

Friday June 08, 2012

The Coalition, Inc. Board of Directors

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Members:

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News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 6, Number 37

Greetings Coalition Family!

The Coalition Board of Directors is interviewing for the position of Recording Secretary. We are also seeking Liaisons to the various cultural communities within communities to assure that we are inclusive and representative. The.PA.Coalition@gmail.com

Where Do These Children Come From?

It's no mystery where today's children come from, they come from where children have always come from, and they come from us!

Your child's slavery to fashion, style, and peer pressure was cultivated from the cradle. Even if you are not those parents that spend hundreds of dollars on clothes that will be outgrown before they are worn out, toys that will bore before they will educate, or broken before they are truly enjoyed. You set the example for your children whenever you get dressed for church, get ready for a night out on the town, criticize the appearance of a friend, neighbor or relative. Whenever you boast about the cost of some insignificant adult amusement that you could not afford, but afforded yourself anyway, you make this statement.

What message do you think you're sending when you 'must have' the latest cell phone... the largest HD TV... the fanciest truck... all the while complaining about rising prices, and perhaps having to check caller ID before answering the phone in case the call is from a bill collector?

These lessons are taught and re-taught, and become an integral part of your children's psychological make-up.

Children without strong cultural roots find themselves searching for something, somewhere to belong. When they do not find these things consistently in their homes, communities, churches and schools, they seek a more established and accepted culture, and that culture is always media-controlled.

Children's minds are super absorbent, especially those things that we don't 'try' to teach. Men, try and think back to the earliest time you heard a mother tell her young daughter "Put your dress down... close your legs" Now we knew there was something that we were not supposed to see. So what happens? We take every opportunity to take a 'look-see'. Even after we KNOW what it is we were not supposed to see, we still continue looking, some of us for the rest of our lives. The porno industry is built upon this fact. Why? The feature never changes, only the theater.

I say that to illustrate how deeply rooted the seemingly insignificant things can be in minds of your offspring. Add to that the intentional misdirection of the system, and there is no wonder why your children respond the way they do. When you don't emphasize and educate the positive and wholesomeness of life, you allow your children to absorb the more available negativity aimed at them from a culture that wishes to destroy you. Where do these children come from? They come from us! They are us, and in order to change them, we must first change ourselves! Ed. "We each hold a piece to the puzzle." – Dr. John Elliott Churchville "Communicate... Cooperate... Collaborate"

FOR OUR CHILDREN

"It is easier to build children than it is to repair men."...Frederick Douglass

CAP4KIDS

FREE Home Safety Inspection-Injury Prevention Program City of Phila A home safety inspection checks out the following: a properly operating smoke detector, carbon monoxide levels, hot water temperatures, improperly placed electrical extension cords and overloaded electrical outlets, loose carpeting, loose stairs, handrails on stairways and grab bars in bathrooms, slippery bathroom surfaces, and improperly placed medication and cleaning chemicals.

In addition, if needed, we distribute free items such as smoke detectors, bath-water thermometers, nightlights, and rubber bath mats. Call 215-

685-7441

- www.phila.gov

THIS WEEK

Carolee's 40th Birthday Celebration

McFadden's 3rd Street 461 No. 3rd Street Phliadelphia, PA 19123 Tonight 06.08.12 9pm to 11pm

\$2 well drinks, beer and wine for my friends from 9-11pm, that doesn't mean the party has to end then or there, Just give my name Carolee Dunn at the door and look for me Free admission when you tell them Carolee Dunn at the door plus wristband for \$2 drinks from 9-11pm. Free parking in the lots next to the bar. It's going to be fun! Can't wait! Carolee is our girl Friday, Thursday, Wednesday, Tuesday, Monday and sometimes Sunday. Have a spectacular birthday celebration!

Just one last reminder that Straight Up! Men's HIV Prevention Initiative will be hosting its 5th annual men's 3 on 3 basketball tournament TOMORROW at Finley Rec. Center located at 7701 Mansfield Ave. beginning at 9 am. There will be free screenings, giveaways and an overall nice environment with the overall goal being to get men more informed about their health status. If you are free that day, stop by and

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to <u>TheCoalitionNews@gm</u> <u>ail.com</u> with "subscribe" in the subject.

If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: <u>News From The</u> <u>Coalition, Inc.</u>

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If the hunter comes back with mushrooms, don't ask him how his hunt was. ... Ghanaian proverb

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support. I ask that you also pass along this information to your contacts. Thanks again. Adonis M. Banegas, M.S.H.Ed. Men's HIV Prevention Initiative Manager Circle of Care, Family Planning Council 1700 Market Street, 18th FloorPhiladelphia PA, <u>19103215-985-</u> <u>6837Adonis@familyplanning.org</u>

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Odunde Afrikan Street Festival

June 10th 2012

ODUNDE attracts UP TO 500,000 people annually and is one of the largest community- based street festivals held in the country. The festival, whose concept originates from the Yoruba people of Nigeria, West Africa, celebrates the coming of another year for African Americans and Africanized people around the world. It is an occasion highlighted by a colorful procession from 23rd and South Streets to the Schuylkill River where an offering of fruit and flowers is made to Oshun, the Yoruba goddess of the river. ODUNDE is also known for its authentic African marketplace featuring vendors from around the world selling merchandise from many African nations, the Caribbean and Brazil.

Each year, the second Sunday in June, ODUNDE, one of the nations oldest African American street festivals take place. ODUNDE will be celebrating its 37TH year in the traditional south Philadelphia location near 23rd and South streets. The festival started in 1975 with a \$100.00 grant and neighbors from Fernandez's south Philadelphia community. In two years the ODUNDE Festival exploded. The eclectic mix of vendors, entertainment and music started to draw people from around and beyond the region and each year continues to be no different.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

EMPLOYMENT AND TRAINING OPPORUNITIES

Philadelphia Job Fair Monday, June 18, 2012, 11AM - 2PM Crowne Plaza Philadelphia West 4010 City Ave, Philadelphia, PA 19131 http://www.coasttocoastcareerfairs.com

Fire is the test of gold; adversity, of strong men. -Seneca

If you have a favorite relevant quote, why not share it with our readers. send to <u>TheCoalitionNews</u> @gmail.com We will credit you with the submission.

JOIN THE COALITION, INC!

To join The Coalition go to: <u>TheCoalitionInc.net</u> and download a copy of the Pledge of Commitment and return it to us the.pa.coalition@gmail.com King of Prussia Career Fair Monday, June 18, 2012, 11AM - 2PM Crowne Plaza Hotel Valley Forge 260 Mall Blvd, King of Prussia, PA 19406 http://www.nationalcareerfairs.com

Job Fair of Philadelphia Thursday, July 26, 2012, 10AM - 1PM Doubletree Guest Suites Hotel 640 W Germantown Pk, Plymouth Meeting, PA 19462 <u>http://www.catalystcareergroup.com</u>

Philadelphia Opportunity Expo (Veterans & Spouses)

Thursday, July 26, 2012, 11AM – 3PM Lincoln Financial Field 1020 Pattison Ave, Philadelphia, PA 19148 <u>https://events.recruitmilitary.com</u>

HEALTH MATTERS

Green tea may shield brain from sleep apnea effects

By Amy Norton

NEW YORK (Reuters Health) - Compounds found in green tea may help ward off the neurological damage that can come with the breathing disorder sleep apnea, a new animal study hints. Researchers found that when they added green tea antioxidants to rats' drinking water, it appeared to protect the animals' brains during bouts of

oxygen deprivation designed to mimic the effects of obstructive sleep apnea (OSA).

The findings suggest that green tea compounds should be further studied as a potential OSA therapy, the researchers report in the American Journal of Respiratory and Critical Care Medicine.

OSA is a common disorder in which soft tissues in the throat temporarily collapse and block the airway during sleep, causing repeated stops and starts in breathing throughout the night.

The immediate symptoms include chronic loud snoring and gasping, as well as daytime sleepiness. Left untreated, OSA can eventually have widespread effects in the body; it's linked to high blood pressure, and research suggests that the intermittent dips in oxygen to the brain may lead to memory and learning difficulties.

"Follow the path of the unsafe, independent thinker. Expose your ideas to the danger of controversy. Speak your mind and fear less the label of "crackpot" than the stigma of conformity." Thomas J. Watson

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All entries for submission should be received by noon, the Monday prior to publish date and in <u>Press Release</u> form. In the new study, Dr. David Gozal and colleagues at the University of Louisville School of Medicine in Kentucky looked at whether green tea compounds called catechin polyphenols could help shield the brain from this oxygen deprivation.

Catechin polyphenols act as antioxidants, which means they help neutralize cell-damaging particles called oxygen free radicals. Free radicals are normal byproducts of metabolism, but in excess they lead to a state known as oxidative stress.

It's thought that the oxygen deprivation of OSA leads to oxidative stress, and that this, at least in part, explains the cognitive problems seen in some people with the sleep disorder.

Gozal and his colleagues found that when rats were exposed to periodic bouts of oxygen deprivation over 14 days, it did boost signs of oxidative stress in the brain. This didn't happen, however, if rats had been given water containing green tea polyphenols.

What's more, compared with rats given plain water, these animals performed better on a standard test of learning and memory -- a water "maze" designed to encourage the animals to remember the location of an escape platform.

In theory, Gozal told Reuters Health, a regular cup of green tea could be beneficial, used alongside standard OSA treatment.

"However," he said, "definitive proof that green tea would help will have to await a trial in human patients."

SOURCE: American Journal of Respiratory and Critical Care Medicine, May 15, 2008

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Recent research found higher concentrations of parabens in the upper quadrants of the breast and axillary area, where antiperspirants are usually applied, suggesting they may contribute to the development of breast cancer. One or more paraben esters were detected in 99 percent of the tissue samples collected from mastectomies. In 60 percent of the samples, all five paraben esters were present

Overall, topical application of personal care products containing parabens appear to be the greatest source of exposure to these estrogenmimicking chemicals, far surpassing the risk of the aluminum in antiperspirants

Aluminum chloride—the active ingredient in antiperspirants—has been found to act similarly to the way oncogenes work to provide molecular transformations in cancer cells. Like parabens, aluminum salts also mimic estrogen, and bioaccumulate in breast tissue, which can raise your breast cancer risk

Despite the fact that parabens are used in such a wide variety of products,

"If I were asked to give what I consider the single most useful bit of advice for all humanity it would be this: Expect trouble as an inevitable part of life and when it comes, hold you head high, look it squarely in the eye and say, "I will be bigger than you. You cannot defeat me."" Ann Landers their safety is primarily based on a rat study from 1956, as modern toxicology studies are lacking, and not a single study on the chemicals' carcinogenity follow acceptable regulatory standard carcinogenity study protocols, according to a recent review. Contributed by Saundra Ali-Healthy Me ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

GREEN PIECE

Green Living Tips for Today's Young People

In today's ecologically conscious world, many smart young people are heeding the green living tips offered by parents and older peers. The benefits are clear. Eco-friendly products translate to huge cost savings and minimize harm to the environment.

So how do today's young people show they care for the environment? Let's start with modern commuting trends. If you're college-bound kid

is not the lucky recipient of an environmentally friendly car (as a graduation or birthday gift), then chances are, he/she may be taking public transportation (which is good) or driving the traditional car. Don't look now but ingenious minds have devised an online social rideshare and carpool matching system that uses a popular social networking site to hook riders up with drivers en route to a common destination.

For the young ladies in the family who love to shop, green living tips they may have gravitated to include bringing their own eco tote bag so as not to amass more plastic bags than can be reused at home. In so doing, young gals (and their shopaholic moms, too) get to save lots of trees and keep plastic bags out of landfills.

Young ones also contribute to resource conversation by keeping in mind other green living tips like taking quick showers, buying and using

products – like organic cosmetics -- that do not contain synthetic substances, as well as clothes and accessories made of organic cotton or hemp. Switching off room lights and computer equipment (including the monitor) when not in use and going for green food options are likewise some of the ways to lessen the eco footprint.

Source: <u>http://ardentgreenliving.com/green-living-tips/</u>

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

"That's a valiant flea that dares eat his breakfast on the lip of a lion." William Shakespeare

If you have a favorite joke, why not share it with our readers. send to <u>TheCoalitionNews</u> @gmail.com We will credit you with the submission.

We will be spotlighting members and organizations weekly, if you wish to have your organization spotlighted, forward to us information on *your primary* mission, your current projects and/or how you would want other members of The Coalition to be involved. Many of us are already being a support to one another, but there is plenty of room for *improvement*.

Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <u>http://www.recyclingservices.org/</u> For sustainable enterprise go to Green Jobs Philly <u>http://www.greenjobsphilly.org/news</u>

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Get Fresh!

Volunteer with Philabundance Fresh for All You recycle out the wazoo and consider yourself consigliore of the enviro-sack mafia. Hence, a cause you can believe in: Philabundance wants to fill those ubiquitous bags with produce through its new Fresh for All programs. And you can help by volunteering. The nonprofit hands out perishables at six sites in the Delaware Valley — where nutritious diet staples are hard to come by, especially in tough times. With a minimum three-hour commitment, you'll keep busy. Help with admin, approve clients, or do community outreach (posting mailings, making phone calls). Looking for something physical? Take food to sites, divide apples, and dole out the goods. You'll be doing a major part to help people get the fruits and veggies they need. And that's a green movement to be proud of. To participate in Fresh for All, contact Tunisia Garnett (215-339-0900 ext. 238 or tgarnett@philabundance.org). For more information, go to www.philabundance.org

GRANTS, SCHOLARSHIPS & INSTRUCTION

Grants for Women You May Qualify for Grants to Earn a Degree Online. Search Schools. EducationConnection.com/GrantsInfo

Apply For Scholarships Stop Paying For College! Apply For Scholarships Online Today. CollegeAdviser.com

Top 2011 Online Grants Grant Funding May Be Available See If You Qualify!

www.ClassesUSA.com

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"Last, but by no means least, courage-moral courage, the courage of one's convictions, the courage to see things through. The world is in a constant conspiracy against the brave. It's the age-old struggle-the roar of the crowd on one side and the voice of your conscience on the other." Douglas Macarthur

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: <u>News From The</u> <u>Coalition, Inc.</u> <u>\$10,000 Scholarship</u> No GPA, No Essay, No Stress! Takes Only 3 Short Min. Don't Wait <u>www.ScholarshipZone.com</u>

SpotLight On Our Efforts

African Genesis Institute is a "school without walls" focused on developing an understanding and awareness of the African experience in America. Our flagship program, which includes our Free Trip to Africa, is a proactive, 3 semester, educational and cultural program for African American and Latino youth between the ages of 7 and 14. We also offer a series of cultural trips, learning sessions, and other events during the year which are open to the public. Learn more at: <u>http://www.africangenesis2.org/</u>

ARTS FOR AWARENESS

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

> National Black Arts Spoken Word Tour Presents

> > Tuesday, June 18, 2012

Showtime: 7pm

"Bad Boyz and Dreams of a Brave New World" Staged Adaptation about Urban Youth problems and issues in the community and the world - written and acted by Thierry Lundy Tickets: \$5.00 per person - 50% off General Admission of \$10.00 Showtime: 8pm

Staged Adaptation "Lil Addict - Life Stories about Addiction, Homelessness and Violence/Crime Prevention" Adapted by Maurice Henderson, Robert Hayes and Leroy Calbert.

Tickets: \$5.00 per person - 50% off General Admission of \$10.00

Paul Robeson House Museum 4951 Walnut Street Philadelphia, PA. 19139

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"The real acid test of courage is to be just your honest self when everybody is trying to be like somebody else." - Andrew Jensen

If you have a favorite relevant quote, why not share it with our readers. send to <u>TheCoalitionNews</u> @gmail.com We will credit you with the submission. (These are two different performances with individual general admission prices)

For more information contact Maurice Henderson @ (215) 987-7918 and mauricebrianhenderson@yahoo.com or Leslie Miles @ (267) 444-6528 and <u>milessteps@gmail.com</u> ----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Jus' Words at Dowlings Place

1310 No. Broad St. Phila Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists
- ----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

COMING UP

"13TH ANNUAL YOUTH ANTI-VIOLENCE HEALTH AWARENESS INITIATIVE 2012 FESTIVAL"

Myers Recreation Center in collaboration with Resurrection Ministries, YOACAP, Urban Solutions, IDAAY, Southwest EPIC Stakeholders, Myers Recreation Center, Southwest Community Advisory Group and The Health Annex Family Practice Counseling Network is hosting their "13th Annual Youth Anti-Violence Health Awareness Initiative 2012 Festival" at Myers Recreation Center, 58th & Chester Avenue, on Wednesday, June 27, 2012, from 11:00 a.m. - 3:00 p.m. Please contact Mr. James A. Gordon at: (267) 319-1104 or jamesgordon5@hotmail.com or Ms. Ryekisha N. Coffie at: (215) 851-1878 or ryekisha@yoacap.org for Vendor Information. For any questions and/or additional information, please contact Mr. Jaleel Williford at: (215) 873-3774.
This is a FREE Event for both youth and adults. Make plans to attend.

Hereeeeeeeeeees... Kathy's Korner!

Women always have the last word in an argument. Anything a man adds after that is the beginning of a new argument.

(Kathy Parsons is a regular contributor.)

Mt. Airy Arts & Groove June 15th, 16th and 17th 7100 Germantown Ave. Featuring *Brazilian Music Party featuring Clifton Davis and Jota Velloso *Jazz Concert featuring Barbara Jackson and Lady "Dale" *Blue Notes - R&B Funk Show *Sunday Brunch with Gospel Great Tamika Patton Buy Your Tickets Now for These Performers @ Mt Airy Artz and Groove Host WDAS Patty Jackson: For more information and to purchase tickets <u>click here</u> ----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site ----

Dismiss the myth that we don't care about Black on Black MURDERS!!!!!

Dismiss the myth the myth that our youth do not care!!!!!!! Dismiss the myth that our community leaders won't work together!!!!! DISMISS THE MYTH THAT YOU DON'T CARE!!!!!! COME AND MARCH WITH US AS WE TELL OUR NEIGHBORS THAT WE DO CARE ABOUT OUR COMMUNITY. WHEN: FRIDAY JUNE 22, 2012 RAINDATE: JUNE 29MEETING LOCATION: 50TH & KINGSESSING AVENUETIME: 6:30 PROMPTLY. (GATHERING STARTS AT 6:00PM) FOR MORE INFORMATION CALL 267-254-9972 THIS EVENT IS SUPPORTTED BY SWAC, TOTAL COMMITMENT, SWPDS, NO HOUSE UNTOUCHED AND OTHERS. ----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

The Philadelphia Chapter of NCOBRA will host the 2012 conference of the National Coalition of Blacks for Reparations in America (NCOBRA). June 22-24, 2012 Church of the Advocate 1801 Paul Washington Ave. (W. Diamond St.) Philadelphia, PA Why reparations? There are those who ask "Why Reparations? Slavery ended in 1865?" After the passage of the 13Th and 14Th amendments, laws were passed

"Courage is almost a contradiction in terms. It means a strong desire to live taking the form of a readiness to die." - Gilbert Keith Chesterton

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to re-enslave people of African descent through Jim Crow laws. The New Jim Crow is a result of the low-intensity war against the Black community under the guise of a "War on Drugs," in addition to ongoing discrimination, and an extension of the slavery experience for Black people.

What can we do: We can begin to work together to define the strategy, plan the approach and implement the solution. One way to do this is to come to Philadelphia in June for the 2012 NCOBRA Conference. Other ways include joining with other groups working on the reparations issue. Organizations from the Nation of Islam to the NAACP have endorsed reparations. Now let's do more than talk the talk, let's walk the walk. We must decide what must be done to reclaim, reconstruct and restore our people to their former greatness. See you in Philadelphia. Share with your friends!

Copyright © 2012 National Coalition of Blacks for Reparations in America (NCOBRA), All rights reserved. You believe in social and economic justice. You believe in the humanity of all people. You believe in the righteous struggle of people of African descent for repair and recompense for the current indignities they suffer and the crimes against humanity perpetrated against our ancestors. Our mailing address

is:

National Coalition of Blacks for Reparations in America (NCOBRA)

P.O. Box 42765

Philadelphia, PA19101 Add us to your address book ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

SAVE THE DATE!!!

Ninth Annual Weekend Of Peace

At locations across the city of Philadelphia, we will present an opportunity to local organizations to shine as we provide services and entertainment to youth and families. Join us for Health/Job Fairs, games, music and more! July 27th through 29th Vendors welcomed.

AFRICAN WOMEN'S AND YOUTH CONFERENCES

WE CALL ON

ALL AFRICAN WOMEN AND YOUTH ORGANIZATIONS ALL WOMEN'S AND YOUTH ORGANIZATIONS OF CHURCHES ALL THE WOMEN AND YOUTH OF STUDENT ORGANIZATIONS AND

"Whatever you do, you need courage. Whatever course you decide upon, there is always someone to tell you that you are wrong. There are always difficulties arising that tempt you to believe your critics are right. To map out a course of action and follow it to an end requires some of the same courage that a soldier needs. Peace has its victories, but it takes brave men and women to win them." - Ralph Waldo Emerson

EVERYONE WHO WANTS TO MAKE A SERIOUS CONTRIBUTION TO THE UNIFICATION OF AFRICA , AFRICAN WOMENAND YOUTH AND AFRICAN PEOPLE

TO PARTICIPATE IN THE AFRICAN WOMEN'S AND YOUTH CONFERENCES

SAN DIEGO, CALIFORNIA USA Saturday, August 4, 2012

INDIANAPOLIS, INDIANA USA Saturday, October 6, 2012

MAPUTO, MOZAMBIQUE AFRICA Saturday March 9, 2013

FREE

Theme: THE UNIFICATION OF AFRICA THROUGH THE EMANCIPATION AND LEADERSHIP OF WOMEN

AFRICAN WOMEN'S AND YOUTH MOVEMENTS ARE NECESSARY IN ORDER TO EDUCATE, MOBILIZE, AND ORGANIZE THE LARGEST NUMBER OF AFRICAN WOMEN AND YOUTH AS POSSIBLE

Panel Topics Include *The Importance of Women's Leadership in the Unification of Africa*The Role of Youth in the Unification of Africa* Solidarity with Women and Youth of the World and World Unity* Men for the Emancipation of Women *The Necessity of Organization for the Unification of Africa

For participation or other information please contact:

African Women's Charity Organization

PO Box 23074 Oakland, CA 94623-0074 USA Phone: 415 789-7360

Email: forafricanwomen@att.net

"The way you overcome shyness is to become so wrapped up in something that you forget to be afraid." - Lady Bird Johnson

BUILDING AFRICAN WOMEN'S AND YOUTH MOVEMENTS AND FORMING INTERNATIONAL SISTERHOOD

*This Conference is FREE so that the cost of the conference itself won't be the reason for anyone not attending.

**We do not sponsor transportation or accommodations..

***Please wear white as a symbol of unity and solidarity

* * Outside PA * * *

COMPUTERS AND TECHNOLOGY

Free online journal focuses on technology for nonprofits

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

NTEN:Change, a free online journal from the

Nonprofit Technology Network,

provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available <u>here</u>. ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

Group offers low-cost web access to nonprofits

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

-- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.

"Have the courage to say no. Have the courage to face the truth. Do the right thing because it is right. These are the magic keys to living your life with integrity." - W. Clement Stone

- -- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
 - -- A free one-year membership to NTEN, a nonprofit technology
- network, ongoing information and news as well as access to a support community.
- -- A choice of additional benefits including an educational webinar series. For more information, email <u>Free Trial</u>.

www.mobilecitizen.org/grantphiladelphia

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A HAND UP!

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at: http://nofullprices.net

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons? A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

"Some have been thought brave because they didn't have the courage to run away." - Proverbs Q: How can I use \$1,000.00 worth of coupons in 90 days? A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

WORD-OF-THE-WEEK

habitue \huh-BICH-oo-ay; huhbich-oo-AY\ One who habitually frequents a place.

Remember to support The Coalition, Inc.'s on-air personalities...

Please listen to the **"Time For An Awakening"** Program with Bro. Elliott, this and every Sunday at 7 pm. Listen at <u>www.900AMWURD.com</u> Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

Sister Phile Chionesu, organizer of the Million Woman March, **"Nu Day Resurrection and Liberation" Show** LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: <u>www.blogtalkradio.com/empresschi</u> Or you can tune in via podcast at 646-652-2232

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Or send an instant message to <u>mwmsistahood@aol.com</u> to chat on line.

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