

Friday May 04, 2012

The Coalition, Inc. Board of Directors

Gary R. Adams (President/CEO), John E. Churchville (Treasurer),

Members:

Josephine Blow, Stanley Daniels, Quibila Divine, Nijah Famous, Lansana Koroma, Abdul Malik Raheem, Lewis Williams

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News From The Coalition, Inc.

"Communication - Cooperation - Collaboration"

Volume 6, Number 32

Greetings Coalition Family!

Mary Kay Ash once said... "There are three types of people in this world: those who make things happen, those who watch things happen and those who wonder what happened." There is only one category to aspire to. If conditions are not to your liking, look inwardly

"Character cannot be developed in ease and quiet. Only through experiences of trial and suffering can the soul be strengthened, vision cleared, ambition inspired and success achieved." – Helen Keller

FOR OUR CHILDREN

"It is easier to build children than it is to repair men."...Frederick Douglass

Saturday, May 5, 2012 10:00am – 3:00pm

The Porter's Day Care & Educational Center will be celebrating our 16th Annual Unity Day!!!

We are a non-profit organization and we are contacting you with the hope that your organization will join us in reaching out to our community.

Several hundred youth & families come out to our event each year and with your support, we can continue to touch lives in our community.

Our event will kick-off on Friday morning, May 4th with a live radio broadcast. On Saturday, May 5th we will hold our Annual Unity Day!

Porter's Day Care & Educational Center is located at: 1434 Belfield Avenue.

We hope we can count on you to be a resource provider or vendor and to reserve your table early. For more information, please contact Ms.

Darlene Davis at 215-329-2300 or at ddavis3347@aol.com.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

THIS WEEK

The Philadelphia More Beautiful Committee's Saturday Clean Block Caravan

will visit six of the 223 blocks scheduled to clean in the 2nd and 15th Police Districts. The Caravan staffed by representatives from the Water Department, Health Department, Recreation Department, Licenses and Inspections, the Mayor's Office of Community Services, and a Streets Department SWEEP Officer along with PMBC mascot Sun Ray, will distribute promotional items to the block residents and children involved in the clean up. Also on hand will be Curby Bucket, the Streets Department's recycling mascot. Caravan members will also use this opportunity to thank the volunteers for their hard work and dedication as they continue outreach efforts by distributing departmental resource materials and offer assistance with service requests from the blocks visited.

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to TheCoalitionNews@gmail.com with "subscribe" in the subject.

If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

Send your information to: News From The Coalition, Inc.

All entries for submission should be received by noon, the Monday prior to publish date and in **Press Release** form.

Because friendship is pleasant, we partake of our friend's entertainment; not because we have not enough to eat in our own house. — Yoruba saying

We are proud to announce that News From The Coalition. Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred eighty countries! Click here: **EightCitiesMAP** Choose "Philadelphia's **Online Community** "Newsletter" from the menu.

Saturday, May 5, 2012 (times are approximate)

15th Police District – Willie Brown – Clean Block Officer
10:00 A.M. 5400 block of Discher Street
2nd Police District – Willie Brown – Clean Block Officer
10:30 A.M. 1500 block of Devereaux Avenue
15th Police District – Willie Brown – Clean Block Officer
11:00 A.M. 4100 block of Greeby Street
----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Every year, the Manayunk Brewery puts together a

Cinco de Mayo celebration

that is one of the biggest and best around - and this year will be the most impressive yet featuring a Pig Roast and multiple bands & DJs will rock the house all day long as everyone toasts to daytime drinking all in the name of Cinco de Mayo.

This event includes:

- 2 drink tickets (good for a mixed drink or beer)
- A luscious pig-roast, chicken, and beef Mexican buffet (food available 2-6pm)
- 2 bands and a DJ playing all day long
- Radio station giveaways with contests & prizes (think limbo contest and more!)
- Tons of beads & Corona swag and more.

Tickets are \$20 in advance or \$25 at the door (most like we will sell out in advance) - be sure to buy in advance to save a few bucks AND to be sure you get a ticket - there are limited tickets available on what will be the most popular event in Manayunk of the year.

Manayunk Brewery & Restaurant 4120 Main St Philadelphia, PA 19127

Saturday, May 5, 2012 12:00 PM- 7:00 PM

---- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site ----

Leadership can be thought of as a capacity to define oneself to others in a way that clarifies and expands a vision of the future.- Edwin H. Friedman

If you have a

favorite relevant
quote, why not
share it with our
readers. send to
TheCoalitionNews
@gmail.com
We will credit you
with the submission.

JOIN THE COALITION, INC!

To join The Coalition go to:

The Coalition Inc. net and download a copy of the Pledge of Commitment and return it to us the.pa.coalition@gmail.com

Phenomenally U Presents

Three Candid Conversations about Sex, Self-respect and Success for Mothers and Teen Daughters in the Reality TV Era.

May 5, 2012 9:00-10 Registration 10-1pm Program Montgomery Auditorium at the Parkway Central Library of Philadelphia Free

The goal of this event is to:

- Recognize and repudiate negative media images
- Explain and replicate principles of self-love and self-respect
- Provide tools and resources for their holistic development
 - Expose and encourage images of success
- Identify risk behaviors to eliminate incidences of bullying, domestic violence, dating violence, and intimate partner abuse whether it's emotional, psychological, physical, sexual or financial

Panelists Include:

Lacey C. Clark! Moderator, founder of Sisters' Sanctuary LLC, is an expert in solving the communications challenges that exist between younger and older generations of women of color. She has created the Self-Love Movement and a Monthly Observance, The Self-Love Celebration Series for female youth of the Hip-Hop Generation, The Sisters' SanctuaryTM Inner Beau-Tea Parties, the workbook/journal Celebrate HER Now! and the 5-disc audio collection Healing the Gap. She is frequently asked to share her insights and solutions for healing emotional and relational wounds and bridging the communication gaps created by our ever-changing culture. She has shared stages and platforms with Grammy© awardwinning artist/actress and humanitarian Jill Scott; actor/author Hill Harper,

poet/activist/author Dr. Sonia Sanchez; motivational speaker/author Les Brown; and psychologist Dr. Robin Smith of the Oprah Show. Her empowerment message and approach have been featured in Heart and Soul magazine and BET.

Lady B is widely considered a hip-hop pioneer in Philadelphia. Born Wendy Clark, she began spinning hip-hop records on WHAT 1340 AM in 1979 and solidified the hip-hop community in Philly. In 1979 she became one of the first female artists to release a rap record- "To The Beat Y'all" on TEC Records. She introduced the world to The Furious 5, The Treacherous 3, Public Enemy, Run-DMC, LL Cool J, Queen Latifah, EPMD, UTFO, McLyte, Schoolly D, Big Daddy Kane, Rakim, KRS-1, MC Breeze, 3XD, and Heavy D. She is now heard on Sirius Satellite Radio and on WRNB 100.3fm. "Vibe magazine's History of Hip Hop refers to Lady B as arguably the most influential female radio personality in Hip Hop history.

Fatin Dantzler is one-half of the R&B husband-wife duo Kindred the Family Soul and star of the web, Six Is It! Joined by his wife Aja Graydon to form the adult contemporary duo, Dantzler was born in Philadelphia and got his start in the music business writing songs for R&B artists Pebbles and Bell Biv DeVoe. Dantzler and Graydon began writing songs together and later married and started a family. He and Graydon began performing at the Black Lily club, where they caught the attention of Jill Scott, who took them to her label,

"Nothing limits achievement like small thinking. Nothing equals possibilities like unleashed thinking." - William Arthur Ward

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Hidden Beach Recordings. They were signed and spent the following two years working on their debut album, Surrender to Love, which was released in February 2003. Kindred released two additional albums on the label: In This Life Together (2005) and The Arrival (2008). The duo moved to Shanachie to record and release their fourth album Love Has No Recession (2011). The duo has developed a devoted following of fans over the years. **Melinda F. Emerson**, SmallBizLady, is America's #1 small business expert, author of the best-selling book Become Your Own Boss in 12 Months: A Month-by-Month Guide to a Business That Works, and small business coach. As CEO of Quintessence Multimedia, Melinda develops audio, video and written content to help her Fortune 500 clients engage small business customers. She publishes a resource blog, www.succeedasyourownboss.com and hosts a weekly twitchat (#SmallBizChat) that reaches 1.5 million small business owners online every week. Forbes Magazine named her the #1 Woman for Entrepreneurs to follow on Twitter. Melinda has been featured on MSNBC, Fox News, NBC Nightly News and in The Washington Post, New York Times, Fortune, Essence and Black Enterprise. Robin "Kheperah" Kearse is a record label veteran, arts educator and on-air personality dedicated to youth development. Her work is featured in the award-winning movie, THE HIP HOP PROJECT, executive produced by Bruce Willis and Queen Latifah. Variety

HIP HOP PROJECT, executive produced by Bruce Willis and Queen Latifah. Variety Magazine calls her "ultra-articulate" for her compelling narrative in the film. She has worked with government offices to promote dialogue, education and positive alternatives to youth violence and at-risk behavior.

Nicole Maisha Monteiro, Ph.D., is a psychologist and owner of the Center for Healing and Development (CHAD), a clinical, consulting and research practice. Trained at Howard University, Columbia University and the Washington School of Psychiatry, Dr. Monteiro's commitment to the mental health led her to extend her contributions beyond the United States to countries such as Ethiopia, Senegal, Liberia and other parts of Africa, the Middle East, South America, Asia and the Caribbean. Dr. Monteiro volunteered as a consulting psychologist in Haiti and Bahrain. Her workshops focus on Muslim mental health, youth and community violence, stress and anger management, women's health, childhood emotional and behavioral disturbances, marriage and couples therapy, and the relationship between mental health, spirituality and culture. Visit www.nenehfati.blogspot.com or www.maishaworld.blogspot.com.

W. Soyini Powell, M.D., is director of Women's Services at Mercy Philadelphia Hospital. She is board certified in Obstetrics and Gynecology and is a fellow of the American College of Obstetrics and Gynecology. She completed her residency at Harlem Hospital in New York and has been practicing medicine for more than 25 years. Dr. Powell is well-versed in issues related to international women's reproductive healthcare and is a frequently requested lecturer. She has traveled and presented workshops, training sessions and keynote presentations in North, West and East African countries. She is an advocate of treating the whole woman and believes primary prevention, early detection and patient education are the key ingredients to wellness for women.

Mary E. Wilson shares her experiences as the mother of a teen daughter and an executive with more than 15 years of experience in human resources: talent acquisition, college recruitment and diversity. Recognized for her positive spirit and engaging demeanor, she has received numerous corporate awards for exemplary performance and building best-inclass teams. She has held leadership roles across industries with Fortune 100 companies, including Target, Booz Allen Hamilton, Comcast and Merck. Mary specializes in designing corporate strategies to grow an organization's bench strength and develop full lifecycle recruiting strategies for the college to C-Suite talent pools. Currently, she is director of recruiting for the nation's 8th largest insurance broker.

ABOUT SISTERS' SANCTUARY Sisters' Sanctuary LLC is an empowerment company with a system of tools, methods and solutions specifically designed for teen girls and their mothers and mentors to support their holistic development. From signature conferences, workshops and forums to radio programs, film projects, books, motivational series and

"All who have accomplished great things have had a great aim, have fixed their gaze on a goal which was high, one which sometimes seemed impossible." - Orison Swett Marden

online resources, Sisters' Sanctuary LLC seeks to nurture their emotional well-being and provide academic support to help them make healthy life choices. Formed in 2002 by Lacey C. Clark!, life coach and entrepreneur, Sisters' Sanctuary LLC provides programming, mentoring and life skills workshops, events and products that will enable teen girls to reach their fullest potential in every area of their lives. For more information, visit www.teen-girlself-esteem.com.

This momentous event is a panel discussion, produced by Lacey C. Clark! of Sisters' Sanctuary™ and co-sponsored by SCORE Philadelphia, Free Library of Philadelphia and Rolling OUT.

---- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site ----

EMPLOYMENT AND TRAINING OPPORUNITIES

Diversity / Professional Job Fair

Thursday, May 10, 2012, 10AM - 2PM Doubletree Hotel Philadelphia 237 S Broad St, Philadelphia, PA 19107 http://www.diversityjobfairs.com

The Diversity Job Fair of Philadelphia

Thursday, May 24, 2012, 10AM - 1PM
Doubletree Guest Suites Hotel
640 W Germantown Pk, Plymouth Meeting, PA 19462
http://www.catalystcareergroup.com

Annual Neighborhood Job Fair

Thursday, May 24, 2012, 9AM - 1PM Temple University Mitten Hall-Great Court 1913 N Broad St, Philadelphia, PA 19122

Philadelphia Job Fair

Monday, June 18, 2012, 11AM - 2PM Crowne Plaza Philadelphia West 4010 City Ave, Philadelphia, PA 19131 http://www.coasttocoastcareerfairs.com

King of Prussia Career Fair

Monday, June 18, 2012, 11AM - 2PM Crowne Plaza Hotel Valley Forge 260 Mall Blvd, King of Prussia, PA 19406 http://www.nationalcareerfairs.com

Job Fair of Philadelphia

"Leadership is the ability to get extraordinary achievement from ordinary people. - Brian Tracy

If you have a favorite joke, why not share it with our readers. send to TheCoalitionNews @gmail.com
We will credit you with the submission.

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To join The
Coalition go to:
TheCoalitionInc.net
and download a
copy of the Pledge
of Commitment and
return it to us
the.pa.coalition@g
mail.com

Thursday, July 26, 2012, 10AM - 1PM
Doubletree Guest Suites Hotel
640 W Germantown Pk, Plymouth Meeting, PA 19462
http://www.catalystcareergroup.com

Philadelphia Opportunity Expo (Veterans & Spouses)

Thursday, July 26, 2012, 11AM – 3PM Lincoln Financial Field 1020 Pattison Ave, Philadelphia, PA 19148 https://events.recruitmilitary.com

HEALTH MATTERS

Surprising Health Dangers Of Fast Food

Though we may like to suspend belief, recent headlines have once again shed some light on serious risks that fast food can pose to your health. Fast food giant Kentucky Fried Chicken has been ordered to pay \$8 million to an Australian girl who suffered severe brain damage and was paralyzed after eating a salmonella-infested Twister wrap.

And you may have heard about a McDonald's worker in South Carolina arrested for spitting in two customers' cups of iced tea after they returned them because they weren't sweet enough.

Some of the recurring problems at franchises such as McDonalds, Taco Bell, Wendy's, and Burger King were rodent droppings, insects, food borne illnesses, debris and grime on counters and in prep areas, and poor employee sanitation. Given that about 25% of Americans eat fast food everyday, that's millions of opportunities to be exposed to something nasty, or worse, a pathogen that could make you sick.

Diseases from Fast Food

The high levels of calories, fat and sodium in most fast food can eventually lead to other health problems. For example, a study published in the "Journal of the American Heart Association" found that eating significant amounts of fast food can contribute to atherosclerosis, another term for clogged arteries, which can increase your risk of conditions like heart attack and stroke. Fast food can also contribute to an increased risk of arthritis, sleep apnea, some kinds of cancer, diabetes and liver disease.

Nutritional Value Tradeoffs

As an example, one popular fast food hamburger contains about 540 calories and 29 g of fat. It contains 10 g of saturated fat and 1.5 g of trans fat. The sodium content is 1,040 g. However, the hamburger does contain about 25 g of protein, with 6 percent of your recommended

"Mothers are fonder than fathers of their children because they are more certain they are their own."
- Aristotle

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intake for vitamin A, 2 percent for vitamin C and 25 percent each of calcium and iron. You pay a very high price in negative dietary elements, though, like calories, fat and sodium, for relatively small amounts of nutritional value.

Packaging Risk

Many wrappers and packaging materials used to contain fast food are coated with perfluoroalkyls. Perfluoroalkyls are a type of chemical that can repel both oil and water, preventing grease from the food from soaking through the packaging. However, these chemicals are actually toxic to humans, and prolonged exposure can lead to increased risk of cancer, tumors, infertility and other health conditions.

Source: http://blackdoctor.org/

GREEN PIECE

Green Living Tips for Today's Young People

In today's ecologically conscious world, many smart young people are heeding the green living tips offered by parents and older peers. The benefits are clear. Eco-friendly products translate to huge cost savings and minimize harm to the environment.

So how do today's young people show they care for the environment? Let's start with modern commuting trends. If you're college-bound kid is not the lucky recipient of an environmentally friendly car (as a graduation or birthday gift), then chances are, he/she may be taking public transportation (which is good) or driving the traditional car. Don't look now but ingenious minds have devised an online social rideshare and carpool matching system that uses a popular social networking site to hook riders up with drivers en route to a common destination.

For the young ladies in the family who love to shop, green living tips they may have gravitated to include bringing their own eco tote bag so as not to amass more plastic bags than can be reused at home. In so doing, young gals (and their shopaholic moms, too) get to save lots of trees and keep plastic bags out of landfills.

Young ones also contribute to resource conversation by keeping in mind

"No one in the world can take the place of your mother. Right or wrong, from her viewpoint you are always right. She may scold you for little things, but never for the big ones." -Harry Truman

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews @gmail.com
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other green living tips like taking quick showers, buying and using products – like organic cosmetics — that do not contain synthetic substances, as well as clothes and accessories made of organic cotton or hemp. Switching off room lights and computer equipment (including the monitor) when not in use and going for green food options are likewise some of the ways to lessen the eco footprint.

Source: http://ardentgreenliving.com/green-living-tips/

---- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site ----

Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. http://www.recyclingservices.org/

For sustainable enterprise go to Green Jobs Philly http://www.greenjobsphilly.org/news

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Get Fresh!

Volunteer with Philabundance Fresh for All You recycle out the wazoo and consider yourself consigliore of the enviro-sack mafia.

Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All programs.

And you can help by volunteering.

The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times.

With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls).

Looking for something physical?

Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need.

And that's a green movement to be proud of. To participate in Fresh for All, contact Tunisia Garnett (215-339-0900 ext. 238 or tgarnett@philabundance.org).

For more information, go to www.philabundance.org

GRANTS, SCHOLARSHIPS & INSTRUCTION

Hereeeeeeeeeees... Kathy's Korner!

An amateur photographer was invited to dinner with friends and took along a few pictures to show the hostess. She looked at the photos and commented "These are very good! You must have a good camera." He didn't make any comment, but, as he was leaving to go home he said "That was a really delicious meal! You must have some very good pots."

(Kathy Parsons is a regular contributor.)

We will be spotlighting members and organizations weekly, if you wish to have your organization spotlighted, forward to us information on your primary mission, your current projects and/or how you would want other members of The Coalition to be involved. Many of us are already being a support to one another, but there is plenty of room for improvement.

Grants for Women

You May Qualify for Grants to Earn a Degree Online. Search Schools.

EducationConnection.com/GrantsInfo

Apply For Scholarships

Stop Paying For College! Apply For Scholarships Online Today. CollegeAdviser.com

Top 2011 Online Grants

Grant Funding May Be Available See If You
Qualify!
www.ClassesUSA.com

\$10,000 Scholarship

No GPA, No Essay, No Stress! Takes Only 3 Short Min. Don't Wait

www.ScholarshipZone.com

SpotLight On Our Efforts

ENTREP Institute

The neighborhood drug dealer may be the most successful business person that some inner city youth know. The Entrepreneurship Institute of Philadelphia (TEIP) changes that by teaching 13 to 25 year-olds in Philly about the rich history of wealthy African-American business heroes dating back from 1619. These lessons are designed to encourage youth to create and service their own markets as their ancestors did. Coupled with TEIP business education and practice, this information can help lay the foundation for youth to overcome the economic and social challenges around them. The grant will help provide key reference and training materials, media resources, on-site visits, mentoring resources and assistance to ongoing and new youth business ventures. Within one year TEIP graduates will acquire cultural and personal pride, in additional to practical skills needed to increase income, wealth, employment, and investment in their communities.

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ARTS FOR AWARENESS

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

Jus' Words at Dowlings Place

1310 No. Broad St. Phila Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

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If your group or organization is planning an event, send us notice in document format, and we will share it with our readers.
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"Whatever else is unsure in

this stinking dunghill of a world a mother's love is not.'' - James Joyce

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COMING UP

SAVE THE DATE!!!

Citywide Conference May 25

Skyline Room, Free Library Central Information Advocacy begins!

Details TBA

* * Outside PA * * *

COMPUTERS AND TECHNOLOGY

Free online journal focuses on technology for nonprofits

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

NTEN:Change, a free online journal from the Nonprofit Technology Network,

provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available here.

---- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site ----

Group offers low-cost web access to nonprofits

"Optimism is essential to achievement and it is also the foundation of courage and true progress." -Nicholas Murray Butler Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- -- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
 - -- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
 - -- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- -- A choice of additional benefits including an educational webinar series. For more information, email <u>Free Trial</u>.

www.mobilecitizen.org/grantphiladelphia

---- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site ----

Security firm Imperva recently released its list of the passwords most likely to be hacked based on 32 million instances of successful hacking.

Top 10 Worst Passwords:

123456 - 12345 - 123456789 - Password - iloveyou - princess - rockyou - 1234567 - 12345678 - abc123

A HAND UP!

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at: http://nofullprices.net

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my

Here is a test to find out whether your mission in life is complete. If you're alive, it isn't. Richard Bach

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computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons? A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

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"The most important thing a father can do for his children is to love their mother." - Theodore M. Hesburgh

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews @gmail.com
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WORD-OF-THE-WEEK

adventitious \adventitious \adventitious \adventitious \Added extrinsically; not essentially inherent; (Biology) Out of the proper or usual place; as, "adventitious buds or roots."

Remember to support The Coalition, Inc.'s on-air personalities...

Please listen to the **"Time For An Awakening"** Program with Bro. Elliott, this and every Sunday at 7 pm. Listen at www.900AMWURD.com Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

Sister Phile Chionesu, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation'** Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: www.blogtalkradio.com/empresschi Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to mwmsistahood@aol.com to chat on line.

Civil Alert Radio with Sabir Bey- Every Tuesday 9:30 p.m. EST (6:30 P.M. PST)

Format Style: Open forum along with special invited guests.

Listen via your cell: 858.357.8450 On the web:

http://www.blogtalkradio.com/civilalert

This spot reserved for The Coalition, Inc. friend and supporter Jeff Hart
Listen to Jeff Thursdays after City Council meetings on W.U.R.D 900AM