kids website to your home page on your iPhone, Android, Blackberry and viola, easy access.

Want timely texts? There are several texting programs listed on Cap4Kids including: text4baby (<http://www.text4baby.org/>); texts for closest family planning clinics (http://www.cap4kids.org/philadelphia/parent_handouts/teen_resources.html); and timely texts for smoking cessation (<http://www.determinedtoquit.com/>).

Check it out. Save it to your home page, and surf away.

----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

KidzPartners is interested in working with organizations and community organizers concerning upcoming community events around health topics that you may be planning.

Great opportunity to make available to families who have children who are uninsured our CHIP insurance line know as KidzPartners. Please take a few minutes to review our web site and look at the community events that we have been involved in. Website address is www.kidzpartners.com.

We would very much be interested in setting up informational tables as well as the possibility of conducting a presentation.

Some general benefits offered through our chip plan include, sick and well care visits, hospitalization, and prescriptions. In addition to these benefits we are very committed to trying to assist some 50,000 children locally with no health coverage. Working with our weight watchers and fitness programs which are benefits for our KidzPartners members, our children will begin to eliminate the childhood obesity problems we are all encountering at this time.

Please feel free to respond to www.kidzpartners.com for more information or

Write to us at:

For general inquiries:

Kidz Partners

901 Market Street, Suite 500

Philadelphia, PA 19107

*No one boasts of what
belongs to another. African
Proverb*

*We are proud to
announce that News
From The Coalition,
Inc. is featured on the
internationally
acclaimed site Eight
Cities Map which is
read in more than One
hundred eighty
countries!*

*Click here:
EightCitiesMAP*

*Choose
"Philadelphia's
Online Community
"Newsletter" from the
menu.*

Email:

tmoore@healthpart.com

If you are requesting information, be sure to include your name, address and/or phone number in your email message.

Visit our Community Outreach Office:
1829 E. Allegheny Avenue
Philadelphia, PA 19134
(Open Monday-Friday, 8:00 am - 4:30 pm)
Local: 215-426-4372

Arlene Stewart-Mingo
Community Education Program Developer
Health Partners
901 Market Street
Philadelphia, PA 19107
215-991-4284 - Phone
215-967-4470 - Fax

astewart@healthpart.com e-mail

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

The Village of Champions

is holding their first fundraiser to support the youth sports program for disadvantaged youth. Tickets are just \$5.00 which includes the price of admission and skates at

JAMZ SKATING RING ON PRESIDENTS DAY FEB 20, 2012.

We would appreciate it as a member of the coalition that you spread and or send these flyers to our affiliates.

For more information please feel free to contact Sonja Kielt at 267-565-9749 or Michael King at 267-753-5119.

THIS WEEK

An Evening of African American Music

Drexel University - Mandell Theater

3201 Chestnut Street
Philadelphia, PA 19104

Phone: 215-895-2787

*Cato's Conspiracy/Stono Rebellion--1739--
Approximately 80 slaves armed themselves and attempted to march toward Spanish Florida from their home area of Stono, South Carolina. When confronted by a group of white militia, a battle ensued. Forty-four blacks and twenty-one whites perished.*

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com We will credit you with the submission.

JOIN THE COALITION, INC!

To join The Coalition go to: TheCoalitionInc.net and download a copy of the Pledge of Commitment and return it to us the.pa.coalition@gmail.com

The Annual Evening of African American Music features the Gospel Choir and Jazztet. The concert will present spirituals, gospel music, blues, and jazz, including a tribute to the legacy of the late Rev. Milton Brunson, founder of the award-winning Thompson Community Singers.

EMPLOYMENT AND TRAINING OPPORUNITIES

Regional Career Fairs/Events

Philadelphia Job Fair
Tuesday, March 6, 2012, 11AM - 2PM
The CHF Conference Center 315 Chestnut Street
Philadelphia, PA 19106
<http://www.coasttocoastcareerfaairs.com> Diversity

Professional Job Fair Monday, March 12, 2012, 10AM - 2PM
Doubletree Hotel Philadelphia
237 South Broad Street
Philadelphia, PA 19107
<http://www.diversityjobfairs.com>

King of Prussia Career Fair
Monday, March 19, 2012, 11AM - 2PM
Crowne Plaza Hotel Valley Forge
260 Mall Boulevard
King of Prussia, PA 19406
<http://www.nationalcareerfaairs.com>

Healthcare Job Fair
Tuesday, April 10, 2012, 9:30AM - 2:30PM
Classes 8AM - 3:30PM
Expo Center at Oaks
100 Station Avenue
Oaks, PA 19456
<http://events.advanceweb.com>

Philadelphia Career Fair
Monday, April 23, 2012, 11AM - 2PM
Crowne Plaza

Vermont became the first state to abolish slavery - in 1777.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

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4100 Presidential Boulevard

Philadelphia, PA 19131

<http://www.nationalcareerfairs.com>

HEALTH MATTERS

Energy Drinks And Alcohol: A Dangerous Combo

BlackDoctor.org) -- According to new research mixing energy drinks with alcohol is a dangerous combination. A new study, involving more than 4,000 students, has found that drinking cocktails of alcohol and energy drinks doubles the risk of clubbers getting hurt or being taken advantage of sexually.

Energy drinks such as Red Bull, Irn-Bru 32 and Lucozade, often contain high levels of caffeine and other ingredients, and mixing them with alcohol has become a popular way of boosting energy levels in order to keep dancing all night.

The researchers at Wake Forest University Baptist Medical Centre in the United States, questioned 4,271 college students about their drinking habits and the consequences.

It was found that of those who had drunk alcohol in the previous 30 days, a quarter (24 per cent) said they had consumed energy cocktails; when their behavior was compared with students who did not mix alcohol and energy drinks, the group were twice as likely to be hurt or injured after drinking, twice as likely to need medical attention and twice as likely to travel with a drunken driver.

This group also faced double the risk of either taking sexual advantage of someone else, or being taken advantage of themselves.

The cocktails also seemed to affect the amount they drank as in a typical drinking session, those on mixed drinks drank up to 36 per cent more than the other students and also reported twice as many episodes of weekly drunkenness.

Dr Mary Claire O'Brien, lead researcher for the study, says they knew anecdotally that college students mix energy drinks and alcohol in order to drink more, and to drink longer.

Gabriel Prosser's Rebellion--1800--Gabriel Prosser, a blacksmith, and his brother Martin, a slave preacher, planned a major rebellion in Virginia. They recruited at least a thousand slaves to their cause and built up a secret cache of weapons in anticipation of marching on the state capital of Richmond. When the day of the revolt arrived though, a violent storm washed out the roads and bridges leading to Richmond. The rebels broke up and Prosser was betrayed by one of his followers. The state militia captured Prosser and he and many of his followers were hanged.

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But Dr O'Brien says they were surprised that the risk of serious and potentially deadly consequences is so much higher for those who mix energy drinks with alcohol.

According to Dr O'Brien mixing caffeine (a stimulant) with alcohol (a depressant) equates to "getting into a car and stepping on the gas pedal and the brake at the same time".

She says students whose motor skills, visual reaction times, and judgment are impaired by alcohol may not perceive that they are intoxicated as readily when they're also ingesting a stimulant, as while the symptoms of drunkenness are reduced the drunkenness is not.

Dr O'Brien says some energy drinks contain as much as 300 milligrams of caffeine and has called for students to be informed of the risks of mixing alcohol with energy drinks.

Experts say there is currently very little information on the consequences of mixing alcohol with energy drinks and young people, need clear guidance on what impact different levels of drinking can have.

Energy drinks often contain a mixture of ingredients, such as caffeine, vitamins and herbs and products such as guarana, ginseng and ginkgo biloba; many also have high levels of sugar to help boost energy levels.

But caffeine remains the main energy-boosting ingredient, with an average energy-drink containing about the same amount as a small cup of coffee; about 65 per cent of energy-drink users are under the age of 35.

There has been criticism over the potential health effects of drinking large amounts of caffeine and France has banned the sale of the popular Red Bull brand following the death of an 18-year-old who played basketball shortly after consuming several cans of the drink; an inquest ruled that he died from Sudden Adult Death Syndrome.

The U.S. Food and Drug Administration (FDA) limits caffeine to 65 milligrams per serving of a food or beverage but as energy drinks are currently not regulated by the FDA, they can contain as much as 300 milligrams of caffeine in a single serving.

Dr O'Brien was speaking at the annual meeting of the American Public Health Association in Washington DC.

By Candace Hall, BDO Staff Writer

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Until lions have their historians, tales of the hunt will always glorify the hunter. African Proverb

If you have a favorite joke, why not share it with our readers. send to

TheCoalitionNews@gmail.com

We will credit you with the submission.

How do we bring up ALL people through the movement to build a more Sustainable City? There are some starter ideas FYI (For Your Inspiration) below.

Environmental Justice Videos

1. Van Jones at GreenFest 2007 in Chicago:
<http://link.brightcove.com/services/player/bcpid901003925?bclid=900600164&bctid=895238457>
2. Majora Carter – “Greening the Ghetto” :
<http://www.ted.com/index.php/talks/view/id/53>

Free E-Newsletters

1. Public Education Network e-newsletter (Nice resources.):
http://www.publiceducation.org/newsblast_current.asp
2. Next Great City e-Newsletter (Lots of events):
www.nextgreatcity.org
3. Philadelphia Higher Education Network for Neighborhood Development (PHENND) e-newsletter (Just awesome!):
<http://phennd.communishare.org>

Philadelphia Initiatives

1. City of Philadelphia Going Green:
<http://www.phila.gov/green/index.html>
2. East Coast Greenway Pennsylvania: <http://www.greenway.org/gw-pa.htm>
3. Greater Philadelphia Environmental Network:
<http://www.gpen.org/>
4. Next Great City Initiative: <http://www.nextgreatcity.com/>
5. Urban Green Partnership: <http://urbangreenpartnership.org/what-is-green/>
6. Urban Sustainability Forum:
<http://www.sustainablephiladelphia.com/index.html>
7. SustainLane City Rankings: <http://www.sustainlane.com/us-city-rankings/overview.jsp>

Other

The National Religious

1. Partnership for the Environment <http://www.nrpe.org/>
2. PennFuture: <http://www.pennfuture.org/>
3. PennEnvironment: <http://www.pennenvironment.org/>

Norbert Rillieux (1806-1894) Born the son of a French planter and a slave in New Orleans, Rillieux was educated in France. Returning to the U.S., he developed an evaporator for refining sugar, which he patented in 1846. Rillieux's evaporation technique is still used in the sugar industry and in the manufacture of soap and other products.

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4. The Pennsylvania Environmental Council www.pecpa.org
----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>
For sustainable enterprise go to Green Jobs Philly
<http://www.greenjobshilly.org/news>

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Get Fresh!

Volunteer with Philabundance Fresh for All
You recycle out the wazoo and consider yourself consigliere of the enviro-sack mafia.

Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All programs.

And you can help by volunteering.

The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times.

With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls).

Looking for something physical?

Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need.

And that's a green movement to be proud of.

To participate in Fresh for All, contact Tunisia Garnett (215-339-0900 ext. 238 or tgarnett@philabundance.org).

For more information, go to www.philabundance.org

GRANTS, SCHOLARSHIPS & INSTRUCTION

[Grants for Women](#)

You May Qualify for Grants to Earn a Degree Online. Search Schools.

EducationConnection.com/GrantsInfo

[Apply For Scholarships](#)

Stop Paying For College! Apply For Scholarships Online Today.

Slave rebellion in St. John the Baptist Parish --Jan 8-10, 1811-- Slave rebellion in Louisiana in which 500 slaves took part and 100 were killed. Louisiana had only recently joined the United States after the Louisiana Purchase of 1803.

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com We will credit you with the submission.

[Top 2011 Online Grants](#)

Grant Funding May Be Available See If You Qualify!

www.ClassesUSA.com

[\\$10,000 Scholarship](#)

No GPA, No Essay, No Stress! Takes Only 3 Short Min. Don't Wait

www.ScholarshipZone.com

SpotLight On Our Efforts

NU-JUICE FOUNDATION JOINS ‘PHILLY FOOTBALL ROCKS’ FUN-RAISING PROGRAM

Looking to help Philadelphia schools and non-profits raise significant dollars to support programs.

PHILADELPHIA (September 24, 2011) – The Philadelphia Soul have partnered with the NU-JUICE Foundation to help Philadelphia schools and non-profits raise hundreds of thousands of dollars and make a significant impact supporting much needed programs, advancing education curriculums and enhancing key initiatives.

Nu-Juice is a non-profit 501 (c)(3) organization that provides educational consulting and program development services to federal, state and local government entities as well as to community based organizations and non-profits. Through years of proven effectiveness and ongoing empirical learning, Nu-Juice provides institutions and organizations with the most relevant and effective strategies, services and programs to make a measurable impact and tangible outcomes for youth.

The “Philly Football Rocks!” program allows non-profit and youth sports organizations to raise money while spreading goodwill and creating meaningful experiences and great exposure. The Soul has already signed up over 50 partners through this program.

“Schools and non-profits are struggling to find ways to raise money in this tough economic climate,” said Eric Ward, founder of the Nu-Juice

Hereeeeeeeeeeeeeees...
Kathy's Korner!

*Concluding a soulful plea
for contributions to the
church's building fund, the
Pastor added: "Anyone
contributing a sum of one
thousand dollars or more
gets to pick four of their
favorite hymns this week."
From the rear of the
church a little old lady
stood, surveyed the
congregation, pointed and
shouted "I'll take him,
him, him and him!"*

(Kathy Parsons is a
regular contributor.)

Foundation. "This program is exactly what organizations that we work with need right now. This program is the perfect fit for our organization's mission. I am excited to work with the Soul and help them change the lives of Philadelphia youths."

Organizations that sign up for the program will receive: up to 55 percent of the revenue generated from ticket sales to Soul games, an autographed Fender electric guitar signed by Kamal Gray, Jimmy Rollins, Vince Papale, James Van Riemsdyk or Michael Vick (depending on the program selected); an autographed over-sized print from 1980 Super Bowl of Ron Jaworski; an autographed football and jersey signed by Jaworski and a Soul player or coach. A limited number of packages are available.

With a goal of 300 partners signed up before the start of the season and each organization expecting to raise \$5,000 on average, this equates to \$1.5 million in "FUN-RAISING" Revenue in total to be earned from this initiative for organizations spanning all throughout the Delaware Valley, Lehigh Valley and beyond.

The Nu-Juice Foundation is currently looking for more partners to join in the mission. "To purchase individual tickets to support your local school, or to purchase bulk tickets to sponsor your local school, please call the Nu-Juice foundation and speak with Jasmin Reid at 215-523-9310. A portion of all sales go directly to the participating school of your choice."

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ARTS FOR AWARENESS

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

Jus' Words at Dowlings Place
1310 No. Broad St. Phila
Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

Fort Blount--1816--Three hundred fugitive slaves and Florida Indians battled U.S. Army troops at Apalachicola Bay in Florida

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com We will credit you with the submission.

COMING UP

Community Improvement/Leadership Development Workshops Present

Group Decision Making- How to move your organization from talk to action. Another in the series of workshops presented by Ken Houston Tuesday Feb. 21 2012 6:00pm – 8:00pm at the School District Building 440 No. Broad St. Phila.

To register or for more information call 215.387.2734 or 267.303.0653

Running a Community Meeting – How to organize and facilitate a meeting that gets results. Presented by Michael Rice Thursday Feb. 23 2012 6:00pm – 8:30pm at the School District Building 440 No. Broad St. Phila.

To register or for more information call 215.387.2734 or 267.303.0653

Community Improvement/Leadership Development Workshops are sponsored by

The Coalition, Inc. and Urban Network Associates

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Continuation of Black History Month

Saturday, March 3, 2012 9:30 am -
2:00 pm

Heston

5402 Lancaster Ave
Philadelphia, PA 19131

On March, 3, 2012 the West Mill Creek Association will be hosting a "Continuation of Black History Month", celebration. The purpose for this event is to educate our community and bring awareness on the issues that many of our homeless, abused women and children have to face on a day to day basis. Our mission is to inform everyone about programs that are available to help everyone, no matter your situation. There will be entertainment, contests, arts and crafts, and vending opportunities for new and experienced entrepreneurs. If we do not have one another for support then we have no one. Come out and enjoy the company of neighbors in our community and make new friends. This event will be

Thomas L. Jennings (1791-1859) A tailor in New York City, Jennings is credited with being the first African American to hold a U.S. patent. The patent, which was issued in 1821, was for a dry-cleaning process.

If your group or organization is planning an event, send us notice in document format, and we will share it with our readers. Send your information to: [News From The Coalition, Inc.](#)

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from 9am to 2pm. I hope to see you and let's start this New Year off with the right attitude. Some of the proceeds will help to benefit organizations within the community.

For more information contact 267-278-1142.

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**Henry Ossawa Tanner: Modern Spirit
at the Pennsylvania Academy of Fine Arts
Discover the life and art of pioneering African-American artist
Henry O. Tanner**

Explore more than 100 works from pioneering African-American artist Henry Ossawa Tanner during a new exhibition at the Pennsylvania Academy of the Fine Arts (PAFA) beginning April 15, 2012. *Henry Ossawa Tanner: Modern Spirit* includes 12 paintings never before shown in a Tanner retrospective, his two only known sculptures and his career-making *Resurrection of Lazarus* from the collection of the Musée d'Orsay – which has never crossed the Atlantic.

The exhibition also delves into the life and career of Henry O. Tanner from his upbringing in Philadelphia in the years after the Civil War through the artist's training at the Pennsylvania Academy of the Fine Arts from 1879 – 1885.

Discover how Tanner experimented with materials and methods used in various paintings, photographs, prints, sculptures, watercolors, and drawings.

Visitors can purchase the most complete scholarly publication on Henry O. Tanner to date as well as the first-ever children's book about Tanner, written and illustrated by renowned artist-author Faith Ringgold and published by PAFA.

After its premiere at PAFA, *Henry Ossawa Tanner: Modern Spirit* will continue on a national tour, with stops in Cincinnati and Houston.

Ticket Information

Tickets for *Henry Ossawa Tanner: Modern Spirit* include access to the Permanent Collection.

Adults: \$15

Seniors (60+) and students with I.D.: \$8

Youth (13 – 18): \$6

Children (12 and under): Free

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* * * Outside PA * * *

Denmark Vesey organized more than 6,000 slaves and Freedmen in South Carolina in a failed effort to overthrow slavery. The revolt, which was scheduled to occur on July 14, 1822, was betrayed before it could be put into effect. Leaders of the plot were rounded up. Vesey and 46 other were condemned. On June 23 Vesey was hanged on the gallows for plotting to overthrow slavery.

After careful examination of the historical record, the judgment of Sterling Stuckey remains valid: "Vesey's example must be regarded as one of the most courageous ever to threaten the racist foundations of America.... He stands today, as he stood yesterday ... as an awesome projection of the possibilities for militant action on the part of a people who have for centuries been made to bow down in fear."

We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred eighty countries!

*Click here:
EightCitiesMAP*

Choose

"Philadelphia's Online Community Newsletter" from the menu.

Free online journal focuses on technology for nonprofits

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

[NTEN:Change](#), a free online journal from the [Nonprofit Technology Network](#),

provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available [here](#).

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Group offers low-cost web access to nonprofits

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

For more information, email [Free Trial](#).

www.mobilecitizen.org/grantphiladelphia

A HAND UP!

Benjamin Bradley (1830?-?) A slave, Bradley was employed at a printing office and later at the Annapolis Naval Academy, where he helped set up scientific experiments. In the 1840s he developed a steam engine for a war ship. Unable to patent his work, he sold it and with the proceeds purchased his freedom.

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at:

<http://nofullprices.net>

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons?

A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

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Located between 82nd and 89th streets and Seventh and Eighth avenues, Seneca Village was Manhattan's first community of prominent black property owners. The area consisted of three churches, a school and several cemeteries. All was razed, and the history erased with the development of Central Park.

WORD-OF-THE-WEEK

cozen \KUZ-un\:

To cheat; to defraud; to deceive, usually by petty tricks; To obtain by deceit.

Remember to support The Coalition, Inc.'s on-air personalities...

Please listen to the "**Time For An Awakening**" Program with Bro. Elliott, this and every Sunday at 7 pm. Listen at www.900AMWURD.com Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

Sister Phile Chionesu, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation**" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: www.blogtalkradio.com/empresschi Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to mwmsistahood@aol.com to chat on line.

Civil Alert Radio with Sabir Bey- Every Tuesday 9:30 p.m. EST (6:30 P.M. PST)

Format Style: Open forum along with special invited guests.

Listen via your cell: 858.357.8450 On the web:

<http://www.blogtalkradio.com/civilalert>

This spot reserved for The Coalition, Inc. friend and supporter Jeff Hart

