

Friday May 18, 2012

The Coalition, Inc. Board of Directors

Gary R. Adams (President/CEO), John E. Churchville (Treasurer),

Members:

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Table of content

For Our Children ... 02

This Week ... 02

Employment and Training Opportunities ... 03

Health Matters04

Green Piece ... 05

Grants, Scholarships & Instruction... 07

SpotLight ... 07

Arts for Awareness ... 08

Coming Up ...09

Computers and Technology ... 10

A Hand Up ... 11

Word-of-the-Week ... 12

News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 6, Number 34

Greetings Coalition Family!

Join us in contemplating the life of honored ancestor Malcolm X (El Hajj Malik El Shabazz) on this, 05/19/12, the 87th anniversary of his birth. This unique individual presented the world with paradigms still unequalled, even in this modern age of technology. We will do ourselves a great service if we dedicate time to consider ways to apply some of these solutions to our present situations. (See a prophetic quote below.)Rest in GOD's peace brother.

"I believe that there will ultimately be a clash between the oppressed and those who do the oppressing. I believe that there will be a clash between those who want freedom, justice and equality for everyone and those who want to continue the system of exploitation. I believe that there will be that kind of clash, but I don't think it will be based on the color of the skin." – Malcolm X

FOR OUR CHILDREN

"It is easier to build children than it is to repair men."...Frederick Douglass

CAP4KIDS What Is CAP4Kids?

Are you looking for reliable, up-to-date information about resources in the Philadelphia area for children and families? You've come to the right place! CAP4Kids will help you find many community agencies that exist to improve or enhance the lives of children and families. http://www.cap4kids.org/philadelphia/

THIS WEEK

Strike Out Domestic Violence Bowl-a-thon

Presented by Laurel House

May 18, 2012

Facenda-Whitaker

2912 Swede Road Norristown, PA 19401

7 – 10pm

Includes games, shoes and refreshments.

All proceeds benefit Laurel House, Montgomery County's comprehensive domestic violence agency.

For more information, contact Patty Mark, 610-277-1860, ext. 117 or pgoloff@laurel-house.org.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

A Tribute to Drumming Legends: Max Roach, Art Blakey, and Philly Jones

Presented by <u>Woodmere Art Museum</u> at <u>Woodmere Art Museum</u> <u>Woodmere Art Museum</u> 9201 Germantown Avenue Philadelphia, PA 19118

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to <u>TheCoalitionNews@gm</u> <u>ail.com</u> with "subscribe" in the subject.

If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: <u>News From The</u> <u>Coalition, Inc.</u>

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Page 02

May 18, 2012 6-8pm

The drumbeat is the heartbeat when Warren Oree & the Arpeggio Jazz Ensemble join three Philadelphia drummers to honor the significant work of jazz percussionist and composer Max Roach, rhythmic genius Art Blakey, and Philly Joe Jones (favorite drummer of Miles Davis and Bill Evans).

Phone: 215-247-0948

EMPLOYMENT AND TRAINING OPPORUNITIES

The Diversity Job Fair of Philadelphia

Thursday, May 24, 2012, 10AM - 1PM Doubletree Guest Suites Hotel 640 W Germantown Pk, Plymouth Meeting, PA 19462 <u>http://www.catalystcareergroup.com</u>

Annual Neighborhood Job Fair

Thursday, May 24, 2012, 9AM - 1PM Temple University Mitten Hall-Great Court 1913 N Broad St, Philadelphia, PA 19122

Philadelphia Job Fair

Monday, June 18, 2012, 11AM - 2PM Crowne Plaza Philadelphia West 4010 City Ave, Philadelphia, PA 19131 http://www.coasttocoastcareerfairs.com

King of Prussia Career Fair

Monday, June 18, 2012, 11AM - 2PM Crowne Plaza Hotel Valley Forge 260 Mall Blvd, King of Prussia, PA 19406 http://www.nationalcareerfairs.com

Job Fair of Philadelphia

Thursday, July 26, 2012, 10AM - 1PM Doubletree Guest Suites Hotel 640 W Germantown Pk, Plymouth Meeting, PA 19462 <u>http://www.catalystcareergroup.com</u>

"I'm nonviolent with those who are nonviolent with me. But when you drop that violence on me, then you've made me go insane, and I'm not responsible for what I do. And that's the way every Negro should get. Any time you know you're within the law, within your legal rights, within your moral rights, in accord with justice, then die for what you believe in. But don't die alone. Let vour dying be reciprocal. This is what is meant by equality. What's good for the goose is good for the gander." -Malcolm X

We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred eighty countries! Click here: **EightCitiesMAP** Choose "Philadelphia's **Online** Community "Newsletter" from the menu.

Page 03

"What I want to know is how the white man, with the blood of black people dripping off his fingers, can have the audacity to be asking black people [why] they hate him?" – El Hajj Malik Shabazz.

If you have a favorite relevant quote, why not share it with our readers. send to <u>TheCoalitionNews</u> @gmail.com We will credit you with the submission.

JOIN THE COALITION, INC! To join The Coalition go to: <u>TheCoalitionInc.net</u> and download a copy of the Pledge of Commitment and return it to us <u>the.pa.coalition@gmail.com</u> Philadelphia Opportunity Expo (Veterans & Spouses) Thursday, July 26, 2012, 11AM – 3PM Lincoln Financial Field 1020 Pattison Ave, Philadelphia, PA 19148

https://events.recruitmilitary.com

HEALTH MATTERS

Cocaine changes how genes work in brain Julie Steenhuysen

CHICAGO (Reuters) - Prolonged exposure to cocaine can cause permanent changes in the way genes are switched on and off in the brain, a finding that may lead to more effective treatments for many kinds of addiction, U.S. researchers said on Thursday.
A study in mice by Ian Maze of Mount Sinai School of Medicine in New York and colleagues found that chronic cocaine addiction kept a specific enzyme from doing its job of shutting off other genes in the pleasure circuits of the brain, making the mice crave the drug even more.
The study helps explain how cocaine use changes the brain, said Dr. Nora Volkow, director of the National Institute on Drug Abuse, part of the National Institutes of Health, which funded the study published in the journal Science.

"This finding is opening up our understanding about how repeated drug use modifies in long-lasting ways the function of neurons," Volkow said in a telephone interview.

For the study, the team gave one group of young mice repeated doses of cocaine and another group repeated doses of saline, then a single dose of cocaine.

They found that one way cocaine alters the reward circuits in the brain is by repressing gene 9A, which makes an enzyme that plays a critical role in switching genes on and off.

Other studies have found that animals exposed to cocaine for a long period of time undergo dramatic changes in the way certain genes are turned on and off, and they develop a strong preference for cocaine.

This study helps explain how that occurs, Volkow said, and may even lead to new ways of overcoming addiction.

In the study, Maze and colleagues showed these effects could be reversed by increasing the activity of gene 9A.

"When they do that, they completely reverse the effects of chronic cocaine use," Volkow said.

She said this mechanism is likely not confined to cocaine addiction, and

"People involved in a revolution don't become part of the system; they destroy the system... The Negro revolution is no revolution because it condemns the system and then asks the system it has condemned to accept them..." – Malik Shabazz could lead to a new area of addiction research for other drugs, alcohol and even nicotine addition.
"One of the questions we've had all along is, after discontinuing a drug, why do you continue to be addicted?
"This is one of the mechanisms that probably is responsible for these long-lasting modifications to the way people who are addicted to drugs perceive the world and react to it," she said.
Source:

http://www.reuters.com/article/idUSTRE60702N20100108?feedType=nl &feedName=ushealth600

Thank you for reading!

This article is compliments of www.Dherbs.Com and Djehuty Ma'at-Ra.

Additional articles by Djehuty@www.dherbs.com/articles.

GREEN PIECE

Green Living Tips for Today's Young People

In today's ecologically conscious world, many smart young people are heeding the green living tips offered by parents and older peers. The benefits are clear. Eco-friendly products translate to huge cost savings and minimize harm to the environment.

So how do today's young people show they care for the environment? Let's start with modern commuting trends. If you're college-bound kid is not the lucky recipient of an environmentally friendly car (as a graduation or birthday gift), then chances are, he/she may be taking public transportation (which is good) or driving the traditional car. Don't look now but ingenious minds have devised an online social rideshare and carpool matching system that uses a popular social networking site to hook riders up with drivers en route to a common destination.

For the young ladies in the family who love to shop, green living tips they may have gravitated to include bringing their own eco tote bag so as not to amass more plastic bags than can be reused at home. In so doing, young gals (and their shopaholic moms, too) get to save lots of

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If you're not ready to die for it, take the word 'freedom' out of your vocabulary. – Malik Shabazz trees and keep plastic bags out of landfills.

Young ones also contribute to resource conversation by keeping in mind other green living tips like taking quick showers, buying and using products – like organic cosmetics -- that do not contain synthetic substances, as well as clothes and accessories made of organic cotton or hemp. Switching off room lights and computer equipment (including the monitor) when not in use and going for green food options are likewise some of the ways to lessen the eco footprint.

Source: http://ardentgreenliving.com/green-living-tips/

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <u>http://www.recyclingservices.org/</u> For sustainable enterprise go to Green Jobs Philly <u>http://www.greenjobsphilly.org/news</u>

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Get Fresh!

Volunteer with Philabundance Fresh for All You recycle out the wazoo and consider yourself consigliore of the enviro-sack mafia. Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All programs. And you can help by volunteering. The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times. With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls). Looking for something physical? Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need. And that's a green movement to be proud of. To participate in Fresh for All, contact Tunisia Garnett (215-339-0900 ext. 238 or tgarnett@philabundance.org). For more information, go to www.philabundance.org

"Whites can help us, but they can't join us. There can be no black/white unity, until there is first some black unity. We cannot think of being acceptable to others until we have first proven acceptable to ourselves." -Malik Shabazz

If you have a favorite joke, why not share it with our readers. send to <u>TheCoalitionNews</u> @gmail.com We will credit you with the submission.

We will be spotlighting members and organizations weekly, if you wish to have your organization spotlighted, forward to us information on your primary mission, your current projects and/or how you would want other members of The Coalition to be involved. Many of us are already being a support to one another, but there is plenty of room for *improvement*.

GRANTS, SCHOLARSHIPS & INSTRUCTION

Grants for Women You May Qualify for Grants to Earn a Degree Online. Search Schools. EducationConnection.com/GrantsInfo

Apply For Scholarships Stop Paying For College! Apply For Scholarships Online Today. CollegeAdviser.com

<u>Top 2011 Online Grants</u> Grant Funding May Be Available See If You Qualify! <u>www.ClassesUSA.com</u>

<u>\$10,000 Scholarship</u> No GPA, No Essay, No Stress! Takes Only 3 Short Min. Don't Wait <u>www.ScholarshipZone.com</u>

SpotLight On Our Efforts

Philadelphia Public School Alumnus Gives Back to the Community

Sponsors Youth Entrepreneur Program at the Anna Blakiston Day School

Philadelphia, PA, May 15, 2012 - **Dr. Robert A. Faison** is no stranger to adversity. At the age of eight he was separated from his family and lived in the Stenton Home for Children for three years. During that time, he attended the A. B. Day School where he received his primary education

in a nurturing environment. When asked to sponsor a Youth Entrepreneur Program for students at his Alma Mater, he didn't hesitate. In the past the program had been funded by the School District through The Business Center for Entrepreneurship and Social Enterprise. "When I discovered that funding wasn't available this year, I called Robert. He and I attended the University of Pitt together and I remembered that he had attended A.B. Day so I reached out to him and he accepted" said

Pamela Rich-Wheeler, Director of the Business Center. At age eleven Dr. Faison was reunited with his family. Although the adversity continued, he remained diligent in his studies, graduated from

"There is nothing in our book, the Koran, that teaches us to suffer peacefully. Our religion teaches us to be intelligent. Be peaceful, be courteous, obey the law, respect everyone; but if someone puts his hand on you, send him to the cemetery." – El Hajj Malik Shabazz

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: <u>News From The</u> <u>Coalition, Inc.</u> Olney High School and pursued his medical degree at the University of Pittsburgh. He then attended Yale University's School Of Medicine for Residency in Obstetrics/Gynecology (OB/GYN).
Dr. Faison had been contemplating ways to give back to his community so when presented with this opportunity he was overjoyed. On Thursday, May 17, 2012, he will come and meet the program's participants, talk with them and answer any questions they have.

The school's principal, Ms. Karen White was happy to have the opportunity to offer this after-school program to her students. Within one week 26 parents registered their children to participate. The program instructor, Kendall Hayes is impressed with the knowledge and enthusiasm of the third through sixth grade participants. "One of the first things we do is to show the students how to identify a problem and convert it into a business opportunity. These students are familiar with the basic understanding of entrepreneurship and excited about learning how to roadmap their way to success."

The program also teaches life skills, basic accounting principles (including budgeting, cash flow analysis, investing and return on investments) problem solving, the importance of a business plan, and how to write one.

Ms White says that students are very excited about meeting Dr. Faison and have lots of questions for him.

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ARTS FOR AWARENESS

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

> **Jus' Words at Dowlings Place** 1310 No. Broad St. Phila

Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists
- ----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

"We don't judge a man because of the color of his skin. We don't judge you because you're white; we don't judge you because you're black; we don't judge you because you're brown. We judge you because of what you do and what you practice. And as long as you practice evil, we're against you." – Malik Shabazz

If you have a favorite relevant quote, why not share it with our readers. send to <u>TheCoalitionNews</u> @gmail.com We will credit you with the submission.

COMING UP

SAVE THE DATE!!!

Citywide Conference May 25 Skyline Room, Free Library Central Information Advocacy begins! Details TBA

* * Outside PA * * *

All Organizations, Churches, Businesses, College Students, and Families, Bring the Entire Family to the Beautiful, †Fair Park/South Dallas Community' For a Day of Fun, Education, Entertainment and Nation Building.

> Saturday May 19, 2012 **Malcolm X Birthday Celebration** 12 noon- 8 p.m. Pan-African Connection Bookstore Art Gallery & Resouce Center 828 Fourth Ave. (Across from Fair Park Music Hall) Dallas Texas, 75226

214-943-8262/ panafric@...



For Directions, Artist, Performers, Venders, Volunteers Call 214-943-8262 ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

Saturday, May 19 at 5 p.m. Malcolm X Birthday Tribute

Join us as we celebrate Malcolm X's birthday with a tribute: Black Journalists in the Tradition of Malcolm X: Telling It Like It Is. The program will feature Dami Akinnusi, video documentarian; Nayaba Arinde, editor at Amsterdam News; Peter Bailey, editor of OAAU Newsletter; Gary Byrd, radio talk show host; and Les Payne, former senior editor of *Newsday*. Presented in collaboration with the <u>Malcolm X Museum</u>. FREE! To register, click <u>here</u>. Schomburg Center for Research in Black Culture | The New York Hereeeeeeeeeeees... Kathy's Korner!

When the family car developed a slight knock, the husband asked his wife if she had bought regular or premium gas, but she couldn't remember. ''You probably got the cheaper gas," he said. "That could account for the engine running so rough." "No, the gas wasn't cheaper!" she replied indignantly. "Well, how much did it cost?" asked the husband. "It cost the same as always," said the wife. "I bought the usual ten dollars worth."

(Kathy Parsons is a regular contributor.)

Public Library 515 Malcolm X Boulevard | New York, NY 10037 |

The New York Chapter of the NATIONAL ASSOCIATION of KAWAIDA ORGANIZATIONS (NAKO) ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

43rd ANNUAL MALCOLM X AWARDS PROGRAM AWARD PRESENTATIONS to

Brother LARRY HAMM Chairman: People's Organization For Progress (POP) Brother ALI LAMONT Chairman: CommitteeTo Honor Black Heroes Brother LOUIS REYES RIVERA Poet: (Posthumous) Awardee Larry Hamm will reflect on Brother Malcolm

> Sunday, May 20, 2012 3-5pm Bedford Stuyvesant Restoration Plaza 1368 Fulton St., Brooklyn, N.Y. 11216

Suggested Minimun Donation \$7.00 For Information Call (718) 789-3264 / (718) 523-3312 or email nakoinfogroup@yahoo.com

COMPUTERS AND TECHNOLOGY

Free online journal focuses on technology for nonprofits

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

NTEN:Change, a free online journal from the Nonprofit Technology Network,

provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available <u>here</u>.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Group offers low-cost web access to nonprofits Mobile Citizen, a provider of mobile broadband for education and "The day that the black man takes an uncompromising step and realizes that he's within his rights, when his own freedom is being jeopardized, to use any means necessary to bring about his freedom or put a halt to that injustice, I don't think he'll be by himself." – Malcolm X

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nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- -- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
 - -- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.

-- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.

-- A choice of additional benefits including an educational webinar series. For more information, email <u>Free Trial</u>.

www.mobilecitizen.org/grantphiladelphia

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A HAND UP!

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at: http://nofullprices.net

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

"Segregation is that which is forced upon inferiors by superiors. Separation is done voluntarily by two equals... The Negro schools in the Negro community are controlled by whites,... the economy of the Negro community is controlled by whites. And since the Negro... community is controlled or regulated by outsiders, it is a segregated community....Muslims who follow the Honorable Elijah Muhammad are as much against segregation as we are against integration. We are against segregation because it is unjust and we are against integration because [it is] a false solution to a real problem". -Malcolm X

WORD-OF-THE-WEEK

expiate \EK-speeayt\ To make amends for; to atone for.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons? A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Remember to support The Coalition, Inc.'s on-air personalities...

Please listen to the **"Time For An Awakening"** Program with Bro. Elliott, this and every Sunday at 7 pm. Listen at <u>www.900AMWURD.com</u> Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

Sister Phile Chionesu, organizer of the Million Woman March, "Nu Day Resurrection and Liberation" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: <u>www.blogtalkradio.com/empresschi</u> Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to <u>mwmsistahood@aol.com</u> to chat on line.

Civil Alert Radio with Sabir Bey- Every Tuesday 9:30 p.m. EST (6:30 P.M. PST)

Format Style: Open forum along with special invited guests. Listen via your cell: 858.357.8450 On the web: http://www.blogtalkradio.com/civilalert

This spot reserved for The Coalition, Inc. friend and supporter Jeff Hart**