



We all hold a piece to the puzzle
Friday May 11, 2012

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News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 6, Number 33

Greetings Coalition Family!

Reggie Schell, former Defense Captain of the Philadelphia Chapter of the Black Panther Party has joined the ancestors. He succumbed to his ailments 3:30 a.m. 05/09/12. In his last years he suffered from kidney disease and heart problems but he maintained his steadfast belief in the need for change in this country, may his loved ones be comforted and his spirit rest well-deserved.

"Big thinkers are specialists in creating positive, forward-looking, optimistic pictures in their own minds and in the minds of others."- David J. Schwartz

*"We each hold a piece to the puzzle." – Dr. John Elliott Churchville
"Communicate... Cooperate... Collaborate"*

FOR OUR CHILDREN

"It is easier to build children than it is to repair men." ...Frederick Douglass

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to TheCoalitionNews@gmail.com with "subscribe" in the subject.

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If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

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CAP4KIDS

Gotta phone? Texting service? Several of the community based organizations have gone text-y and have the ability help people in various circumstances with their needs. For example:

On the **Pregnancy Resources and Infant Handout**, there is a resource called *Text for Baby* that gives families helpful info about their developing baby while pregnant up to the first year of life.

http://www.cap4kids.org/philadelphia/parent_handouts/pregnancy_resources_and_infants.html

On the **Physical Health Handout** you will find a service that can text you the closest *family planning clinics* based on zip code.

http://www.cap4kids.org/philadelphia/parent_handouts/physical_health_resources.html

Ready to quit smoking or know someone who is? Also on the **Physical Health Handout** there is the *Determined to Quit* Quit Companion that sends you timely texts on alternatives and strategies for smoking cessation.

Lastly, on the **Domestic and Community Violence Handout** there is a service called *PA Savin* that can text victims of crimes when an offender is about to be released, transferred or escaped.

http://www.cap4kids.org/philadelphia/parent_handouts/domestic_community_violence.html

Check these resources out!

THIS WEEK

Happy Mother's Day!

Mother's day is special day for anyone who walking on this earth. It's a day we give tribute to the women who carried us for nine months and put up with us through our infancy, pre-adolescent and teen age years.

How are you going to honor the Mothers in your life this year?

Whether they are your actual mother, step mother, god mother, foster mother, significant other, sibling or friend; they all deserve recognition and acknowledgement.

With this day in mind, Jeff Lawry and the Old School with New Twist Crew is celebrating a pre-mother's affair this Saturday, May 12, 2012 from 9 pm to 3 am at Temptations, 220 West Cheltenham avenue in historic Germantown, Philadelphia.

The evening's kickoff will be 100 Red roses for the first 100 ladies

*"Good habits result from resisting temptation."
Ancient Proverb*

We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred eighty countries!

Click here:

EightCitiesMAP

Choose "Philadelphia's Online Community "Newsletter" from the menu.

coming through the door. Every woman attending will be given free raffle tickets to win a Gift Basket by Boresha LLC.

Those individuals who think ahead will get advance tickets(267-303-0653) and have reserved seating and maybe even an exclusive table.

Those that arrive early will be treated to a lite buffet by Ms Joyce's Soul Food.

The evening will include:

Two rooms of music, dance and entertainment from some Philadelphia's most renown disc jockeys. Multiple birthday celebrations for Taureans will be underway. Party participants will have their choice of enjoying the festivities in:

Room 1 – Featuring S& S Sounds with Stevie D and Sean P playing the best of old school music that will keep you on your feet and jamming to the old school beat.

Or

Room 2 – Featuring D J Long John playing all your favorite oldies and catering to the Line Dance enthusiasts.

This is grown and sexy affair. The dress code: Upscale. It goes without saying no sneakers or work boots. However, fashionable Designer jeans will be permitted.

Advance tickets are \$15.00 and \$20.00 at the door. Call 267-303-0653 for tickets or to reserve a table. Group and special birthday celebrations are available call 267-303-0653 today.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

EMPLOYMENT AND TRAINING OPPORUNITIES

The Diversity Job Fair of Philadelphia

Thursday, May 24, 2012, 10AM - 1PM

Doubletree Guest Suites Hotel

640 W Germantown Pk, Plymouth Meeting, PA 19462

<http://www.catalystcareergroup.com>

Annual Neighborhood Job Fair

Thursday, May 24, 2012, 9AM - 1PM

Temple University Mitten Hall-Great Court

1913 N Broad St, Philadelphia, PA 19122

Philadelphia Job Fair

Monday, June 18, 2012, 11AM - 2PM

Crowne Plaza Philadelphia West

"We never know the love of the parent until we become parents ourselves." - Henry Ward Beecher

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com We will credit you with the submission.

JOIN THE COALITION, INC!
To join The Coalition go to: TheCoalitionInc.net and download a copy of the Pledge of Commitment and return it to us the.pa.coalition@gmail.com

4010 City Ave, Philadelphia, PA 19131
<http://www.coasttocoastcareerfairs.com>

King of Prussia Career Fair

Monday, June 18, 2012, 11AM - 2PM
Crowne Plaza Hotel Valley Forge
260 Mall Blvd, King of Prussia, PA 19406
<http://www.nationalcareerfairs.com>

Job Fair of Philadelphia

Thursday, July 26, 2012, 10AM - 1PM
Doubletree Guest Suites Hotel
640 W Germantown Pk, Plymouth Meeting, PA 19462
<http://www.catalystcareergroup.com>

Philadelphia Opportunity Expo (Veterans & Spouses)

Thursday, July 26, 2012, 11AM - 3PM
Lincoln Financial Field
1020 Pattison Ave, Philadelphia, PA 19148
<https://events.recruitmilitary.com>

HEALTH MATTERS

Beware of Deodorants and Antiperspirants by Djehuty Ma'at-Ra

That's right, people! BEWARE of commercial brand deodorants and antiperspirants as they cause a host of health problems and concerns, and especially for females (which I'll explain later in the article).

Commercial brand deodorant and antiperspirant brands such as Ban, Arrid, Sure, Degree, Mennen, Old Spice, Right Guard, Suave, Dove, Jason, Body Mint, Brut, Dial Solid, Mitchum Solid, and Certain Dry to name a few are very harmful to your health because of their toxic ingredients.

The same is true of designer brand deodorants and antiperspirants such as Calvin Klein, Gucci, Bulgari, Pierre Cardin, Polo, Hugo Boss, and Givenchy to name a few.

This article will not tell you to stop using deodorant or

"No matter how old a mother is, she watches her middle-aged children for signs of improvement." - Florida Scott-Maxwell

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antiperspirant because I/we (Dherbs.Com) recognize and respect individual free will. However, it will caution you to be very conscious when purchasing deodorant and antiperspirants should you choose to wear these products.

According to the Handbook of Over-The-Counter Drugs (1992 edition), "Concern over perspiration is practically a national preoccupation. Worry about wetness and underarm odor prompts Americans to spend more than \$750 million annually on over-the-counter deodorants, deodorant soaps and antiperspirants."

Americans spend nearly \$1 billion annually to mask the funk that is emitted from their armpits that is the result of poor diet and ignorance, though poor diet is usually predicated upon ignorance followed by conditioning.

It is the stench from rotted and decayed meat and other insalubrious things that people eat like dairy products (cheese, butter, ice cream, sour cream), refined grain and starches; and the plethora of junk foods and fast foods that are excreted from the body via the armpits (as well as the pores all over the body, especially people who just simply smell bad all the time).

And for the females, the above applies to your vagina which is why many females experience a stench or foul odor 'down there' as well.

The stench from the dead foods we eat will always manifest in the mouth (bad breath, halitosis), colon and rectum (via the stools), female vagina (foul smell, foul smelling discharge), the skin (via the pores), and the underarms (armpits).

What we eat even effect the smell of our sexual secretions. We truly are what we eat, whether what we eat is dead or alive.

But for purposes of this article, I will concentrate on the armpits exclusively.

God made our bodies to perspire. Perspiration is a totally natural function. The problem with perspiration in our world today is that people don't like the smell of their perspiration (and rightly so); but what people are smelling is the result of what is commonly eaten: DEAD FOOD! Absent poor diet in the majority of people, their perspiration would not smell bad.

*"The lullaby is the spell
whereby the mother attempts
to transform herself back
from an ogre to a saint." -
James Fenton*

Okay, so now we stink or smell bad under our arms (armpits) so what do we do, especially here in the good ole U.S.A? Answer: MASK IT!

We are professionals at masking problems and situations. If it stinks, simply mask or hide the smell. Don't eliminate the root cause or problem, simply mask or hide it. This is the general thinking with most people due to conditioning.

And how do we hide or mask things? Answer: deodorants and antiperspirants, feminine deodorant sprays, mouthwash, mints, chewing gum, air freshener, perfume and cologne, and cosmetics.

Masking smells has created numerous industries that make a fortune from selling masking agents that people, via massive conditioning, are dependent upon nowadays and simply cannot live without, or so they believe.

Perspiration is the equivalent of urinating via the skin. When we perspire, we are excreting and releasing toxins. Remember, the skin is the largest organ of elimination and your body will use the skin to eliminate, especially if your other channels of elimination are taxed and impaired.

When we use deodorant, we are not affecting a bodily function. Basically, we are masking body odor with fragrance and targeting bacteria via antibacterial agents such as Triclosan.

However, for most people, masking underarm odor is not enough, and therefore, something else is needed, perhaps something that can inhibit the natural function of perspiration all together, like
ANTIPERSPIRANT!

When you truly understand the function of the sweat glands, You learn how deleterious antiperspirant is. Antiperspirants work by irritating the skin to cause an inflammatory reaction accompanied by swelling and expansion of the cells around the sweat duct and it's opening to shrink.

This reduces the amount of sweat that can get to the surface.

And not only this, what about the harmful chemical ingredients deodorants and antiperspirants contain that enter into the body from

*"Of all the rights of women,
the greatest is to be a
mother." - Lin Yutang*

*If you have a
favorite joke, why
not share it with our
readers. send to
[TheCoalitionNews
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We will credit you
with the submission.*

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COALITION, INC!**
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of Commitment and
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mail.com](mailto:the.pa.coalition@gmail.com)*

their use? Harmful chemicals such as:
ALUMINUM CHLORIDE, PROPYLENE
GLYCOL, TRICLOSAN, ALCOHOL, ALUMINUM
ZIRCONIUM TETRACHLORHYDREX-GLY,
SODIUM SILVER ALUMINUM SILICATE,
STEARYL ALCOHOL,
and UREA to name a few.

Propylene glycol is used in engine degreaser and other industrial products. It has no business in or on your body.

NOTE: Anything that goes on your body enters into your body and enters your bloodstream.

Aluminum has an affinity for the brain and human pineal gland (our spiritual center) and large concentrations of toxic aluminum develop in these body parts. Aluminum has been implicated as the number one cause of Alzheimer disease.

Aluminum Chloride is an irritant and reacts with water in perspiration to form hydrochloric acid that causes irritation and reddened skin and will gradually fade or rot clothing!

This is serious, folks!

Triclosan (a/k/a Irgasan DP 300) is a synthetic antibacterial made from petroleum. It is toxic and also a skin irritant.

Now consider all females who use antiperspirants and who wear bras. By causing the sweat ducts to shrink and thus inhibiting the secretion of sweat (which hold toxins) from the body via the underarms, the toxins stay inside the body, but because of the tight-fitting bras (especially wire strap bras), the toxins that would otherwise be excreted from the body if antiperspirant wasn't used, are now trapped in the breast area which is major lymphatic area. When females wear bras, especially tight-fitting bras, they are impairing lymphatic flow and when lymph is impaired, toxins accumulate and excess accumulation of toxins cause internal trash bags (cysts, tumors) to develop in an attempt to hold the toxins in a gesture to save or protect the body. But because many females remain unconscious and ignorant and keep wearing their bras and using antiperspirant and/or deodorant, the trash bags enlarge. This is why breast cyst and tumors and breast cancer is so epidemic today in American females.

"The mother's heart is the child's schoolroom." - Henry Ward Beecher

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You don't hear about males developing breast cancer to the same degree as females simply because males don't wear bras. The wearing of bras has to be the major difference when we deduce matters. Approximately 300+ males in the U.S. will develop breast cancer annually compared to hundreds of thousands of females.

Millions of American females are experiencing breast tumors, cysts, cancer, or some other breast disease such as Paget's disease, mastitis, and fibrocystic breast disease and bras and deodorants and antiperspirants play a major role in their development. The research has been performed and a good book on the subject is "Dressed to Kill: The Link Between Breast Cancer and Bras" by Sydney Ross Singer and Soma Grismaijer.

All female breast diseases can be attributed to, at least in part, to the constant wearing of bras and the constant use of harmful deodorants and antiperspirants to mask body odor.

Carrying a heavy purse on one's shoulder also plays a role in inhibiting circulation and thus leading to particular breast-specific diseases. I'm glad to see purses have become smaller and compact and can be carried around in a female's hand instead of on her shoulder.

The breasts must not be contained so that there can be the necessary flow of the lymph and blood from head to toe.

Whether male or female, the underarm lymph nodes are impaired from the use of deodorant and antiperspirant. Lymph nodes are ducts that throw off toxins. When there is such a backup of toxins in the lymphatic system area of the chest, the nearby armpits suffer. The lymph nodes at the armpits become swollen and inflamed.

Ever felt a burning, tender soreness in your underarms? Ever developed a large and painful knot or lump (that lasts for days) in your underarms? This is the result of the deleterious chemicals in commercial brand underarm deodorants and antiperspirants which is why they should not be used.

In closing, there are a few good alternative brands of deodorants on the markets of good health food stores.

"No one in the world can take the place of your mother. Right or wrong, from her viewpoint you are always right. She may scold you for little things, but never for the big ones." - Harry Truman

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com We will credit you with the submission.

Good brands include Alvera (my personal favorite), Aubrey Organic (uses grain alcohol which is better than the petroleum-derived alcohols), and Avalon Organics to name a few. Tom's of Maine brand products are very suspect but are a better choice than most commercial brands of deodorant and toothpaste. Simply check the ingredients on the stick or roll-on.

Also beware of crystal stick deodorants. If the brand only contains mineral salts (i.e. 'Naturally Fresh' brand), you can take a chance. But just make sure "aluminum" is not an ingredient in any Crystal deodorant you purchase.

And because manufacturers are sneaky and tricky and only care about profits, make sure the crystal deodorant doesn't list "alum" as an ingredient. Alum is short for "aluminum", as in ALUM-inum (Alum + inum).

More healthy and alternative brands (and their websites) are listed in our Dherbs.Com "Alternative Diet and Lifestyle Manual" e-book.

Always remember to check the ingredients of any product you buy. If you are not now at present a conscious consumer, become one to save and/or prolong your life.

If you had to choose antiperspirant over deodorant, the wise choice would be deodorant, as deodorant doesn't affect a bodily function whereas antiperspirant does.

"But Djehuty, I'm using a natural deodorant but it's not strong enough!" This is a legitimate complaint I get from people from time to time, mostly females, and my retort to them is to work on the diet. You cannot eat organic, live, raw foods and simultaneously maintain good hygiene (bathing, washing) and have an odor problem.

"Djehuty, can I use essential oils for purposes of deodorant or fragrance under my arms?" Some oils could be used directly on the skin but a lot of them cannot and shouldn't due to causing skin irritation due their properties (and despite being natural). If you are going to use essential oils under your arms, make sure to first apply a carrier oil such as grape seed oil, coconut oil, or sweet almond oil and then apply the essential oil.

"Djehuty, do I have to use deodorant or antiperspirant?" Of course

*Hereeeeeeeeeeeeeees...
Kathy's Korner!*

After an accident, a woman stepped forward and prepared to help the victim. She was asked to step aside by a man who announced, "Step back please! I've had a course in first aid and I'm trained in CPR."

The woman watched his procedures for a few moments, then tapped him on the shoulder. "When you get to the part about calling a doctor," she said, "I'm already here!"

(Kathy Parsons is a regular contributor.)

not, if you don't have an odor problem! I don't have to use deodorant nowadays because of my diet and lifestyle. I can go days without deodorant. However, it does help that I constantly bathe (see "Sea Salt Soak" article).

"Djehuty, should women stop wearing bras?" Well, at home they should. Going out in public is something different, another story. I don't think the majority of us males could handle looking at protruding nipples sticking out of women's shirts and blouses from damn near every female we see walking down the street, at the mall, at church, or on the job. We may start having flashbacks of when we were breastfed or if we weren't breastfed, our wish or desire that we were breastfed may resurface and we may start drooling at the mouth.

Of course I was just having some fun and joking around above because it is a woman's free will to wear what she wills. But just remember, ladies, that when you are beautiful and dress sexy and provocative, constant looks, stares, whistling, and cats (or 'dogs'?) trying to get at you comes along with the territory. You will be hollered at (approached, hounded) as a perceived bone in the midst of a pack of hungry wild dogs (males) lusting for a good meal or good piece of meat. Hey, it's the American way! But I'm trying to help change that!

To detoxify your body from all the past years of abuse and toxicity from using commercial brand deodorants and antiperspirants, I recommend detoxing your body (see "Full Body Detox") periodically, at least once a year but 2-4 times a year ideally (depending on your diet and lifestyle).

Carbon (activated charcoal) is a great substance to use to remove chemical toxins from the body. Carbon is a part of Dherbs Com's Full Body Detox. Individual herbs great for cleansing the lymphatic system include: Echinacea root, Goldenseal root, Octillo, Lobelia, Mulein Leaf, Red Root, Wild Indigo Bark, Chaparral, and Burdock Root to name a few.

If you are experiencing swollenness, redness, soreness, and/or inflammation (and in the form of a large lump) under the arms (armpits), immediately stop using deodorant/antiperspirant. Perform the "Sea Salt" soak. Apply Aloe Vera gel to the armpit area (throughout the day). Immediately perform a detox (7-day, 10-day, or 20-day cleanse) to facilitate healing. After you heal, only use a

good brand of deodorant (i.e. Alvera).

"Most mothers are instinctive philosophers." - Harriet Beecher Stowe

Thank you for reading!

This article is compliments of www.Dherbs.Com and Djehuty Ma'at-Ra.

Additional articles by Djehuty@www.dherbs.com/articles.

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GREEN PIECE

Green Living Tips for Today's Young People

In today's ecologically conscious world, many smart young people are heeding the green living tips offered by parents and older peers. The benefits are clear. Eco-friendly products translate to huge cost savings and minimize harm to the environment.

So how do today's young people show they care for the environment? Let's start with modern commuting trends. If you're college-bound kid is not the lucky recipient of an environmentally friendly car (as a graduation or birthday gift), then chances are, he/she may be taking public transportation (which is good) or driving the traditional car. Don't look now but ingenious minds have devised an online social rideshare and carpool matching system that uses a popular social networking site to hook riders up with drivers en route to a common destination.

For the young ladies in the family who love to shop, green living tips they may have gravitated to include bringing their own eco tote bag so as not to amass more plastic bags than can be reused at home. In so doing, young gals (and their shopaholic moms, too) get to save lots of trees and keep plastic bags out of landfills.

Young ones also contribute to resource conservation by keeping in mind other green living tips like taking quick showers, buying and using products – like organic cosmetics -- that do not contain synthetic substances, as well as clothes and accessories made of organic cotton or hemp. Switching off room lights and computer equipment (including the

Famous Mothers

MARY, MARY, QUITE CONTRARY'S MOTHER:
"I don't mind you having a garden, Mary, but does it have to be growing under your bed?"

BABE RUTH'S MOTHER:
"Babe, how many times have I told you--quit playing ball in the house! That's the third broken window this week!"

ABRAHAM LINCOLN'S MOTHER: *"Again with the stovepipe hat, Abe? Can't you just wear a baseball cap like the other kids?"*

LITTLE MISS MUFFET'S MOTHER: *"Well, all I've got to say is if you don't get off your tuffet and start cleaning your room, there'll be a lot more spiders around here!"*

ALBERT EINSTEIN'S MOTHER: *"But, Albert, it's your senior picture. Can't you do something about your hair? Styling gel, mousse, something...?"*

GEORGE WASHINGTON'S MOTHER: *"The next time I catch you throwing money across the Potomac, you can kiss your allowance good-bye!"*

monitor) when not in use and going for green food options are likewise some of the ways to lessen the eco footprint.

Source: <http://ardentgreenliving.com/green-living-tips/>

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Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>
For sustainable enterprise go to Green Jobs Philly
<http://www.greenjobsphilly.org/news>

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Get Fresh!

Volunteer with Philabundance Fresh for All
You recycle out the wazoo and consider yourself consigliere of the enviro-sack mafia.

Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All programs.

And you can help by volunteering.

The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times.

With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls).

Looking for something physical?

Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need.

And that's a green movement to be proud of.

To participate in Fresh for All, contact Tunisia Garnett (215-339-0900 ext. 238 or tgarnett@philabundance.org).

For more information, go to www.philabundance.org

GRANTS, SCHOLARSHIPS & INSTRUCTION

Grants for Women

You May Qualify for Grants to Earn a Degree Online. Search

*"Youth fades love droops,
the leaves of friendship fall
a mother's secret hope
outlives them all." - Oliver
Wendell Holmes*

***We will be
spotlighting
members and
organizations
weekly, if you wish
to have your
organization
spotlighted, forward
to us information on
your primary
mission, your
current projects
and/or how you
would want other
members of The
Coalition to be
involved. Many of
us are already being
a support to one
another, but there is
plenty of room for
improvement.***

Schools.

EducationConnection.com/GrantsInfo

[Apply For Scholarships](#)

Stop Paying For College! Apply For Scholarships Online
Today.
CollegeAdviser.com

[Top 2011 Online Grants](#)

Grant Funding May Be Available See If You
Qualify!
www.ClassesUSA.com

[\\$10,000 Scholarship](#)

No GPA, No Essay, No Stress! Takes Only 3 Short Min. Don't
Wait
www.ScholarshipZone.com

SpotLight On Our Efforts

Take Back The Land

[Take Back the Land](#) was originally formed in 2006 as an anti-[gentrification](#) organization inspired by the [Landless Workers' Movement](#) in [Brazil](#) and the [Western Cape Anti-Eviction Campaign](#) in [South Africa](#). The group built the [Umoja Village](#) in Miami in 2006, a shantytown on an undeveloped lot in support of the "black community's right to own land". Fifty homeless people lived in the village. After the village burned down in April 2007, the group moved 14 of the ex-residents into a warehouse. Max Rameau released a book detailing the experience entitled *Take Back the Land: Land, Gentrification and the Umoja Village Shantytown*. Partly due to overbuilding and speculation, Florida, and particularly Miami, have been affected by the housing crisis in the [late 2000s recession](#).

In September 2008, Florida had the second highest rate of foreclosures in the country.

Take Back the Land moved the first family into an unoccupied house on October 22, 2007. By November 2008, it had opened up six houses, and by April 2009, the group had moved 20 families into foreclosed homes.

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ARTS FOR AWARENESS

"The most important thing a father can do for his children is to love their mother." - Theodore M. Hesburgh

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

Jus' Words at Dowlings Place

1310 No. Broad St. Phila

Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

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We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred eighty countries!

[Click here:](#)

[EightCitiesMAP](#)

Choose "Philadelphia's Online Community "Newsletter" from the menu.

COMING UP

SAVE THE DATE!!!

Citywide Conference May 25

Skyline Room, Free Library Central

Information Advocacy begins!

Details TBA

* * Outside PA * * *

The New York Chapter of the NATIONAL ASSOCIATION of
KAWAIDA ORGANIZATIONS (NAKO)
**43rd ANNUAL MALCOLM X AWARDS PROGRAM AWARD
PRESENTATIONS to**

Brother LARRY HAMM

Chairman: People's Organization For Progress (POP)

Brother ALI LAMONT

Chairman: Committee To Honor Black Heroes

Brother LOUIS REYES RIVERA

Poet: (Posthumous)

Awardee Larry Hamm will reflect on Brother Malcolm

Sunday, May 20, 2012 3-5pm

Bedford Stuyvesant Restoration Plaza

1368 Fulton St., Brooklyn, N.Y. 11216

Suggested Minimum Donation \$7.00

For Information Call (718) 789-3264 / (718) 523-3312 or email

COMPUTERS AND TECHNOLOGY

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com We will credit you with the submission.

Free online journal focuses on technology for nonprofits

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

[NTEN:Change](#), a free online journal from the [Nonprofit Technology Network](#),

provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available [here](#).

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Group offers low-cost web access to nonprofits

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

For more information, email [Free Trial](#).

www.mobilecitizen.org/grantphiladelphia

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A HAND UP!

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at:

<http://nofullprices.net>

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons?

A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

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**WORD-OF-
THE-WEEK**

facetious \fuh-SEE-shuhs\ : Given to jesting; playfully jocular; Amusing; intended to be humorous; not serious.

Remember to support The Coalition, Inc.'s on-air personalities...

Please listen to the "**Time For An Awakening**" Program with Bro. Elliott, this and every Sunday at 7 pm. Listen at www.900AMWURD.com Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

Sister Phile Chionesu, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation**" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: www.blogtalkradio.com/empresschi Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to mwmsistahood@aol.com to chat on line.

Civil Alert Radio with Sabir Bey- Every Tuesday 9:30 p.m. EST (6:30 P.M. PST)

Format Style: Open forum along with special invited guests.

Listen via your cell: 858.357.8450 On the web:

<http://www.blogtalkradio.com/civilalert>

This spot reserved for The Coalition, Inc. friend and supporter Jeff Hart

Listen to Jeff Thursdays after City Council meetings on W.U.R.D 900AM

