



We all hold a piece to the puzzle  
Friday March 16, 2012

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# *News From The Coalition, Inc.*

*"Communication – Cooperation – Collaboration"*

Volume 6, Number 29

## **Greetings Coalition Family!**

This month we will be observing women's history. Our readers are invited to participate in the sharing of information relative to these observances.

***"Men have singled out women of outstanding merit and put them on a pedestal to avoid recognizing the capabilities of all women." - - Huda Shaarawi***

Thanks to: Juanita Singh for this submission

*"We each hold a piece to the puzzle." – Dr. John Elliott Churchville  
"Communicate... Cooperate... Collaborate"*

## **FOR OUR CHILDREN**

*"It is easier to build children than it is to repair men." ...Frederick Douglass*

### **Cap4Kids Hint of the Week**

*If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to [TheCoalitionNews@gmail.com](mailto:TheCoalitionNews@gmail.com) with "subscribe" in the subject.*

*If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.*

*If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.*

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Temps in the 70s this week. This taste of summer should be a reminder that it's time to plan our children's summer. Camps, work, volunteer opportunities, college plans. There are many opportunities to keep them busy.

For camps, check out the After School/Camp handout ([http://www.cap4kids.org/philadelphia/parent\\_handouts/after\\_school\\_camps\\_mentoring.html](http://www.cap4kids.org/philadelphia/parent_handouts/after_school_camps_mentoring.html)), and check out the newest listing on Cap4Kids,

First Tee that offers kids a chance to learn the game of golf while promoting character and life skills.

For summer employment and volunteer opportunities, check out the Teen handout

[http://www.cap4kids.org/philadelphia/parent\\_handouts/teen\\_resources.html](http://www.cap4kids.org/philadelphia/parent_handouts/teen_resources.html)

For college resources, check out the Education handout ([http://www.cap4kids.org/philadelphia/parent\\_handouts/education\\_resources.html](http://www.cap4kids.org/philadelphia/parent_handouts/education_resources.html)).

Remember, please share these resources with your colleagues and friends, have them sign up for our mailing list and "like" Cap4Kids Philadelphia on Facebook.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

### **Teen couples sought for parenting series**

The Achieving Independence Center and Resources for Children's Health are sponsoring a twelve-week course, REMix – Relationship Education in the Mix – every Tuesday from 4-5:15pm.

The workshops focus on topics such as becoming dependable parents, strengthening family connections, rebuilding trust, learning communication skills and resolving anger.

For more details, contact Nichole Kang at 215-985-2582.

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*The man may be the head of the home, the wife is the heart. (Kenya)*

*We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred eighty countries!*

[Click here:](#)

[EightCitiesMAP](#)

*Choose "Philadelphia's Online Community "Newsletter" from the menu.*

## **THIS WEEK**

Workshop seeks to help young people prepare for careers  
The Logan/Olney EPIC Stakeholders group will sponsor a Youth Career Readiness Workshop for youth ages 13 to 17 on  
Friday, March 16th from  
4-7:30pm and on  
Saturday, March 17th from  
10am to 2pm at the  
Logan Olney Neighborhood Center,  
800 W. Olney Avenue, Suite 204 in Philadelphia's Olney section.

Dinner will be served on Friday and lunch on Saturday.  
To register, call Charlene Samuels at 215-456-5670 x202 by March 8th.  
---- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site ----

### **Historic Selma to Montgomery March revisited March 16-17 2012**

A coalition of activists, led by the AFL-CIO, will [recreate the historic marches from Selma to Montgomery](#) (both in Alabama) to call for justice for working families. The original marches were a key part of the civil rights movement for African-Americans, while the new march will expand upon that to include working class issues:

This Sunday, AFL-CIO union members, civil rights, community and faith activists will begin a five-day re-enactment of the historic 1965 Selma to Montgomery, Ala., civil rights march. The march will focus attention on new attacks on voting rights, immigrants, workers' rights and education. If you can't be there in person, you can be there online. Click here ([join a virtual march](#)) to sign a pledge of solidarity with the marchers and tell us why you are joining the virtual march. Your comments will be shared with the marchers on the ground so they know there are tens of thousands standing with them.

As AFL-CIO Executive Vice President Arlene Holt Baker says, "The onslaught of coordinated attacks on workers' rights, voting rights, public education and immigration reform is an affront to our democracy."

"We may be marching from Selma to Montgomery, but this is about the Wisconsin, Ohio, Indiana, Arizona, Michigan and any other state where they're blatantly attacking our rights."

For more information: **National Action Network**

House of Justice  
National Headquarters  
106 W. 145th Street  
New York, NY 10039  
(212) 690-3070

(877) NAN-HOJ1

Or visit [www.nationalactionnetwork.net](http://www.nationalactionnetwork.net)

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*"If it is true that men are better than women because they are stronger, why aren't our sumo wrestlers in the government?"*

*Kishida Toshiko*

*If you have a favorite relevant quote, why not share it with our readers. send to*

*[TheCoalitionNews@gmail.com](mailto:TheCoalitionNews@gmail.com)*

*We will credit you with the submission.*

## **JOIN THE COALITION, INC!**

*To join The Coalition go to:*

*[TheCoalitionInc.net](http://TheCoalitionInc.net) and download a copy of the Pledge of Commitment and return it to us [the.pa.coalition@gmail.com](mailto:the.pa.coalition@gmail.com)*

## **Urban Networking 105: Tools of the Networking**

Want to learn how to utilize basic tools at your disposal to build your own business, community or social network? Do want to be able to use your cell phone and computer and expand your organization's membership, perform networking research and connect with hundreds of new prospects?

The Coalition, Inc. and Professional Networking Associates will present

“Urban Networking 105: The Tools of Networking

School Administration Building

440 No. Broad Street

Philadelphia, PA

Tuesday, 20 March 2012

6pm-8:30pm

This amazing workshop provides insights on how to use essential tools for effective relationship building in creatively and strategically connecting with individuals and organizations.

Whether you are individual starting up a new business or expanding your current list of contacts; or a community focused person seeking to connect with a wide variety of individuals and families, “Urban Networking 105: The Tools of Networking is essential to your relationship building success.

This workshop will provide with an overview of the fundamentals of networking and offer insight on how to utilize simple networking tools such as phones, business cards, email and the internet.

### **Who Should Attend:**

Individuals in the fields of business, entrepreneurship, community organizing and engagement as well as individuals interested in increasing their leadership and relationship building skills.

To register go to [www.theconnectornetwork.com/urbanleadership](http://www.theconnectornetwork.com/urbanleadership) or call [267-303-0653](tel:267-303-0653) or [215-387-2734](tel:215-387-2734).

## **EMPLOYMENT AND TRAINING OPPORUNITIES**

*"Remember the dignity of your womanhood. Do not appeal, do not beg, do not grovel. Take courage, join hands, stand beside us, fight with us."*

*Christabel Pankhurst*

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Once again, we invite people of all walks of life to participate in this dynamic construction training that prepares men and women to become entrepreneurs in the field of construction, construction managers and/or competent employees. Experience is preferred but not necessary to enroll in this unique training. If you work in the human services field in some capacity and have clients that can benefit from this training or if this opportunity could benefit you or a loved one, register now!

Orientation will be held on

Saturday, March 24, 2012 from  
12:00 p.m. to 5:00 p.m. at  
1016-18 South Street,  
Philadelphia, PA. 19147

and the seats are filling up fast. This training is a free training and the only cost associated is the application fee which is \$25.00 as well as the cost of the uniform which is \$45.00. Payment installments will be accepted.

We are a grassroots' organization that decided to become a part of the solution, by offering this training to diverse communities (returning citizens are definitely welcomed with open arms). If you have a passion around becoming a business owner in the construction field, foreman and/or employee, now is time! This organization was formed by Mr. Pettiway – Founder/CEO and William Webb - President/Executive Director and many lives have been positively impacted since then.

To register, please RSVP by emailing your name & number or list of names & numbers to [ediwebb@gmail.com](mailto:ediwebb@gmail.com) and just simply show up on March 24th. Also, you can call [267-579-6301](tel:267-579-6301) and leave your number and name with our answering service. We will call everyone one that responded via email or phone to confirm your registration. Please see attached flyers for more details.

We are looking forward to this new cohort as our training is reaching new dimensions every day. Thank you for your time!

Have a Purpose Driven Day!

William Webb

*"Parliaments have stopped laughing at woman suffrage, and politicians have begun to dodge! It is the inevitable premonition of coming victory."  
Carrie Chapman Catt*

President/Executive Director

OpportUNITY Inc. (pronounced opportunity)

1016-18 South Street

Philadelphia, PA. 19147

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King of Prussia Career Fair

Monday, March 19, 2012, 11AM - 2PM

Crowne Plaza Hotel Valley Forge

260 Mall Boulevard

King of Prussia, PA 19406

<http://www.nationalcareerfairs.com>

Healthcare Job Fair

Tuesday, April 10, 2012, 9:30AM - 2:30PM

Classes 8AM - 3:30PM

Expo Center at Oaks

100 Station Avenue

Oaks, PA 19456

<http://events.advanceweb.com>

Philadelphia Career Fair

Monday, April 23, 2012, 11AM - 2PM

Crowne Plaza

4100 Presidential Boulevard

Philadelphia, PA 19131

<http://www.nationalcareerfairs.com>

## **HEALTH MATTERS**

### **Tips for Parents – Ideas to Help Children Maintain a Healthy Weight**

What can I do as a parent or guardian to help prevent childhood overweight and obesity?

To help your child maintain a healthy weight, balance the calories your child consumes from foods and beverages with the calories your child uses through physical activity and normal growth.

Remember that the goal for overweight and obese children and teens is



*"We are aware that it is said, that woman is virtually represented in Parliament, her interests being the same as those of man; but the many laws, which have been obliged to be passed to protect them from their nearest male relatives, are a sufficient answer...They are evidently the production of men legislating for their own most obvious interest...without the slightest reference to the injustice they were committing against women."*

*Marion Kirkland Reid*

***If you have a favorite joke, why not share it with our readers. send to [TheCoalitionNews@gmail.com](mailto:TheCoalitionNews@gmail.com) We will credit you with the submission.***

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to reduce the rate of weight gain while allowing normal growth and development. Children and teens should NOT be placed on a weight reduction diet without the consultation of a health care provider.

### Balancing Calories: Help Kids Develop Healthy Eating Habits

One part of balancing calories is to eat foods that provide adequate nutrition and an appropriate number of calories. You can help children learn to be aware of what they eat by developing healthy eating habits, looking for ways to make favorite dishes healthier, and reducing calorie-rich temptations.

Encourage healthy eating habits.

There's no great secret to healthy eating. To help your children and family develop healthy eating habits:

- Provide plenty of vegetables, fruits, and whole-grain products.
  - Include low-fat or non-fat milk or dairy products.
- Choose lean meats, poultry, fish, lentils, and beans for protein.
  - Serve reasonably-sized portions.
  - Encourage your family to drink lots of water.
  - Limit sugar-sweetened beverages.
  - Limit consumption of sugar and saturated fat.

Remember that small changes every day can lead to a recipe for success!

For more information about nutrition, visit [ChooseMyPlate.gov](http://ChooseMyPlate.gov) and the [Dietary Guidelines for Americans 2010](#) (PDF-2.9Mb).

Look for ways to make favorite dishes healthier.

The recipes that you may prepare regularly, and that your family enjoys, with just a few changes can be healthier and just as satisfying. For new ideas about how to add more fruits and vegetables to your daily diet check out the recipe database from the [FruitsandVeggiesMatter.gov](http://FruitsandVeggiesMatter.gov).

This database enables you to find tasty fruit and vegetable recipes that fit your needs.

Remove calorie-rich temptations!

Although everything can be enjoyed in moderation, reducing the calorie-rich temptations of high-fat and high-sugar, or salty snacks can also help your children develop healthy eating habits. Instead only allow your children to eat them sometimes, so that they truly will be treats! Here are examples of easy-to-prepare, low-fat and low-sugar treats that are 100 calories or less:

- A medium-size apple
- A medium-size banana
  - 1 cup blueberries
  - 1 cup grapes
- 1 cup carrots, broccoli, or bell peppers with 2 tbsp. hummus

*If particular care and attention is not paid to the ladies, we are determined to form a rebellion and will not hold ourselves bound by any laws in which we have no voice or representation.*  
Abigail Adams, U.S. First Lady, 1776

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## Balancing Calories: Help Kids Stay Active

Another part of balancing calories is to engage in an appropriate amount of physical activity and avoid too much sedentary time. In addition to being fun for children and teens, regular physical activity has many health benefits, including:

- Strengthening bones
- Decreasing blood pressure
- Reducing stress and anxiety
- Increasing self-esteem
- Helping with weight management

Help kids stay active.

Children and teens should participate in at least 60 minutes of moderate intensity physical activity most days of the week, preferably daily.<sup>11</sup> Remember that children imitate adults. Start adding physical activity to your own daily routine and encourage your child to join you.

Some examples of moderate intensity physical activity include:

- Brisk walking
- Playing tag
- Jumping rope
- Playing soccer
- Swimming
- Dancing

Reduce sedentary time.

In addition to encouraging physical activity, help children avoid too much sedentary time. Although quiet time for reading and homework is fine, limit the time your children watch television, play video games, or surf the web to no more than 2 hours per day. Additionally, the American Academy of Pediatrics (AAP) does not recommend television viewing for children age 2 or younger.<sup>12</sup> Instead, encourage your children to find fun activities to do with family members or on their own that simply involve more activity.

Source: <http://www.cdc.gov/healthyweight/children/>

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## Ad campaign shows smoking's scary side

By Julie Steenhuisen

CHICAGO (Reuters) - Health officials launched a \$54 million advertising campaign on Thursday depicting the health risks of smoking in gruesome detail, offering the latest salvo in the government's campaign to deglamorize cigarette smoking.



*Never limit yourself because of others' limited imagination; never limit others because of your own limited imagination.  
Mae Jemison*

*If you have a favorite relevant quote, why not share it with our readers. send to [TheCoalitionNews@gmail.com](mailto:TheCoalitionNews@gmail.com)*

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The 12-week advertising blitz, called "Tips From Former Smokers," is an effort to counteract the estimated \$10.5 billion a year spent by tobacco companies to market and promote cigarettes in the United States.

"This is really a David versus Goliath fight. The tobacco industry has spent more than \$100 billion on marketing and promotion. They continue to spend more than \$10 billion a year. That's a million dollars every hour," Dr. Thomas Frieden, director of the U.S. Centers for Disease Control and Prevention, said in a telephone interview. Some 8 million Americans have smoking-related illnesses, and as many as 443,000 Americans die each year from smoking-related causes. And while U.S. health officials have succeeded in getting many smokers to quit, recent evidence suggests the message is not getting through to America's youth.

According to the U.S. surgeon general's report on youth smoking released last week, one in four high school seniors is a regular cigarette smoker, and because few high school smokers are able to quit, some 80 percent will continue to smoke as adults.

CDC says its ads - a combination of paid advertising and public service announcements - are intended to encourage smokers to quit and to build awareness for the damage caused by smoking and exposure to second-hand smoke.

"Basically these are ads about the real effects of smoking on real people. They show cancer, heart attacks, stroke, amputation and what it's like to live with those conditions," Frieden said.

One print ad, for example, depicts Brandon, a 31-year-old double amputee from North Dakota who was diagnosed at age 18 with Buerger's disease, a rare blood-vessel disorder that cut off blood flow to both his legs. Brandon's tip: Allow extra time in the morning to put on your legs.

One of the TV spots depicts an emaciated, 51-year-old former smoker from North Carolina named Terrie getting ready for work by putting in her teeth, then putting on her wig and artfully arranging a scarf around her tracheostomy tube.

The tagline of the ad is: Smoking causes immediate damage to the body. You can quit.

Frieden said frank stories about the real health effects of smoking have been proven to discourage new smokers and to get people to quit. "This is absolutely what works. The science is very clear," Frieden said. A 2008 report by the National Cancer Institute found that anti-smoking media campaigns reduce smoking among both youth and adults, especially those with strong messages that play on the emotions. And a 2012 review of published studies found that testimonials warning about

Hereeeeeeeeeeeeeees...

Kathy's Korner!

"How was your first day at school?"

"It was all right except for some lady named 'Teacher' who kept spoiling all our fun."

(Kathy Parsons is a regular contributor.)

the risks of smoking are especially effective at getting people to quit. Frieden estimates that about 50,000 smokers will quit as a result of these ads. "It could be higher, but that's our conservative estimate."

The advertising campaign will run on a wide range of media, including TV, radio, print, billboards, bus shelters, movies and online via Facebook, Twitter and YouTube.

The push follows big tobacco's success in federal court at blocking regulations that would have required companies to put pictures on their labels of rotting teeth, diseased lungs and other images illustrating the long-term health consequences of smoking.

But Frieden said the advertising effort was planned long before that decision was handed down earlier this month.

Dr. Len Lichtenfeld of the American Cancer Society said the ads are a good step, but they need to be part of a coordinated anti-smoking effort that includes talking about clean indoor air, tobacco taxes and smoking cessation programs.

"We have hit a barrier of smoking in this country where about 20 percent of adults are regular smokers," Lichtenfeld said in a telephone interview.

"In the past number of years, we haven't been able to reduce that number. If this campaign sends a message to people that this is a habit that has risks that can cause harm, that's a good thing," he said.

(Reporting By Julie Steenhuysen; Editing by [Eric Walsh](#))

## **GREEN PIECE**

### **Green Living Tips for Today's Young People**

In today's ecologically conscious world, many smart young people are heeding the green living tips offered by parents and older peers. The benefits are clear. Eco-friendly products translate to huge cost savings and minimize harm to the environment.

So how do today's young people show they care for the environment? Let's start with modern commuting trends. If you're college-bound kid is not the lucky recipient of an environmentally friendly car (as a graduation or birthday gift), then chances are, he/she may be taking public transportation (which is good) or driving the traditional car. Don't look now but ingenious minds have devised an online social rideshare and carpool matching system that uses a popular social networking site to hook riders up with drivers en route to a common

*Women more than men can strip war of its glamour and its out-of-date heroisms and patriotisms, and see it as a demon of destruction and hideous wrong.*  
Lillian Wald

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destination.

For the young ladies in the family who love to shop, green living tips they may have gravitated to include bringing their own eco tote bag so as not to amass more plastic bags than can be reused at home. In so doing, young gals (and their shopaholic moms, too) get to save lots of trees and keep plastic bags out of landfills.

Young ones also contribute to resource conversation by keeping in mind other green living tips like taking quick showers, buying and using products – like organic cosmetics -- that do not contain synthetic substances, as well as clothes and accessories made of organic cotton or hemp. Switching off room lights and computer equipment (including the monitor) when not in use and going for green food options are likewise some of the ways to lessen the eco footprint.

Source: <http://ardentgreenliving.com/green-living-tips/>

----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>

**For sustainable enterprise go to Green Jobs Philly**  
<http://www.greenjobsphilly.org/news>

----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

### **Get Fresh!**

Volunteer with Philabundance Fresh for All  
You recycle out the wazoo and consider yourself consigliere of the enviro-sack mafia.

Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All programs.

And you can help by volunteering.

The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times.

With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls).

Looking for something physical?

Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need.

*Women who seek to be equal with men lack ambition.  
Timothy Leary*

And that's a green movement to be proud of.

To participate in Fresh for All, contact Tunisia Garnett (215-339-0900 ext. 238 or [tgarnett@philabundance.org](mailto:tgarnett@philabundance.org)).

For more information, go to [www.philabundance.org](http://www.philabundance.org)

## **GRANTS, SCHOLARSHIPS & INSTRUCTION**

### **Grants for Women**

You May Qualify for Grants to Earn a Degree Online. Search Schools.

[EducationConnection.com/GrantsInfo](http://EducationConnection.com/GrantsInfo)

### **Apply For Scholarships**

Stop Paying For College! Apply For Scholarships Online Today.

[CollegeAdviser.com](http://CollegeAdviser.com)

### **Top 2011 Online Grants**

Grant Funding May Be Available See If You Qualify!

[www.ClassesUSA.com](http://www.ClassesUSA.com)

### **\$10,000 Scholarship**

No GPA, No Essay, No Stress! Takes Only 3 Short Min. Don't Wait

[www.ScholarshipZone.com](http://www.ScholarshipZone.com)

## **SpotLight On Our Efforts**

### **Man-Boy Breakfast**

Concerned Christian Men

Our flagship activity is the Man-Boy Breakfast that is held on the 3rd Saturday (9am to 1pm) of each month during the school year at Simeon Career Academy (8147 South Vincennes Avenue Chicago, IL 60620 PH (773) 535-3200) and reflects our beliefs that strong and successful Black men should be viewed as leadership models for Black youth to emulate. The primary beneficiaries of our program are principally young men in Englewood, Auburn/Gresham and other South Side communities

### **Speakers**

Concerned Christian Men has featured outstanding African-American men from the business, education, political, legal, athletic, multi-media

*We will be spotlighting members and organizations weekly, if you wish to have your organization spotlighted, forward to us information on your primary mission, your current projects and/or how you would want other members of The Coalition to be involved. Many of us are already being a support to one another, but there is plenty of room for improvement.*

*[at Wellesley College  
Commencement]  
"Somewhere out in this  
audience may even be  
someone who will one day  
follow in my footsteps, and  
preside over the White  
House as the President's  
spouse. I wish him well!"  
Barbara Bush, First Lady*

*We are proud to  
announce that News  
From The Coalition,  
Inc. is featured on the  
internationally  
acclaimed site Eight  
Cities Map which is  
read in more than One  
hundred eighty  
countries!  
Click here:  
EightCitiesMAP  
Choose "Philadelphia's  
Online Community  
"Newsletter" from the  
menu.*

and religious communities. Such as:

- Illinois State Senator – Barack Obama
- President and Chief Operating Officer of McDonald's Corporation – Don Thompson
- Chicago Bears Head Coach – Lovie Smith

You can read more about our past speakers by clicking on [>>> More Speakers](#)

### **Agenda**

#### **Welcome**

Song

Invocation

Scripture

5 Good Minutes

#### **Membership**

Flash Essay

Prayer

Breakfast

Announcements:

Intro of the Speaker

#### **Guest Speaker**

Q & A

Remarks

Invitation

OATH OF MANHOOD

**Open Gym**

**Source:** <http://www.concernedchristianmen.org/man-boy.html>

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## **NU-JUICE FOUNDATION JOINS 'PHILLY FOOTBALL ROCKS'**

### **FUN-RAISING PROGRAM**

Looking to help Philadelphia schools and non-profits raise significant dollars to support programs.

PHILADELPHIA (September 24, 2011) – The Philadelphia Soul have partnered with the NU-JUICE Foundation to help Philadelphia schools and non-profits raise hundreds of thousands of dollars and make a significant impact supporting much needed programs, advancing education curriculums and enhancing key initiatives.

Nu-Juice is a non-profit 501 (c)(3) organization that provides



*I know God will not give me anything I can't handle. I just wish that He didn't trust me so much.*

*Mother Theresa*

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***We will credit you with the submission.***

educational consulting and program development services to federal, state and local government entities as well as to community based organizations and non-profits. Through years of proven effectiveness and ongoing empirical learning, Nu-Juice provides institutions and organizations with the most relevant and effective strategies, services and programs to make a measurable impact and tangible outcomes for youth.

The “Philly Football Rocks!” program allows non-profit and youth sports organizations to raise money while spreading goodwill and creating meaningful experiences and great exposure. The Soul has already signed up over 50 partners through this program.

“Schools and non-profits are struggling to find ways to raise money in this tough economic climate,” said Eric Ward, founder of the Nu-Juice Foundation. “This program is exactly what organizations that we work with need right now. This program is the perfect fit for our organization’s mission. I am excited to work with the Soul and help them change the lives of Philadelphia youths.”

Organizations that sign up for the program will receive: up to 55 percent of the revenue generated from ticket sales to Soul games, an autographed Fender electric guitar signed by Kamal Gray, Jimmy Rollins, Vince Papale, James Van Riemsdyk or Michael Vick (depending on the program selected); an autographed over-sized print from 1980 Super Bowl of Ron Jaworski; an autographed football and jersey signed by Jaworski and a Soul player or coach. A limited number of packages are available.

With a goal of 300 partners signed up before the start of the season and each organization expecting to raise \$5,000 on average, this equates to \$1.5 million in “FUN-RAISING” Revenue in total to be earned from this initiative for organizations spanning all throughout the Delaware Valley, Lehigh Valley and beyond.

The Nu-Juice Foundation is currently looking for more partners to join in the mission. "To purchase individual tickets to support your local school, or to purchase bulk tickets to sponsor your local school, please call the Nu-Juice foundation and speak with Jasmin Reid at 215-523-9310. A portion of all sales go directly to the participating school of your choice."

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*The thing women have yet to learn is nobody gives you power. You just take it.*  
**Roseanne Barr**

## ARTS FOR AWARENESS

*I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael*

### **Jus' Words at Dowlings Place**

1310 No. Broad St. Phila

Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

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## COMING UP

\* \* \* Outside PA \* \* \*

### **Coalition of Schools Educating Boys of Color – Workshop Announcement**

Each year the quality of the professional learning workshops at the Gathering of Leaders gets stronger.

**This year is no exception.**

Sixteen workshops selected from nearly 60 proposals are available for registered participants to sign up for.

Register for Gathering of Leaders [here](#).

[View workshops here](#)

These [workshops](#) are relevant to educators from the early childhood to high school level and illuminate the Gathering's theme, "**Great Schools Are Not an Accident: Successful Learning Communities for Boys and Young Men of Color.**" Each workshop will engage the participants in interactive, practical, and COSEBOC Standard referenced activity. They will also provide all participants with ideas, tools, and strategies to advance their work with boys and young men of color.

Gathering participants will attend two workshops, one in the morning and one in the afternoon. Descriptions and expectations for each

workshop [are now posted](#) on the COSEBOC website.

[Victoria Woodhull](#) (1838-1927) - First woman to run for President, center of a scandal that rocked the nation.

[Register and sign up now!](#)

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**Join us in the movement to create Great Schools**

[Join us in Durham](#)

**COMPUTERS AND TECHNOLOGY**

*We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred eighty countries!*

*Click here:  
EightCitiesMAP  
Choose "Philadelphia's Online Community "Newsletter" from the menu.*

**Free online journal focuses on technology for nonprofits**

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

[NTEN:Change](#), a free online journal from the [Nonprofit Technology Network](#),

provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available [here](#).

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**Group offers low-cost web access to nonprofits**

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

For more information, email [Free Trial](#).  
[www.mobilecitizen.org/grantphiladelphia](http://www.mobilecitizen.org/grantphiladelphia)

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**Helen Herron Taft** (1861-1943) - Wife of William H. Taft, 27th President of the United States, always longed to live in the White House. Known for planting Washington D.C.'s legendary cherry trees.

Security firm Imperva recently released its list of the passwords most likely to be hacked based on 32 million instances of successful hacking.

Top 10 Worst Passwords:

123456 - 12345 - 123456789 - Password - iloveyou - princess - rockyou - 1234567 - 12345678 - abc123

### **A HAND UP!**

*"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall*

### **America's Original Savings Network**

***If you have a favorite relevant quote, why not share it with our readers. send to [TheCoalitionNews@gmail.com](mailto:TheCoalitionNews@gmail.com) We will credit you with the submission.***

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at:

<http://nofullprices.net>

### **FREQUENTLY ASKED QUESTIONS**

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons?

A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you

[Rebecca Rouse](#) (1799-1887)  
- Cleveland humanitarian,  
temperance advocate,  
abolitionist, founder of  
Beech Brook.

want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

**Remember to support The Coalition, Inc.'s on-air personalities...**

Please listen to the "**Time For An Awakening**" Program with Bro. Elliott, this and every Sunday at 7 pm. Listen at [www.900AMWURD.com](http://www.900AMWURD.com) Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

## **WORD-OF- THE-WEEK**

**potboiler** \POT-boi-lur\  
A usually inferior literary or artistic work, produced quickly for the purpose of making money.

**Sister Phile Chionesu**, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation**" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: [www.blogtalkradio.com/empresschi](http://www.blogtalkradio.com/empresschi) Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to [mwmsistahood@aol.com](mailto:mwmsistahood@aol.com) to chat on line.

**Civil Alert Radio with Sabir Bey**- Every Tuesday 9:30 p.m. EST (6:30 P.M. PST)

Format Style: Open forum along with special invited guests.

Listen via your cell: 858.357.8450 On the web:

<http://www.blogtalkradio.com/civilalert>

\*\*This spot reserved for The Coalition, Inc. friend and supporter Jeff Hart\*\*



Listen to Jeff Thursdays after City Council meetings on W.U.R.D 900AM