



We all hold a piece to the puzzle
Friday August 10, 2012

*The Coalition, Inc. Board
of Directors*

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Churchville (Treasurer),*

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News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 7, Number 3

Greetings Coalition Family!

To Protect And Serve

In the year 2007, too many unsolved murders of young black men in the city of Philadelphia, many cases with 0 leads and no hope of a solution. A police officer is killed during a taproom robbery; the suspect is custody less than two weeks later. Two retired policemen murdered and the suspect is behind bars within hours, with the police commissioner all but guaranteeing that when convicted, the suspect will never see the street again. A rookie police officer is shot, suspect taken into custody within the hour. The police make no secret that they pursue shooters of law enforcement agents with more vigor than they do shooters of the 'average' citizen, claiming that 'If someone will shoot a cop, then the general public is in grave peril'. How much fertilizer is that? Police personnel in many cases have bulls-eyes on their backs simply because they have to deal with the negative elements of society, and therefore anger those who are already criminal-minded and the most likely in possession of firearms and of a temperament to use them. The 'average' citizen does not come into this kind of contact with this element of society! So that logic is extremely flawed!

Police vigorously pursue their attackers because they must make an example of them so that it never appears that law enforcement is soft or vulnerable to successful attack. In the pursuit of a cop-killer, the commissioner stated "...money and time are not an object." Wouldn't it be a blessing if they felt that way about the 'average' citizen, our children?

To protect and serve has no meaning in the community, it has no meaning because the slogan is not intended for us, it is directed at us. Take notice that the police departments all over this land are designed to keep the 'average' citizen in place. They are there to protect the interests of the powerful and affluent, those who are important to commerce. Have you ever been the victim of a break-in and had to wait an hour or more for the police to show up just to take a report? Ever had your vehicle broken into and had an unconcerned officer show up and fill out a report only to advise you that it is unlikely your property will ever be recovered? Ask yourself these questions, how long would it take for the police to respond to a break-in at Macy's dept. store? What would be their posture if a Fed Ex truck were broken into on your block? These answers will dispel the myth that the police are here to serve the general populace and that they are overworked in our neighborhoods.

The police make sure the powerbrokers sleep soundly at night. The police organization is in place to maintain the status quo. Copyright © 2008 G. R. Adams

*"We each hold a piece to the puzzle." – Dr. John Elliott Churchville
"Communicate... Cooperate... Collaborate"*

FOR OUR CHILDREN

“It is easier to build children than it is to repair men.”...Frederick Douglass

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to TheCoalitionNews@gmail.com with “subscribe” in the subject.

If you are receiving this publication without consent, send an email with “unsubscribe” in the subject to be removed from our database.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.

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With the winter moratorium over for Utility shutoffs, many families have to make the decision to pay their utility bills while sacrificing necessities such as summer food for their children. On the newly designed CAP4Kids website at www.cap4kids.org/philadelphia, under the **Utilities subsection** (<http://cap4kids.org/philadelphia/parent-handouts/housing-utilities/utility-programs/>) you will find listing of utilities programs for low income families as well as energy saving ideas.

Also, under the **Food/Nutrition subsection of emergency food resources** (<http://cap4kids.org/philadelphia/parent-handouts/food-nutrition-breastfeeding/emergency-food-resources/>) you will find summer food programs for kids as well as a listing of various emergency food resources in Philadelphia.

----- Coalition members! Activate ‘Your’ [web link](#) on The Coalition, Inc. web site -----

Greater Philadelphia Coalition Against Hunger

New hotline helps families find free summer meals for kids

Starting this week, families in Philadelphia can call a toll-free hotline to find nearby locations that offer free summer meals for children. Operated by the [Greater Philadelphia Coalition Against Hunger](#), the hotline is 1-855-252-MEAL (6325). Families can also text “MEAL” to 84700 to receive a call back.

“During the regular school year, tens of thousands of low-income students rely on free or reduced-price meals at school,” said Carey Morgan, Coalition Executive Director.

“But when school is out and they’re not getting that food, they face higher risks of hunger and malnutrition. The Philly Summer Meals Hotline will help families fill that void, by referring them to nearby recreation centers, parks, churches and community organizations that offer free meals to kids and teens.”

Last year, more than 119,000 children in Pennsylvania received summer meals. But that’s less than one-fourth of the 553,000 low-income children who received free or reduced-priced lunch during the regular school year—a sign that many low-income children who need summer meals aren’t getting them, according to a recent report from the Food Research and Action Center. Recent budget cuts have also forced the School District of Philadelphia to reduce the number of summer programs it offers, meaning fewer students will be eating free meals in summer school this year.

Despite the change, “there are still nearly 1,000 sites serving free

*There is no pillow so soft as
a clear conscience. - French
Proverb*

*We are proud to
announce that News
From The Coalition,
Inc. is featured on the
internationally
acclaimed site Eight
Cities Map which is
read in more than One
hundred eighty
countries!*

Click here:

EightCitiesMAP

*Choose "Philadelphia's
Online Community
"Newsletter" from the
menu.*

summer meals in Philadelphia, so there's no reason any child should go hungry this summer," Morgan said.

Free summer meals are available to children age 18 and under. There is no registration or income requirement at most sites.

Visit www.hungercoalition.org for more information..

Text "MEAL" to 84700 to receive a call back from the coalition.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

THIS WEEK

Nicetown CDC will kick-off to its 10th Anniversary Give Back Festival.

The Nicetown CDC continues to revitalize Nicetown with a priority to re-establish arts & culture through education, collaboration, and partnership. In 2002, with the generous help of Nicetown celebrity natives Ms. Jade and Chris & Neef, the Nicetown CDC Give Back to the Community Festival, fondly known as "The Give Back," was started by Nicetown CDC. Community and faith based organizations work together with the NTCDC on a year-round basis to coordinate and develop the event. This includes the Nicetown CDC/NAC, Nicetown Business Association, Block Captain Committee of Nicetown, Omega Psi Phi "Q" Fraternity, and Temple University.

**The 2-day Give Back Festival is scheduled for
August 10th & 11th, 2012,**

**and features live performances from the Delphonics, Billy Paul,
Amazing Grace and the Sound of Philadelphia with Bill Jolly.**

Friday August 10th:

1PM-5PM - The Give Back College Fair kicks off the Give Back Festival, beginning with a focus on education and live band entertainment. Local and regional colleges, universities, and technical schools provide on-site and accessible resource information to the community.

4:30PM-5PM- The Zakee Z. Abdur Rahman Education Scholarships were established to ensure a positive legacy for a young businessman and entrepreneur, who lost his life to senseless violence on June 12, 2009. He was a valuable part of the family business that he was to inherit, and was the eldest son of Zakariyya Abdur Rahman, Nicetown CDC's President and CEO. Financial college education scholarships will be presented on the Give Back stage to local high school graduates.

5PM-10PM - Philly SoulStock – NuMillenium Sound produces

To realize that you do not understand is a virtue; Not to realize that you do not understand is a defect.

Lao Tzu

If you have a favorite relevant quote, why not share it with our readers. send to TheCoalitionNews@gmail.com We will credit you with the submission.

JOIN THE COALITION, INC!

To join The Coalition go to: TheCoalitionInc.net and download a copy of the Pledge of Commitment and return it to us the.pa.coalition@gmail.com

collaboration with live bands and talented artists with a diverse blend of artistic and cultural entertainment. Hosted by Nina Capone, Soulstock will provide

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Beech Community Services at Cecil B. Moore Corridor

presents

Jazz On The Ave.

An outdoor festival hosted by Patty Jackson of WDAS FM and Soul Comedy Café's own TuRae, with live entertainment, children's activities, and vendors. Performances by Richard Jah Ace and Sons of Ace, Robert Kenyatta & Kallgata, the Mambo Syndicate, Charisa-The-Violin Diva, MOM-Music Of Matter, and Project Hornz. DJ Space Bug will be the DJ for the Columbia Avenue Reunion at 17th & Cecil B. Moore Avenue with line dancing, a Zumba Party and live entertainment by Alfie Pollit and other artists.

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EMPLOYMENT AND TRAINING OPPORUNITIES

Job Fair of Philadelphia

Thursday, August 30, 2012, 10AM - 1PM
Doubletree Guest Suites Hotel
640 West Germantown Pike
Plymouth Meeting, PA 19462
<http://www.catalystcareergroup.com>

King of Prussia Career Fair

Tuesday, September 4, 2012, 11AM - 2PM
Crowne Plaza Hotel Valley Forge
260 Mall Boulevard
King of Prussia, PA 19406
<https://www.nationalcareerfairs.com>

Diversity / Professional Job Fair

Wednesday, September 12, 2012, 10AM - 2PM
Doubletree Hotel Philadelphia
237 South Broad Street
Philadelphia, PA 19107
<http://www.diversityjobfairs.com>

Women naturally want a man they can respect and honor. When women see weakness in men the ties become weakened and she begins to lose interest. She wants the man to take charge and will naturally SUBMIT to the GOD force she see's in men and will allow him to lead (if he's worthy). All women want a man of POWER not a man that COWERS... Carlos Muhammad

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Philadelphia Job Fair

Monday, September 17, 2012, 11AM - 2PM
Crowne Plaza Philadelphia West
4010 City Avenue
Philadelphia, PA 19131
<http://www.coasttocoastcareerfaairs.com>

Jobadelphia Career Fair

Wednesday, September 19, 2012, 10AM - 2PM
Citizens Bank Park
One Citizens Bank Way
Philadelphia, PA 19148
<http://jobcircle.com>

Job Fair of Philadelphia

Thursday, September 27, 2012, 10AM - 1PM
Doubletree Guest Suites Hotel
640 West Germantown Pike
Plymouth Meeting, PA 19462
<http://www.catalystcareergroup.com>

NAACP Professional Career Reception

Tuesday, October 23, 2012, 10am - 3pm
Embassy Suites Airport
9000 Bartram Avenue
Philadelphia, PA 19153
<http://psijobfair.com>

HEALTH MATTERS

Exercise, meds both help depressed heart patients

By [Andrew M. Seaman](#)

NEW YORK | Wed Aug 1, 2012 3:37pm EDT

(Reuters Health) - People with heart disease who are also depressed may get as much relief from their depression symptoms with regular exercise as with medication, a new study suggests.

Researchers found that of 101 heart patients with signs of depression, those who exercised for 90 minutes per week and those who started taking Zoloft both improved significantly compared to participants assigned to drug-free placebo pills.

Pfizer supplied the Zoloft (known generically as sertraline) and placebos for the study, but researchers said the company was not involved with any other part of it.

Dr. Alan Rozanski, who wrote an editorial accompanying the new study, said exercise can be thought of as another "potent tool on the shelf" to fight depression in heart patients.

"The attractiveness of exercise is that it has so many other physical benefits and it ought to be something very highly considered," said Rozanski, of St. Luke's and Roosevelt Hospitals in New York. According to the authors, up to 40 percent of heart patients have symptoms of depression - and depression itself has been linked to a higher risk of further heart trouble.

Those findings, they say, led the American Heart Association to recommend heart patients be screened for depression.

Past studies have produced mixed results on whether or not antidepressants or other established treatments may ease depression in heart patients. There is, however, a growing body of research that suggests exercise may help.

On Tuesday, researchers published a study of over 2,300 people with heart failure randomly assigned to exercise or usual care, which found the extra activity led to modest reductions in depression symptoms (see Reuters Health story of July 31, 2012).

For the new study, out Wednesday, "We wanted to evaluate exercise and antidepressant medications in patients with heart disease and elevated depressive symptoms," said James Blumenthal, the lead researcher on both the current study and the earlier report.

Blumenthal, a clinical psychologist at Duke University Medical Center in Durham, North Carolina, recruited 101 heart patients with depression between June 2006 and September 2010.

Those patients were separated into three groups: 37 went to supervised exercise sessions three times per week for a total of 90 minutes, 40 were given Zoloft and 24 took a placebo pill, with each intervention lasting four months.

'VALUE' IN EXERCISE

The researchers analyzed participants' depression scores on a standard scale from 0 to 68, where 0 to 8 is considered normal and higher scores reflect more severe depression.

Before the start of treatment, each group's average score ranged from about 13.5 to 14.5.

Depression symptoms improved over time across the board. Participants in the exercise and medication groups, however, saw a bigger benefit than those on the placebo.

Scores fell by 6.1 points in the Zoloft group, by 7.5 points among

" Don't let anything stop you. There will be times when you'll be disappointed, but you can't stop. Make yourself the very best that you can make of what you are.. The very best!"- Sadie T. Alexander

If you have a favorite joke, why not share it with our readers. send to TheCoalitionNews@gmail.com We will credit you with the submission.

We will be spotlighting members and organizations weekly, if you wish to have your organization spotlighted, forward to us information on your primary mission, your current projects and/or how you would want other members of The Coalition to be involved. Many of us are already being a support to one another, but there is plenty of room for improvement.

exercisers and by 4.5 points in the placebo group.

There wasn't a clear difference between the exercise and antidepressant group on those overall scores, the researchers reported in the Journal of American College of Cardiology.

But compared to those treated with Zoloft, more people who started out with major depressive disorder and were assigned to the exercise sessions improved enough for their symptoms to be considered in the normal range.

And exercisers were less likely to be tired or report sexual problems than people on antidepressants.

The study was a randomized controlled trial, considered the "gold standard" of medical research, but the researchers warn that they had a small number of participants. Still, the majority of people involved stuck to their treatment plans - possibly because even exercise wasn't too time consuming.

"I think 90 minutes (per week) seems to be sufficient for most patients," Blumenthal told Reuters Health. The big jump is from doing nothing to doing something."

SOURCE: bit.ly/d1cHYE Journal of the American College of Cardiology, online August 1, 2012.

----- Coalition members! Activate **'Your' web link** on The Coalition, Inc. web site -----

The Surprising Link Between Air Pollution & Diabetes Where you live may put you at risk.

Air pollution is not just bad for your lungs; it may increase your chances of having diabetes. According to a new study by Children's Hospital in Boston, people who live in areas with the highest levels of pollution have a 20% greater chance of getting adult-onset (Type 2) diabetes.

[Surgery for Diabetes?](#)

"After adjusting for lifestyle factors like weight and education, air pollution remained associated with this type of diabetes," says study co-author Dr. Allison Goldfine of Harvard's Joslin Diabetes Center. Over 23 million Americans have diabetes, and experts now believe that environmental factors may play a role. Air pollution might cause chronic low-grade inflammation, "and inflammation can make you more susceptible to the disease," Dr. Goldfine says.

[5 Common Myths About Diabetes](#)

While more studies are under way, consider this healthy living twofor: "Walk and ride your bike as much as possible," Dr. Goldfine urges. "You'll reduce pollution *and* get the exercise you need to prevent diabetes."

*Selfishness is not living as one wishes to live, it is asking others to live as one wishes to live.
- Oscar Wilde*

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documentid=100266784

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FRESH FRUITS AND VEGETABLES

Mill Creek Farm stand, 49th and Brown (no chemicals)

Saturdays 11 am – 2 pm

Farmers' Market, 52nd and Haverford

Wednesdays 1 pm – 5 pm

millcreekfarmphilly@gmail.com

|267.242.5339 millcreekurbanfarm.org

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GREEN PIECE

DR. PATCH ADAMS PREPARES TO BUILD A SOLAR FREE CLINIC ON A FIVE ACRE LOT IN NORTH PHILLY (west Allegheny @ 17th St.) to be surrounded by orchards, gardens, playground, providing primary care and green jobs training. Donations are requested for pavement removal and soil remediation, greenhousing, building supplies, plantings, office, medical and dental supplies.

For info 215.805.8330 or patchadamsclinic.org

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Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>

For sustainable enterprise go to Green Jobs Philly

<http://www.greenjobsphilly.org/news>

----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

GRANTS, SCHOLARSHIPS & INSTRUCTION

[Grants for Women](#)

You May Qualify for Grants to Earn a Degree Online. Search Schools.

EducationConnection.com/GrantsInfo

[Apply For Scholarships](#)

Stop Paying For College! Apply For Scholarships Online Today.

CollegeAdviser.com

*A smooth sea never made a
skillful mariner. - English
Proverb*

*If you have a
favorite relevant
quote, why not
share it with our
readers. send to
[TheCoalitionNews
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with the submission.*

*We are proud to
announce that News
From The Coalition,
Inc. is featured on the
internationally
acclaimed site Eight
Cities Map which is
read in more than One
hundred eighty-five
countries!*

Click here:

EightCitiesMAP

*Choose "Philadelphia's
Online Community
"Newsletter" from the
menu.*

[\\$10,000 Scholarship](#)

No GPA, No Essay, No Stress! Takes Only 3 Short Min. Don't
Wait

www.ScholarshipZone.com

SpotLight On Our Efforts

K5DCN IS WORKING ON AN ACTION PLAN TO GET INFORMATION TO MEMBERS OF OUR COMMUNITY ABOUT THOSE NEIGHBORS IDENTIFIED BY PENNDOT AS NOT HAVING ON RECORD A PHOTO FOR DRIVER/NON DRIVERS LICENSE. K5DCN PLAN INVOLVES WORKING WITH OUR BLOCK CAPTAINS, RESIDENTS AND SOME OF THE COMMITTEE-PEOPLE IN OUR AREA INTERESTED IN WORKING TO EDUCATE OUR NEIGHBORS. THE NUMBER OF INDIVIDUALS IDENTIFIED AS NEEDING PHOTO ID IS MASSIVE; THEREFORE, WE MUST ALL WORK TOGETHER TO ADDRESS THIS HORRENDOUS SITUATION FACING OUR COMMUNITY. THE SENATOR'S OFFICE IS WORKING WITH A VAST AREA WHEN CONCENTRATING ON THE 8TH SENATORIAL DISTRICT. K5DCN WOULD LIKE TO WORK WITH THOSE INDIVIDUALS IN OUR AREA WHO ARE INTERESTED IN WORKING TO ADDRESS THIS MATTER. IF YOU OR YOUR GROUP WOULD LIKE TO ASSIST US IN THE KINGSESSING COMMUNITY PLEASE CALL 267-254-9972.

SINCERELY,
GREGORY R. BENJAMIN
K5DCN

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

MAGIC MUSIC GROUP DRILLTEAM.

We are currently running a fundraiser online at chipin.com. We are trying to get some new equipment for our drill team. If you would be so kind to put our link in your upcoming news letter it would be so kind we need help in all ways available. Please help MAGIC MUSIC GROUP DRILLTEAM as we try to raise enough money to get new drums. Our link is magicusicgroupdrillteam.chipin.com. You really have to look at the link cause its spelled a little different.. Thank you. Also if you are not doing anything we will be performing at 48th & brown tomorrow at 12pm, it's a show up and show out drillarama.. So please feel free to

*Hereeeeeeeeeeeeeees...
Kathy's Korner!*

*The other day my husband and
I had words... unfortunately,
he didn't get to use any of his.*

*(Kathy Parsons is a regular
contributor.)*

come out and watch us do our thing. Thanks and have a blessed night,
(Director) of MAGIC MUSIC GROUP DRILLTEAM. DARRICK
STORY!!!!!

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

THE FRONTAL ATTACK

by the The Nation of Islam to check the violence tearing down what is left
of The National Black Community.

Rather than conduct it's Men Meeting Monday evenings, the Fruit of Islam
(The Men) have mobilized in the streets in a reported "100" cities across
America. The objective is to organize community wide efforts of every
element in the community to clean up the so-called "up tick in violence"
that haunts us. Whatever city we happen to be in, please report back if you
intend to relate in some way to this important, historic initiative effort, led
by Minister Louis Farrakhan, The National Representative of The
Honorable Elijah Muhammad.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

Open Letter To Our Community: Save Sistas' Place

by Bob Law

It is called Sistas' Place, but in realty, it has always been our place. For 17
years, Sistas' Place has remained one of the most courageous, significant,
independent, stand-alone cultural institutions serving the Black
Community.

This is one cultural and political institution that truly belongs to us, and as
such we will sustain it. Sistas' Place has no corporate sponsors, wealthy
guardian angels, but Sistas' Place has you and I. And the good news is that
's enough.

To address their critical financial challenge, we are launching a Sistas'
Place

membership drive . We need 400 people in the next 20 days to become
sustaining members of Sistas' Place by buying a \$30 membership. Please
become a sustaining member by sending your membership fee of \$30 to
Sistas' Place, 456 Nostrand Ave., Brooklyn 11216. Make checks, money
orders payable to the Harriet Tubman, Fannie Lou Hammer Woman's
Coalition

I Respect You

Bob Law

The Renaissance Men for Sistas' Place

It is a fact that in the right formation, the lifting power of many wings can achieve twice the distance of any bird flying alone. ~Author Unknown

ARTS FOR AWARENESS

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

National Black Arts Spoken Word Tour

Presents

Sunday, August 19, 2012

"WHAT HAPPENS TO A DREAM DEFERRED"

A staged spoken word adaptation about Race Relations, Urban Culture and History.

Followed by an OPEN MIC.

ROTUNDA

4014 Walnut Street, Philadelphia, PA. 19104

Free and Open to the Public!!! Seating is Limited!!!

Facility is wheel chair accessible.

Please RSVP mauricebrianhenderson@yahoo.com

or 215-254-9314

Wednesday, August 29, 2012

7pm

"ADDICTED"

a staged adaptation about homelessness and the effects of drugs, alcohol, substance abuse and criminal behavior on human beings and urban communities.

8pm

"I'M STILL HERE"

a staged adaptation for the remembrance of the Katrina Storm victims and Gulf Coast Tragedy which took the lives of many Americans and created a different concept for homeless people or citizenry.

Paul Robeson House Museum

4949 Walnut Street

Philadelphia, PA. 19139

Facility is wheel chair accessible!!

Tickets: \$10 for both performances

For more information contact mauricebrianhenderson@yahoo.com

or 267-230-0317.

Saturday, October 13, 2012 2pm

"If we have the courage and tenacity of our forebears, who stood firmly like a rock against the lash of slavery, we shall find a way to do for our day what they did for theirs." - Mary Mcleod Bethune

"OH GOD PLEASE SEND ME A DO RIGHT MAN"

The return of the Gospel Musical and National Touring production that explores the relationships of Men and Women and its effects on the family structure and child development. Sponsored in conjunction with the Christian Writers & Artists Guild.

ROTUNDA

4014 Walnut Street, Philadelphia, PA. 19104

Facility is wheel chair accessible.

Tickets: \$15.00 per person (Group Rates available)

For more information contact mauricebrianhenderson@yahoo.com or 267-230-0317

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Jus' Words at Dowlings Place

1310 No. Broad St. Phila

Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

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COMING UP

Million Fathers March

The Million Father March is an opportunity for Black men to show their commitment to the educational lives of their children on the first day of school and throughout the school year. On the first day of school each year since the March began in 2004, Black fathers, relatives, men, and significant male caregivers are asked to take their children to their first day of school. Fathers, grandfathers, foster fathers, stepfathers, uncles, cousins, big brothers, significant male caregivers and friends of the family will participate in the event. Last year, 100,000,000 fathers in 767 cities took their children to school on the first day of school. This year we expect 1,250,000 fathers in 800 cities to participate in the Million Father March 2012.

Among the participating cities is our very own Philadelphia. A former

"Courage is almost a contradiction in terms. It means a strong desire to live taking the form of a readiness to die." - Gilbert Keith Chesterton

educator and proud father David Fattah is the coordinator for the Million Father March 2012 here. This year for the first time The House of Umoja will be creating a companion journal to accompany the March and would like to distribute it to the participating fathers and care givers and also the interested public not only here in Philadelphia but also in the other participating cities.

House of Umoja Inc., All rights reserved.

WWW.HouseofUmoja.org

Our mailing address is:

5625 Master St. Philadelphia PA 19131 215

Phone-473-5893 Fax [215 879-5340](tel:215-879-5340)

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

The Father's Day Rally Committee

will sponsor the

National Black on Black Violence & Crime Conference - Black Self Genocide: Confronting the Enemy Within

from

Friday, October 26th through Sunday, October 28th at

Pennsylvania Convention Center

12th and Arch Sts.

in

Philadelphia.

Participants will include community violence and crime prevention activists, leaders of anti-violence groups, criminal justice and social service practitioners, local and state government leaders, youth leaders, school officials, behavioral health providers, faith community leaders, and elected officials.

The goal of the conference is to develop a national network of individuals and groups that are working to eradicate violence and to disseminate evidence-based information on black on black violence and the crime prevention programs that are effective.

For more information, go [here](#).

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AFRICAN UNITY IS A MUST!!!

"Support the strong, give courage to the timid, remind the indifferent, and warn the opposed." - Whitney M. Young

My name is Sister Basiymah Muhammad Bey

I am reaching out to you as the coordinator of the 21st century annual Marcus Garvey Community Parade and Birthday Celebration Festival.

Working to Keep the Culture Alive

We bring you this year another example of Garveyism as we join together to collaborate on Violent issues effecting Black (African) People such as Violence in the schools, Police brutality, Child Abuse, Domestic Abuse, Elder Abuse, Health Care, Culture, Education, Prisons and others

We are asking for your support to come out and take part in this annual historical event. This years event will be a two (2) day **Community Celebration August 18 &19 2012** held in collaboration with the Annual Nation of African Peoples Unity Day & The Ma' at Celebration in Memory of the founder Our Brother Ahamad Thair, One of OUR **(PEARLS of AFRICA).**

Brothers & Sisters We are asking you to come out and join us on Saturday August 18, 2012 from 2-5 PM as **We STAND UP & WALK IT OUT AGAINST VIOLENCE ON THE BLACK COMMUNITY** starting at 59 & Lansdowne Ave. & on Sunday August 19, 2012 at Malcolm X & Betty Shabbaz Park located at 52nd Locust St.(RAIN DATE AUGUST 25th) from 12 noon to 8pm We Present AFRICANS UNITE!!! As We Celebrate African People, African Culture & History with Music, Food, Speakers, Games, Entertainment and MUCH MORE.

Organizing Committee UNIA/ACL, PEARL OF AFRICA/ NATION OF AFRICAN PEOPLES UNITY DAY, BLACK MWM - WOMENS DEFENSE LEAGUE, SANKOFA, BROTHER WESLEY BEY-MOORISH COMMUNITY COUNCIL & MEN AGAINST VIOLENCE, UNIVERSAL UNITY COMMUNITY, PAM AFRICA, ASIKA SABUR COLITION AGAINST POLICE BRUTALITY and others For More Information Call UNIA/ACL Marcus Garvey Community Parade Committee @ [267-231-9269](tel:267-231-9269)

**The Federation of Southern Cooperatives to honor Dick Gregory
Celebrating its 45th Anniversary in Birmingham and Epes, Alabama
Please Join us!!!**

*"Great spirits have always
encountered violent
opposition from mediocre
minds." - Albert Einstein*

ATLANTA....On Thursday, August 16, 2012 at the Birmingham Sheraton in Birmingham, Alabama, the Federation of Southern Cooperatives/Land Assistance Fund (Federation) will honor the renowned [Dick Gregory](#) at its [Estelle Witherspoon Lifetime Achievement Award Dinner](#). Congressman [Sanford Bishop](#) (D-GA) will serve as honorary chair of the event. The [Annual Meeting](#) will be held on August 17 & 18 at the Federation's Rural Training and Research Center in Epes, Alabama.

The theme for the 45th Anniversary is "Cooperatives Make a Better World". The theme acknowledges not only the significant contributions made by cooperatives in the South, the country and the world, but also that this year has been designated by the United Nations as the "International Year of Cooperatives".

The Annual Meeting celebration at the Federation's Rural Training & Research Center in Epes, Alabama will include workshops and plenaries on the upcoming Farm Bill, Rural Development programs that impact our rural communities, an update on the Black Farmer Lawsuit and information about the women's lawsuit filed against the USDA. There will also be a fish fry and auction on Friday evening followed by state caucuses on Saturday.

"We look forward to seeing farmers, friends and supporters from around the country at our Annual Meeting in Epes and to honor Dick Gregory in Birmingham," said Ralph Paige, Executive Director of the Federation. "It's the time of year when we assess what has been done and still needs to be done in both the state and federal policy program areas to assist rural communities....and we depend on the advice and direction from our membership and other stakeholders for these decisions."

For more information, please call Jackie Ward in our Atlanta office at [404 765 0991](tel:4047650991) or go to our website at www.federation.coop.

Note: The Federation/LAF, now in its 45th year, assists Black family farmers across the South with farm management, debt restructuring, alternative crop suggestions, marketing expertise and a whole range of services to ensure family farm survivability.

COMPUTERS AND TECHNOLOGY

Free online journal focuses on technology for nonprofits

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

[NTEN:Change](#), a free online journal from the [Nonprofit Technology Network](#),

provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available [here](#).

----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

Group offers low-cost web access to nonprofits

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

For more information, email [Free Trial](#).

www.mobilecitizen.org/grantphiladelphia

----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

A HAND UP!

America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at:

<http://nofullprices.net>

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons?

A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

**WORD-OF-
THE-WEEK**

pervicacious \puhr-
vih-KAY-shuhs\
Refusing to change
one's ideas,
behavior, etc.;
stubborn; obstinate.

Remember to support The Coalition, Inc.'s on-air personalities...

Please listen to the "**Time For An Awakening**" Program with Bro. Elliott, this and every Sunday at 7 pm. Listen at www.900AMWURD.com Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

Sister Phile Chionesu, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation**" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: www.blogtalkradio.com/empresschi Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to mwmsistahood@aol.com to chat on line.

Civil Alert Radio with Sabir Bey- Every Tuesday 9:30 p.m. EST (6:30 P.M. PST)

Format Style: Open forum along with special invited guests.

Listen via your cell: 858.357.8450 On the web:

<http://www.blogtalkradio.com/civilalert>

This spot reserved for The Coalition, Inc. friend and supporter Jeff Hart**

