



We all hold a piece to the puzzle
Friday March 02, 2012

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News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 6, Number 27

Greetings Coalition Family!

This month we will be observing women's history. Our readers are invited to participate in the sharing of information relative to these observances.

*"The liberated woman is not that modern doll who wears make-up and tasteless clothes.The liberation woman is a person who believes that she is as human as a man. The liberated woman does not insist on her freedom so as to abuse it."- Ghada Samman, writer
1961, Syria*

*"We each hold a piece to the puzzle." – Dr. John Elliott Churchville
"Communicate... Cooperate... Collaborate"*

FOR OUR CHILDREN

"It is easier to build children than it is to repair men."...Frederick Douglass

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to TheCoalitionNews@gmail.com with "subscribe" in the subject.

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If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: [News From The Coalition, Inc.](#)

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Cap4Kids Hint of the Week

It looks like this Spring weather is going to continue right into the Spring.

There are many studies in pediatrics that one of the most important activities for young children is unstructured play. Unstructured play is crucial for social, emotional and cognitive development.

On the www.cap4kids.org/philadelphia website, under the After School/Camps/Mentoring handout

(http://www.cap4kids.org/philadelphia/parent_handouts/after_school_camps_mentoring.html), you will find multiple listings of programs for play including Smith Memorial Playground and Playhouse (<http://smithkidsplayplace.org/>) with its 6 1/2 acres of open fields, 24,000 square foot playhouse and fantastic playground and giant wooden slide. Play awhile. It's crucial.

----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

Teen couples sought for parenting series

The Achieving Independence Center and Resources for Children's Health are sponsoring a twelve-week course, REMix – Relationship Education in the Mix – every Tuesday from 4-5:15pm.

The workshops focus on topics such as becoming dependable parents, strengthening family connections, rebuilding trust, learning communication skills and resolving anger.

For more details, contact Nichole Kang at 215-985-2582.

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THIS WEEK

Continuation of Black History Month

Saturday, March 3, 2012 9:30 am -
2:00 pm

Heston

5402 Lancaster Ave
Philadelphia, PA 19131

On March, 3, 2012 the West Mill Creek Association will be hosting a "Continuation of Black History Month", celebration. The purpose for this event is to educate our community and bring awareness on the issues that

"She is like the merchant ships, bringing her food from afar." - Proverb

We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred eighty countries!

Click here:

EightCitiesMAP

Choose

"Philadelphia's

Online Community

"Newsletter" from the menu.

many of our homeless, abused women and children have to face on a day to day basis. Our mission is to inform everyone about programs that are available to help everyone, no matter your situation. There will be entertainment, contests, arts and crafts, and vending opportunities for new and experienced entrepreneurs. If we do not have one another for support then we have no one. Come out and enjoy the company of neighbors in our community and make new friends. This event will be from 9am to 2pm. I hope to see you and let's start this New Year off with the right attitude. Some of the proceeds will help to benefit organizations within the community.

For more information contact 267-278-1142.

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I want to invite you and the youth you work with out to
YOUTHSPEAK: A Youth Violence Prevention Forum
to be held at

Temple University's Beasley School of Law
(1719 N. Broad St.) on
Wednesday, March 7, 2012 at 6:00 pm.

This will be a youth driven forum that will provide an opportunity for them to have their questions answered, to raise their voices in opposition to the politics and bureaucracy that directly affect them, and to gain meaningful information that impacts their lives. There will be a panel of esteemed experts, but the focus is on the youth. So please join us in our effort to Make A Difference as we prepare for a long, hot summer. With the murder rate already at a record pace, we want to do all that we can to stem the tide of violence and we will begin with information and an opportunity for youth to be heard. Please take this opportunity to bring some youth out with you to share this event.

Please rsvp to commit your program and/or youth to attending since space is limited. I can be reached at 267-304-9716 or via email at frontlinedads@aol.com

Thank you for your commitment to Make A Difference!

- Reuben Jones
Frontline Dads

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EMPLOYMENT AND TRAINING OPPORUNITIES

*"There is nothing new
except what has been
forgotten,"*

*Marie Antoinette
1755-1793, France*

*If you have a
favorite relevant
quote, why not
share it with our
readers. send to
[TheCoalitionNews
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with the
submission.*

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go to:*

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and download a copy
of the Pledge of
Commitment and
return it to us
the.pa.coalition@gmail.com*

Regional Career Fairs/Events

Philadelphia Job Fair

Tuesday, March 6, 2012, 11AM - 2PM

The CHF Conference Center
315 Chestnut Street
Philadelphia, PA 19106

<http://www.coasttocoastcareerfaairs.com> Diversity

Professional Job Fair Monday, March 12, 2012, 10AM - 2PM

Doubletree Hotel Philadelphia

237 South Broad Street

Philadelphia, PA 19107

<http://www.diversityjobfairs.com>

King of Prussia Career Fair

Monday, March 19, 2012, 11AM - 2PM

Crowne Plaza Hotel Valley Forge

260 Mall Boulevard

King of Prussia, PA 19406

<http://www.nationalcareerfaairs.com>

Healthcare Job Fair

Tuesday, April 10, 2012, 9:30AM - 2:30PM

Classes 8AM - 3:30PM

Expo Center at Oaks

100 Station Avenue

Oaks, PA 19456

<http://events.advanceweb.com>

Philadelphia Career Fair

Monday, April 23, 2012, 11AM - 2PM

Crowne Plaza

4100 Presidential Boulevard

Philadelphia, PA 19131

<http://www.nationalcareerfaairs.com>

HEALTH MATTERS

Health Tips for Kids

December 13, 2011 | Author [admin](#)

"Ladies, we must remind ourselves that the weapon of the vote will be for us, just as it is for man, the only means of obtaining the reforms we desire. As long as we remain excluded from civic life, men will attend to their own interests rather than to our."

*Hubertine Auclert -
France, 1879*

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Obesity among kids is increasing at an alarming rate. What should you, as a parent, do to prevent this epidemic from spreading? These tips may wait on you:

1. Lead a healthy lifestyle – you can't order a child healthy habits if they don't learn the same habits in you. As the parent, you should relieve as their role models. A lot of parents cheat and pretend to lead healthy lives only when their kids are looking. Be warned: kids peep more than you believe. By leading a healthy life, you will be acting responsibly as well as improving your bear living condition.
2. begin young – believe definite that you initiate training your kids to eat healthy foods as well as lead healthy lives early. This thought, when they grow up, they'll be able to find healthy choices on their acquire. A lot of parents begin feeding their children vegetables too boring. This equals tantrums and poor compromises. When children learn at a very young age that vegetables can be delicious and pleasant for them, they will be able to accomplish healthy food choices without you having to resort to pleading.
3. Eat with your kids – a lot of families today eat separately or in front of the television. The dining experience has become isolated for each family member. What you need to do in order to wait on healthy eating habits is to eat as a family. This idea, you will be able to monitor what your kids are eating, as well as bond as a family. When you dine with your kids, you will be encouraging them to eat slowly, tiresome and moderately. This will definitely encourage you raise healthy kids.
4. assist activity – the biggest mistake some parents obtain is thinking that being cooped up inside the house is better for the kids. They turn the television into some sort of babysitter for the child. You do not want your child to become a couch potato at such a young age. Kids have all this energy that's supposed to be spent playing and finding out more about the world. If they don't consume that energy, it becomes tremendous. And having a stout child does not necessarily equal to having a healthy child. Try to relieve play and even sports for your kids.
5. attend your child meet unusual friends – unlike you, a child has yet to form social skills. Because of this, you really should abet kids acquire fresh friends. This will abet your kid to become more active and play more. Try to residence play dates with neighbors. You should also pick up the time to recall your children to the park or any areas where they can learn how to meet other kids.

"Women have the right to mount the scaffold; they should likewise have the right to mount the rostrum."

*Olympe de Gouges, author of Declaration of Rights of Women
1791, France*

6. Be supportive – if your child is to lead a healthy lifestyle, you need to show him or her that doing so will bag you proud. Have you ever experienced turning to food when you feel apprehensive or otherwise unsatisfied? Well, kids experience the same emotions. When you show fancy and befriend for your children, you should be able to abet them be gay with who they are and not turn to negative influences.

7. Learn when to say “no” – whatever you do, you cannot spoil your child. Remember that you are trying to fetch him or her to lead a healthy life because you luxuriate in him or her. attend your study on the goal and be patient. A lot of parents today cave in to their children’s wishes simply because they want to avoid the anxiety of disciplining a child. However, you should realize that, as a parent, it is your responsibility to idea to it that your child is sound psychologically and physically.

8. Vitamin supplements – remember that the nutrients in food might not be enough to hold the needs of your child. Because of this, it is principal to give your kid some vitamin supplements. These are usually chewable and taste like candy, so you’ll have no spot giving them to your child.

9. Check-ups – you need to absorb absolutely sure that your child is healthy. Because of this, it is well-known to visit the doctor and the dentist for regular check-ups. This encourages your child to look these people as friends rather than as scary monsters in white coats. Regular check-ups will also enable you to glean tips on how to better raise the child.

10. Treats – of course, your child needs to be treated every once in a while. Every kid likes that. It is a portion of growing up to like junk food. However, you shouldn’t procure a habit out of it. By taking your kids to fleet food places only once in a while, it will instill in their minds that junk food is not for regular consumption. This will back them relieve their healthy lifestyles as they grow older. Health Tips for Kids
----- Coalition members! Activate ‘Your’ [web link](#) on The Coalition, Inc. web site -----

GREEN PIECE

17 Easy Ways for Teens to Go Green

Youth Will Inherit the Future, and Are Often Eager to Make a Difference. Here's How.

By Brian Clark Howard

Sometimes you've got to let everything go—purge yourself . . . If you are unhappy with anything . . . whatever is bringing you down, get rid of it. Because you'll find that when you're free, your true creativity, your true self comes out.
Tina Turner

If you have a favorite joke, why not share it with our readers. send to

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Today's teens are more wired up, plugged in, worldly and savvy than ever. Many care deeply about the threats facing our environment, and are committed to making difference. But it's not always easy to know exactly what to do. Here are some suggestions to get started.

- 1. When You're Done Surfing and IMing, Turn Your Computer Off. If you shut your machine off before bedtime, you'll save an average of \$90 worth of electricity a year — tell your parents that, and ask for a raise in your allowance! If you must leave your computer on, tell it to go into "sleep" or "hibernate" mode, which saves power. Save even more juice by unplugging your computer (or flip the switch on a surge protector) to stop the "[phantom load](#)" problem.
- 2. Put Together a Cool Vintage Outfit. Impress your friends with your fab style sense when you show up to a party in a vintage Betsey Johnson number (you can find gently used clothing for a steal at thrift stores and garage sales). Go glam by raiding your parents' closet for 1970s and '80s pants, vests and jackets.
- 3. Instead of Insisting on Driving, Catch the School Bus. No, it may not be as cool as driving yourself, but it is a lot [safer](#), according to the National Academies of Science and Engineering. Buses are also much more fuel efficient than cars, saving gas and lowering emissions that cause global warming.
- 4. Get Involved! Most schools have environment or Earth Day clubs, so give them a chance! It's a great way to meet nice people, and you can learn so much from your peers. Many clubs convince their schools to recycle, start a garden or hold an Earth Day fair.
- 5. Turn Off the Lights Behind You. Remember that riddle about the tree falling in the forest when no one is around? Well, why leave a light on when no one is around? It's just plain waste. Your parents may even bug you about it because they have to pay the energy bills, and they know lighting accounts for an average of [11% of that total](#).
- 6. Join the "Virtual March." Founded by eco-warrior [Laurie David](#), Senator John McCain and Robert F. Kennedy Jr., the [Stop Global Warming Virtual March](#) is a Web-based effort to bring people

*"Although they are only
breath, words which I
command are immortal"
Sappho
c. 610-640 B.C. Greece*

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together to take a stand against climate change. So far nearly 900,000 people have joined up to demand that our leaders begin reducing carbon dioxide emissions now.

- 7. Help Lose the Litter. Littering is a blight on our landscape that chokes wildlife and releases toxic chemicals when it breaks down. Plus it's just plain ugly! Many neighborhoods hold regular cleanups, so volunteer! It's an easy way to get some exercise while making a difference and meeting new people.
- 8. Go Veggie Once Per Week. The commercial meat industry takes a huge toll on our environment. It takes 4.8 pounds of grain (fed to cattle) to produce one pound of beef, as opposed to serving those grains directly to hungry people. One pound of wheat can be grown with 60 pounds of water, but a pound of red meat requires 2,500 to 6,000 pounds of water. In a world where water, land and energy are premiums, making a small cutback in the meat you eat is healthy for the planet, as well as your body.
- 9. Instead of Buying Bottled Water, Get a Refill. Ever see an empty water bottle tossed by the side of the road? Less than 20% of those single-use containers make it to the recycling bin. They also waste fuel for shipping — water is heavy! Get a cool metal bottle instead and fill it up when you're thirsty, and cut down on the expense and [waste](#).
- 10. Get a New Shampoo — and Make It Natural! Typical drugstore shampoos can have some pretty scary-sounding chemicals in them (just look at the labels!), but why take the risk of putting all those lab compounds on your sensitive scalp? Lots of companies make more natural shampoos from plant extracts and even organically certified ingredients. They smell great, and are less toxic to make.
- 11. Download (Legally!) the Latest Album from an Eco-friendly Star. John Mayer. KT Tunstall. Dave Matthews Band. Kanye West. A number of today's hottest musicians are also [going green](#) in big ways, by running tour buses on clean-burning biodiesel and recycling all their show waste. Do your part by buying music online, which cuts out waste from shipping and all those CDs and

*Whatever we believe about ourselves and our ability comes true for us.
Susan L. Taylor*

*If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com
We will credit you with the submission.*

- 12. Ask Potential Colleges About Their Eco-Practices and/or Check Out a "Green Collar Career." College can be the best time of your life, but you don't want to be dragged down by a school that doesn't get your green values. Fortunately, many colleges are leading the way with exciting recycling and reuse programs and even eco-friendly dorms! Whether you seek higher ed or not, think about a career that makes a positive difference: not just park rangers, but also teachers, government workers, organizers and media.
- 13. Buy a Comfy Organic Cotton T-Shirt. Cotton is one of the most pesticide-intensive crops, and millions of gallons of toxic residue runs off cotton fields into rivers and lakes, poisoning wildlife. Plus, why put something that had been treated in harsh chemicals so near your skin? Organic cotton is now widely available (from H&M to Wal-Mart to boutiques), in the cutest styles and graphics.
- 14. Take Friends and/or Family to See *The 11th Hour*. Leonardo DiCaprio's [recent doc](#) is a heavy hitter, but it's also inspiring and gorgeous. It just may be the push to get your dad to start recycling his papers, or your friend to stop littering. And it's pretty entertaining.
- 15. Make Your Next Cup of Coffee Organic and Fair Trade. Coffee may pep you up, but it may have been grown under chemical-intensive conditions that destroy rainforest and poison poor workers. Organic means no industrial chemicals are used, and fair trade means growers are given incentives to protect local forest and tend plots sustainably. They are paid a decent living wage, so you can feel proud about what you're buying.
- 16. Earn Great Grades (Mother Nature Needs Smart People to Help Protect Her). Sure, you've heard it a million times before: it pays to stay in school. Here's one more reason: human population, and consumption rates, continue to swell, while habitat for wildlife shrinks. Global warming, ozone damage and acid rain are scary stuff. Humankind can right a lot of our wrongs and invent new

technology to live lighter on the Earth, but it will take a lot of
smarts.

Hereeeeeeeeeeeeeees...
Kathy's Korner!

TEACHER: Donald, what
is the chemical formula for
water?

DONALD: H I J K L M N
O.

TEACHER: What are you
talking about?

DONALD: Yesterday you
said it's H to O.

(Kathy Parsons is a
regular contributor.)

- 17. Green Your Boyfriend or Girlfriend. Everyone knows that a significant other can influence our behavior in major ways. So way not encourage your honey to cut down on unnecessary trips, turn the water off while brushing his/her teeth and other common-sense tips? You'll grow closer together as you share in protecting the Earth.

Read more: <http://www.thedailygreen.com/going-green/6334#ixzz1nyPw5o9H>

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Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>
For sustainable enterprise go to Green Jobs Philly
<http://www.greenjobsphilly.org/news>

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Get Fresh!

Volunteer with Philabundance Fresh for All
You recycle out the wazoo and consider yourself
consigliore of the enviro-sack mafia.

Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All programs.
And you can help by volunteering.

The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times.

With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls).

Looking for something physical?

Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need.

And that's a green movement to be proud of.

To participate in Fresh for All, contact
Tunisia Garnett (215-339-0900 ext. 238 or
tgarnett@philabundance.org).

For more information, go to www.philabundance.org

*Just don't give up what
you're trying to do. Where
there is Love and
inspiration, I don't think
you can go wrong.
Ella Fitzgerald*

*If you have a
favorite relevant
quote, why not
share it with our
readers. send to
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@gmail.com](mailto:TheCoalitionNews@gmail.com)
We will credit you
with the
submission.*

GRANTS, SCHOLARSHIPS & INSTRUCTION

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Wait

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SpotLight On Our Efforts

Youth Engagement Conference

Introduction

The new endangered species is today's Urban Youth. According to research, between the ages of 13 to 24 Philadelphia youth are most at risk of being killed by violence. School officials report that business professionals are researching the test scores of our elementary school students to determine how many prisons to build in the future.

Latino and African American youth have 50 percent chance of graduating from high school. The prognosis for dropouts is prison, drugs and unemployment. The most rapidly growing youth incarceration rate is among females.

The occurrence of flash mobs in Philadelphia have become more frequent (three in the past 12 months) and more and more violent. Our youth have been categorized as those "likely to kill or be killed."

The time is now to act and engage our youth. The 2012 Youth Engagement Conference is a vital initiative needed to change the tide of negative behaviors and outcomes.

"Why should we pay taxes when we have no part in the honors, the commands, the state craft for which you contend?"

*Hortensia, Speech before the Roman Triumvirate
42 B.C. Italy*

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Summary

The 2012 Youth Engagement Conference is a youth focused initiative develop to provide a vehicle for youth to plan, develop and implement a strategic plan to address youth development, youth issues and youth initiatives. Youth are identified from the Equal Partners In Change (EPIC) EPIC Community Stakeholder group (Junior Stakeholders), Support Community Outreach Program (SCOP) and the Girl Track Mentoring program and other youth groups and organizations to participate in the planning and implementation.

Funding and resources will be provided by the Department of Human Services and its community partners and sponsors.

To facilitate a process that allows youth to develop, coordinate and implement an initiative focusing on youth interests, concerns, needs, issues and solutions.

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NU-JUICE FOUNDATION JOINS 'PHILLY FOOTBALL ROCKS' FUN-RAISING PROGRAM

Looking to help Philadelphia schools and non-profits raise significant dollars to support programs.

PHILADELPHIA (September 24, 2011) – The Philadelphia Soul have partnered with the NU-JUICE Foundation to help Philadelphia schools and non-profits raise hundreds of thousands of dollars and make a significant impact supporting much needed programs, advancing education curriculums and enhancing key initiatives.

Nu-Juice is a non-profit 501 (c)(3) organization that provides educational consulting and program development services to federal, state and local government entities as well as to community based organizations and non-profits. Through years of proven effectiveness and ongoing empirical learning, Nu-

Juice provides institutions and organizations with the most relevant and effective strategies, services and programs to make a measurable impact and tangible outcomes for youth.

The "Philly Football Rocks!" program allows non-profit and youth sports organizations to raise money while spreading goodwill and creating meaningful experiences and great exposure. The Soul has already signed up over 50 partners through this program.

"Schools and non-profits are struggling to find ways to raise money in

Never underestimate the power of dreams and the influence of the human spirit. We are all the same in this notion: The potential for greatness lives within each of us.
Wilma Rudolph

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[EightCitiesMAP](#)
Choose "Philadelphia's Online Community "Newsletter" from the menu.

this tough economic climate," said Eric Ward, founder of the Nu-Juice Foundation. "This program is exactly what organizations that we work with need right now. This program is the perfect fit for our organization's mission. I am excited to work with the Soul and help them change the lives of Philadelphia youths."

Organizations that sign up for the program will receive: up to 55 percent of the revenue generated from ticket sales to Soul games, an autographed Fender electric guitar signed by Kamal Gray, Jimmy Rollins, Vince Papale, James Van Riemsdyk or Michael Vick (depending on the program selected); an autographed over-sized print from 1980 Super Bowl of Ron Jaworski; an autographed football and jersey signed by Jaworski and a Soul player or coach. A limited number of packages are available.

With a goal of 300 partners signed up before the start of the season and each organization expecting to raise \$5,000 on average, this equates to \$1.5 million in "FUN-RAISING" Revenue in total to be earned from this initiative for organizations spanning all throughout the Delaware Valley, Lehigh Valley and beyond.

The Nu-Juice Foundation is currently looking for more partners to join in the mission. "To purchase individual tickets to support your local school, or to purchase bulk tickets to sponsor your local school, please call the Nu-Juice foundation and speak with Jasmin Reid at 215-523-9310. A portion of all sales go directly to the participating school of your choice."

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ARTS FOR AWARENESS

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

Jus' Words at Dowlings Place

1310 No. Broad St. Phila
Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

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You may encounter many defeats, but you must not be defeated. In fact, it may be necessary to encounter the defeats, so you can know who you are, what you can rise from, how you can still come out of it.
Maya Angelou

COMING UP

Workshop seeks to help young people prepare for careers
The Logan/Olney EPIC Stakeholders group will sponsor a Youth Career Readiness Workshop for youth ages 13 to 17 on
Friday, March 16th from 4-7:30pm and on
Saturday, March 17th from 10am to 2pm at the
Logan Olney Neighborhood Center,
800 W. Olney Avenue, Suite 204 in Philadelphia's Olney section.
Dinner will be served on Friday and lunch on Saturday.
To register, call Charlene Samuels at 215-456-5670 x202 by March 8th.
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Historic Selma to Montgomery March revisited March 16-17 2012

A coalition of activists, led by the AFL-CIO, will [recreate the historic marches from Selma to Montgomery](#) (both in Alabama) to call for justice for working families. The original marches were a key part of the civil rights movement for African-Americans, while the new march will expand upon that to include working class issues:
This Sunday, AFL-CIO union members, civil rights, community and faith activists will begin a five-day re-enactment of the historic 1965 Selma to Montgomery, Ala., civil rights march. The march will focus attention on new attacks on voting rights, immigrants, workers' rights and education. If you can't be there in person, you can be there online. Click here ([join a virtual march](#)) to sign a pledge of solidarity with the marchers and tell us why you are joining the virtual march. Your comments will be shared with the marchers on the ground so they know there are tens of thousands standing with them.

As AFL-CIO Executive Vice President Arlene Holt Baker says, "The onslaught of coordinated attacks on workers' rights, voting rights, public education and immigration reform is an affront to our democracy."
"We may be marching from Selma to Montgomery, but this is about the Wisconsin, Ohio, Indiana, Arizona, Michigan and any other state where they're blatantly attacking our rights."

For more information: **National Action Network**
House of Justice
National Headquarters
106 W. 145th Street
New York, NY 10039
(212) 690-3070

*When I dare to be powerful
– to use my strength in the
service of my vision, then it
becomes less and less
important whether I am
afraid.*

Audre Lorde

(877) NAN-HOJ1

Or visit www.nationalactionnetwork.net

* * * Outside PA * * *

COMPUTERS AND TECHNOLOGY

Free online journal focuses on technology for nonprofits

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

[NTEN:Change](#), a free online journal from the [Nonprofit Technology Network](#),

provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available [here](#).

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Group offers low-cost web access to nonprofits

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

For more information, email [Free Trial](#).

www.mobilecitizen.org/grantphiladelphia

A HAND UP!

I really don't think life is about the I-could-have-beens. Life is only about the I-tried-to-do. I don't mind the failure but I can't imagine that I'd forgive myself if I didn't try.
Nikki Giovanni

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at:

<http://nofullprices.net>

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons?

A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

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Remember to support The Coalition, Inc.'s on-air personalities...

Please listen to the "**Time For An Awakening**" Program with Bro.

Elliott, this and every Sunday at 7 pm. Listen at www.900AMWURD.com Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

**WORD-OF-
THE-WEEK**

maladroit \mal-uh-DROYT\
Lacking adroitness; clumsy; awkward; unskillful; inept.

Sister Phile Chionesu, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation**" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: www.blogtalkradio.com/empresschi Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to mwmsistahood@aol.com to chat on line.

Civil Alert Radio with Sabir Bey- Every Tuesday 9:30 p.m. EST (6:30 P.M. PST)

Format Style: Open forum along with special invited guests.

Listen via your cell: 858.357.8450 On the web:

<http://www.blogtalkradio.com/civilalert>

This spot reserved for The Coalition, Inc. friend and supporter Jeff Hart

Listen to Jeff Thursdays after City Council meetings on W.U.R.D 900AM
SUPPLEMENTAL AFRICAN HERITAGE FACTS

