

Friday August 17, 2012

The Coalition, Inc. Board of Directors

Gary R. Adams (President/CEO), John E. Churchville (Treasurer),

Members:

Abu Mashkuwr Naadim Abdulkhabir, Josephine Blow, Stanley Daniels, Nijah Famous, Lansana Koroma, Abdul Malik Raheem, Lewis Williams

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News From The Coalition, Inc.

"Communication – Cooperation – Collaboration"

Volume 7, Number 4

Greetings Coalition Family!

The current knock on food manufacturers is that they do indeed 'manufacture' a good deal of the things we eat. Correct me if I'm mistaken, but food is meant to be grown or raised, not processed. The same is true of spiritual food, it is meant to be eaten 'as is'

I have warned against allowing anyone to "lead you around by the verse". This is usually accomplished by a speaker taking a prime cut of spiritual meat and adding additives, fillers and growth hormones until the result is something comparable to a fast-food burger. I think I may have just coined a term, 'MacSermon'. Here is an example of a one such sermon...

MacSermon: "I want to thank the lord for bringing me here to share with you this morning, I'm so blessed to be here (having been paid the thousand or so dollars 'visiting minister's fee), everybody say amen!" (amen). "I would like to speak from the first book of Corinthians, the twelfth chapter, twelfth verse on the subject of the body of Christ and your responsibility in it. Open your bibles to first Corinthians twelve, twelve please and follow along with me. "FOR AS THE BODY IS ONE, AND HATH MANY MEMBERS, AND ALL THE MEMBERS OF THAT ONE BODY, BEING MANY, ARE ONE BODY; SO ALSO IS CHRIST. Did you hear me? All the members are one body, and so also is Christ! Verse fourteen... FOR THE BODY IS NOT ONE MEMBER, BUT MANY. I say, not one member but many... many are the members of the body, and so also is Christ! Say amen (amen) IF THE FOOT SHALL SAY, BECAUSE I AM NOT THE HAND, I AM NOT OF THE BODY; IS IT THEREFORE NOT OF THE BODY? Y'all better watch what you complain about. Verse seventeen... IF THE WHOLE BODY WERE AN EYE, WHERE WERE THE HEARING, Where would be the what? (hearing) Where would be the what? (hearing) Where would be the what? (hearing!) or WHERE WERE THE SMELLING? So don't be complaining about the duties you are assigned, because all are members of the body, and also is Christ. Everybody can't be the eyes because Where would be the what? (hearing!) halleluiah. Christ didn't shirk his responsibility when he had to suffer at the hand of men in order to redeem your miserable soul, so should you not shirk your responsibility when you are asked to give a little more than is comfortable to support this wonderful ministry and the many miraculous works it does all over the world. Can I get an amen? (amen!) Pass the plate."

Too far-fetched? Then how about this actual incident: A celebrated television religious entertainer teaching that the Law given to Moses (Peace and blessings be upon him) was intended for the descendents of Ishmael (Peace be to him), son of Avraham (to whom YHVH gave the promise) by Hagar (May her soul rest in peace) his Egyptian slave, because the relationship between the two was a legal one, that of master and slave, and not one of love, thus making the Law applicable only to that situation. A lot of people believed that nonsense! Simply reading Exodus Chapters 19-23 will shine the light on that lie. But, the confuser depends on your being too lazy to read five chapters at once, so he can pretty much tell you anything he wishes.

One of the world's most popular and influential religious figures, who preached the

wonder and beauty of the after-life, rode around in a custom built bullet-proof vehicle after having suffered an assassination attempt. If he truly believed that heaven was in his future and that GOD (In HIS infinite wisdom) chose him to lead, what was his fear?

The duty of the shepherd is to "...*feed my sheep*"¹, and it is each of our responsibility to monitor what we and our families eat. If the meal at your usual place of worship lacks the necessary nutrients, it is incumbent upon you to seek a more suitable source; perhaps dining out less often may be the answer. Ed.

"We each hold a piece to the puzzle." - Dr. John Elliott Churchville

"Communicate... Cooperate... Collaborate" FOR OUR CHILDREN

"It is easier to build children than it is to repair men."...Frederick Douglass

If this publication is being forwarded to you, and you wish to be placed on our mailing list, send an email to <u>TheCoalitionNews@gm</u> <u>ail.com</u> with "subscribe" in the subject.

If you are receiving this publication without consent, send an email with "unsubscribe" in the subject to be removed from our database.

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: <u>News From The</u> <u>Coalition, Inc.</u>

All entries for submission should be received by noon, the Monday prior to publish date and in <u>Press Release</u> form. With the winter moratorium over for Utility shutoffs, many families have to make the decision to pay their utility bills while sacrificing necessities such as summer food for their children. On the newly designed CAP4Kids website at www.cap4kids.org/philadelphia , under the Utilities subsection (http://cap4kids.org/philadelphia/parent-handouts/housing-utilities/utilityprograms/) you will find listing of utilities programs for low income families as well as energy saving ideas. Also, under the Food/Nutrition subsection of emergency food resources

Also, under the **Food/Nutrition subsection of emergency food resources** (http://cap4kids.org/philadelphia/parent-handouts/food-nutrition-

breastfeeding/emergency-food-resources/) you will find summer food programs for kids as well as a listing of various emergency food resources in Philadelphia.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Greater Philadelphia Coalition Against Hunger

New hotline helps families find free summer meals for kids

Starting this week, families in Philadelphia can call a toll-free hotline to find nearby locations that offer free summer meals for children. Operated by the <u>Greater Philadelphia Coalition Against Hunger</u>, the hotline is 1-855-252-MEAL (6325). Families can also text "MEAL" to 84700 to receive a call back.

"During the regular school year, tens of thousands of low-income students rely on free or reduced-price meals at school," said Carey Morgan, Coalition Executive Director.

"But when school is out and they're not getting that food, they face higher risks of hunger and malnutrition. The Philly Summer Meals Hotline will help families fill that void, by referring them to nearby recreation centers, parks, churches and community organizations that offer free meals to kids and teens."

Last year, more than 119,000 children in Pennsylvania received summer meals. But that's less than one-fourth of the 553,000 low-income children who received free or reduced-priced lunch during the regular school year—a sign that many low-income children who need summer meals aren't getting them, according to a recent report from the Food Research and Action Center. Recent budget cuts have also forced the School District of Philadelphia to reduce the number of summer programs it offers, meaning fewer students will be eating free meals in summer school this

year.

A tiger does not have to proclaim its tigritude. - Nigerian Proverb

We are proud to announce that News From The Coalition, Inc. is featured on the *internationally* acclaimed site Eight Cities Map which is read in more than One hundred eighty countries! Click here: **EightCitiesMAP** Choose "Philadelphia's **Online** Community "Newsletter" from the menu.

Despite the change, "there are still nearly 1,000 sites serving free summer meals in Philadelphia, so there's no reason any child should go hungry this summer," Morgan said. Free summer meals are available to children age 18 and under. There is no registration or income requirement at most sites. Visit <u>www.hungercoalition.org</u> for more information.. Text "MEAL" to 84700 to receive a call back from the coalition. ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

THIS WEEK

Voter ID Informational Meeting

Learn what acceptable documentation is needed to vote in the upcoming election! Refreshments will be served.

Representatives from: Committee of Seventy, PennDOT, Vital Records, City Commissioner's Office, Philadelphia Corporation for Aging (PCA), The Skyler Group, LLC and others.

Hosted by:

- State Rep. Ronald G. Waters, Chair of PA Legislative Black Caucus, 191st Legislative District
- (6027 Ludlow St., Unit A, Philadelphia, PA 19139, 215-748-6712, fax: 215-748-1687)
- State Rep Vanessa Brown, Vice Chairwoman of PA Legislative Black Caucus, 190th Legislative District
- (1435 N. 52nd St., Philadelphia, PA 19131, 215-879-6615, fax: 215-879-6616)
 - State Rep. Harold James, Treasurer of PA Legislative Black Caucus, 186th Legislative District)

Date: 08.18.12 Time: 12:00 PM-03:00 PM

Sanctuary Church of the Open Door 5923-41 Walnut St. Philadelphia, PA 19139 ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

"Success is to be measured not so much by the position that one has reached in life as by the obstacles which have been overcome while trying to succeed."- Booker T. Washington

If you have a favorite relevant quote, why not share it with our readers. send to <u>TheCoalitionNews</u> @gmail.com We will credit you with the submission.

JOIN THE COALITION, INC! To join The Coalition go to: <u>TheCoalitionInc.net</u> and download a copy of the Pledge of Commitment and return it to us the.pa.coalition@gmail.com URGENT!!!! URGENT!!!! URGENT!!!! K5DCN REALLY NEEDS YOUR SUPPORT for our 3rd ANNUAL Back to School Supplies Give-away. WE KNOW THERE ARE FOLKS WHO CAN DONATE A BOOKBAG. FOLKS WHO ARE AFFILIATED WITH ESTABLISHED BUSINESSES, ELECTED OFFICIALS, OR WHEN YOU GO SHOPPING. PLEASE HELP US REACH OUR GOAL. CALL 267-254-9972 FOR MORE INFORMATION. WE NEED YOUR HELP!! SCHOOL SUPPLY GIVE-AWAY IS 08/30/12 AT 5PM. ----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

> AFRICAN UNITY IS A MUST!!! Greetings Family of the Agogo Center

My name is Sister Basiymah Muhammad Bey I am reaching out to you as the coordinator of the 21st century annual Marcus Garvey Community Parade and Birthday Celebration Festival. **Working to Keep the Culture Alive**

We bring you this year another example of Garveyism as we join together to collaborate on Violent issues effecting Black (African) People such as Violence in the schools, Police brutality, Child Abuse, Domestic Abuse, Elder Abuse, Health Care, Culture, Education, Prisons and others

We are asking for your support to come out and take part in this annual historical event. This years event will be a two (2) day **Community Celebration August 18 &19 2012** held in collaboration with the Annual Nation of African Peoples Unity Day & The Ma' at Celebration in Memory of the founder Our Brother Ahamad Thair, One of OUR (PEARLS of AFRICA).

Brothers & Sisters We are asking you to come out and join us on Saturday August 18, 2012 from 2-5 PM as We STAND UP & WALK IT OUT AGAINST VIOLENCE ON THE BLACK COMMUNITY

starting at 59 & Lansdowne Ave. & on Sunday August 19, 2012 at Malcolm X & Betty Shabbaz Park located at 52nd Locust St.(RAIN DATE AUGUST 25th) from 12 noon to 8pm We Present AFRICANS UNITE!!! As We Celebrate African People, African Culture & History with Music, Food, Speakers, Games, Entertainment and MUCH MORE.

Organizing Committee UNIA/ACL, PEARL OF AFRICA/ NATION OF AFRICAN PEOPLES UNITY DAY, BLACK MWM - WOMENS DEFENSE LEAGUE, SANKOFA, BROTHER WESLEY BEY-

"Move. Go forward or backward, whatever it takes. Just move!"

If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers. Send your information to: <u>News From The</u> Coalition, Inc.

All entries for submission should be received by noon, the Monday prior to publish date and in <u>Press Release form</u>. MOORISH COMMUNITY COUNCIL & MEN AGAINST VIOLENCE, UNIVERSAL UNITY COMMUNITY, PAM AFRICA, ASIKA SABUR COLITION AGAINST POLICE BRUTALITY and others For More Information Call UNIA/ACL Marcus Garvey Community Parade Committee @ 267-231-9269 ----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

CrossFit Endurance Trainer Course - Philadelphia, PA

Saturday, August 18, 2012 - Sunday, August 19, 2012 CrossFit Love 1741 Tilghman St Philadelphia, Pennsylvania 19122 United States Map and Directions

Start and end time: 8 am to 4 pm each day with a 1 hour lunch break. Meals: On your own.

Other: Possible social gathering and dinner on Saturday night. The Endurance course is a powerful weekend of getting faster, stronger and increasing overall fitness/performance. Led by one of our head coaches for CrossFit Endurance, you will get both in depth education as well as a unique opportunity to be (run) evaluated throughout the weekend.

This is a Course that is the ideal CrossFit Level 1 compliment. A Level 1 is NOT a prerequisite to attend an Endurance Course. This introduction to CrossFit Endurance fundamentals is ideal for coaches/trainers, all endurance athletes, CrossFit athletes looking to shave WOD times or simply for those of you looking to fine tune your run mechanics.

In addition to the individual coaching we focus on biomechanics, the science of running, nutrition, injury prevention, and programming

implementation. We focus on quality of training, not quantity. The weekend is full of current content that you can apply immediately. Racing, training or getting more powerful – you'll walk (or run!) away with a refreshing perspective of how endurance training should be

done.

Come find out why CrossFit Endurance is the leading endurance education provider.

info@crossfitendurance.com

"You will always miss 100 percent of the shots you don't take."

THE 26th ANNUAL PHILADELPHIA CARIBBEAN FESTIVAL

Celebrating 26 Years- Sunday, August 19, 2012 12:00 noon 'til 8:00pm The Great Plaza, Penn's Landing Columbus Blvd. and Chestnut Street, Philadelphia, Pa Come join us at Penn's Landing for Family Fun, Food and Activities! ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

ACS Fall 2012 Career Fair - Onsite & Virtual

August 19-21 8:00 a.m to 6:00 p.m ET

Pennsylvania Convention Center Philadelphia, PA -

Virtually – August 20-21 from anywhere in the world! 8:00 a.m. - 6:00 p.m ET

By providing a location and opportunity for job seekers and employers to meet, we help you start or enhance your career. At this career fair, you'll have the opportunity to secure a job with leading academic, industry, nonprofit and government organizations in your field.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Sunday, August 19th - Patty Jackson's 30th Anniversary Concert – This Sunday, I will be celebrating my 30th anniversary in radio with a big musical celebration at the Dell Music Center, 33rd and Ridge Avenue.

Gladys Knight, Freddie Jackson, The Delfonics, Enchantment, Harold Melvin's Bluenotes, Breakwater and Glenn Jones are all performing. Come help me celebrate! Tickets are on sale now.

http://www.wdasfm.com/pages/pattys411.html#ixzz23oj5bCrX

EMPLOYMENT AND TRAINING OPPORUNITIES

A man who wants to lead the orchestra must turn his back on the crowd. - Max Lucado

If you have a favorite joke, why not share it with our readers. send to <u>TheCoalitionNews</u> @gmail.com We will credit you with the submission.

We will be spotlighting members and organizations weekly, if you wish to have your organization spotlighted, forward to us information on *your primary* mission, your current projects and/or how you would want other members of The Coalition to be involved. Many of us are already being a support to one another, but there is plenty of room for *improvement*.

Job Fair of Philadelphia

Thursday, August 30, 2012, 10AM - 1PM Doubletree Guest Suites Hotel 640 West Germantown Pike Plymouth Meeting, PA 19462 http://www.catalystcareergroup.com

King of Prussia Career Fair

Tuesday, September 4, 2012, 11AM - 2PM Crowne Plaza Hotel Valley Forge 260 Mall Boulevard King of Prussia, PA 19406 https://www.nationalcareerfairs.com

Diversity / Professional Job Fair

Wednesday, September 12, 2012, 10AM - 2PM Doubletree Hotel Philadelphia 237 South Broad Street Philadelphia, PA 19107 <u>http://www.diversityjobfairs.com</u>

Philadelphia Job Fair

Monday, September 17, 2012, 11AM - 2PM Crowne Plaza Philadelphia West 4010 City Avenue Philadelphia, PA 19131 <u>http://www.coasttocoastcareerfairs.com</u>

Jobadelphia Career Fair

Wednesday, September 19, 2012, 10AM - 2PM Citizens Bank Park One Citizens Bank Way Philadelphia, PA 19148 http://jobcircle.com

Job Fair of Philadelphia

Thursday, September 27, 2012, 10AM - 1PM Doubletree Guest Suites Hotel 640 West Germantown Pike Plymouth Meeting, PA 19462

Ah well! I am their leader, I really ought to follow them! - Alexandre Auguste Ledru-Rollin

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NAACP Professional Career Reception Tuesday, October 23, 2012, 10am - 3pm Embassy Suites Airport 9000 Bartram Avenue

> Philadelphia, PA 19153 http://psijobfair.com

HEALTH MATTERS

Getting more than just an apple a day

Toronto (Reuters Health) - Less than a quarter of Americans eats the five daily servings of fruits and vegetables that the National Cancer Institute recommends, but online programs may help boost those numbers, a new study hints.

As part of the Making Effective Nutrition Choices study, some 2500 people logged on to a website providing information on the benefits of eating more fruits and vegetables and ways to incorporate these healthy foods into their diets.

Three months into the study about 70 percent of subjects were eating five or more servings of fruits and vegetables on an average day, up from 20 percent at the starting point. That increase held for the rest of the year-long study.

It was surprising to see such a large jump in the number of participants reaching the guidelines so early on, said study leader Dr. Christine Cole Johnson, and also to have those results hold for the next nine months. "In most nutritional studies, you're happy if you get a half-serving increase," Johnson said. But this study showed average increases of at least two servings daily.

Because the study included men and women aged 21 to 65 from around the country, the results indicate that a well-designed website could be used to educate more widely on the importance of fruit and vegetable consumption, Johnson said. "We think this could reach a large number of people and change habits on a national level," she said.

When the effective leader is finished with his work, the people say it happened naturally. - Lao Tse

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The results of the study are published in the latest issue of the American Journal of Public Health.

In the study, conducted at five U.S. sites, the researchers assessed change in fruit and vegetable intake associated with visiting a website that provided tailored nutritional information, with or without motivational emails, and an untailored "control" website.

The two websites had the same basic design, but the tailored website provided personalized nutritional information based on responses to a survey given at the outset, while the control site provided general information about nutrition related to fruits and vegetables. With the tailored website, "the messages they were given were based on concerns they had (about increasing consumption) and how to address those," Johnson said.

When the study began, the participants averaged 4.4 fruit and vegetable servings daily according to a 16-item "food frequency" questionnaire and 3.3 according to a 2-item questionnaire about average daily fruit and vegetable consumption.

By the end of the study, both questionnaires showed that daily fruit and vegetable consumption had increased by more than two servings, on average. Participants who accessed the tailored website showed comparable increases, whether or not they received email counseling, of about 2.7 servings daily, while those who used the generic website increased their daily servings by about 2.35.

The study participants reported an overall high level of satisfaction with the websites and the information they received on them, Johnson said. Statistically, it's hard to say what effect the motivational emails had on the results, she said, but study participants reported that they liked that feature and found it helpful.

Non-minority women over 50 with high levels of education were the most likely to stick with the program and increase their servings, the study found.

It was somewhat surprising, Johnson noted, that the web-based program was less popular with younger participants. Study co-author Dr. Gwen

Alexander is currently working on a program aimed at younger participants. "It needs to be in front of them, accessible and easy," Alexander said.

Hereeeeeeeeeees... Kathy's Korner!

After leaving a New Years Eve party, a man stumbling down the street sees a nun in full habit. He rushes her and knocks her down. Standing over her, he yells, ''Not so tough now, are you, Batman?''

(Kathy Parsons is a regular contributor.)

SOURCE: American Journal of Public Health, January 2010.

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

The Surprising Link Between Air Pollution & Diabetes Where you live may put you at risk.

Air pollution is not just bad for your lungs; it may increase your chances of having diabetes. According to a new study by Children's Hospital in Boston, people who live in areas with the highest levels of pollution have a 20% greater chance of getting adult-onset (Type 2) diabetes. Surgery for Diabetes?

"After adjusting for lifestyle factors like weight and education, air pollution remained associated with this type of diabetes," says study co-author Dr. Allison Goldfine of Harvard's Joslin Diabetes Center.
Over 23 million Americans have diabetes, and experts now believe that environmental factors may play a role. Air pollution might cause chronic low-grade inflammation, "and inflammation can make you more susceptible to the disease," Dr. Goldfine says.
5 Common Myths About Diabetes

While more studies are under way, consider this healthy living twofer: "Walk and ride your bike as much as possible," Dr. Goldfine urges. "You'll reduce pollution *and* get the exercise you need to prevent diabetes."

Source: health.msn.com/health-topics/**diabetes**/articlepage.aspx?cpdocumentid=100266784 ----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

FRESH FRUITS AND VEGETABLES

Mill Creek Farm stand, 49th and Brown (no chemicals) Saturdays 11 am – 2 pm Farmers' Market, 52nd and Haverford Wednesdays 1 pm – 5 pm <u>millcreekfarmphilly@gmail.com</u> [267.242.5339 <u>millcreekurbanfarm.org</u> ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

GREEN PIECE

DR. PATCH ADAMS PREPARES TO BUILD A SOLAR FREE CLINIC ON A FIVE ACRE LOT IN NORTH PHILLY (west Allegheny @ 17th St.) to be surrounded by orchards, gardens, playground, providing primary care and green jobs training.

Fire is the test of gold; adversity, of strong men. -Seneca Donations are requested for pavement removal and soil remediation, greenhousing, building supplies, plantings, office, medical and dental supplies.

For info 215.805.8330 or <u>patchadamsclinic.org</u> ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <u>http://www.recyclingservices.org/</u> For sustainable enterprise go to Green Jobs Philly http://www.greenjobsphilly.org/news

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

GRANTS, SCHOLARSHIPS & INSTRUCTION

Grants for Women

You May Qualify for Grants to Earn a Degree Online. Search Schools. EducationConnection.com/GrantsInfo

Apply For Scholarships Stop Paying For College! Apply For Scholarships Online Today. CollegeAdviser.com

<u>\$10,000 Scholarship</u> No GPA, No Essay, No Stress! Takes Only 3 Short Min. Don't Wait <u>www.ScholarshipZone.com</u>

SpotLight On Our Efforts

K5DCN IS WORKING ON AN ACTION PLAN TO GET INFORMATION TO MEMBERS OF OUR COMMUNITY ABOUT THOSE NEIGHBORS IDENTIFIED BY PENNDOT AS NOT HAVING ON RECORD A PHOTO FOR DRIVER/NON DRIVERS LICENSE. K5DCN PLAN INVOLVES WORKING WITH OUR BLOCK CAPTAINS, RESIDENTS AND SOME OF THE COMMITTEE-PEOPLE IN OUR AREA INTERESTED IN WORKING TO EDUCATE OUR NEIGHBORS. THE NUMBER OF INDIVIDUALS INDENTIFIED AS NEEDING PHOTO ID IS MASSIVE; THEREFORE, WE MUST ALL WORK TOGETHER TO ADDRESS THIS HORRENDOUS SITUATION FACING OUR

No member of a crew is praised for the rugged individuality of his rowing. ~Ralph Waldo Emerson COMMUNITY. THE SENATOR'S OFFICE IS WORKING WITH A VAST AREA WHEN CONCENTRATING ON THE 8TH SENATORIAL DISTRICT. K5DCN WOULD LIKE TO WORK WITH THOSE INDIVIDUALS IN OUR AREA WHO ARE INTERESTED IN WORKING TO ADDRESS THIS MATTER. IF YOU OR YOUR GROUP WOULD LIKE TO ASSIST US IN THE KINGSESSING COMMUNITY PLEASE CALL 267-254-9972.

SINCERELY, GREGORY R. BENJAMIN K5DCN ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

MAGIC MUSIC GROUP DRILLTEAM.

We are currently running a fundraiser online at chipin.com. We are trying to get some new equipment for our drill team. If you would be so kind to put our link in your upcoming news letter it would be so kind we need help in all ways available. Please help MAGIC MUSIC GROUP DRILLTEAM as we try to raise enough money to get new drums. Our link is magicusicgroupdrillteam.chipin.com. You really have to look at the link cause its spelled a little different.. Thank you. Also if you are not doing anything we will be performing at 48th & brown tomorrow at

12pm, it's a show up and show out drillarama.. So please feel free to come out and watch us do our thing. Thanks and have a blessed night,

(Director) of MAGIC MUSIC GROUP DRILLTEAM. DARRICK STORY!!!!!

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

THE FRONTAL ATTACK

by the The Nation of Islam to check the violence tearing down what is left of The National Black Community.

Rather than conduct it's Men Meeting Monday evenings, the Fruit of Islam (The Men) have mobilized in the streets in a reported "100" cities across

America. The objective is to organize community wide efforts of every element in the community to clean up the so-called "up tick in violence" that haunts us. Whatever city we happen to be in, please report back if you intend to relate in some way to this important, historic initiative effort, led

by Minister Louis Farrakhan, The National Representative of The Honorable Elijah Muhammad.

"In fighting and in everyday life you should be determined though calm. Meet the situation without tenseness yet not recklessly, your spirit settled yet unbiased. An elevated spirit is weak and a low spirit is weak. Do not let the enemy see your spirit." - Miyamoto Musashi

ARTS FOR AWARENESS

I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael

National Black Arts Spoken Word Tour Presents Sunday, August 19, 2012 ''WHAT HAPPENS TO A DREAM DEFERRED'' A staged spoken word adaptation about Race Relations, Urban Culture

and History. Followed by an OPEN MIC. ROTUNDA 4014 Walnut Street, Philadelphia, PA. 19104 Free and Open to the Public!!! Seating is Limited!!! Facility is wheel chair accessible. Please RSVP mauricebrianhenderson@yahoo.com or 215-254-9314

> Wednesday, August 29, 2012 7pm **''ADDICTED''**

a staged adaptation about homelessness and the effects of drugs, alcohol, substance abuse and criminal behavior on human beings and urban communities.

8pm

"I'M STILL HERE"

a staged adaptation for the remembrance of the Katrina Storm victims and Gulf Coast Tragedy which took the lives of many Americans and created a different concept for homeless people or citizenry.

> Paul Robeson House Museum 4949 Walnut Street

Philadelphia, PA. 19139 Facility is wheel chair accessible!! Tickets: \$10 for both performances For more information contact <u>mauricebrianhenderson@yahoo.com</u> or 267-230-0317.

Saturday, October 13, 2012 2pm "OH GOD PLEASE SEND ME A DO RIGHT MAN" The return of the Gospel Musical and If a nation values anything more than freedom, it will lose its freedom: and the irony of it is that if it is comfort or money that it values more, it will lose that, too. - W. Somerset Maugham National Touring production that explores the relationships of Men and Women and its effects on the family structure and child development. Sponsored inconjunction with the Christian Writers & Artists Guild. ROTUNDA 4014 Walnut Street, Philadelphia, PA. 19104 Facility is wheel chair accessible. Tickets: \$15.00 per person (Group Rates available) For more information contact mauricebrianhenderson@yahoo.com or 267-230-0317 ----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

Jus' Words at Dowlings Place

1310 No. Broad St. Phila Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers
- Spoken Word Artists

----- Coalition members! Activate 'Your' web link on The Coalition, Inc. web site -----

COMING UP

Million Fathers March

The Million Father March is an opportunity for Black men to show their commitment to the educational lives of their children on the first day of school and throughout the school year. On the first day of school each year since the March began in 2004, Black fathers, relatives, men, and significant male caregivers are asked to take their children to their first day of school. Fathers, grandfathers, foster fathers, stepfathers, uncles, cousins, big brothers, significant male caregivers and friends of the family will participate in the event. Last year, 100,000,000 fathers in 767 cities took their children to school on the first day of school. This year we expect 1,250,000 fathers in 800 cities to participate in the Million Father March 2012.

Among the participating cities is our very own Philadelphia. A former educator and proud father David Fattah is the coordinator for the Million Father March 2012 here. This year for the first time The House of Umoja

It is hard to free fools from the chains they revere. Voltaire will be creating a companion journal to accompany the March and would like to distribute it to the participating fathers and care givers and also the interested public not only here in Philadelphia but also in the other participating cities.

House of Umoja Inc., All rights reserved. <u>WWW.HouseofUmoja.org</u> Our mailing address is: 5625 Master St. Philadelphia PA 19131 215 Phone-473-5893 Fax <u>215 879-5340</u> ----- Coalition members! Activate '<u>Your' web link</u> on The Coalition, Inc. web site -----

> The National Alliance of Women Veterans Presents Patriot Day and National Day of Service

September 11th, 2012 marks our third year for celebrating those lives lost at the World Trade Centers in New York City. Our nation is being urged

to

honor that tragedy in our cities and neighborhoods throughout the country. April 21st, 2009, Patriot Day and National Day of Service and Remembrance were enacted by President Barack Obama and are being observed and celebrated throughout the country. The National Alliance of Women Veterans Incorporated, a Philadelphia-based organization has participated in community activities in honor of this observance throughout the city of Philadelphia.

The National Alliance of Women Veterans, Incorporated is concerned about "the state of our communities" since the attack on our country in September 11th, 2001. Since the attacks on the World Trade Center, this country has been alerted to the vulnerability of our existence as Americans.

The security once felt has been agitated by our government's need to fight "terror" and has changed the way we now live in many ways.

On a national level, our governments and cabinet members have been extremely involved in drafting legislation and policies to support the fight

on

terror. However, we need to express the impact this fight has on our citizens and communities. Philadelphia is directly addressing the fight on terror

and has among the many agencies the Homeland Security Department and other federal entities to defend against any threats to our city.

If I steal your house, and you sneak in the backdoor, which of us is illegal? -Madu NAWV, Inc. hopes to educate and empower communities to ensure that those with limited resources have an ability to protect and defend themselves;

Red Cross, Salvation Army and other local organizations and NGOs are equipped to provide training and support in the event of any unfortunate situation. Community leaders and organizations are urged to become involved in the effort for educating and empowering Americans who reside in the communities of Philadelphia.

CPR, Survival and Emergency Preparedness are skills being taught throughout the city led by many organizations. Where we are Post-9-11 and what can we do to ensure safety and survival for the residents of Philadelphia?

On September 11, 2012, we are hosting a discussion, networking event to talk about the grassroots activities on the issues related to Post-9-11. We want to highlight the following issues:

- Our returning military and their families who live among us
- The Training and education of our communities
- Where are our strengths and weaknesses at the community levels
- Volunteerism and community service
- First Responders and Military Impact on Community

The National Alliance of Women Veterans, Incorporated comprises present and past military individuals with vast knowledge and resources in many disciplines and fields; to include being trained and certified as Nuclear and Security Experts during an October 10th, 2010 summit by our nation's highest level Defense and Security Experts. We desire to spotlight our military in our community's effort for providing at the local, grassroots levels for education and training the residents of our urban communities. We have given over 50 Presidential Volunteer Community Service Awards for

over 300,000 hours of service and held various forums, roundtables and

We, and all others who believe in freedom as deeply as we do, would rather die on our feet than live on our knees. - Franklin D. Roosevelt honoring ceremonies for our community, military and supporters.

We are seeking participants as volunteers for our Planning Committee; and sponsors at every level. Anyone who desires to support this agenda may contact Cathy Santos at 215-834-4228 or email: nawy2006@hotmail.com

The National Alliance of Women Veterans, Incorporated is a 501 c3 tax exempt nonprofit public charity. Please support our military and veterans; any contributions

or donations are tax-deductible. Contributions statements are provided upon requests; please consider an online donation at <u>www.nawvphilly.webs.com</u>.

By a joint resolution approved December 18, 2001 (Public Law 107-89), the Congress has designated September 11 of each year as Patriot Day, and by Public

Law 111-13, approved April 21, 2009, has requested the observance of September 11 as an annually recognized National Day of Service and Remembrance.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, do hereby proclaim September 11, 2009, as Patriot Day and National

Day of Service and Remembrance. I call upon all departments, agencies, and instrumentalities of the United States to display the flag of the United States at

half-staff on Patriot Day and National Day of Service and Remembrance in honor of the individuals who lost their lives as a result of the terrorist attacks

against the United States that occurred on September 11, 2001. I invite the Governors of the United States and the Commonwealth of Puerto Rico and interested organizations and individuals to join in this observance. I call upon the people of the United States to participate in community service in honor of

those our Nation lost, to observe this day with other ceremonies and activities, including remembrance services, and to observe a moment of silence beginning

at 8:46 a.m. eastern daylight time to honor the innocent victims who perished as a result of the terrorist attacks of September 11, 2001.

IN WITNESS WHEREOF, I have hereunto set my hand this tenth day of September, in the year of our Lord two thousand nine, and of the Independence of

the United States of America the two hundred and thirty-fourth. BARACK OBAMA

The essence of all slavery consists in taking the product of another's labor by force. It is immaterial whether this force be founded upon ownership of the slave or ownership of the money that he must get to live. -- Leo Tolstoy

The <u>Father's Day Rally Committee</u> will sponsor the <u>National Black on Black Violence & Crime Conference - Black Self</u> <u>Genocide: Confronting the Enemy Within</u>

from Friday, October 26th through Sunday, October 28th at Pennsylvania Convention Center 12th and Arch Sts.

> in Philadelphia.

Participants will include community violence and crime prevention activists, leaders of anti-violence groups, criminal justice and social service practitioners, local and state government leaders, youth leaders, school officials, behavioral health providers, faith community leaders, and elected officials.

The goal of the conference is to develop a national network of individuals and groups that are working to eradicate violence and to disseminate evidence-based information on black on black violence and the crime prevention programs that are effective.

For more information, go here.

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* * Outside PA * * *

COMPUTERS AND TECHNOLOGY

Free online journal focuses on technology for nonprofits

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

<u>NTEN:Change</u>, a free online journal from the Nonprofit Technology Network,

provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available <u>here</u>.

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Group offers low-cost web access to nonprofits Mobile Citizen, a provider of mobile broadband for education and

the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- -- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
 - -- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.

-- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.

-- A choice of additional benefits including an educational webinar series. For more information, email <u>Free Trial</u>.

www.mobilecitizen.org/grantphiladelphia

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A HAND UP!

"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall

America's Original Savings Network

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at: <u>http://nofullprices.net</u>

FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons

which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons? A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days? A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want? A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

Remember to support The Coalition, Inc.'s on-air personalities...

Please listen to the "**Time For An Awakening**" Program with Bro. Elliott, this and every Sunday at 7 pm. Listen at <u>www.900AMWURD.com</u> Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

Sister Phile Chionesu, organizer of the Million Woman March, **"Nu Day Resurrection and Liberation" Show** LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: <u>www.blogtalkradio.com/empresschi</u> Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to <u>mwmsistahood@aol.com</u> to chat on line.

Civil Alert Radio with Sabir Bey- Every Tuesday 9:30 p.m. EST (6:30 P.M. PST)

Format Style: Open forum along with special invited guests. Listen via your cell: 858.357.8450 On the web: http://www.blogtalkradio.com/civilalert

This spot reserved for The Coalition, Inc. friend and supporter Jeff Hart**

WORD-OF-THE-WEEK

requisite \REK-

wuh-zit\ Required by the nature of things or by circumstances; indispensable; That which is required or necessary; something indispensable.