



6<sup>th</sup> Day November 30, 2012

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# *News From The Coalition, Inc.*

*“Communication – Cooperation – Collaboration”*      **Volume 7, Number 14**

## **Greetings Coalition Family!**

Why Not Us?

The u.s. is a nation of immigrants, from the landing of the first dissidents, to the Afrikans and middle-easterners of today. Each group comes here with a plan, they know what city and neighborhood they will live in, and they know what schools or business they will become involved in and where it will be established. They share common history and tradition, they have the same or similar diet, their mode of dress is familiar and they speak the same language, but most importantly... they share the indigenous spirituality, and spirituality to a human being is one of the most important motivating and unifying forces.

Every immigrant, whether they wish to hold on or not, came here with these and other traditions from their homeland that makes them unique and keeps them ‘related’, and no matter how far the succeeding offspring may drift from the mores and customs of the ‘Old World’, they will always have a safe haven to retreat to should times get really tough.

In order to cure a disease, you must first understand how the virus infects and affects the body it attacks. In order to reverse the affects of colonialism on the psyche of kidnapped and enslaved Afrikans, you have to understand how this system of colonialism works. Most of us, in the early stages of our awakening learned that the first step to colonizing a people is to upset the spiritual harmony of the people. In Afrika, the Muslims did it, the Catholics did it, and now every denomination of the Christian religion is doing it.

Once in place, they target the children; they target the children so they can produce the types of subjects they can control. They bleach out the culture, self-esteem, national pride and nationhood and replace it with the mores and values of the new dominant culture. The children are taken away from the family and placed in institutions, where they are institutionalized into a type of hybrid being. They are forbidden to speak the native language, wear native clothing, observe the spirituality or practice the cultural things necessary to preserving a heritage. They are taught to fear and revere the colonialists, they desire to mate with them, they produce mixed children, and the more mixed the better.

The older people are also isolated; they are forced to live in misery below poverty level as an example of what not to aspire to. Their communities are oppressed and

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***If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.***

***Send your information to: [News From The Coalition, Inc.](#)***

***All entries for submission should be received by noon, the Monday prior to publish date and in [Press Release](#) form.***

foreign vices are introduced, as a result, crime increases and is allowed to run rampant, Anyone not willing to assimilate gets relegated to this status, while certain limited opportunities are granted the institutional graduates. These communities are labeled ‘Ghetto’ ‘depressed areas’ ‘projects’ and these negative labels are accepted, and thus actualized and perpetuated by the inhabitants. You have now produced the perfect self-hating being that will do anything to be included in the dominant culture. You have created the house Negro.

Self-hate, the colonial hatred transferred from dominant culture to dependent culture keeps us from coming together, and keeps us seeking to fulfill the oppressor’s mission of destroying our own people. And when we seek to fall back on our commonalities, the only recourse we have is to revert to the culture and spirituality of an oppressor.

Our folk have long echoed, “Education is the solution”, and they are and always have been right. But the difference between education and institutionalization must be understood before we can truly free our minds. We must educate ourselves about the systems we seek to overturn. And no matter how you call it, what we seek will overturn the current systems. We must know where the poison came from, when it was applied, how it works before we can produce and administer an antidote. We must know who we were before we were poisoned. We must understand our role in the maintenance of the colonial system before we can plan a way to extricate our families and ourselves. We must understand that we may never again as a people share a common spirituality, and keep our dogma and religious arguments to ourselves while we work myopically for psychological and organizational unity. That is the only way we can ever hope to reach the level of power promised by each of our individual spiritualities. Copyright © 2009 G. R. Adams

***“We are not immigrants; we did not seek entry into this country bringing the flavor and culture of our homeland with us to contribute to the ‘melting pot’. We are descendents of those kidnapped and forced to assimilate into this culture, and prohibited to retain any of our original traditions. So when you ask “Why don’t Blacks stick together like other immigrants?” The answer: is 400 years of slavery successfully eradicated the glue of commonality that all immigrants brought with them to this land.” ...Madu***

We each hold a piece to the puzzle.” – Dr. John Elliott Churchville  
“Communicate... Cooperate... Collaborate”

## **FOR OUR CHILDREN**

*"It is easier to build children than it is to repair men."...Frederick Douglass*

*Anger is a stone  
cast into a  
wasp's nest.  
-- Malabar  
Proverb.*

*We are proud to  
announce that News  
From The Coalition, Inc.  
is featured on the  
internationally acclaimed  
site Eight Cities Map  
which is read in more  
than One hundred eighty  
countries!  
Click here:  
EightCitiesMAP Choose  
"Philadelphia's Online  
Community  
"Newsletter" from the  
menu.*

There are almost 150,000 Latinos in Philadelphia with almost 50% having children. This beautifully diverse population of Puerto Ricans, Mexicans, Dominicans and Latin Americans bring so much culture, ingenuity and grace to our city. Many are recent immigrants and like many of our forefathers, can be a little lost in this large ciudad.

On the [www.cap4kids.org/philadelphia](http://www.cap4kids.org/philadelphia) website, under the **Immigration/Refugee** handout (<http://cap4kids.org/philadelphia/parent-handouts/immigration-refugee-services/latino-resources/>) you will find a subcategory of resources for Latino families (as well as a separate subcategory for Asian families).

Please also remember that this and all content on CAP4Kids can be translated into almost any language using the flags at the bottom of each page. Thanks.

----- Coalition members! Activate 'Your' [web link](#) on The Coalition, Inc. web site -----

## **THIS WEEK**

### **House of Umoja**

is celebrating it's 44th Anniversary Saturday, December 1, 2012 with a reception from 6-9pm at the National Jewish Museum 101 Independence Mall East

For Invitation information please contact Queen Mother Falaka Fattah [215-473-5893](tel:215-473-5893)

During the celebration we will honor Jeffrey Brown, David L. Cohen, Steve C. Satell, Larry Robbin, Willie F. Johnson, Kenny Gamble, Dr. Walter Lomax.

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### ***Passing the Baton***

#### **A Community Fundraising Celebration to benefit Art Sanctuary**

**WHEN:** Tonight at 6:00 p.m.

**WHERE:** The Pavilion, Community College of Philadelphia (17th Street between Spring Garden & Callowhill)

**COST:** Free (Voluntary Donations will be accepted at the door)

*The beaver is very skilled at its craft. It knows exactly what to do to fix a dam. The last thing it needs is someone on the bank shouting out dam instructions. - Grant Bright*

*If you have a favorite relevant quote, why not share it with our readers. send to [TheCoalitionNews@gmail.com](mailto:TheCoalitionNews@gmail.com)*

*We will credit you with the submission.*

## **JOIN THE COALITION, INC!**

*To join The Coalition go to: [TheCoalitionInc.net](http://TheCoalitionInc.net) and download a copy of the Pledge of Commitment and return it to us [the.pa.coalition@gmail.com](mailto:the.pa.coalition@gmail.com)*

Judging from the phone calls we've received this week, notwithstanding the folks who have already made their reservations, **Passing the Baton** is going to be an all-out community celebration!

And we'll be taking calls until noon. But, not to worry, walk-ins are welcome! So, give us a call at [215-232-4485](tel:215-232-4485), or come on down to *The Pavilion* tonight at 6:00pm.

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### **Live Tele-seminar Phenomenally U: Lead and Empower Teen Girls and Young Women.**

View this email in your browser<<http://us2.campaign-archive2.com/?u=5f590a89c66d05d5dcd4346f9&id=6d93e4fcc8&e=09abe8e074>>

[<http://gallery.mailchimp.com/5f590a89c66d05d5dcd4346f9/images/antnm2.jpg>]

Learn HOW to Lead and Empower America's Next Top Role Models!!!!

- \* Gain the respect of young women in 5 sec or less
  - \* Foster Mutual Respect
- \* Promote the Practice of Self-love and Self-respect.
  - \* Begin Healing the Generation Gap.

This training is great for: Youth Workers who are Mentors, Counselors, Teachers and Role Models.

REGISTER by Decemeber 1, 2012 and recieve a free 15 minute coaching session with the Award-winning Young Women's Empowerment expert, Lacey C. Clark!!<<http://teen-girl-self-esteem.us2.list-manage.com/track/click?u=5f590a89c66d05d5dcd4346f9&id=7174a79b55&e=09abe8e074>>

(A \$25 Value)

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*I'm completely in favor of the separation of Church and State. My idea is that these two institutions screw us up enough on their own, so both of them together is certain death.*

*George Carlin*

*If you would like to report on a recent community event, feel free to send us a brief account of what happened in document format, and we will share it with our readers.*

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## [Africa in the World: Educator Workshop](#)

*December 1-2, 2012 Philadelphia, PA*

*Marriott Downtown*

The Local Arrangements Committee for the [55th Anniversary Meeting of the African Studies Association](#) in cooperation with the African Studies Outreach Council, the African American Museum in Philadelphia and the Penn Museum are proud to present a 2-day professional development workshop for K-16 educators, librarians, pre-service teachers, and education professionals in the Greater Philadelphia Region.

Africa in the World aims to:

- *Equip K-16 educators with new knowledge, strategies and resources for teaching on Africa in their schools and classrooms.*
- *Provide a forum for networking and community building for educators invested in global education*

What Do Teachers Receive with the \$35 Registration Fee?\*

- *10 hours of Professional Development Credits*
- *Morning refreshments and closing reception*
  - *Curricular material*
- *Admission to two great Philly museums- African American Museum & Penn Museum*
- *An opportunity to dialog and learn from Africa scholars and practitioners*

Workshop Titles (Tentative)

- *African Tradition, Morality and Values: Using traditional West African art forms to transfer African communal reality and cultural ideas to African American Students of Philadelphia*
- *Teaching Africa Better in World History using Interdisciplinary Instruction and Methods Using the Interactive Notebook and*



*Your living is determined not so much by what life brings to you as by the attitude you bring to life; not so much by what happens to you as by the way your mind looks at what happens. - John Homer Miller*

## **JOIN THE COALITION, INC!**

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- React and Respond: The Phenomenon of Kony 2012
- Teaching the Human Experience: Lessons from Ethiopia
- Beyond the Peace Corps: Incorporating service learning into academic programs
- Navigating Multiple Identities in the US Classroom: Panel discussion with African immigrant students
- Mighty Maps: Leveraging the power of maps in tangible and relevant ways
  - Africa & the Arab Spring
  - Africa/China Relations

[Register Now](#)

\* a few scholarships are available, email [shown@sas.upenn.edu](mailto:shown@sas.upenn.edu) for more info

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Phone: (215) 898-6449

Fax (215) 573-7379

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**Anthony "Tony" Browder**

**Author, Historian, Egyptologist and Archeologist**

**Lecture and Book Signing**

Philadelphia – Sunday, November 18, 2012 at 5pm

African American Museum of Philadelphia

701 Arch Street

Tickets \$20.00

African Genesis Institute is a "school without walls" focused on developing an understanding and awareness of the African experience

*One piece of log creates a small fire, adequate to warm you up, add just a few more pieces to blast an immense bonfire, large enough to warm up your entire circle of friends; needless to say that individuality counts but team work dynamites. ~Jin Kwon*

*If you have a favorite joke or quote, why not share it with our readers. send to [TheCoalitionNews@gmail.com](mailto:TheCoalitionNews@gmail.com)*

*We will credit you with the submission.*

*We will be spotlighting members and organizations weekly, if you wish to have your organization spotlighted, forward to us information on your primary mission, your current projects and/or how you would want other members of The Coalition to be involved. Many of us are already being a support to one another, but there is plenty of room for improvement.*

in America. Our flagship program, which includes our Free Trip to Africa, is a proactive, 3 semester, educational and cultural program for African American and Latino youth between the ages of 7 and 14. We also offer a series of cultural trips, learning sessions, and other events during the year which are open to the public.

## **EMPLOYMENT AND TRAINING OPPORUNITIES**

### **PLBC Virtual Job Fair**

#### **Are you job searching?**

The PLBC has added a [Virtual Job Fair](#) to the online Employment Center to assist you in beginning your job search. Employers across the state are looking to add qualified, hardworking individuals to their respective teams, and many of them are **hiring now!**

I recommend that you have an updated resume and reference list and be prepared to fill out applications and cover letters for each job to which you apply.

The Employment Center also features many tools that can help [prepare you for employment](#), including resume writing tips and samples.

The road to employment is littered with obstacles, but I will continue to partner with you through the process. I encourage you to take advantage of this resource.

If you are unable to reach the [Virtual Job Fair](#) through the link provided, you can also visit by typing in the URL [http://www.pahouse.com/EmploymentCenter/?pg=job\\_fair](http://www.pahouse.com/EmploymentCenter/?pg=job_fair).  
----- Coalition members! Activate '[Your](#)' [web link](#) on The Coalition, Inc. web site -----

### **Philadelphia Career Fair**

Monday, December 3, 2012, 11AM - 2PM

Crowne Plaza

4100 Presidential Blvd

Philadelphia, PA 19131

<https://www.nationalcareerfairs.com>

*I don't let my mouth say  
nothin' my head can't stand.  
Louis Armstrong*

*If you would like to  
report on a recent  
community event, feel  
free to send us a brief  
account of what  
happened in document  
format, and we will share  
it with our readers.  
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### **Philadelphia Job Fair**

Monday, December 17, 2012, 11AM - 2PM  
Crowne Plaza Philadelphia West  
4010 City Avenue  
Philadelphia, PA 19131  
<http://www.coasttocoastcareerfairs.com>

### **Jobs Gone Wild**

Wednesday, January 16, 2013, 10AM - 2:30PM  
Harrah's Philadelphia  
777 Harrah's Boulevard  
Chester, PA 19013  
<http://jobcircle.com>

### **King of Prussia Job Fair**

Tuesday, January 22, 2013, 11AM - 2PM  
DoubleTree by Hilton Philadelphia Valley Forge  
301 West Dekalb Pike  
King of Prussia, PA 19406  
<http://www.coasttocoastcareerfairs.com>

## **HEALTH MATTERS**

The theory that was developed proved that fruits and vegetables are the natural food of man. If there is a stray from this point of focus one would recognize the consequences. Moderation is the key. The question that needed to be answered was what prevents disease. This brought forth the law of my life in regard to nutrition and disease prevention. Simply, you are what you eat; a simple statement and thought that, generally, continues to be ignored.

Eating is not just the act of putting food in your mouth. What we eat in thought is extremely important as well, and has a lot to do with what comes out of the mouth. Do we speak what is true, kind, or necessary? Do we speak like the quick or do we speak like the dead. The quick draw from the well of life; the dead mingle with strife. Life knows the body is the temple; death makes friends with the mind and brings the body to tremble. "The body is the temple of the spirit; the spirit is the temple of God".\*



*"Real difficulties can be overcome; it is only the imaginary ones that are unconquerable." - Theodore N. Vail*

*If you have a favorite relevant quote, why not share it with our readers. send to [TheCoalitionNews@gmail.com](mailto:TheCoalitionNews@gmail.com)*

*We will credit you with the submission.*

*We are proud to announce that News From The Coalition, Inc. is featured on the internationally acclaimed site Eight Cities Map which is read in more than One hundred eighty-five countries! [Click here: EightCitiesMAP Choose "Philadelphia's Online Community "Newsletter" from the menu.](#)*

The major question is what will be the end result. The result should be equivalent to power, which is a form of love given to us from on high, if we obey the rules. The law says obey the rules. The rules say we must know what exactly to eat and drink, how to eat and drink and when. Certain phases of the law cause us to overcome the obstacles (for some people there are obstacles; for others there only appear to be an obstacle), and then we are given to eat from the tree of life consistently. The end result of following this way of life is disease prevention, the restoration of radiance and vitality to the substance of life. This kind of investigation leads one undoubtedly to higher ground so to speak. The effect of this finding has led to what can be called "Health Wealth"™ The Genesis Project. After witnessing the final outcome with more than my physical eyes, the minds' eye can see that we are on a journey to return from where we came. We're moving along an evolutionary spiral of life.

Throughout the cosmos, electrons, molecules and atoms are in motion producing the spirit force. The spirit joins the soul producing what is real, what you feel. Let's consider a verse from the Holy Scriptures. The book of Genesis Chapter 1 verse 29 "Let the herbs be thy meat." I. Thessalonians 5:21 "but test everything; hold fast what is good." and Revelation 2:7 "He that hath an ear, let him hear what the Spirit saith unto the churches; To him that overcometh will I give to eat of the tree of life, which is in the midst of the paradise of God." These words can direct one to choose life in God's garden, allegorically speaking.

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### **Eating Nuts *Lowers* Risk of Weight Gain**

Although nuts are known to provide a variety of cardio-protective benefits, many avoid them for fear of weight gain. A prospective study published in the journal *Obesity* shows such fears are groundless. In fact, people who eat nuts at least twice a week are much *less* likely to gain weight than those who almost never eat nuts.

The 28-month study involving 8,865 adult men and women in Spain, found that participants who ate nuts at least two times per week were 31% less likely to gain weight than were participants who never or

*Hereeeeeeeeeeeeeees... Kathy's Korner!*

*A woman was chatting with her next-door neighbor. "I feel really good today. I started out this morning with an act of unselfish generosity. I gave a twenty dollar bill to a bum." "You gave a bum twenty whole dollars? That's a lot of money to just give away. What did your husband say about it?"*

*"Oh, he thought it was the proper thing to do. He took it and said, 'Thanks.'"*

*(Kathy Parsons is a regular contributor.)*

almost never ate nuts.

And, among the study participants who gained weight, those who never or almost never ate nuts gained more (an average of 424 g more) than those who ate nuts at least twice weekly.

Study authors concluded, "Frequent nut consumption was associated with a reduced risk of weight gain (5 kg or more). These results support the recommendation of nut consumption as an important component of a cardioprotective diet and also allay fears of possible weight gain."

Practical Tip: Don't let concerns about gaining weight prevent you from enjoying the delicious taste and many health benefits of nuts!

## **FRESH FRUITS AND VEGETABLES**

Mill Creek Farm stand, 49th and Brown (no chemicals)

Saturdays 11 am – 2 pm

Farmers' Market, 52nd and Haverford

Wednesdays 1 pm – 5 pm

[millcreekfarmphilly@gmail.com](mailto:millcreekfarmphilly@gmail.com)

|267.242.5339 [millcreekurbanfarm.org](http://millcreekurbanfarm.org)

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## **GREEN PIECE**

### **Top 10 Green Pet Tips for Earth Day**

by Dr. Donna Spector

Help your pet tread more lightly on Mother Earth with a few easy changes!

- Scooping poop! Use biodegradable bags to collect your dog's waste. Ordinary plastic bags can take decades to decompose in landfills. If your bag meets biodegradability standards (ASTM D6400) they will decompose in just months. Avoid clumping clay litter for cats. Not only is the clay strip-mined (which is bad for our planet), there are usually several chemicals added to this type of litter which can be harmful for the cat and the environment. There are several environmentally friendly alternatives such as litter made of plant sources or recycled newspaper.

*“If you believe you can, you probably can. If you believe you won't, you most assuredly won't. Belief is the ignition switch that gets you off the launching pad.” - Denis Waitley*

- Consider composting pet waste. This is only an option for the very environmentally responsible family. Animal waste contains nasty bacteria (and other pathogens) that can contaminate soil and anything you may grow there. If you choose to compost, choose a commercially available product or bury an old garbage bin (far away from any food-growing area) to use as a pet waste composter.
- Feed a natural or organic pet food for optimal health and well-being. These foods provide nutrients which are minimally processed and preserved with natural substances. They do not contain artificial colors or other harmful additives. Organic pet foods also avoid the use of pesticides, hormones, antibiotics, or genetically engineered ingredients.
  - Buy local. Purchasing fruits and vegetables at your local farmers market not only helps support your local economy but you will also cut down on the amount of fossil fuel required to ship your pet's food. Besides, your pet will love this tasty addition of green to his life.
- Protect wildlife. Keep dogs on leash and cats indoors to help protect the native wildlife. The [State of the Birds survey](#) describes cats as "important indicators of our nation's environmental health" and lists cat predation as a serious threat to bird populations.
  - Limit the amount of "fish food" you give your pet. Pets represent a threat to fish stocks worldwide. The pet food industry uses approximately 10% of the global supply of forage fish according to a [New York Times Op-ed](#) piece. Too much of certain fish may also pose an increased risk of mercury exposure for your pet. Consider alternating between fish and other meat sources to keep your pet happy.
- Try recycled toys. There are now many toys and bedding made from recycled materials or sustainable fibers to help lessen your pet's carbon pawprint! You can even try making toys out of old socks and rope and beds out of old blankets and towels. This helps avoid taxing the environment and can help protect your

*Nothing is so strong as gentleness. Nothing is so gentle as real strength. - Francis de Sales*

dog from dangerous chemicals in plastic chew toys and bedding. Also try recycled ID tags on for size!

- Water conservation. Instead of leaving the spigot running during bath time, try a handheld attachment that turns on and off to decrease the amount of water used during bath time. Use warm (not hot) water to save energy. Select shampoos and grooming products that are phosphate-free and free from chemicals so the dirty bath water is as environmentally friendly as possible.
- Don't turn up the heat...use a sweater. To save energy during the winter months, use pet clothing to keep your pet toasty instead of turning up the thermostat. Stay cool. Instead of turning the air-conditioner on full blast in the hot summer months, consider chilled pet bed inserts to keep your pet comfortable. Ice cubes are a nice cooling "treat" for dogs.
- Neuter your pet. Pet overpopulation is a real problem—shelters are over-run and homeless pets are everywhere taxing environmental resources. Only one in four dogs finds a permanent loving home. When it comes time for your next pet, support adoption as part of a green lifestyle.

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Recycling Services Inc. in Pottstown takes styrofoam on Saturday and Tuesday mornings. <http://www.recyclingservices.org/>

**For sustainable enterprise go to Green Jobs Philly**

<http://www.greenjobsphilly.org/news>

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## **GRANTS, SCHOLARSHIPS & INSTRUCTION**

### **United Way seeks applicants for Philly Roots Fellowship**

United Way of Greater Philadelphia and Southern New Jersey has released an application to select 15 individuals to participate in the Philly Roots Fellowship.

The Philly Roots Initiative was developed by United Way and its

*I have the world's largest collection of seashells. I keep it on all the beaches of the world... Perhaps you've seen it. – Stephen Wright*

partners in an attempt to systemically, yet creatively, ensure that young African American men graduate from high school and are college and career ready. The program equips formal and informal adult mentors with the tools they need to assist young men in achieving these goals.

Eligible applicants include:

- \* Individuals (coaches, community members, leaders of groups or small grassroots organizations) that have worked with the same group of at least five young black men in grades 6-12, for at least one year
- \* Individuals who can commit to making a strong contribution to this emerging community of practice, and who will make a serious effort to increase the capacity and impact of their mentoring work and the broader Philadelphia community
- \* Individuals who have been and will continue to do the work they've been doing regardless of whether there is funding or not, or whether they are being compensated to do it, and regardless of where they are employed. Individuals need not be employed or affiliated with a 501(c)(3) organization to apply.

Preference will be given to those applicants who can demonstrate that they are serving young black men in grades 6-12 at risk of dropping out of school, who attend schools on United Way's Targeted Schools List.

To download the application, go [here](#).

### [Grants for Women](#)

You May Qualify for Grants to Earn a Degree Online. Search Schools.

[EducationConnection.com/GrantsInfo](http://EducationConnection.com/GrantsInfo)

### [Apply For Scholarships](#)

Stop Paying For College! Apply For Scholarships Online Today.

[CollegeAdviser.com](http://CollegeAdviser.com)

### [\\$10,000 Scholarship](#)

No GPA, No Essay, No Stress! Takes Only 3 Short Min. Don't Wait

[www.ScholarshipZone.com](http://www.ScholarshipZone.com)

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*The young man knows the rules, but the old man knows the exceptions. ~Oliver Wendell Holmes Sr.*

## **2013 Bill Gates Scholars Program Giving Away 1,000 Scholarships to Minority Students**

Nationwide (BlackNews.com) -- In recognition of Black History Month,

Nationwide Insurance is encouraging consumers to get on line to share, build and capture important family history in celebration of the rich heritage and legacy of the African American family. In addition, consumers can visit Pandora.com to build a personalized music library and support the

United Negro College Fund (UNCF).

Every year, the Gates Millennium Scholars (GMS) Program selects 1,000

talented minority students to receive a good-through-graduation scholarship to use at any college or university of their choice. The program provides scholars with personal and professional development through our leadership programs along with academic support throughout their college career.

Administered by the United Negro College Fund, the program was initially funded by a \$1 billion grant from the Bill & Melinda Gates Foundation. Since 1999, it has funded the education of more than 16,000 students, awarding them more than \$614 million dollars to pay for tuition, fees, books and housing.

The program aims to reduce financial barriers for African American, American Indian/Alaska Native, Asian Pacific Islander American and Hispanic American students with high academic and leadership promise who have significant financial need; increase the representation of these target groups in the disciplines of computer science, education, engineering, library science, mathematics, public health and the sciences, where these groups are severely underrepresented; develop a diversified cadre of future leaders for America by facilitating successful completion of bachelor's, master's and doctoral degrees; and provide seamless support from undergraduate through doctoral programs, for students selected as Gates Millennium Scholars entering target disciplines

The deadline for submission is January 16, 2013.

To apply for the 2013 Gates Millennium Scholars program, visit: [\\_www.scholarshipsonline.org/2012/08/the-gates-millennium-scholars-program.ht](http://www.scholarshipsonline.org/2012/08/the-gates-millennium-scholars-program.ht)

ml\_ (<http://go.netatlantic.com/t/26242912/69810745/272120/72/>)

To find hundreds of other scholarship opportunities, visit:

[\\_www.ScholarshipsOnline.org\\_](http://www.ScholarshipsOnline.org)

*“Keep your dreams alive. Understand to achieve anything requires faith and belief in yourself, vision, hard work, determination, and dedication. Remember all things are possible for those who believe.” – Gail Devers*

## **SpotLight On Our Efforts**

### **The ELITE CORPS - EPIC Leaders in Training and Education.**

Seeking parents of children in the Philadelphia School system who want to learn how to advocate for the community and their children. It's an intensive six month training program offering free monthly trainings (two sessions of 4 hours monthly) Opportunities to learn about hundreds of resources; a monthly stipend and more. You will learn community engagement, meeting facilitation and community advocacy as well leadership skills. It's not just training- you will use your new skills immediately within your community.

You must be able to do at 50 hours community service and support regional community strategic plans. If you are interested call 215-683-4027 and you will be referred to EPIC group in your neighborhood. There are limited slots available for the training cycle of Jan 2013-June 2013. Become an instrument of change in your community - Join the ELITE!  
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### **Philadelphia Area Research Community Coalition**

Stable, large organizations are thought to be most capable of sustaining community-based research coalitions. However, small grass roots organizations may offer unique opportunities to engage in CBPR.

#### **Objectives**

To describe the process and lessons learned establishing the Philadelphia Area Research Community Coalition (PARCC), a heterogeneous group of organizations including large and small grass roots community organizations.

#### **Methods**

Over two years, PARCC successfully established an academic community research partnership of 22 diverse organizations of variable size and with variable experience in health research. PARCC's success is based upon committed leadership of representatives of the community-based organizations, a preexisting relationship and trust

*"Have no fear of the future.  
Let us go forward into its  
mysteries, tear away the veils  
which hide it from  
our eyes, and move onwards  
with confidence and courage."  
- Winston Churchill*

among selected members from the community and academia, extensive time commitment of members to the coalition's work, and the rapid development of work group activities that gave all members a meaningful role in the coalition.

#### Results and Lessons Learned

Since its inception 2.5 years ago, PARCC members have established core work groups, a governance structure and operating principles.

During the early stages, while the coalition is developing trust, structure, and governance procedures, and research priorities, it can actively participate in community based research as long as the trust building and capacity building is not ignored. Accomplishments include research training activities, community health education projects, and collaboration in research originating in the community and in academia.

#### Conclusions

Building a CBPR coalition from the ground up involving organizations of diverse size presents unique challenges that can be overcome with committed leadership and appropriate startup funding.

#### Learning Objectives:

- Describe the process of starting, establishing and maintaining a coalition with grass root organizations who are interested in participating in CBPR
- Identify the key challenges, successes and lessons learned of developing a partnership in this manner
- Discuss how the coalition's structure and governance evolved

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## **ARTS FOR AWARENESS**

*I see little of more importance to the future of our country and of civilization than full recognition of the place of the artist. If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him. Pauline Kael*

### **Jus' Words at Dowlings Place**

1310 No. Broad St. Phila

Every Thurs. 9pm to 1am

- Poets
- Rappers
- Singers

*A man may do an immense  
deal of good, if he does not  
care who gets the credit for it.  
~Father Strickland, 1863*

- Spoken Word Artists

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## **COMING UP**

### **WEEKEND OF PEACE APPRECIATION DINNER AND AWARDS CEREMONY**

57 Honorees to be Recognized for Service to Community

Thursday, December 13th 2012

6pm-9pm

John Anderson Cultural Center

5301 Overbrook Ave

Philadelphia PA 19131

The Weekend Of Peace Committee annually sponsors a weekend of presentations, activities and programs that serve to enrich the quality of life in our neighborhoods and offer beneficial alternatives to destructive life patterns, interspersed with various forms of positive entertainment presented by local groups including SouthWest Action Council, C&C Athletic Association, Pennsylvania Million Mom March, Men United Against Violence, House of Umoja, ACHEIEVEability, Unifed Taxi Workers Alliance of Pennsylvania, Sankofa Association of Roxborough, Philadelphia Commission on Human Relations, partnering with the Lancaster Avenue Business Association and The Coalition, Inc. along with Liberation Fellowship CDC, Church of the Advocate, and others.

These groups have also partnered with several city agencies including the Philadelphia Recreation Department, Police Department, Fire Department, Water Department, Police Advisory Commission, Philadelphia Federal Credit Union, Offices of State Representative Ron Waters, Councilman Kenyatta Johnson and State Senator Anthony H. Williams to present Weekend of Peace activities since 2004.

This event is to recognize the many contributions made by the people behind the scenes that make this effort possible and so successful.

Attendance is by invitation and RSVP only!

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*No man will make a great leader who wants to do it all himself or to get all the credit for doing it. - Andrew Carnegie*

**We are recruiting 1000 volunteers for MLK Day**  
to cleanup neighborhoods in our Great City. Come join as we continue  
to transform our neighborhoods!!!!

These are sites so far for MLK Day The time is from 9am to  
1pm. Thank You for your time in this matter.

Ray Gant

1. 6200 Chew Ave - Neighborhood cleanup 150 volunteers needed.
2. 3000 N. Clifford Street - Neighborhood cleanup 50 volunteers needed.
3. 1800 N. Etting Street - Neighborhood cleanup 25 volunteers needed.
4. 2000 N. Etting Street - Neighborhood cleanup 25 volunteers needed.
5. 2800 N. Boudinot Street - Neighborhood cleanup 25 volunteers needed.
6. 3000 N. Page Street - Neighborhood cleanup 25 volunteers needed.
7. 5000 N. 3rd Street - Neighborhood cleanup 25 volunteers needed.
8. 2200 W. Thompson Street - Neighborhood cleanup 25 volunteers needed.
9. 2700 Coral Street - Neighborhood cleanup 50 volunteers needed.
10. 1200 W. Glenwood Avenue - Neighborhood cleanup 25 volunteers needed.
11. 400 E. Mechanic Street - Neighborhood cleanup 50 volunteers needed.
12. 1300 Ruan Street - Neighborhood cleanup 25 volunteers needed.
13. 2500 W. Master St. - Neighborhood cleanup 50 volunteers needed.
14. 2800 Jasper Street - Neighborhood cleanup 25 volunteers needed.
15. 3000 Gordon Street - Neighborhood cleanup 25 volunteers needed.



*In order for the light to shine  
so brightly, the darkness must  
be present.*

Francis Bacon

16. 400 E. Indiana Avenue - Neighborhood cleanup 25 volunteers needed.
17. 200 E. Cambria Street - Neighborhood cleanup 50 volunteers needed.
18. C Street & Indiana Ave.(hissey playground) Neighborhood and Playground cleanup 100 volunteers needed.

\* \* Outside PA \* \* \*

On Saturday, January 19th, the Malcolm X Commemoration Committee will host its 17th annual dinner tribute to our political prisoners and their families!

This highly anticipated and moving event will take place at the Martin Luther King Jr. Labor Center, 1199 Union Headquarters, 310 West 43rd Street, (near 8th Avenue), in Manhattan.

The event will be from 3-7pm with dinner served promptly at 4pm. Donations for this now time-honored event are \$40 in advance and \$45 at the door. Proceeds from this gathering go to the commissary of the political prisoners who are represented at the dinner by their families.

The theme for this year's dinner is "Transforming Solidarity: Working Together To End Political Imprisonment and Mass Incarceration."

"We chose this theme because it's time to critically look at what we're doing and how we're doing it," Dequi Kioni-Sadiki, co-chair of the Committee and co-chair of WBAI's 'Where We Live.'

"At some point it becomes important to recognize that it is not enough to say 'I am doing something'; At some point, we have to figure out just what must be done to get results," she finished emphatically.

Special guests presenters for this year are Johanna Fernandez, producer of the critically acclaimed film 'Justice On Trial,' about Mumia Abu-Jamal, Malik Rhasaan of Occupy The 'Hood and people's hip hop artist Jasiri X!

This year's dinner comes on the heels of Mumia Abu-Jamal's death sentence being tossed and on the heels of political prisoners like Jalil Muntaqim being denied parole again. Muntaqim has been in prison since 1973.

*People in their handlings of affairs often fail when they are about to succeed. If one remains as careful at the end as he was at the beginning, there will be no failure.*

Lao Tzu

The Malcolm X Commemoration Committee was launched in 1993 with former political prisoner Herman Ferguson serving as chairman. Ferguson, now 91, was also a founding member of the Organization of AfroAmerican Unity with Malcolm X and was with him up until that fateful day February 21, 1965, when Malcolm was tragically assassinated.

In addition to combatting misinformation surrounding the legacy of Malcolm X and multiplying the presence of the community for the very moving annual pilgrimage to Malcolm's gravesite on his birthday, the Committee also initiated this dinner 17 years ago to bring the community together to build greater support for Black and New Afrikan political prisoners and to instill greater appreciation for their humanity and for what their families have to endure in the face of their wrongful incarceration.

The Malcolm X Commemoration Committee has always said that Black and New Afrikan political prisoners, who were young men who were directly inspired by Malcolm to join the Black Liberation Movement, make up "the hidden legacy" of Malcolm X. Many were viciously targeted by the government's COINTELPRO operations of the late 60s early 70s. Those operations assassinated activists, framed activists, fostered violence between activists and the police and even fostered violence between activists themselves. To this date, there are dozens of political prisoners and prisoners of war who are still in prison from frameups dating back to the 60s in most cases!

For more reservations and more information, please call [718-512-5008](tel:718-512-5008). 'Like' us on Facebook at [Facebook.com/Malcolm X Commemoration Committee...](https://www.facebook.com/MalcolmXCommemorationCommittee)

[MXCC519@VERIZON.NET](mailto:MXCC519@VERIZON.NET)

## COMPUTERS AND TECHNOLOGY

*Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved.*

*Mattie Stepanek*

### **Free online journal focuses on technology for nonprofits**

Technology can help nonprofits create the change they want to see in the world. But even with daily evidence of world-changing innovations and applications of technology, it's difficult for nonprofit leaders to know how to apply it to their missions.

[NTEN:Change](#), a free online journal from the [Nonprofit Technology Network](#), provides the guidance and practical considerations nonprofits need to make the sound investments and decisions that will help them meet their goals.

Free subscriptions are available [here](#).

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### **Group offers low-cost web access to nonprofits**

Mobile Citizen, a provider of mobile broadband for education and nonprofits, will offer a Technology Assistance Grant program beginning in January to provide non-profit organizations with affordable access to the Internet.

Available only in Portland, Oregon, Las Vegas, and Philadelphia, the grant includes reduced-price service from Mobile Citizen, with unlimited usage for only \$10/month or \$120/year per account. It bundles Mobile Citizen's wireless broadband, powered by WiMAX, a fourth generation (4G) technology from Clearwire Corporation with a variety of benefits available only to grantees, including:

- 12 months of service from Mobile Citizen extended to 15 months at no additional charge. With this, nonprofits receive three free months of service per account.
- Dedicated Mobile Citizen Customer Care customized for non-profit organizations.
- A free one-year membership to NTEN, a nonprofit technology network, ongoing information and news as well as access to a support community.
- A choice of additional benefits including an educational webinar series.

For more information, email [Free Trial](#).

[www.mobilecitizen.org/grantphiladelphia](http://www.mobilecitizen.org/grantphiladelphia)

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*"Many ideas grow better when transplanted into another mind than the one where they sprang up." - Oliver Wendell Holmes*

## **A HAND UP!**

*"None of us has gotten where we are solely by pulling ourselves up from our own bootstraps. We got here because somebody bent down and helped us." - Thurgood Marshall*

### **America's Original Savings Network**

As amazing as it may sound many people do not realize how easy it is to LEGALLY stop paying for their groceries! This is how the one hour television show began for the company whose website is at:

<http://nofullprices.net>

### FREQUENTLY ASKED QUESTIONS

Q: Are these manufacturer coupons or coupons that I print on my computer?

A: All of our coupons are actual manufacturer coupons. Fewer and fewer retailers accept coupons that are printed from your computer because of a huge increase in counterfeit coupons. Actual manufacturer coupons which we issue are accepted everywhere that coupons are accepted.

Q: Can these coupons be doubled?

A: Yes. These are manufacturer issued coupons and may be doubled in any store that offers double coupons.

Q: What are the face values and the expiration dates of these coupons?

A: Being manufacturer coupons, the manufacturer determines the face values of the coupons. We currently stock coupons ranging in value from 40 cents to 5.00 dollars. The coupon expiration dates are generally valid for 90 days.

Q: How can I use \$1,000.00 worth of coupons in 90 days?

A: With our program, you get to choose the coupons you want, when you want them. This way you never have to worry about the coupons expiring.

Q: How do I choose the coupons I want?

A: Each coupon book contains coupon request slips which you fill out and send in. Those coupons are then mailed to you.

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## **WORD-OF-THE-WEEK**

**adventitious** \ad-ven-TISH-uhs\  
Added extrinsically; not essentially inherent; (Biology) Out of the proper or usual place; as, "adventitious buds or roots."

### **Remember to support The Coalition, Inc.'s on-air personalities...**

Please listen to the "**Time For An Awakening**" Program with Bro. Elliott, this and every Sunday at 7 pm. Listen at [www.900AMWURD.com](http://www.900AMWURD.com) Call 215.634.8065 or toll free 1-866-361-0900 to join the discourse!!!!

**Sister Phile Chionesu**, organizer of the Million Woman March, "**Nu Day Resurrection and Liberation**" Show LIVE each Saturday evening 10:30 PM--12:00 midnight EST.

"NU Day" is heard in Philly and, worldwide, through the internet at: [www.blogtalkradio.com/empresschi](http://www.blogtalkradio.com/empresschi) Or you can tune in via podcast at 646-652-2232

Call in and give your thoughts, comments, opinions at 1-646-652-2232

Or send an instant message to [mwmsistahood@aol.com](mailto:mwmsistahood@aol.com) to chat on line.

**Civil Alert Radio with Sabir Bey**- Every Tuesday 9:30 p.m. EST (6:30 P.M. PST)

Format Style: Open forum along with special invited guests.

Listen via your cell: 858.357.8450 On the web:

<http://www.blogtalkradio.com/civilalert>

This spot reserved for The Coalition, Inc. friend and supporter Jeff Hart\*\*



