

We all hold a piece to the puzzle Friday August 03, 2012

The Coalition, Inc. Board of Directors

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# News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 7, Number 2

## **Greetings Coalition Family!**

#### A Real Look at Colonialism

You have to understand how this system of colonialism works. Once it is in place, they target the children; they target the children so they can produce the types of subjects they can control. They bleach out the culture, self-esteem, national pride and nationhood and replace it with the mores and values of the new dominant culture. The children are taken away from the family with traditional values, and placed in institutions, where they are institutionalized into a type of hybrid being. They are forbidden to speak the native language, observe the spirituality or practice the cultural things necessary to preserving a culture. They are taught to revere the colonialists, desire to mate with them, producing mixed children, and the more mixed the better. You have now produced the perfect self-hating being that will do anything to advance in the dominant culture. You have created the Negro.

The older people are also isolated; they are forced to live below poverty level as an example of what not to aspire to. Their communities are oppressed and foreign vices are introduced, and as a result, crime increases and is allowed to run rampant. Anyone not willing to assimilate gets relegated to this status, while certain limited opportunities are granted the institutional graduates. These communities are labeled 'Ghetto' 'depressed areas' 'projects' and these negative labels are accepted, and thus actualized and perpetuated by the inhabitants.

This perfect system has been used all over the dark world; the Americas, India, China, Australia, the entire African continent. People even voluntarily emigrate to these colonial strongholds to become a part of the system. Our folk have long echoed, "Education is the solution", and they are and always have been right. But the difference between education and institutionalization must be understood before we can truly free our minds. We must educate ourselves about the systems we seek to overturn. And no matter how you term it, what we seek will overturn the current systems. We must know where the poison came from, when and how it was administered, how it works before we can produce and prescribe an antidote. We must know who we were before we were poisoned. We must understand our role in the maintenance of the colonial system before we can plan a way to extricate our families and ourselves. If you want to avoid being killed by a shark, do you go voluntarily into its mouth and try to rearrange his digestive system to require vegetation only, or do you seek to change his mind. There are certain sea creatures sharks will not attack. Why? Because they make dining on them such an unappealing prospect. So, while we are planning our exit strategy, we must first make messing with us as unappealing as possible. Ed.

"We each hold a piece to the puzzle." – Dr. John Elliott Churchville "Communicate... Cooperate... Collaborate"

## FOR OUR CHILDREN

"It is easier to build children than it is to repair men."...Frederick Douglass

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to <u>TheCoalitionNews@gm</u> <u>ail.com</u> with "subscribe" in the subject.

If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: <u>News From The</u> <u>Coalition, Inc.</u>

All entries for submission should be received by noon, the Monday prior to publish date and in <u>Press Release</u> form. With the winter moratorium over for Utility shutoffs, many families have to make the decision to pay their utility bills while sacrificing necessities such as summer food for their children. On the newly designed CAP4Kids website at <u>www.cap4kids.org/philadelphia</u>, under the Utilities subsection (http://cap4kids.org/philadelphia/parent-handouts/housing-utilities/utilityprograms/) you will find listing of utilities programs for low income families as well as energy saving ideas. Also, under the Food/Nutrition subsection of emergency food resources (http://cap4kids.org/philadelphia/parent-handouts/food-nutrition-

breastfeeding/emergency-food-resources/) you will find summer food programs for kids as well as a listing of various emergency food resources in Philadelphia.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

## **Greater Philadelphia Coalition Against Hunger**

New hotline helps families find free summer meals for kids

Starting this week, families in Philadelphia can call a toll-free hotline to find nearby locations that offer free summer meals for children. Operated by the <u>Greater Philadelphia Coalition Against Hunger</u>, the hotline is 1-855-252-MEAL (6325). Families can also text "MEAL" to 84700 to receive a call back.

"During the regular school year, tens of thousands of low-income students rely on free or reduced-price meals at school," said Carey Morgan, Coalition Executive Director.

"But when school is out and they're not getting that food, they face higher risks of hunger and malnutrition. The Philly Summer Meals Hotline will help families fill that void, by referring them to nearby recreation centers, parks, churches and community organizations that offer free meals to kids and teens."

Last year, more than 119,000 children in Pennsylvania received summer meals. But that's less than one-fourth of the 553,000 low-income children who received free or reduced-priced lunch during the regular school year—a sign that many low-income children who need summer meals

aren't getting them, according to a recent report from the Food Research and Action Center. Recent budget cuts have also forced the School District

of Philadelphia to reduce the number of summer programs it offers, meaning fewer students will be eating free meals in summer school this

year.

Despite the change, "there are still nearly 1,000 sites serving free

Whatever accomplishment you boast of in the world, there is someone better than you. – African proverb

We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred eighty countries! <u>Click here:</u> <u>EightCitiesMAP</u> Choose "Philadelphia's Online Community

"Newsletter" from the menu.

summer meals in Philadelphia, so there's no reason any child should go hungry this summer," Morgan said.
Free summer meals are available to children age 18 and under. There is no registration or income requirement at most sites.
Visit <u>www.hungercoalition.org</u> for more information..
Text "MEAL" to 84700 to receive a call back from the coalition.

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## **THIS WEEK**

The <u>African Cultural Alliance of North America</u> (ACANA)'s <u>summer cultural festival</u> returns for the fifth consecutive year on Sunday, August 5 from 2-8 p.m. Taking place at the Great Plaza at Penn's Landing, the ACANA Festival brings you a celebrated mix of African immigrant and African-American culture with tons of food, vendors, music and entertainment to go with

it.

The stage comes alive all day for dancers, the world famous Universal Dance & Drum Ensemble and tons of musical performers.

This year's festival will be headlined by award-winning contemporary Nigerian-style African-pop duo Bracket. The many other talented musical performers will also be representing the African countries of

Liberia, Congo, Nigeria, Sierra Leone, and more. Don't miss other great ACANA Festival programming throughout the weekend, from a soccer tournament to a black-tie honorary banquet at the prestigious African American Museum. A full list of events and

ticket options can be found online.

The 5th Annual ACANA African Festival

When: Sunday, August 5, 2-8 p.m.

Where: Great Plaza at Penn's Landing, Columbus Boulevard at Chestnut Street

Cost: Free

More info: www.acanaus.org

The annual ACANA African Festival Weekend begins Friday, August 3 at 11 a.m. with a press conference at City Hal (Caucus Room# 401), followed by a black-tie honorary banquet at the prestigious African American Museum in Philadelphia. The festivities continue Saturday with a pre-party at ACANA Hall. The celebration ends Sunday, August 5 with a free concert, the ACANA African Festival starts at 2 p.m., featuring a stellar line up of international performing artists. Tickets to the ACANA African Festival weekend are available at www.acanafestweekend.eventbrite.com.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Well, if crime fighters fight crime and fire fighters fight fire, what do freedom fighters fight? They never mention that part to us, do they? - <u>George Carlin</u>

If you have a favorite relevant quote, why not share it with our readers. send to <u>TheCoalitionNews</u> @gmail.com We will credit you with the submission.

JOIN THE COALITION, INC! To join The Coalition go to: TheCoalitionInc.net

and download a copy of the Pledge of Commitment and return it to us the.pa.coalition@gmail.com

#### **The Fourth Annual 2nd Street Festival**

will be held

Sunday, August 5th, 2012 from noon until 10 p.m.

We're closing off North 2nd between Germantown and Green Streets here in Northern Liberties and filling the entire street with workshops, art, food, beer gardens, and other merchandise vendors. This year we have four music & event stages, all programmed for us by the Philadelphia Folksong Society, who are coming into the city and helping us throw this supersized block party together. We are proud to announce the first wave of musical acts for this year's festival:

Man Man – The Great Unknown – The Spinning Leaves – Blayer Pointdujour & The Rockers Galore – Auctioneer - Chris Kasper – The Kalob Griffin Band – The Doublewides – KC Jones – Norman Taylor – Mikey Jr. – DJ Matt Beck

Come join us! ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

## **EMPLOYMENT AND TRAINING OPPORUNITIES**

Philadelphia Career Fair Monday, August 6, 2012, 11AM - 2PM Crowne Plaza 4100 Presidential Boulevard Philadelphia, PA 19131 http://www.nationalcareerfairs.com

Job Fair of Philadelphia Thursday, August 30, 2012, 10AM - 1PM Doubletree Guest Suites Hotel 640 West Germantown Pike Plymouth Meeting, PA 19462 http://www.catalystcareergroup.com

King of Prussia Career Fair Tuesday, September 4, 2012, 11AM - 2PM Crowne Plaza Hotel Valley Forge

"Be careful what you water your dreams with. Water them with worry and fear and you will produce weeds that choke the life from your dream. Water them with optimism and solutions and you will cultivate success. Always be on the lookout for ways to turn a problem into an opportunity for success. Always be on the lookout for ways to nurture your dream."

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All entries for submission should be received by noon, the Monday prior to publish date and in <u>Press Release</u> form. 260 Mall Boulevard King of Prussia, PA 19406 https://<u>www.nationalcareerfairs.com</u>

#### **Diversity / Professional Job Fair**

Wednesday, September 12, 2012, 10AM - 2PM Doubletree Hotel Philadelphia 237 South Broad Street Philadelphia, PA 19107 <u>http://www.diversityjobfairs.com</u>

#### **Philadelphia Job Fair**

Monday, September 17, 2012, 11AM - 2PM Crowne Plaza Philadelphia West 4010 City Avenue Philadelphia, PA 19131 <u>http://www.coasttocoastcareerfairs.com</u>

#### Jobadelphia Career Fair

Wednesday, September 19, 2012, 10AM - 2PM Citizens Bank Park One Citizens Bank Way Philadelphia, PA 19148 http://jobcircle.com

#### Job Fair of Philadelphia

Thursday, September 27, 2012, 10AM - 1PM Doubletree Guest Suites Hotel 640 West Germantown Pike Plymouth Meeting, PA 19462 http://www.catalystcareergroup.com

#### **NAACP Professional Career Reception**

Tuesday, October 23, 2012, 10am - 3pm Embassy Suites Airport 9000 Bartram Avenue Philadelphia, PA 19153 <u>http://psijobfair.com</u>

## **HEALTH MATTERS**

The will to win is worthless if you do not have the will to prepare. - Thane Yost

## The Surprising Link Between Air Pollution & Diabetes Where you live may put you at risk.

Air pollution is not just bad for your lungs; it may increase your chances of having diabetes. According to a new study by Children's Hospital in Boston, people who live in areas with the highest levels of pollution have a 20% greater chance of getting adult-onset (Type 2) diabetes. Surgery for Diabetes?

"After adjusting for lifestyle factors like weight and education, air pollution remained associated with this type of diabetes," says study coauthor Dr. Allison Goldfine of Harvard's Joslin Diabetes Center. Over 23 million Americans have diabetes, and experts now believe that environmental factors may play a role. Air pollution might cause chronic low-grade inflammation, "and inflammation can make you more susceptible to the disease," Dr. Goldfine says.

5 Common Myths About Diabetes

While more studies are under way, consider this healthy living twofer: "Walk and ride your bike as much as possible," Dr. Goldfine urges. "You'll reduce pollution *and* get the exercise you need to prevent diabetes."

Source: health.msn.com/health-topics/diabetes/articlepage.aspx?cpdocumentid=100266784

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## **FRESH FRUITS AND VEGETABLES**

Mill Creek Farm stand, 49th and Brown (no chemicals) Saturdays 11 am – 2 pm Farmers' Market, 52nd and Haverford Wednesdays 1 pm – 5 pm <u>millcreekfarmphilly@gmail.com</u> [267.242.5339 <u>millcreekurbanfarm.org</u> ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

## **GREEN PIECE**

 DR. PATCH ADAMS PREPARES TO BUILD A SOLAR FREE CLINIC ON A FIVE ACRE LOT IN NORTH PHILLY (west Allegheny @ 17<sup>th</sup> St.) to be surrounded by orchards, gardens, playground, providing primary care and green jobs training.
 Donations are requested for pavement removal and soil remediation,

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By not caring too much about what people think, I'm able to think for myself and propagate ideas which are very often unpopular. And I succeed. - Albert Ellis

If you have a favorite joke, why not share it with our readers. send to <u>TheCoalitionNews</u> @gmail.com We will credit you with the submission.

We will be spotlighting members and organizations weekly, if you wish to have your organization spotlighted, forward to us information on your primary mission, your current projects and/or how vou would want other members of The Coalition to be involved. Many of us are already being a support to one another, but there is plenty of room for *improvement*.

greenhousing, building supplies, plantings, office, medical and dental supplies. For info 215.805.8330 or <u>patchadamsclinic.org</u> ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <u>http://www.recyclingservices.org/</u>

For sustainable enterprise go to Green Jobs Philly http://www.greenjobsphilly.org/news

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## **GRANTS, SCHOLARSHIPS & INSTRUCTION**

Grants for Women You May Qualify for Grants to Earn a Degree Online. Search Schools. EducationConnection.com/GrantsInfo

Apply For Scholarships Stop Paying For College! Apply For Scholarships Online Today. CollegeAdviser.com

<u>\$10,000 Scholarship</u> No GPA, No Essay, No Stress! Takes Only 3 Short Min. Don't Wait <u>www.ScholarshipZone.com</u>

## **SpotLight On Our Efforts**

## THE FRONTAL ATTACK

by the The Nation of Islam to check the violence tearing down what is left of The National Black Community.

Rather than conduct it's Men Meeting Monday evenings, the Fruit of Islam (The Men) have mobilized in the streets in a reported "100" cities across America. The objective is to organize community wide efforts of every element in the community to clean up the so-called "up tick in violence" that haunts us. Whatever city we happen to be in, please report back if you intend to relate in some way to this important, historic initiative effort, led by Minister Louis Farrakhan, The National Representative of The

Honorable Elijah Muhammad.

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Brave men rejoice in adversity, just as brave soldiers triumph in war. -<u>Seneca</u>

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## **Open Letter To Our Community:Save Sistas' Place** by Bob Law

It is called Sistas' Place, but in realty, it has always been our place. For 17 years, Sistas' Place has remained one of the most courageous, significant, independent, stand-alone cultural institutions serving the Black Community.

This is one cultural and political institution that truly belongs to us, and as such we will sustain it. Sistas' Place has no corporate sponsors, wealthy guardian angels, but Sistas' Place has you and I. And the good news is that 's enough.

To address their critical financial challenge, we are launching a Sistas' Place

membership drive . We need 400 people in the next 20 days to become sustaining members of Sistas' Place by buying a \$30 membership. Please become a sustaining member by sending your membership fee of \$30 to Sistas' Place, 456 Nostrand Ave., Brooklyn 11216. Make checks, money orders payable to the Harriet Tubman, Fannie Lou Hammer Woman's Coalition

> I Respect You Bob Law The Renaissance Men for Sistas' Place

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#### **Million Fathers March**

The Million Father March is an opportunity for Black men to show their commitment to the educational lives of their children on the first day of school and throughout the school year. On the first day of school each year since the March began in 2004, Black fathers, relatives, men, and significant male caregivers are asked to take their children to their first day of school. Fathers, grandfathers, foster fathers, stepfathers, uncles, cousins, big brothers, significant male caregivers and friends of the family will participate in the event. Last year, 100,000,000 fathers in 767 cities took their children to school on the first day of school. This year we expect 1,250,000 fathers in 800 cities to participate in the Million Father March 2012.

If everyone is moving forward together, then success takes care of itself. ~Henry Ford

If you have a favorite relevant quote, why not share it with our readers. send to <u>TheCoalitionNews</u> @gmail.com We will credit you with the submission. Among the participating cities is our very own Philadelphia. A former educator and proud father David Fattah is the coordinator for the Million Father March 2012 here. This year for the first time The House of Umoja will be creating a companion journal to accompany the March and would like to distribute it to the participating fathers and care givers and also the interested public not only here in Philadelphia but also in the other participating cities.

> House of Umoja Inc., All rights reserved. <u>WWW.HouseofUmoja.org</u> Our mailing address is: 5625 Master St. Philadelphia PA 19131 215 Phone-473-5893 Fax 215 879-5340

## **ARTS FOR AWARENESS**

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

Jus' Words at Dowlings Place

1310 No. Broad St. Phila Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

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## **COMING UP**

## Nicetown CDC will kick-off to its **10th Anniversary Give Back Festival**.

The Nicetown CDC continues to revitalize Nicetown with a priority to re-establish arts & culture through education, collaboration, and partnership. In 2002, with the generous help of Nicetown celebrity natives Ms. Jade and Chris & Neef, the Nicetown CDC Give Back to the Community Festival, fondly known as "The Give Back," was started by Nicetown CDC. Community and faith based organizations work together with the NTCDC on a year-round basis to coordinate and develop the event. This includes the Nicetown CDC/NAC, Nicetown

We are proud to announce that News From The Coalition, Inc. is featured on the *internationally* acclaimed site Eight Cities Map which is read in more than One hundred eighty-five countries! Click here: **EightCitiesMAP** Choose "Philadelphia's **Online** Community "Newsletter" from the menu.

Hereeeeeeeeeees... Kathy's Korner! A guy gets home from work one night and hears a little voice. The little voice tells him, "Quit your job, sell your house, take your money, go to Vegas." The man is disturbed at what he hears and ignores the little voice.

The next day, when he gets home from work, the same thing happens. The little voice tells him, "Quit your job, sell your house, take your money, go to Vegas." Again, the man ignores the little voice, though he is very troubled by the event.

Every day, day after day, the man hears the same little voice when he gets home from work, "Quit your job, sell your house, take your money, go to Vegas." Each time the man hears the little voice he becomes increasingly upset.

Finally, after several weeks, he succumbs to the pressure. He quits his job, sells his house, takes his money and heads to Vegas.

The man gets off the plane in Vegas and starts thinking "What now?" Almost in response, the little voice tells him, "Harrah's." So, he hops in a cab and rushes over to Harrah's.

As soon as he sets foot in the casino, the little voice tells him, "Roulette." The man does as he is told. When he gets to the roulette table, the little voice tells him, "Seventeen."

Nervously, the man exchanges all his money for chips and puts them all on number 17.

The croupier spins the roulette wheel and drops the ball into the groove. Around and around the ball caroms. The man anxiously watches the ball as it slowly loses momentum and finally settles into ... number 21.

The little voice says, "Oopsie!"

(Kathy Parsons is a regular contributor.)

Business Association, Block Captain Committee of Nicetown, Omega Psi Phi "Q" Fraternity, and Temple University. **The 2-day Give Back Festival is scheduled for** 

August 10th & 11th, 2012,

and features live performances from the Delphonics, Billy Paul, Amazing Grace and the Sound of Philadelphia with Bill Jolly.

Friday August 10th:

**1PM-5PM - The Give Back College Fair** kicks off the Give Back Festival, beginning with a focus on education and live band entertainment. Local and regional colleges, universities, and technical schools provide on-site and accessible resource information to the

community.

4:30PM-5PM- The Zakee Z. Abdur Rahman Education

Scholarships were established to ensure a positive legacy for a young businessman and entrepreneur, who lost his life to senseless violence on June 12, 2009. He was a valuable part of the family business that he was to inherit, and was the eldest son of Zakariyya Abdur Rahman, Nicetown CDC's President and CEO. Financial college education scholarships will be presented on the Give Back stage to local high school graduates.

**5PM-10PM - Philly SoulStock** – NuMillenium Sound produces collaboration with live bands and talented artists with a diverse blend of artistic and cultural entertainment. Hosted by Nina Capone, Soulstock will provide

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The <u>Father's Day Rally Committee</u> will sponsor the <u>National Black on Black Violence & Crime Conference - Black Self</u> Genocide: Confronting the Enemy Within

from

Friday, August 10th through Sunday, August 12th at St. Joseph's University, 54th Street and City Avenue in Philadelphia.

Participants will include community violence and crime prevention activists, leaders of anti-violence groups, criminal justice and social service practitioners, local and state government leaders, youth leaders, school officials, behavioral health providers, faith community leaders, and elected officials.

The goal of the conference is to develop a national network of

Those who deny freedom to others, deserve it not for themselves. <u>Abraham Lincoln</u> (1809-1865) Politician. President of the United States. individuals and groups that are working to eradicate violence and to
 disseminate evidence-based information on black on black violence and
 the crime prevention programs that are effective.
 For more information, go <u>here</u>.
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## AFRICAN UNITY IS A MUST!!!

Greetings Family of the Agogo Center

My name is Sister Basiymah Muhammad Bey I am reaching out to you as the coordinator of the 21st century annual Marcus Garvey Community Parade and Birthday Celebration Festival. **Working to Keep the Culture Alive** 

We bring you this year another example of Garveyism as we join together to collaborate on Violent issues effecting Black (African) People such as Violence in the schools, Police brutality, Child Abuse, Domestic Abuse, Elder Abuse, Health Care, Culture, Education, Prisons and others

We are asking for your support to come out and take part in this annual historical event. This years event will be a two (2) day **Community Celebration August 18 &19 2012** held in collaboration with the Annual Nation of African Peoples Unity Day & The Ma' at Celebration in Memory of the founder Our Brother Ahamad Thair, One of OUR (PEARLS of AFRICA).

Brothers & Sisters We are asking you to come out and join us on Saturday August 18, 2012 from 2-5 PM as **We STAND UP & WALK IT OUT AGAINST VIOLENCE ON THE BLACK COMMUNITY** starting at 59 & Lansdowne Ave. & on Sunday August 19, 2012 at Malcolm X & Betty Shabbaz Park located at 52nd Locust St.(RAIN DATE AUGUST 25th) from 12 noon to 8pm We Present AFRICANS UNITE!!! As We Celebrate African People, African Culture & History with Music, Food, Speakers, Games, Entertainment and MUCH MORE.

Organizing Committee UNIA/ACL, PEARL OF AFRICA/ NATION OF AFRICAN PEOPLES UNITY DAY, BLACK MWM - WOMENS DEFENSE LEAGUE, SANKOFA, BROTHER WESLEY BEY-MOORISH COMMUNITY COUNCIL & MEN AGAINST VIOLENCE, UNIVERSAL UNITY COMMUNITY, PAM AFRICA, ASIKA SABUR COLITION AGAINST POLICE BRUTALITY and others For More Information Call UNIA/ACL Marcus Garvey Community Parade Committee @ <u>267-231-9269</u>

\* \* Outside PA \* \* \*

Looking forward to things is half the pleasure of them. -Lucy Maud Montgomery

## The Federation of Southern Cooperatives to honor Dick Gregory

## Celebrating its 45<sup>th</sup> Anniversary in Birmingham and Epes, Alabama Please Join us!!!

ATLANTA....On Thursday, August 16, 2012 at the Birmingham Sheraton in Birmingham, Alabama, the Federation of Southern Cooperatives/Land Assistance Fund (Federation) will honor the renowned <u>Dick Gregory</u> at its <u>Estelle Witherspoon Lifetime Achievement</u> <u>Award Dinner</u>. Congressman <u>Sanford Bishop</u> (D-GA) will serve as honorary chair of the event. The <u>Annual Meeting</u> will be held on August 17 & 18 at the Federation's Rural Training and Research Center in Epes, Alabama.

The theme for the 45<sup>th</sup> Anniversary is "Cooperatives Make a Better World". The theme acknowledges not only the significant contributions made by cooperatives in the South, the country and the world, but also that this year has been designated by the United Nations as the "International Year of Cooperatives".

The Annual Meeting celebration at the Federation's Rural Training & Research Center in Epes, Alabama will include workshops and plenaries on the upcoming Farm Bill, Rural Development programs that impact our rural communities, an update on the Black Farmer Lawsuit and information about the women's lawsuit filed against the USDA. There will also be a fish fry and auction on Friday evening followed by state caucuses on Saturday.

"We look forward to seeing farmers, friends and supporters from around the country at our Annual Meeting in Epes and to honor Dick Gregory in Birmingham," said Ralph Paige, Executive Director of the Federation. "It's the time of year when we assess what has been done and still needs to be done in both the state and federal policy program areas to assist rural communities....and we depend on the advice and direction from our membership and other stakeholders for these decisions."

For more information, please call Jackie Ward in our Atlanta office at <u>404</u> <u>765 0991</u> or go to our website at <u>www.federation.coop</u>.

Note: The Federation/LAF, now in its 45th year, assists Black family

"You don't have to get it right, you just have to get it going." - Unknown farmers across the South with farm management, debt restructuring, alternative crop suggestions, marketing expertise and a whole range of services to ensure family farm survivability.

## **COMPUTERS AND TECHNOLOGY**

#### Free online journal focuses on technology for nonprofits

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

<u>NTEN:Change</u>, a free online journal from the <u>Nonprofit Technology Network</u>,

provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available <u>here</u>. ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

#### Group offers low-cost web access to nonprofits

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

-- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.

-- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.

-- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.

-- A choice of additional benefits including an educational webinar series. For more information, email <u>Free Trial</u>. www.mobilecitizen.org/grantphiladelphia ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

#### A HAND UP!

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

#### **America's Original Savings Network**

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at: <u>http://nofullprices.net</u>

#### FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons? A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days? A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

## WORD-OF-THE-WEEK

sotto voce \SAHtoh-VOH-chee\, Spoken low or in an undertone, as not to be overheard.

#### **Remember to support The Coalition, Inc.'s on-air personalities...**

Please listen to the **"Time For An Awakening"** Program with Bro. Elliott, this and every Sunday at 7 pm. Listen at <u>www.900AMWURD.com</u> Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

**Sister Phile Chionesu,** organizer of the Million Woman March, **"Nu Day Resurrection and Liberation" Show** LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: <u>www.blogtalkradio.com/empresschi</u> Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to <u>mwmsistahood@aol.com</u> to chat on line.

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This spot reserved for The Coalition, Inc. friend and supporter Jeff Hart\*\*